



TOURS AT THE SOUTHERN COAST OF NORWAY

cruisesorlandet.com



Adding value for your passengers

This catalogue holds a number of add-on offers for cruise passengers. Based on decades of tour organizing, we take great care in composing meaningful as well as entertaining expeditions.

Among the many alternatives you are certain to find something catering to the tastes of your passengers. Our tours are tailor made to suit their physical condition, age, personal preferences, as well as the length of the visit ashore.

Please contact us for more information and booking terms.

We can also assist if you want specially designed events, services and tours.

Our know how is well-established, as is our local partner network.

It is our genuine pleasure to share the charms of Southern Norway with all visitors!



SOUTHERN NORWAY WELCOMES YOU



It is with great pleasure we welcome you to Southern Norway as your local operator. For further details, bookings of guides and dispatch services, please contact us.



P.O. Box 657, N-4666 Kristiansand + 47 900 27 687 - info@cruisesorlandet.com - cruisesorlandet.com



TOURS 2020/21

	ACTIVITY & ADVENTURE			
1	NEW	BIKING IN SCENIC SETESDAL VALLEY	27	
2	NEW	HARVEST CLAMS AT AN OYSTER FARM	28	
3	NEW	MARITIME MORAINE AND LIGHT HOUSE VISIT	29	
4	NEW	GLOWING GOLF - INDOOR MINI GOLF	30	
5	NEW	HOIST THE SAILS IN THE ARCHIPELAGO	31	
6	NEW	HARD HAT THRILL - SOLBERG MINES	32	
7		SEGWAY TOUR - SEE MORE. LESS EFFORT. MORE FUN.	33	
8		ISLAND SAFARI BY RIB		NAT
9		SHIP OHOY! FUN ON THE SCOONER	7.4	
10		RIVER RAFTING IN SETESDAL VALLEY	34 35	NEW
11		LOCAL KID FOR A DAY IN ODDERØYA HARBOUR	36	NEW
	CHISH	NE & CULTURE	37	
12		HOME VISIT BY THE COAST	38	
13		IDYLLIC SKUDENESET WINERY	39	
14		A TASTE OF SOUTHERN NORWAY - A CULINARY WALK	40	
15		APPLE ORCHARD TREAT	41	
16	INLVV	NØGNE Ø CRAFT BEER BREWERY	42	
17		CRAFT BREWERY TOUR - HUNSFOS BRYGGERI	43	
18		GOOD OLD DAYS AT KRISTIANSAND MUSEUM	44	
		000 010 D/110 / 11 11110 11/110 / 110 110 110 110	45	
	HISTO	RY & HERITAGE		SPE
19	NEW	END OF AN ERA - BRATTEKLEV SHIPYARD		NEW
20	NEW	WATERFALL AND IRON WORKS AT NÆS JERNVERK	46	NEW
21	NEW	A TALE OF RICH AND POOR - ARENDAL IN THE 1800S	47	NEW
22		FISHERMEN'S ISLAND OF FLEKKERØY	49	
23		CITY HIGHLIGHTS BY FOOT	49	
24		SETESDAL MINERAL PARK	50	
25		KRISTIANSAND PAST AND PRESENT	51	
26		THE VINTAGE RAILWAY SETESDALSBANEN		

CITY ON THE WATER

HISTORIC WALKING TOUR OF KRISTIANSAND

PANORAMIC ARENDAL - CULTURAL HISTORY MUSEUM

KRISTIANSAND DURING WORLD WAR II

KRISTIANSAND CANNON MUSEUM

THE SHIPMASTER'S HOUSE - MERDØGAARD MUSEUM

SOUTH CAPE OF NORWAY - LINDESNES LIGHTHOUSE

NATURE & WILDLIFE

NEW ARCHAEOLOGY SUMMIT AT PENNE

NEW TIMBER SLIDE ADVENTURE AT THE POWER STATION

A MARITIME WALK AT ODDERØYA

MEET THE MOOSE AT ELGTUN PARK IN SETESDAL

STEAMBOAT ON THE LAKE IN SETESDAL

NORWEGIAN FOREST HIKE - BANEHEIA, RAVNEDALEN

GIMLE MANOR AND BOTANICAL GARDENS

NORDIC WILDLIFE - THE KRISTIANSAND ZOO

ESCAPE INTO THE IDYLL - BLINDLEIA TO LILLESAND

NORWEGIAN HIGHLAND - SCENIC SETESDAL VALLEY

ARCHIPELAGO PARADISE; - DISCOVER NY-HELLESUND

SPECIAL INTERESTS

NEW WILLOW WEAVING AND WINE IN SØGNE

NEW MEET A LOCAL CHARITY

NEW GREEN CITY WALK - SUSTAINABLE URBAN PROJECTS

AT HOME WITH CONCERT ARTIST RAGIN

MORAINE RIDING ON HORSE BACK

RAGIN'S BARN AT THE SOUTH CAPE OF NORWAY

ART AND SOUL - THE NUPEN ARTIST TRAIL



THE PORT OF KRISTIANSAND





QUAY 10

Ship length: max. 365 m Draft: 11 m

QUAY 16

Ship length: max 200 m Draft: 12-18 m

CONTACT:

Kristiansand Tourist Information Rådhusgt. 18 Tel.: +47 38 07 50 00 E-mail: post@kristiansand. kommune.no

PORT SERVICE / FACILITIES

ESI: Yes
EPI: Yes
Bunkers delivery by car
Grey water at Quay 10
Europe's largest shore power facility
Supplies available / Waste handling
Tugboat / Anchorage / Tender facilities
Tidal movement less than 0,5 m
Distance to city center 500 m

Tour buses parking at pier
Free WiFi for guests and crew
Terminal / Restrooms in pier area
Public transportation within 200 m
Kristiansand airport Kjevik 15 km
Picturesque areas for strolling close by
Nearest hospital 2 km

TABLE OF DISTANCE

Nautical miles:

Amsterdam	386	n.m.
Bergen	225	n.m.
Copenhagen	240	n.m.
Geiranger	436	n.m.
Gothenburg	135	n.m.
Hamburg	357	n.m.
Helsinki	752	n.m.
Newcastle	380	n.m.
Oslo	160	n.m.
Southampton	609	n.m.
Stavanger	137	n.m.
Stockholm	631	n.m.
St. Petersburg	914	n.m.
Tilbury	496	n.m.

THE PORT OF ARENDAL



BATTERIKAIEN

Ship length: max. 260 m Draft: 12 m

HOTELBRYGGEN

Ship length: 150 m Draft 12 m

CONTACT:

Gordon Fuglestad Cruise Manager +47 4662 8008 gordon.fuglestad@arendalhavn.no www.arendalhavn.no

PORT SERVICE / FACILITIES

ESI: Awaiting
EPI: Awaiting
Bunkers delivery by car
Supplies available / Waste handling
Grey water at Eydehavn terminal,
4 Nm from cruise pier
Tugboats / Anchorage / Tender facilities
Tidal movement less than 0,5 m
Distance to city center 200 m

Tour buses parking at pier
Free WiFi for guests and crew
Terminal / Restrooms in pier area
Public transportation within 200 m
Kristiansand airport Kjevik 70 km
Picturesque areas for strolling close by
Nearest hospital 2 km

ARENDAL TOURIST INFORMATION

Sam Eydes plass 1 Tel.: +47 37 00 55 44 E-mail: turistkontoret@arendal.com Web: arendal.com

7

THE PORT OF FARSUND



THE DEEP WATER PIER

Ship length max. 400 meters Draft: 13.8 m Distance to city center 1800 m

AT ANCHORAGE:

Ship length max 200 meters Draft 15 meters Distance to city center 600 m

CONTACT:

Tom Egil Ravndal Harbour Master +47 945 32 188 havn@farsund.kommune.no https://www.listafyr.no/

PORT SERVICES & INFORMATION

ESI: No EPI: No

Bunkers: LNG and MOGAS available upon request

Supplies / waste handling available

3 x offshore tugboats 40-60 tons in the port

Tidal movement less than 0,5 meters

Only one cruise vessel pr. day is permitted into the port!



BIKING IN SCENIC SETESDAL VALLEY

Travel by coach from the coast up the lush inland valley of Setesdal At the Troll Aktiv activity center, you choose a bicycle and join for a scenic ride along the old steam train path. The views and atmosphere in the valley has inspired poets and artists, and never fails to evoke the love and passion for nature and rural life. Today, the cultural heritage of the Setesdal valley, including song, music and dance, is UNESCO-protected. Marvel at the grass roof log dwellings and breathe the fresh air. With luck, you may spot one of the many eagles inhabiting the area or get a glimpse of fish jumping in the river.

