



View of Aurlandsfjorden from Stegastein. Photo: Visitflam.com

# FLÅM

## The ultimate all year cruise destination

The charming village of Flåm with its 350 inhabitants is situated at the innermost part of the Aurlandsfjord, a tributary of the Sognefjord. Centrally located in the fjord region, Flåm is surrounded by wild and dramatic nature with cascading waterfalls and picturesque landscape. Flåm offers some of the most popular attractions in Norway. Flåmsbana - the Flåm Railway - is widely recognized as one of the steepest and most beautiful railways in the world. Flåm is also home of the spectacular Nærøyfjord, listed as a UNESCO World Heritage Site.

### ATTRACTIONS/EXCURSIONS

#### On the fjord with the Fjords

Flåm - Gudvangen - Flåm  
Duration 2.5 hrs (including one leg by bus)  
The design of this award winning fully electric vessel is spectacular and invites the guests to enjoy a magnificent and silent fjord experience through the UNESCO World Heritage area Narøyfjord.

#### Norway in a Nutshell

Flåm - Myrdal - Voss - Tvinde - Stalheim - Flåm  
Duration: 6 hrs  
Highlights include the Flåm Railway, Kjosfossen waterfall, Bergen Railway, the beautiful town of Voss, Tvindefossen waterfall, Stalheim viewpoint and Stalheimskleiva road. This road is one of the steepest stretches of road in Northern Europe, winding its way through 13 hairpin bends.

#### The Flåm Railway & Vatnahalsen

Flåm - Vatnahalsen - Flåm  
Duration: 3.5 hrs  
Highlights include the Flåm Railway, Kjosfossen waterfall and home-made waffles at Vatnahalsen

Mountain Lodge. The Flåm Railway is a masterpiece of engineering. With a height difference of 865 m, it is one of the world's steepest adhesion-type railways on normal tracks. The journey provides a panoramic view of some of the wildest and most dramatic mountain scenery in Norway, including photo-stop at the mighty Kjosfossen waterfall.

#### The Flåm Railway & hiking/biking

Highlights include the Flåm Railway, Kjosfossen waterfall, mountain farms and hiking/biking 10 km on the old navvies' road in the Flåmsdalen valley. This is a close to nature experience!

#### Flåm Zip Line

The longest (and maybe also the most scenic) Zipline in Scandinavia with a span of 1,381 m and a top speed of 100 km/h. The Zip Line starts at Vatnahalsen and ends up in Kardal by 'Rallarosa Cheese Farm'. Flåm Zipline can be perfectly combined with the Flåm Railway and other existing excursions.

#### Cruise on the Nærøyfjord

Flåm - Gudvangen - Stalheim - Flåm  
Duration: 4 hrs  
Highlights include boat sightseeing on the Narøyfjord, bus tour to Stalheim viewpoint and Stalheimskleiva road. The Narøyfjord is rated as one of the best preserved UNESCO World Heritage Sites by National Geographic Traveler. The narrow fjord allows for some of the wildest and most dramatic scenery in Norway. Not to be missed!

#### Borgund & Stegastein Viewpoint

Flåm - Lardal - Borgund - Stegastein - Flåm  
Duration: 4 hrs  
Highlights include driving through Lardalstunnelen, the world's longest tunnel, Borgund Stave Church, Aurlandsvegen mountain road, and Stegastein viewpoint. The viewpoint is a unique platform situated 650 m above sea level, overlooking the Aurlandsfjord.



The Flåm Railway. Photo: Visitflam.com

#### Fjord Safari

Flåm - Narøyfjord - Flåm  
Duration: 1.5 hrs or 2.5 hrs  
Guided RIB boat tour.  
Enjoy the amazing scenery and be on the lookout for wildlife while the local guide provides a unique insight into local history and culture of the area.

#### Østerbø & the Aurlandsdalen Valley

Flåm - Osterbo - Flåm  
Duration: 3.5 hrs  
Highlights include bus sightseeing through the historical Aurlandsdalen Valley, traditional Norwegian cuisine at a mountain lodge at Osterbo, and scenic viewpoints towards the Aurlandsfjord.

