



Flåmsbana Photo: Sverre Hjørnevik

FLÅM

The ultimate all year cruise destination

The charming village of Flåm with its 350 inhabitants is situated at the innermost part of the Aurlandsfjord, a tributary of the Sognefjord. Centrally located in the fjord region, Flåm is surrounded by wild and dramatic nature with cascading waterfalls and picturesque landscape. Flåm offers some of the most popular attractions in Norway. Flåmsbana - the Flåm Railway - is widely recognized as one of the steepest and most beautiful railways in the world. Flåm is also home of the spectacular Nærøyfjord, listed as a UNESCO World Heritage Site and many other well recognised attractions. The Port of Flåm is also an ideal starting point for several roundtrips including several of the listed activities and attractions. Attraction marked **EF** can be done emission free.

Attractions/Excursions

Flåm Railway - EF
The Flåm Railway is a masterpiece of engineering. With a height difference of 865m, it is one of the world’s steepest adhesion-type railways on normal tracks. The journey provides a panoramic view of some of the wildest and most dramatic mountain scenery in Norway, including photo-stop at the mighty Kjosfossen waterfall. Can be combined with a visit to Vatnahalsen Hotel and a taste of their famous waffles, the Flåm Zipline and hiking/bicycling. Read more here: [Flåm Railway](#)

The Fjords - The spectacular UNESCO listed Nærøyfjord - EF
The design of this award winning fully electric vessel is spectacular and invites the guests to enjoy a magnificent and silent fjord experience through the UNESCO World Heritage area Nærøyfjord. In a combination with a visit to the Viking Village in Gudvangen, and a return trip by electric busses, this is a 100% emission free roundtrip. Read more here: [The Fjords](#)

Flåm Zipline - EF
The longest (and perhaps also the most scenic) zipline in Scandinavia. With a span of 1.381 metres and a top speed of 100 km/h. The zipline starts at Vatnahalsen and ends up in Kårdal by "Rallarosa Cheese Farm". Flåm Zipline can be combined with the Flåm Railway and other existing excursions. Read more here: [Flåm Zipline](#)

Stegastein Viewpoint - EF
The viewpoint is a unique platform situated 650 m above sea level, overlooking the Aurlandsfjord. Zero Emission Transportation is available from Flåm. Read more here: [Stegastein viewpoint](#)

Viking Valley “Njardarheimr” - EF
In Njardarheimr you can experience the vibrant sights and sounds of a village from the Viking Ages. Feel the excitement and participate in archery and axe-throwing or learn how to play the Viking games. Smell the tar and bonfires and join the daily activities of the Viking families living in Njardarheimr. Suitable for the whole family! Read more here: [The Viking Valley](#)

Fjord Sauna - EF
Enjoy a steaming hot sauna in combination with a refreshing bath in the fjord. Located in one of the worlds’ most spectacular scenery and with the ship as a backdrop, this is an experience you will never forget. Fjord Sauna is also available in Aurland. Read more here: [Fjord Sauna](#)

Undredal -EF
Undredal Visitor Centre introduces the process of making goat cheese and offers a tasteful menu of locally produced food. Visit the smallest stave church in Scandinavia or explore the charming village of Undredal famous for being the “goat” capital of Norway.

Aurlands - The Aurland shoe - EF
The only remaining shoe factory in Norway producing the original Aurland Shoe or “Penny Loafer”. Experience artisans at work. The Aurland Shoe has inspired famous shoe designers across the globe and has become a fashion icon. Read more here: [The Aurland Shoe](#)



The Flåm Railway. Photo: VisitFlåm.com

Local Street Food: -EF
Serving both street food and traditional dishes, the street food market in Flåm has become a tourist attraction itself. With prioritising the use of locally produced ingredients and supplies, you are able to “taste” the scenery and local agriculture in a hip and sustainable way.