The journey ends at the old train station where you may treat yourself to a cup of coffee, a traditional local snack or a memento from your visit. The tour is not very strenuous and is suitable for families as well as seniors.

TIME: 5-6 hours CAPACITY: 15 TOTAL BIKING DISTANCE: 29 km REFRESHMENTS: Refreshments available on the tour OPTIONS: May be combined with a visit to Fennefoss Museum or the Mineral Park. Shorter tour of 15 km is available.











HARVESTING CLAMS AT AN OYSTER FARM

Crazy about oysters and cannot get enough aphrodisiac of the sea? Then visit a real ovster farm at scenic Kalvild Bay, tucked in between the maritime towns of Lillesand and Grimstad. Get acquainted with the history of three generations of coastal farmers and their struggle for survival.

The owners will welcome you to a guided tour of the process plant and the oyster farm. Enter Norwegian style by way of a forest path. Feel free to take a picture of yourself in fisherman's trousers and be prepared to taste, smell and embrace their way of life. Walking on a floating path, you'll see observe various live oysters, mussels and other sea creatures. Sample freshly prepared mussels and the specialty of the Oyster farm; bread made of seaweed.

Also use the opportunity to visit the old spinning mill on the property. The wool is spun and woven into beautiful pieces available in their very own wool shop. Before leaving, make sure to pay the cute Belted Galloway cattle a visit.

CAPACITY: 40 TOTAL WALKING DISTANCE: 1.5 km REFRESHMENTS: Seafood, homemade bread, waffles and pastry.

OPTIONS: May be combined with a stop in picturesque Lillesand.



TIME: 3-4 hours













See the Raet National Park with our local guides! Raet is a large ice age moraine created by mother nature 10 000 years ago, and is one of Norway's true treasures. The unique views and an exiting boat ride are sure to take your breath away!

As you pass rows upon rows of rolling rock beaches, look out for wildlife like ocean birds, fish and seals. Check the water temperature before you set out to sea and be surprised at how warm it is due to the Gulf Stream.

The tour takes you past idyllic islands and quaint communities and you will come to understand why people of Arendal call the archipelago their home. Also included is a visit to one of the still functioning lighthouses where the keeper will delight you with stories of times past - whether true or not.

TIME: 3 hours CAPACITY: 12 TOTAL WALKING DISTANCE: 100 m REFRESHMENTS: Light refreshments available OPTIONS: May be combined with a stop at the Bratteklev Shipyard museum.













GLOWING GOLF INDOOR MINI GOLF THE FUN WAY

Rain or shine, if you know the game or never played mini golf before, Glowing Golf is great fun for all ages. Upon arrival, you will pick your favorite color glowing ball, matching golf stick and 3D glasses. Learn a few easy-to-get rules and you are ready to start playing. This minigolf experience is set in the dark, illuminated by neon backlighting and 3D effects covering the walls and floors of the indoor 18-hole

Do not be surprised if you find yourself dancing to the music. Before teeing off you may order sushi or pizza and mineral water for after the game, it's all up to you. The coach takes you from the pier and drops you off in front of the Glowing Golf entrance. You will be picked up at the same place, at the arranged time.

The tour may be combined with a range of other adventures, such as Segway, Escape Room, Questbox, Zoo and exploring an Activity Park.

TIME: 2 hours CAPACITY: 100 pax playing at the same time TOTAL WALKING DISTANCE: xxx REFRESHMENTS: Available, e.g. pizza, sushi, soft drinks. OPTIONS: This tour may be combined with city sightseeing; city walk or shopping.







HOIST THE SAILS IN THE ARCHIPELAGO

Embark on a real sailboat and let your senses awaken by the salty air and beauty of the Kristiansand archipelago. Learn the ropes and nautical terms from a professional sailing crew and get a firsthand go at raising the sails and navigate the South coast of Norway.

A short walk from the pier, the crew will provide you with life jackets and safety rules - and you are on your way to an unforgettable experience. Enjoy refreshments on board as your crew point out sights of interest. What better way to imagine the age of sail than on board a sailing vessel?

The crew will dazzle you with their sailing skills, and you will learn the importance of landmarks and lighthouses while you breathe in the fresh air and listen to the sounds of wind and water. And, if you are up to the challenge; take a dip in the crystal-clear waters of Southern Norway!

TIME: 4 hours CAPACITY: 12 TOTAL WALKING DISTANCE: 250 meters to the boat REFRESHMENTS: Light refreshments available on board OPTIONS: May be combined with a stop at Flekkerøy Fisherman's













HARD HAT THRILL SOLBERG HISTORICAL MINERAL MINE

Put on your hard hat and prepare for an exciting and educational tour inside a real mineral mine a short ride from the Næs Ironworks. This is a unique opportunity to learn about everyday life and working conditions 300 years ago. The Solberg mine, in operation from around 1730 until circa 1870 was a direct supplier of magnetite iron ore to nearby Næs Ironworks.

Equipped with flashlights and hard hats, this is a perfectly safe visit to a mine that is no longer in operation and frequently visited by Norwegian school children and tourists alike. Enter the cave by mountainside and follow your guide into amazing shafts and tunnels. Watch the magnet provided at the beginning of the tour stick to the wall like a refrigerator memento! Let your guide explain to you why and how the iron ore was mined here and then brought to the fascinating extraction process at the ironworks.

TIME: 2-3 HOUR TOUR. MINE VISIT: 20 MINUTES CAPACITY: 15 PEOPLE PER VISIT INSIDE TOTAL WALKING DISTANCE: xxx

REFRESHMENTS: Local pastry *Munker*, coffee and mineral water available in the Museum Shop

OPTIONS: May be combined with a visit to the Næs Iron Works Museum and/or a hike up to a nearby vantage point.

Suitable for wheelchair users with medium mobility











SEE MORE AND HAVE FUN WITH LESS EFFORT

FLY-N-HI Segway tour is the number one tour operator in Kristiansand, according to Trip Advisor. With this tour you get to see all the highlights of Kristiansand in a fun, easy and effortless

We will guide you through the Fish Market, the Guest Harbour, Christiansholm Fortress, the City Beach, riverside Otra, the Old Town, Wergeland Park and the Cathedral. The 90 min Segway tour will start at the pier next to your cruise ship. Our instructors will teach you how to drive the Segway in minutes - with focus on safety.

More than 100 people can't be wrong when they have given us excellent feedback on Trip Advisor! We can create alternative routes and destinations on request. Welcome to Kristiansand!

TIME: 1.5 hours CAPACITY: 18 pax per tour, age limit 10 years TOTAL DISTANCE: xxx REFRESHMENTS: xxx OPTIONS: Segway tours operated on other destinations on request.











ISLAND SAFARI BY RIB

ISLAND SAFARI BY RIB KRISTIANSAND - ARENDAL - FARSUND

The RIB and its crew meet you at the cruise pier where you dress up in a comfortable flotation suite and life jacket. Before setting out on this exciting advent0.visit lighthouses, very well preserved out ports and the astoundingly beautiful surroundings of the Raet National park. The RIB also pulls up at a beach, where you may take part in the local effort to remove garbage or debris.

TIME: 1.5 hours CAPACITY: 12 passengers TOTAL WALKING DISTANCE: xxx REFRESHMENTS: Snacks available OPTIONS: May be combined with a scenic hike ashore an island, or exciting Segway tour









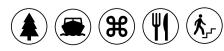


SHIP OHOY! FUN ON THE SCOONER

Well on board the S/S Christiansand, an 82 foot schooner, we set out on a leisurely cruise around Kristiansand. The area is characterised by calm waters and a warm and friendly landscape. We can expect to see seabirds flying overhead, and plenty of fishing boats heading to and from the mainland. We will sail out of the city harbour and pass several large islands and smaller rockrimmed islands inhabited only by wildlife.

We also pass Dvergsøya, where the Norwegian Crown Prince Håkon has his summer residence. The sea journey offers a unique, panoramic view of the area's topography and gives you an understanding of why Kristiansand made a natural choice for a harbour.

REFRESHMENTS: xxx OPTIONS: Refreshments ranging from freshly baked waffles and coffee to luxurious seafood platters are options on this tour. Not recommended for wheelchair users or guests with limited mobility due to steps on board the schooner...