#### Undredal

Undredal Visitor Centre gives an introduction to the process of making goat cheese, and offers a tasteful menu of locally produced food. Visit the smallest stave church in Scandinavia.



Kayak on the Nærøyfjord. Photo: Sverre Hjørnevik/Visitflam.com

#### Leim Dairy Farm

Mountain farm that produces its own goat cheese and invites you to interact with the animals. The farm overlooks the beautiful Aurlandsfjord.

#### The Aurland shoe

The only remaining shoe factory in Norway producing the original Aurland Shoe or "Penny Loafer". Experience artisans at work. The Aurland Shoe has inspired famous shoe designers across the globe and has become a fashion icon.

#### Magic White Caves

Walk to the inside of the mountain. An experience of light and sound, silence and darkness.

#### Viking Village "Njardarheimr"

The Viking Experience presented in Gudvangen, is a living village as it could have been during the Viking Era. A year-round attraction.



Kjosfossen waterfall. Photo: visitflam.com

#### Gondola - Voss Resort

The new state of the art gondola in Voss. Starting point at Voss Train Station (56 masl) and end at Hangurstoppen (820 masl). The gondola has a capacity of 1,069 passengers per hour. A brand-new restaurant with panoramic view and capacity of 450 guests is located at the end station. Snow guaranteed until end of May. For more information please contact us!

#### Kayak

Kayak programmes are offered both in Flåm and in Gudvangen. Discover the Narøyfjord up close and personal.

#### Bike Rental

Mountain bikes and helmets are available. These bikes are the best choice when biking the Navy road and in the Flåm area.

#### PORT OF FLÅM

Position: N: 60° 51.826' E: 7° 07.156'  
Visiting address: A-Feltvegen 27, 5743 Flåm  
E-mail: [cruise@flamport.com](mailto:cruise@flamport.com)  
Website: [www.flamport.com](http://www.flamport.com)  
Phone: +47 976 27 382  
VHF: Channel 16/12  
Distance to city centre: 200 m

#### DOCKING INFORMATION

Landing largest ship: no limitations  
Air draft: No limitations  
Tidal movement: 1.5 m  
Terminal contact:  
Jon Olav Stedje, Manager Port Operations  
[jonolav@aurlandhavn.no](mailto:jonolav@aurlandhavn.no), +47 976 27 382

#### TERMINAL FACILITIES (TURNAROUND)

Restrooms  
Wi-Fi Service  
Taxi  
Airport: 167 km to Bergen International Airport, 80 km to Sogndal National Airport

Transit and T/A Equipment  
Forklifts

#### PORT SERVICES

Fresh water bunkering  
Waste landing  
Grey water landing: upon request  
Special waste: upon request  
Crew facilities:  
- Wi-Fi access at the pier while docked  
- Football field and volleyball court  
- Beach and barbeque area  
- Hiking maps  
- Walking Trail by Fretheim Hotel  
- Different benefits for crew.

VAT refund: Yes, in cruise terminal when last port in Norway

#### SECURITY & ENVIRONMENT

Fenced terminals (ISPS)  
Security service  
Shore power: 2023

EPI  
NOx -regulations  
Max ships per day: 2  
Max pax per day: 5,000 if more than 1 ship.  
Varies through the season

#### ANCHORAGE

Max GT: No limitation  
Type of bottom: Sand  
Minimum depth: 50 m  
Distance from anchorage to tender pier: app. 600 m

#### TOURIST INFORMATION

Visiting address: Flåm Ticket and visitor center  
Mailing address: PO Box 86, NO-5742 Flåm  
E-mail: [info@norwaysbest.com](mailto:info@norwaysbest.com)  
Phone: +47 57 63 14 00  
Web: [www.norwaysbest.com](http://www.norwaysbest.com)  
Distance from port: 200 m



Quay	Water depth	Length	Height	Fenders	Shore Power	Grey Water	Max Ship size
Flam Cruise Port	12 m	110 m (min 160 m from 2023)	1.8 m	Tiers	16 Mw (2023)	Yes	No limitations