TIME: 2-4 hours



CAPACITY: Maximum 100 pax

TOTAL WALKING DISTANCE: xxx







10 RIVER RAFTING IN SETESDAL VALLEY

Hold on to your hats (and helmets) on this adrenaline-filled day! Much of the hour long drive from the harbour is spent along the river Otra, the river you will be on today. When you arrive at the rafting centre you are met by your instructors and given all your equipment. Before you head down the grade 3-4 rapids you practice your skills and the important safety drills on calmer water. Then it is time for the wet and wild adventure to begin.

On board is an experienced rafting instructor and accompanying you in a kayak is an additional instructor. You paddle, you surf, you laugh and you shriek with delight. At the end of an exciting few hours you head back to the ship by coach. This is an exhilarating way to spend the day and experience the nature of southern Norway. Ideal for the rafting novice and expert alike.

CAPACITY: Max 40 pax TOTAL WALKING DISTANCE: xxx REFRESHMENTS: xxx OPTIONS: Refreshments available on this tour INCLUDED: Life jacket CE approved, wetsuit, helmet, splash jacket and all safety instructions



TIME: 2 hours







LOCAL KID FOR A DAY IN ODDERØYA HARBOUR

A few steps away from the cruise ship, you will find a marvellous maritime port, especially catering to children. Just a stone's throw from the quayside, children will be delighted to test out play activities such as launching their own made bark boats, trying their hand at a rowing boat, making their own crab nets and catching their own beach crabs. They also get to know our famous local mascot known as 'Pelle the Crab'.

Join us on the quayside and see what's in the crab pot and learn about seafoods that are popular amongst the locals.

TIME: 1.5 hours CAPACITY: 20 persons per group TOTAL WALKING DISTANCE: Approx. 2 km (short walk from cruise pier)

REFRESHMENTS: You can enjoy freshly prepared waffles with traditional Norwegian brown cheese. Norwegian mountain farm sour cream and delicious jam in the cafeteria or seaside. OPTIONS: Rent a paddle board













HOME VISIT BY THE COAST CABIN VISIT AT STANGENES

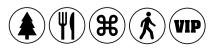
Why are Norwegians so passionate about their "hytte" (cabin)? This tour will answer the question - and many more you might have about Norwegians, the country, the culture and local traditions.

Dream away as you pass through inland woods, farms and scenic inlets on the way to Stangenes, an old out harbour and popular holiday destination bustling with life in the summer months. Here you visit Giggi's place; situated in surroundings so typical of the region - were lush greenery meets the blue coastline.

Enjoy a guided visit around the property with your hostess and owner, before sitting down for a delicious ecological meal, made from ingredients grown on the property. On the way back to the pier, the tour includes a photo stop at Kongshavn, with its beautiful view out to sea and the surrounding islands.

TIME: 3-6 hours CAPACITY: 15 TOTAL WALKING DISTANCE: 25 meters from the parking REFRESHMENTS: Homemade soup and cake, or waffles and snack available OPTIONS: May be combined with a stop at Norway's biggest

Shopping Mall, Sørlandssenteret or at the Arnevik Oyster Farm











IDYLLIC SKUDENESET WINERY

HOME OF THE SYGNA SPARKLING WINE

A visit to Skudeneset farm and vineyard offers a glimpse of the good life. Situated by the mythical river Sygna, a passionate winemaker and his creative wife have established a fairytale homestead and one of the northernmost vineyards in the world.

Depart the cruise pier by coach and take in some of the highlights of Kristiansand on your way to the coastal village of Søgne. At the vineyard, you can learn about the wine making process, as well as take a walk among the wine ranks and watch Norwegian wild sheep grazing before heading to the barn. Enjoy a taste of the wine produced in cozy settings, and let the winemaker's wife impress you with her willow weaving skills.

The tour includes photo opportunities and a short walk for a beautiful view of the sea and the surrounding islands before you continue past boathouses, inlets and idyllic summer homes on the way back to the pier.

TIME: 3 hours CAPACITY: 30 pax at the same time TOTAL WALKING DISTANCE: 250 meters REFRESHMENTS: Light refreshments available OPTIONS: May be combined with a visit to the willow weaving studio on the property.





14 TASTE OF SOUTHERN NORWAY A CULINARY CITY WALK

Let a guided city walk satisfy your appetite for history, culture and local culinary treats. A few steps from the West harbour, we pause at the restaurants and fish market at Fiskebrygga. Taste the famous Henning Olsen ice cream, sample awarded seafood and locally made fishcake. With luck, you might see mackerel unloaded before continuing to the Renaissance gridded city.

The pedestrian shopping street of *Markens* is lined with cafes and restaurants. Throughout the tour, your guide will point out highlights and history facts, before setting the course for the Eastern ocean harbour and The Christiansholm Fortress. You will visit a local favourite. Portalen, once part of a shipvard and now a café and gallery with great ambiance and a friendly staff, who are actually volunteers! Our last stop is *Teateret*, one of the trendier restaurants combining art, theatre and dining under the same roof. Check out the wall art before enjoying this cultural treat!

TIME: 3 hours TOTAL WALKING DISTANCE: 50 meters CAPACITY: 45 REFRESHMENTS:: Local seafood, ice cream, baked goods and drinks OPTIONS: xxx











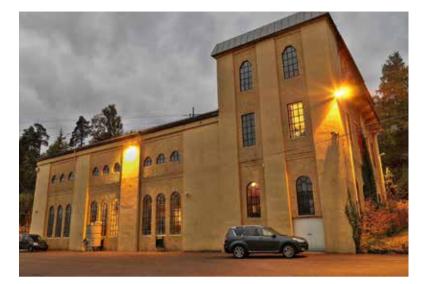
15 APPLE ORCHARD TREAT VISIT WITH AN APPLE FARMER

On the slopes of the Torridalen valley, minutes from the pier in Kristiansand you can visit a real orchard farmer and his family. Learn about apple farming and be charmed by the view of the Otra River. Depending on the season, and what is to be harvested, you may help pick apples, raspberries or rhubarb. These delicacies all go into the making of juices and jams, which you may taste together with freshly made waffles. Feel free to ask your host any questions you may have concerning farming and orchard growing. At the farm shop, you can purchase honey from the farm's hives, as well as other locally made items.

There are two ways of getting to the orchard; by coach directly to the farm or up the river by RIB or boat. The RIB boat brings you from the cruise pier in Kristiansand up Otra River to a small dock near the farm. Enjoy the view of the surrounding area on the 150 meter walk uphill to the farm.

TIME: 2-3 hours
CAPACITY: 40
TOTAL WALKING DISTANCE: xxx
REFRESHMENTS: Waffles with homemade jam and rhubarb juice
OPTIONS: This tour may be combined with other tours, e.g. visit
to Gimle Manor and Botanical gardens.





16 NØGNE Ø
CRAFT BEER BREWERY

From the pier we travel by coach past the town of Grimstad to the world renown craft brewery Nøgne Ø. Founded in 2002 by two enthusiastic and uncompromising home brewers in a garage, today Nøgne Ø is Norway's leading and largest supplier of craft beers, exporting its excellent produce to 40 countries such as Brazil, Australia. Taiwan and the US.

During the tour we will be visiting the historic power station, now housing the barrel cellar, as well as the modern new building next door where the actual brewery is located. You will be guided through the brewing process from grain to glass and have the unforgettable experience of seeing an authentic production setting.

You may sample a wide range of unique and flavourful ales at the site, and buy beers to go in the small brewery shop. We return to the ship by coach.

TIME: 4 hours
CAPACITY: Unlimited
TOTAL WALKING DISTANCE: xxx
REFRESHMENTS: xxx
OPTIONS: xxx





17 CRAFT BREWERY TOUR HUNSFOS BRYGGERI

Hunsfos Craft Brewery welcomes you to beer tasting in historic surroundings, just a few kilometres from the cruise port of Kristiansand. In the former production buildings of a paper mill, a small group of beer enthusiasts have turned their hobby into a successful business. To make the most of the legacy of the paper mill, the craft beers are named after the different paper production machines.

On this tour, we sample their beer with snacks and learn about the brewing process. In the brewery shop you have the opportunity to buy some samples to bring back home.

If you are keen on tasting Norwegian pastry, cakes or bread, the bakery next door has plenty of temptations on offer as well!

REFRESHMENTS: xxx OPTIONS: Tastings of traditional Norwegian Food can be served. The tour of the brewery may be added on to other tours such as the Mineral Park and The Setesdalsbanen Vintage Railway. Allow 1 hour for add-on brewery tour.



TIME: Recommended 3 hours

CAPACITY: Unlimited, 1 coach at a time



18 GOOD OLD DAYS WITH WAFFLES KRISTIANSAND MUSEUM

Experience the history of Kristiansand and Setesdal and get a feel of life back in 1580. Visit nearly 40 different houses at the open-air museum at Kongsgård and enjoy a guided sightseeing of the city centre on your way there. Be sure to join a tour of the authentic farmyard buildings from Setesdal as well.

At "Bygaden", you will see houses once situated in the middle of Kristiansand, including a tinsmith's workshop, a watchmaker's shop, craftsmen's houses, workers' houses, a traditional general store and a grand house with an associated pavilion. The backyards tell the story of life in a major town, where people shared small yards to hang out their washing, store wood or keep a few hens. You can also see the city of Kristiansand in miniature, showing what it looked like in the early 1900s. In the souvenir shop you'll find small pieces of authentic Norwegian culture to take home.

TIME: 2-3 hours
CAPACITY: xxx
TRANSPORT TIME: 30 minutes each way by coach
REFRESHMENTS: xxx

OPTIONS: Enjoy waffles with Norwegian brown cheese, mountain sour cream and jam. Tea and coffee also served. May be combined with a visit to Gimle Gård.





END OF AN ERA **BRATTEKLEV SHIPYARD**

Bratteklev is the best preserved shipyard of its kind in the South of Norway. Once shippards lined the entire coast, waterways were highways and wooden boats were needed to transport people. cattle and merchandise. Bratteklev originally a farmstead, dates back to the 1870s, and epitomizes the peak of an industry that eventually made way for larger boats and streamliners.

The shipyard is intact with tools, logs, boats and original interior, as well as the smell of tar and salty air. Bratteklev shippard is of historic importance and lies a scenic short coach/boat ride away from the battery pier in Arendal. If you arrive by boat, you will see the Raet, the ice age moraine, and circle the quaint island of Tromøy. If you opt for a coach ride, the tour will include a stop at Færvik Church, a New Gothic style timber church from 1884, and the rolling rock beaches of the Raet National Park.

TIME: 2-3 hours CAPACITY: 40

TOTAL WALKING DISTANCE: 200 meters if arriving with bus REFRESHMENTS: Light refreshments available on the tour OPTIONS: Travel by RIB/boat and include a cruise along the coastline of Tromgy island and Raet Maritime National park, or by coach and include a photo stop at the New Gothic Færvik Church.





20 WATERFALL AND IRON WORKS AT NÆS JERNVERK

The River Storelva runs through the picturesque landscape of Tyedestrand and the second largest iron works in Norway. All activity closed down by a flood in 1959 but great effort was made to preserve it as a showcase of Norwegian industrial activity dating back to the 16th century. Nearly all equipment, forges and buildings is intact.

Your guide will be extremely well informed - and don't be surprised if he or she is related to Jacob Aaall, the man who brought much of Norwegian industry to new levels. His wife Lovisa Andrea is said to be the creative force behind the surrounding romantic Lunden Park. On the hill behind the iron works, you can still see their fine manor.

On your way back to Kristiansand the coach will make a stop for a short, guided walking tour of the coastal town of Tvedestrand, Grimstad or Lillesand.

TIME: 2-3 hours CAPACITY: 100 pax at the same time TOTAL WALKING DISTANCE: 500 meters REFRESHMENTS: Coffee/tea and local pastry ("Munke") OPTIONS: May be combined with a guided walk inside the Solberg Mine





A TALE OF RICH AND POOR ARENDAL IN THE 1800s

Join a guided visit at Langsae, a high society estate built in 1857 for consul Hans Herlofson, a formidable merchant and ship owner. Marvel at the choice of colour paint and architecture both outside and inside. On the property is also a farmer's dwelling, highlighting the striking difference between the rich and the poor.

Use the opportunity to visit next door the *Kuben* main museum exhibitions. For instance, the "Childhood" exhibition is an amazing journey through Norwegian childhood history in three different decades; the 10's, 60's and 90's. The newest exhibition, "Enslaved", reflects the darker side of Norwegian history, and the country's involvement in the slave trade of the 1700s and 1800s. And why not try out the traditional "Munker" pastry and other local refreshments in the cafeteria - or browse the museum shop for artisan quality gifts and mementos.

TIME: Recommended 2-3 hours TOTAL WALKING DISTANCE: 100 meters CAPACITY: 40 pax at the same time REFRESHMENTS: Traditional local pastry ("Munker") and local iuice, coffee/tea

OPTIONS: May be combined with e.g. a bus sightseeing of the area or a city walk





FISHERMEN'S ISLAND OF FLEKKERØY

The quaint and lively communities of Flekkerøy were founded on fishing more than 500 years ago. The island is the birthplace of Kristiansand, a mere 20 minutes bus drive from the city centre, and connected to the mainland by an underwater tunnel. Along old and new small houses, the drive takes you to Geiterøya (Goats Island). From the days of the sailing ships, this has been an important harbour, where fishermen delivered their catch of the day.

SOUTHERN NORWAY IN MINIATURE

Here you may visit a café in an historic building for a taste of local delicacies, served with stories from the community. Visit the art gallery or stop by the aquarium with local fish and shellfish. For selfies, take a short walk to the views of the archipelago and the nearby lighthouse. Learn more about local produce or just sit on the pier, take in the relaxing atmosphere and watch life on the

CAPACITY: 100 WALKING DISTANCE: Approximately 300 m to viewpoint. REFRESHMENTS: xxx

OPTIONS: Combine with Kristiansand Museum instead of Høllen in Kristiansand Past & Present (3 h). Combine with Kristiansand cannon museum. Rent a dinghy and pull crab pots from the sea.



TIME: 2 hours











23 CITY HIGHLIGHTS BY FOOT KRISTIANSAND - ARENDAL - FARSUND

Sørlandet is the southernmost region of Norway, characterized by a beautiful coastline dotted with small cities and white wooden houses. This guided walk will take you past the highlights of the city, giving you the chance to get to know the city and its people both of the past and the present. At the end of the tour you might want to explore the city centre on your own before returning to the ship.

Specifics and points of interest will vary depending on which city vou choose for the walk.

TIME: 2 hours CAPACITY: Unlimited, 20 persons per group TOTAL WALKING DISTANCE: Approximately 3 km REFRESHMENTS: Light refreshments available for purchase OPTIONS: This tour may be combined with a visit to a city museum, shopping mall or any bus tour and venues of special interest





24 SETESDAL MINERAL PARK

North of Kristiansand, after a ride through beautiful landscapes, you arrive at Setesdal Mineral Park. You enter through a green floral park with sculptures made by Norwegian artists and a view of the river Otra. The exhibition is the most beautiful and spectacular private collection of stones and minerals in the whole of Europe. More than 1200 specimens are housed inside the mountain cave exhibition, which you access by tunnels just like in an old mine. Five large halls display local findings and specimens from the whole world. You will be impressed by nature's creativity!

The Mineral Park is mostly meant for people without prior knowledge of geology. It has the largest stone shop in Norway, with gifts and jewellery made of gem stones in all imaginable colours and designs, all at favourable prices. There are two cafés, indoor and outdoor, HC toilets indoor and toilets in the park.

TIME: 3.5 hours CAPACITY: Unlimited TOTAL WALKING DISTANCE: xxx REFRESHMENTS: Refreshments available on this tour. OPTIONS: Family activities and a visit to the adjacent 'Klatreskogen' available as an add-on on this tour.















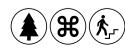
25 KRISTIANSAND PAST AND PRESENT

KRISTIANSAND PAST AND PRESENT

Kristiansand is the fifth largest city in Norway, founded in 1641 by the Danish-Norwegian king Christian IV, who also gave the city its name. On this highly popular tour, you visit a lovely open air museum a short coach drive away. The buildings have been moved here from the centre of Kristiansand and from farms in the valley of Setesdal. The buildings date from the late 1500s to the 1890s.

After the museum visit, you continue by coach and visit a beautiful old church before you drive on to the village of Høllen, where you have the opportunity to walk through a charming street of white timber buildings so typical of the region. You return to the ship by driving along the scenic coastal road, viewing the ocean and the seaside, quaint summer houses and the new stunning Performing Arts Centre.

TIME: 3 hours CAPACITY: Unlimited TOTAL WALKING DISTANCE: 1 km. some high steps must be maneuvered REFRESHMENTS: xxx OPTIONS: xxx





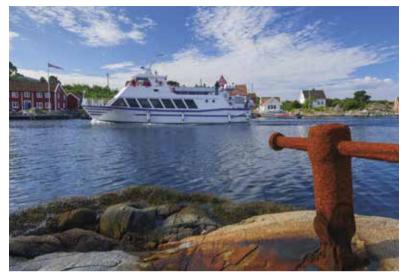
THE VINTAGE RAILWAY **SETESDALSBANEN**

Authentic old railway station buildings; stylish teak carriages; century old locomotives and the smell of burning coal make for a unique journey. in a beautiful landscape. When it opened in 1896, this narrow-gauge railway dramatically changed living conditions by connection the isolated valley of Setesdal and the city of Kristiansand. For nearly 70 years, the railway transported people, livestock and various products from the valley.

The railway closed in 1962, but reopened as a heritage railway two years later, as the country's first railway museum. Your bus takes you to the station of Grovane, where you board the steam train. The train staff are mostly volunteers with a passion for the heritage railway. Today, 7.97 km out of the original 78 km track is preserved. The steam train winds its way through the valley, a tunnel, across a dam and along a timber slide. After the delightful 26 minute journey to Røyknes station, your bus will return you to the ship. A very popular tour, not only for the train spotter!

TIME: 3 hours CAPACITY: Maximum 160 pax TOTAL WALKING DISTANCE: xxx REFRESHMENTS: xxx OPTIONS: It is possible to buy light refreshments and souvenirs





CITY ON THE WATER KRISTIANSAND AND VICINITY BY BOAT

A highlight on this nautical excursion is sailing through Skippergada, a natural maritime canal between two islands. Along both sides of this narrow canal are quaint timber houses built around 1800 in the traditional southern style. After nearly 2 hours on board the sightseeing boat, you dock at a small local harbour and travel by coach to the charming town of Lillesand.

This bustling summer paradise was once the home of eight busy shipyards that produced around 50 wooden sailing ships from the 1860s till the 1900s. You go on a pleasant and informative town walk between the signature white timber houses. Many of the buildings are listed for protection and some date back to the 1730s. You visit the lively marina and after a little free time (schedule permitting), we return to our ship by coach.

TIME: 4 hours (1 hour 45 minutes on board the sightseeing boat) CAPACITY: Max: 100 each way. Seating for 70 indoors, with an additional 30 outdoors.

TOTAL TRAVEL DISTANCE: xxx REFRESHMENTS: xxx OPTIONS: xxx

Not recommended for wheelchair users or guests with limited mobility due to steps on board sightseeing boat.









HISTORIC WALKING TOUR ART MUSEUM INCLUDED

Kristiansand definitely has its charm and it has its history. The Danish-Norwegian king Christian IV founded the city on a bank of sand in 1641, and since then it has grown steadily to a population of around 110,000 today. The history walk takes you past Kilden Performing Arts Centre, and on to the old parts of the city with some houses dating back to the 1700s.

You will then be led to Christiansholm Festning, the fortress from the 1670s and the Gothic styled cathedral from the late 1880s and its nearby market place. The walk also includes the fish market and a guided visit to Sørlandets Kunstmuseum, the art museum, where the history of Kristiansand comes to life before your eyes. This is particularly the case in the painting by Olaf Isaachsen, depicting the devastating city fire in 1892. After a short stop at the museum gift shop you walk back to the ship.

TIME: 3 hours CAPACITY: Unlimited TOTAL WALKING DISTANCE: Approximately 4 km on flat surface. though some cobbled stones, lift available at Art Museum. REFRESHMENTS: xxx

Wheelchair users must be able to navigate cobbled stones aided



OPTIONS: xxx

















KRISTIANSAND DURING WORLD WAR II

30 KRISTIANSAND DURING WORLD WAR II

The coach gives you a short sightseeing of Arendal before stopping at the Cultural History Museum "Kuben". On display are the traditional "bunad" costumes and tableaux showing how children lived and played in the 1900s. Have a closer look at old furniture, proud ships, dolls, toys and other exhibits from Arendal's past.

INCLUDING CULTURAL HISTORY MUSEUM

29 PANORAMIC ARENDAL

The recently opened exhibition about the slave ship "Fredensborg" that sank in a storm right outside of Arendal, lends evidence to Norway's complicity in the slave trade in the 1700s as part of the Danish union. This is the only slave ship wreckage that has been discovered from the Transatlantic slave trade.

The tour continues by coach to the idyllic island of Tromøya, the largest island on the southern coast of Norway. The next stop will be at Raet National Park where you visit a very special beach of large elliptical stones, rounded by waves through the millennia. Enjoy the fresh air on the edge of the open sea, before driving to a small, picturesque church built in the 12th century.

TIME: 5 hours (4 hours when tour starts in Arendal) CAPACITY: Unlimited TOTAL TRAVEL DISTANCE: xxx REFRESHMENTS: xxx OPTIONS: Serving of local traditional pastry at Kuben CAPACITY: Unlimited TOTAL TRAVEL DISTANCE: xxx REFRESHMENTS: xxx OPTIONS: Combine with Hiking Odderøya. Choose other tours for more WWII history.

TIME: 4 hours







This tour combines the two most important sights in Kristiansand from WWII. The Cannon Museum, Vara Battery, is home to the second largest cannon in the world ever mounted on land. You see the cannon, visit the bunkers and learn about its fascinating history and facts.

From Vara Battery you drive back towards the city to the former State Archive and Gestapo HQ. This building was taken over by the Gestapo in 1942 and used as their regional headquarters in Southern Norway. It is the only Gestapo headquarters established in Norway that has been conserved. The prison cells and torture chamber from 1942-45 have been reconstructed.

A short scenic coach tour of Kristiansand city centre concludes the excursion before you return to the ship. An educational tour, and a must for those interested in WWII history.



KRISTIANSAND **CANNON MUSEUM**

WITH CITY SIGHTSFFING

A short coach drive takes you to the Kristiansand Cannon museum, the Vara Battery, Overlooking the Skagerrak strait, this is the second largest cannon ever mounted on land. Constructions started in 1941 during the German occupation, in conjunction with a similar cannon battery in Denmark 116 km away. With a range of 55 km each, without firing even once, the two cannon batteries guarded the shipping lanes of the Skagerak strait and the entrance to the Baltic Sea.

Of the original four cannons only one remains, constituting the core of the museum. In addition, it contains bunkers, radio room, machine room and munitions storage. Also on offer is a short ride on the munition train from the storage bunker to the museum. The site offers magnificent views of the area and the archipelago. A short scenic tour of Kristiansand city centre concludes the tour before your return the ship.

TIME: 3-4 hours CAPACITY: Unlimited TOTAL TRAVEL DISTANCE: xxx REFRESHMENTS: xxx OPTIONS: Combine with Hiking Odderøya in the afternoon.





THE SHIPMASTER'S HOUSE - MERDØGAARD MUSEUM

THE SHIPMASTER'S HOUSE MERDØGAARD MUSEUM

Step inside at Merdøgaard, a small picturesque seaside homestead on the island of Merdø, outside of Arendal. Embark the boat or RIB at the pier in the city centre, close to the cruise ship. The boat takes you through the beautiful Arendal archipelago on the way to the Merdø Island; the most important outport in the tall ships era.

Upon arrival, join a guided tour of the premises and learn about a time when trade was blossoming, the pilot had more than enough to do and sailors sought shelter on the island. Visit the Shipmaster's house from the 17th century and see how he and his family lived. The house has kept its original furnishings and is shaded by trees just a few steps from the beach and the sea. Enjoy some delicious refreshments at the small island café, before you embark the boat once more and return to the pier.

TIME: 6 hours (3.5 when tour starts in Arendal) CAPACITY: 30 TOTAL TRAVEL DISTANCE: xxx REFRESHMENTS: xxx OPTIONS: Serving of local traditional pastry or waffles





33 SOUTH CAPE OF NORWAY LINDESNES LIGHTHOUSE

Lindesnes is the southernmost lighthouse on the Norwegian mainland, and in 1656 it became the country's first lighthouse to be lit. The 80 km long journey takes you through the breathtaking landscapes west of Kristiansand, following the picturesque coastal road to the end - or the beginning - of Norway.

At the end point, Lindesnes lighthouse, you are invited to climb the 31 steep steps to the top of the lighthouse and be rewarded with a breathtaking view. You enjoy a cup of tea or coffee and freshly baked rubarb cake, and spend some time in the lighthouse shop before heading back towards Kristiansand.

A good idea is to combine the lighthouse visit with a one hour detour into the very idyllic town of Mandal.

TIME: 5 hours CAPACITY: Unlimited TOTAL TRAVEL DISTANCE: xxx REFRESHMENTS: xxx OPTIONS Can be combined with stop at art Gallery or the charming city of Mandal. Refreshments available.





34 ARCHAEOLOGY SUMMIT PETROGLYPHS, CUP-MARKS, BURIAL MOUNDS

At Penne, not far from the windy and rugged coastline of Southern Norway, you can see unique turf mounds, 3000 year old Bronze Age rock carvings and prehistoric cup-marks. The tour begins at the Nordberg Fort, a WW2 German installation currently housing a Bronze Age exhibition. A guide will take you on a marked pathway to the Penne site.

Prehistoric turfs, burial mounds and other archaeological findings in the West-Lista landscape prove that the region has been farmed for over 6000 years. Several modern farm buildings are still organized in groups, as in The Middle Ages, and there are several examples of the traditionally built longhouses and stone fences.

The tour continues to the charming local ecological herb and garden centre at the edge of the barren landscape. Here there will be time for a short rest and refreshments before continuing towards the windswept beaches and breathtaking views of the horizon.

TIME: 3 hours CAPACITY: 40 TOTAL WALKING DISTANCE: 3 km REFRESHMENTS: Available on the tour OPTIONS: May be combined with a visit to Lista Lighthouse and visitor centre













Arrive at Kvernhusdalen to the sight of Kringsjå power station, the first of its kind in Southern Norway. The adventure combines a nature walk with facts about life in Norway when electricity was a new-fangled thing. Also included are visits to a farm, two power stations and an optional walk in the timber slide.

A short guided walk takes you past remnants of the workers' village and onto the station site for a short break at the outdoor theatre. Then continue in the footsteps of those who lived and worked in this largely self-contained community. Follow the the timber slide through the forest and past creeks until you arrive at Paulen, an 18th century farm and currently a scout campsite. After the slide walk, it's on to the modern Steinsfossen power plant, built into the mountain side, and a short presentation before you board the coach back to the Kristiansand pier.

TIME: 4 hours CAPACITY: 45 TOTAL WALKING DISTANCE: xxx REFRESHMENTS:: Waffles and coffee at Paulen farm. OPTIONS: xxx

Uneven path and steps require proper footwear. Restrooms available at Kringsjå, Paulen and Steinsfoss





36 A MARITIME WALK ODDERØYA MARITIME MUSFUM

Kristiansand's new small boat museum, a short walk from the cruise ship, lets you in on the city's never-ending bond with the sea. A guide in an authentic fishing costume welcomes you on the quay and takes you for a maritime walk, ending at the museum. We will give you glimpses of how the sea and the small boats shaped daily life in the region, through photographs, exhibited boats and the beautiful surroundings at the heart of the city.

At the museum, you may borrow a rowing boat, experience life underwater, check out the catch of the day in the crab pots and sample delicacies from the sea. Sit back and relax in a deck chair at 'Sommerøva' on the headland and listen to tales of memories of

If you dare, dip your toes in the sea and feel the summer breeze!

TIME: 2 hours CAPACITY: 25 TOTAL WALKING DISTANCE: Approx. 2 km REFRESHMENTS: Waffles in the café or seaside OPTIONS: May be combined with other museums



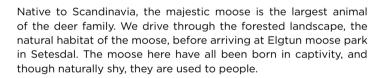








MEET THE MOOSE ELGTUN PARK IN SETESDAL



Within the enclosure we can get up close with these magnificent animals. We may even get to feed them. A good idea is to combine the moose park visit with a tour on the lake on board an old steamboat and / or a visit to the historical buildings and peace exhibition at Landeskogen Peace Centre.

TIME: Minimum 4 hours CAPACITY: Unlimited, 1 coach at a time REFRESHMENTS: xxx OPTIONS: Combine with a visit to the Landeskogen Peace Centre next door.





STEAMBOAT ON THE LAKE SETESDAL AND D/S BJOREN

Only 150 years ago, people in Setesdal lived in simple log houses, wore quaint clothing and spoke a language traceable to the old Vikings. At that time, the steamer "Bjoren" provided the most convenient way to travel. All these years later, the steady beat of the steam engine accompanies you on the otherwise quiet tour on the lake of Byglandsfjorden, surrounded by tall mountains and beautiful nature.

The tour starts ends near Bygland Museum - where the mountain area begins. At the authentic buildings at the museum you may sense the ambiance of former times, when the flames of the fireplace cast bewitching shadows on the log walls. Local food and refreshments are available at the small restauarant "Bryggja". We also recommend a stroll along the beach.

TIME: 5 hours CAPACITY: 100 in groups of 50 TOTAL TRANSPORT TIME: 1,5 REFRESHMENTS: Options ranging from light snacks, Norwegian waffles and coffee to local specialties. OPTIONS: xxx

Not recommended for wheelchair users or guests with limited mobility due to steps onboard the steamer.











NORWEGIAN FOREST HIKE BANFHFIA TO RAVNEDALEN

This trek is ideal for the keen hiker and nature lover. Choose between a walk through the city or a short coach ride to access Baneheia, a forested area located on the outskirts of the city. You walk up to a lookout that offers great views of Kristiansand and the sea. You trek through the forest along lakes popular for swimming in summer and ice skating in winter. You then descend to the quaint park of Ravnedalen. This tranquil haven was beautifully landscaped by soldiers in the 1870s. It took them four years to transform the hilly swamp to soothing gardens.

The former gardener's residence is today a popular café and restaurant, serving traditional waffles and the "best burger in Norway". The walk is mainly on footpaths and tracks, though hilly at times. After enjoying the beauty of Ravnedalen you return to the

TOTAL HIKING DISTANCE: Approx. 6-7 km mainly on footpaths OPTIONS: xxx





GIMLE MANOR AND BOTANICAL GARDENS

Five generations spent their lives at the fine manor house of Gimle Gård. Their stories reflect the history of Kristiansand. A tour through the ballroom and lounges of the house, preserved as it was in its heydays, is like a journey through time, from the late 1700s until the death of the last owner in 1982. After the guided walk of the house and the gardens, you may stroll under the massive beech trees, take in the peaceful atmosphere and listen to birds singing before the short drive back to the pier.

Gimle Gård in Kristiansand was built at a time when wealthy townspeople built country residences away from the smells and noise of the city. In these places, fine ladies enjoyed tea and cakes in lounges, and summer days were spent in the landscaped grounds surrounding the house. The country residences were filled with fine furniture, tableware and other items needed to hold parties for the family and their wealthy friends.

TIME: Recommended 2 hours CAPACITY: 30 persons TOTAL WALKING DISTANCE: xxx REFRESHMENTS: Tea and biscuits in the garden included OPTIONS: The tour can be combined with a visit to other museums, such as the Kristiansand open-air museum 5 minutes away by bus.





NORDIC WILDLIFE KRISTIANSAND ZOO

The number one attraction for families in Norway - Kristiansand Zoo and Amusement Park - is located east of the city centre. Close to one million annual visitors enjoy the wide variety of this marvelous park, consisting of a water park, a pirate hotel, Cardamom town and 140 different species of animals.

You will spend your time in the Nordic Wildlife section, the largest area of the zoo. From elevated walkways in the terrain you come close to wolves, wolverines, lynxes, moose, otters and owls in their natural environment. Your local guide will tell you about the animals' individual behaviour. Refreshments, ranging from a full sit-down-meal or a typical Norwegian snack, are available inside a lavvo, a typical Sami tent similar to the tipi.

CAPACITY: Unlimited TOTAL WALKING DISTANCE: Approximately 3 km (2 miles) REFRESHMENTS: Available on this tour VIP OPTIONS: A tour of the zoo including close encounters with some animals and a look behind the scenes is available as a VIP option for smaller groups.



TIME: From 3.5 hours to full day



42 ESCAPE INTO THE IDYLL THROUGH BLINDLEIA TO LILLESAND

On board the sightseeing boat you explore a narrow 20 km (12 mile) passage known as Blindleia, protected from the open sea by a number of islands and skerries. You pass old outports, smaller ports where once sailing ships sought refuge and thriving communities evolved. Today, most of the local houses have been turned into idyllic summer houses, still kept in the traditional style.

You conclude your trip in the charming town of Lillesand. This bustling summer paradise was once the home of eight busy shipyards that produced around 50 wooden sailing ships from the 1860s till the 1900s. You go on a pleasant and informative walk in town and take in the signature white timber houses. Many of the houses are listed and some date back to the 1730s. You visit the lively marina and after a little pause (time permitting) you return to our ship by coach.

TIME: 4 hours (approx. 2,5 of which on board the sightseeing boat) CAPACITY: Max 100 each way, seating for 70 indoors, 30 outdoors TOTAL TRAVEL DISTANCE: xxx

REFRESHMENTS: xxx

OPTIONS: xxx

Not recommended for wheelchair users or guests with limited mobility due to steps on board







43 NORWEGIAN HIGHLAND SCENIC SETESDAL VALLEY

Setesdal Valley is known for its well preserved traditional culture, now on the UNESCO list of Intangible Cultural Heritage of Humanity. The valley was relatively secluded until the mid-1900s and was therefore able to maintain its traditional art, music, clothing, dialect and general way of life.

The bus drive takes you past farms, lakes and woodlands to the Elgtun Moose park as well as the Landeskogen Peace Center, situated at a former recreational centre for tuberculosis victims. Today, the beautiful buildings comprise the largest peace exhibition of its kind in Norway. The panoramic view of the lake and the valley is simply astounding.

At Byglandsfjord you embark on the vintage steamboat Bjoren for a scenic tour and a delicious lunch at the Revsnes Hotel garden on the lakeside before returning to the ship.

TIME: 6 hours CAPACITY: 50 passengers on board the steamboat TOTAL TRAVEL DISTANCE: xxx REFRESHMENTS: xxx OPTIONS: Combination with mineral exhibition possible Not recommended for wheelchair users













This archipelago boat tour includes a visit to an old out harbour, a coach journey along the coast, and city sightseeing in Kristiansand.

The archipelago around Kristiansand comprises former out harbours, narrow passages and hundreds of small islands and islets. The boat sails westwards from the cruise pier to Ny-Hellesund, in its days an important hub for sea traffic. It had its own pilot station, customs office and a guest house, and could accommodate as many as a hundred sail ships.

We step ashore at a former shipyard, converted into holiday apartments, a restaurant and conference facilities. Then the boat takes us to the small village of Høllen, resplendent with white painted houses and beautiful gardens. Finally, the coach travels along a scenic coastal road, rounding off with a city sightseeing.

TIME: 4 hours (approx. 1 h 25 m. on board the sightseeing boat) CAPACITY: Max: 100 each way, seating for 70 indoors,

30 outdoors

TOTAL WALKING DISTANCE: Approx. 700 m REFRESHMENTS: xxx

OPTIONS: xxx

Not recommended for wheelchair users or guests with limited mobility due to steps on board.





45 OLD CRAFTMANSHIP WILLOW WEAVING AND WINE IN SØGNE

Get ready for a mesmerizing glimpse of genuine artisanship! In the small village of Søgne, nestled between a river and the sea. a creative woman and her husband have established a fairytale homestead with Norwegian wild sheep and a vineyard to boot.

A comfortable coach takes you past city highlights en route, and upon arrival, your charming hostess and proprietor will greet you with open arms. Take in the views of the sheep farm, the river and the wine ranks before entering her barn studio for an introduction to the growing of willow trees and the vast possibilities of willow weaving.

This farm also produces honey, and yes, wine, which you may sample in the *hyggelig* lower level of the stable barn. On the way back past idyllic homes and boathouses, there will be a photo opportunity of the beautiful view of the sea and the surrounding islands.

TIME: 3 hours CAPACITY: 30 pax at the same time TOTAL WALKING DISTANCE: 50 m REFRESHMENTS: Light refreshments available OPTIONS: May be combined with a tour of the winery and a taste of the property's sparkling wine





46 MEET A LOCAL CHARITY A LOOK AT SOCIAL WORK IN THE CITY

Embark on an alternative city walk and get to know The Church City Mission. Founded in Oslo in 1855, its main purpose has been to help marginalized groups in society get back on their feet. Today the Mission is represented in over 40 cities and towns nationwide. The Kristiansand organization was established in 2001, focusing mainly on life skill training for people in alcohol and drug rehabilitation.

Visit some of the training facilities run by the Mission for a deeper understanding of the rehabilitation aftercare program. You might have time and opportunity to meet a participant, who can share first-hand information about the struggle back into a more sustainable life situation. As a matter of course, the tour includes a stop at one of the Mission's popular coffee shops for a taste of the delicious waffles!

TIME: 4 hours CAPACITY: 20 TOTAL WALKING DISTANCE: 2 km REFRESHMENTS: Waffles with typical toppings and coffee/tea OPTIONS: xxx





GREEN CITY WALK SUSTAINABLE URBAN PROJECTS

Kristiansand boasts of several environmental initiatives, involving industry as well as individual participation. Starting from the pier, your guide will introduce you to renewable energy, the cleaning up of our harbor, and the effort to make Kristiansand port one of the most environmentally friendly in Europe.

The tour includes a visit to the recreation island of Odderøya, home to art studios, culture entrepreneurs and the Green Centre. Taste honey produced by city bees, learn about city farming and visit the herb and vegetable garden.

Then it's onwards to a second-hand shop and a seed lending library. See fantastic wall art made from ocean waste and visit the Insect and Bee Hotel. You will also venture into the old part of Kristiansand to study furniture rehabilitation and a volunteer-run popup store providing clothing and house articles.

At the food hall, learn how "eat local" has become a mantra in the food and beverage business.

TIME: 3 hours CAPACITY: 20 per group TOTAL WALKING DISTANCE: xxx REFRESHMENTS: Locally produced refreshments available OPTIONS: The tour can be done by Segway





AT HOME WITH RAGIN VISIT WITH A CONCERT ARTIST

Visit Ragin Wenk-Wolff, world-renowned performing artist, at her home in the beautiful southern part of Norway. After 28 years in New York, she has returned to her birthplace and continues to captivate audiences with her exceptionally expressive art form.

Be captivated by the sound of her 1689 Stradivarius or her Liquid Violin in her very own living room. Also, visit her visually evocative studio and art barn. Her inspirational artistry and heartfelt welcome are sure to become lasting memories and souvenirs.

As we take farewell with Ragin, be prepared to be thrilled even more. From the sounds of music, the journey continues towards the breath-taking South Cape of Norway and a visit to Lindesnes Fyr (Lighthouse). A beacon to sailors and captains, this lighthouse is one of the most visited sites in the region and a popular spot for aspiring photographers. Let the wind and salty air complete a tour of the senses.

TIME: 5 hours CAPACITY: 40 TOTAL TRAVEL DISTANCE: xxx REFRESHMENTS: From Ragin's gourmet kitchen: waffles and coffee/oysters and champagne OPTIONS: xxx





49 MORAINE RIDING ON HORSE BACK

Explore Norway's southernmost maritime national park on horse back. This is a real VIP tour, bringing you close to nature by the time honoured means of horse riding. After a 20 minutes' drive from the cruise pier, you arrive at the stable. We give you time to familiarize yourself with the friendly Icelandic horse, grooming and saddling it up before starting the tour.

The ride takes you along the coastline of Tromøy Island on the outskirts of Arendal, where lush greenery meet the open sea. Along the way, your guide will tell you about the area, and all you would like to know about Norway and the Norwegians.

Raet is the result of an enormous glacier retreating after the ice age, around 12,000 years ago. It left behind huge quantities of stone, sand, gravel and clay, creating a unique coastal landscape.

TIME: 2,5 hours (4 hours if tour starts in Kristiansand) CAPACITY: 3 persons per tour. Person weight maximum 100 kg TOTAL TRAVEL DISTANCE: xxx REFRESHMENTS: xxx OPTIONS: xxx









RAGIN'S BARN AT THE SOUTH CAPE OF NORWAY

After 28 years in New York, Ragin Wenk-Wolff has returned to her birthplace in the beautiful southern part of Norway and continues to captivate her audience with her exceptionally expressive art

Together with other local artists she opened a studio and art barn on her property only steps away from the sea. Here, artists express themselves on canvas, in photography, metal work and other media while Ragin and her friends have pop up performances. You may even hear sounds from her 1689 Stradivarius or her Liquid Violin while you visit her studio.

The tour finishes at the breath-taking South Cape of Norway and Lindesnes Fyr (Lighthouse). A beacon to sailors and captains, this lighthouse is one of the most visited points of interest in the region and a popular spot for aspiring photographers. Let the wind and salty air complete a tour of the senses.

TIME: 5 hours CAPACITY: 40 TOTAL TRAVEL DISTANCE: xxx REFRESHMENTS: From Ragin's gourmet kitchen: waffles and coffee/oysters and champagne OPTIONS: xxx





THE NUPEN ARTIST TRAIL

A tour to some of the beautiful and monumental works of renowned Norwegian artist Kjell Nupen. He created his art using materials such as clay, paint, stone and glass, and became famous for his characteristic blue colour. Before his death in 2014, he was the mentor of art-loving Queen Sonja of Norway.

On the Nupen trail, you visit the Ansgar Chapel, designed and decorated by Nupen. Architectural references to the Holy Temple of the Old Testament are prevalent, and the stained glass window across the nave illuminates the room in breathtaking colours.

Søm Church is up next, also decorated with stained glass windows by Nupen, its rounded shape and red brick construction contrasts the sharp steel and glass façade of the Ansgar Chapel.

The final leg is a stop in the fountain park along the harbour promenade The park displays one of Nupens signature works; a huge blue vase, which has become a landmark of the artist's hometown Kristiansand.

TIME: 3 hours
CAPACITY: Unlimited
TOTAL TRANSPORT DISTANCE: xxx
REFRESHMENTS: xxx
OPTIONS: Music recital

H K



AGDER GUIDE

A community of professional guides

Agder guide is a network organisation providing education, authorisation and support for guides.

As a proud sponsor of Cruise Sørlandet we aim to please our community and visitors alike.

Our goal for the future is an even larger pool of professional guides for the benefit of foreign and domestic visitors. All our members are authorised and regionally based.

Contact Agder Guide at Cruise Sørlandet



GUIDE TO SYMBOLS



NATURE



REFRESHMENT



SUITABLE FOR WHEEL-CHAIR USERS



HISTORY, HERITAGE AND CULTURE



GEOLOGY



LOW ACTIVITY



MEDIUM ACTIVITY



HIGH ACTIVITY



BOAT



WORLD WAR II



SHOPPING



ADVENTURE



WILDLIFE



VIF



SUSTAINABLE TOUR

GENERAL DISCLAIMERS

- Order of tours may be reversed
- All VIP tours and options must be booked at least 2 weeks in advance
- Refreshments and live entertainment must be booked at least 7 days in advance
- All information correct at time of printing

PHOTOGRAPHS BY: Arve T. Berntsen Anders Martinsen Biofoto Sørlandet Dyreparken Fullriggeren Sørlandet Kristiansand Havn Leonhard Jansen Maiken Flåt Kulien Matilde Helene Pettersen MS Maarten Nøane Ø Pia Britton, Tellus Works Setesdal Mineralpark Simen Samuelsen Håndverkeren Restaurant & Pub Skjærgårdsopplevelser Sør

Stanley Haaland Stiftelsen Arkivet Sørlandets Kunstmuseum Terie Nilsen Tove Hertzberg TrollAktiv Vennesla tidene Vest-Agder-museet Vidar Moløkken, Frittfallfoto.no Gerd Corrigan Karl Ragnar Gjertsen Carl Erik Kilander Elida Åsland Havrafting Sør Wannado Erlend Bjørtvedt, Wikimedia Commons



³⁵



On your tours, you can't fail to notice the many white painted wood houses typical of the region. Above, a glimpse from 'Posebyen' in Kristiansand.



Train ride to town

Board the shuttle train for a nicely paced ride past the Fishmarket, the local sculpture park and the fortress.

Then it's on to the old part of Kristiansand with its many white painted wood houses typical of the region.

Last stop is in the main shoppingstreet, Markens, and from there we take you back to the ship.



Kristiansand Cathedral

An open church in the heart of the city

Easily accessible in the busy town square, our 19th-century Neo-Gothic cathedral gives you a quiet space for contemplation and peace.

The cathedral is normally open from 10 a.m. to 5 p.m. on cruise ship arrival days. On Sundays there is a morning service at 11 a.m. and open church from 12 noon to 5 p.m. Guide and brochures provide information about church history and interior.

Our cathedral organists offer a 30-minute organ recital on all cruise ship arrival days, normally 11 a.m. or 3 p.m., depending on cruise ship arrival time. Magic moments are created with the magnificent sound of the cathedral's new Klaisorgan.

Entrance and organ recitals are free, but contributions in the church donation box are highly appreciated.

For more information, see: kristiansandcathedral.weebly.com

Photo: Torvald Slettebø, University of Agder



WELCOME TO KILDEN PERFORMING ARTS CENTRE!

We offer free performances, exhibitions or talks in our spectacular foyer, every Monday to Saturday at 1 pm, from June 29 to August 8,

Foyer opening hours 11 am - 4 pm (closed Sundays).

Kilden Performing Arts Centre is located on the waterfront in Kristiansand – at the entrance of the harbour. With a gross floor space of 16.500 square meters, housing four unique auditoriums, Kilden is a monumental landmark building for the arts in Southern Norway.

Kilden is home of the regional Kilden Theatre, Kilden Opera, Kristiansand Symphony Orchestra as well as a cultural venue for the county.

The foyer, under the curving oak clad wall, is a natural meeting place with café, box office, cloakrooms and bar facilities. RESTAURANT FRIHAVN – Indoor and outdoor seating in summer.

WWW.KILDEN.COM











Relax, enjoy the view and a good meal – one hour away from Kristiansand

Reusnes hotell AS, Setesdalsveien 2031, 4741 Byglandsfjord Phone (+47) 37 93 46 50 / 900 24 241 - post@revsneshotell.no - revsneshotell.no

Norwegian waffles & coffee



Stop by for the best waffles in town at one of our cafés close to the cruise pier. Both our cafés have a great ambience, with antique or redesigned furniture and artisan products for sale. The products are made at each location by participants in our rehabilitation aftercare programs and all profit we make, goes right back into our organization.

Opening hours for our cafés:

Bymisjonskafeen, Gravane 6 (Fiskebrygga / The Fish Market) Tuesday – Friday 10-15

Portalen, Strandpromenaden 32 (at the Fortress) Monday – Thursday 10-15, Sunday 12-15



The Church City Mission is a non-profit organization with representation in more than 40 cities across Norway. Our vision is that people experience respect, justice and care regardless of who they are. We base our work on Christian and Humanistic values, but we are not organized as a religious community. Our anchoring is in the church and the diaconal tradition, but we are committed to dialogue-based work independent of religious beliefs.

As part of the social work we offer in Kristiansand, we have work practices in cafés and workshops for people in alcohol and drug related rehabilitation aftercare.



Enjoy your trip with us to all the attractions in Kristiansand and Southern Norway.



HÅNDVERKEREN Restaurant & Pub

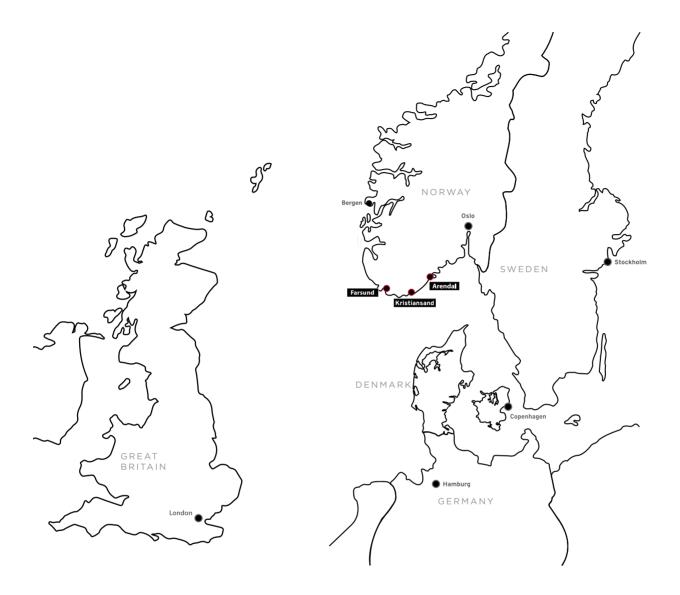
Visit a famous and historical building during your stay in Kristiansand, one of a few wooden houses surviving the great city fire of 1892. Today housing one of the most popular restaurants/pubs in town, you'll find Håndverkeren (The Craftsman) on the upper main square.

Enjoy food from a unique charcoal grill, a comprehensive selection of local breweries and a special atmosphere in several majestic rooms and surroundings. Shuffleboards, pool tables, darts, table tennis and live sport/football is also available.

OPENING HOURS

3pm - 2am every day • Food served until 10pm





The Cruise Network for Southern Norway, Cruise Sørlandet, was established in 2011. Its members welcome you to our enchanting region.

www.cruisesorlandet.com