Fjord Safari
Guided RIB boat tour. Enjoy the amazing scenery and be on the lookout for wildlife while the local guide provides a unique insight into local history and culture of the area. Read more here: [Fjordsafari](#)

Fjord paddle from Flåm
Kayaking on the Aurlandsfjord from Flåm is like being in a postcard. Surrounded by steep mountains on all sides with beautiful waterfalls, and small settlements scattered along the shoreline. Read more here: [Fjord paddle from Flåm](#)



Stegastein. Photo: Sverre Hjørnevik

Myrkdalen
Myrkdalen Mountain Resort in Western Norway is the perfect escape for active holidays all year round. It’s a ski resort and powder paradise during winter - with family-friendly ski areas, varied slopes and terrain parks for everyone. Myrkdalen during summer offers beautiful mountain sceneries, built for play and great experiences. Take our summer chair lift to the top and stop by the mountain café Vettlebotn for lunch or go hiking on the signposted trails. Have fun in our pumptrack and the bike tracks around the hotel. You can hire both regular and e-bikes to go cycling in high mountain terrain. Read more here: [Myrkdalen](#)

Norwegian Wild Salmon Centre in Lærdal
The large salmon and nature make the Lærdal river an attractive salmon river. Lærdal and the Sognefjorden have long and strong traditions linked to salmon angling. Read more here: [Norwegian Wild Salmon Centre in Lærdal](#)



Fjordcruise. Photo: Sverre Hjørnevik

Gondola - Voss Resort
The new state of the art gondola in Voss. Starting point at Voss Train Station (56 masl) and end at Hangurstoppen (820 masl). The gondola has a capacity of 1.069 passengers per hour. The restaurant on the top offer a panoramic view and capacity of 450 guests. Snow guaranteed until end of May. Read more here: [Voss Gondola](#)

Other activities: EF
There are several opportunities to explore Flåm on your own. Bike rental is available in walking distance offering e-bikes, E-mobility and Segways. The port is also a starting point for several scenic walks suitable for all levels. This includes the Brekkefossen Waterfall, Rjoandefossen Waterfall, Flåm Church and a Cultural walk in the Fretheim park.

PORT OF FLÅM
Position: North/East
Website: [www.Flåmport.com](#)
E-mail: [cruise@Flåmport.com](#)
Phone: +47 976 27 382
Contact person: Jon Olav Stedje
E-mail contact person: [jonolav@aurlandhavn.no](#)
Phone contact person: +47 976 27 382
Distance from pilot station: nm
South: nm
North: nm
Pilot channel: Ch.13-16
Port VHF channel: Ch. 12-16
Barents Watch: [https://nais.kystverket.no/poi/nt/7.116144591567803_60.86354905174659](#)

ANCHORAGE/ TENDER (YES OR NO)
Max size: No limitation
Ship tenders allowed: Yes. Maximum speed 5 knots,
The engine must be turned off when staying alongside tender berth.
Type of bottom: Sand
Depth: 50 m

PORT SERVICES
Gangway available: No
Tugboats: No

Maximum beam: No limitation
Maximum air draft: No limitation
Bollard strength (certification): 100-150-200 ton
Tidal movement: 1 - 1,5 m

Crew facilities: Wi-Fi access, Beach Volley, Beach and BBQ area, Hiking Maps, Sops, cafes, attractions, activities, cafe’s and resturant offers different benefits for crew
Bunkers delivery: Yes, arranged by agent
LNG bunkering: No
Waste handling: Yes
Grey water: Yes, arranged by agent

TOURIST INFORMATION
Website: [www.norwaysbest.com](#)
[en.sognefjord.no/fjord-villages/Flåm](#)
E-mail: [info@norwaysbest.com](#), [info@sognefjord.no](#)
Phone: +47 576 31 400
Location: Flåm Ticket and Visitor center
Local Guide service: Yes
Which languages: Most languages

PORT INFORMATION
Designated cruise quay: Flåm Cruise Pier
ISPS: Yes
Maximum ship length: No limitation
Maximum ship draft: 12 m



| Quay | Water depth | Length | Height | Fenders | Shore Power | Grey Water | Max Ship size |
|------------------|-------------|-----------------------------|--------|---------|--------------|------------|----------------|
| Flåm Cruise Port | 12 m | 110 m (min 160 m from 2023) | 1.8 m | Tiers | 16 Mw (2023) | Yes | No limitations |

SUSTAINABILITY
Shore Power: From 2025
EPI: Yes
ESI: No
Max ship per day: 4
Max passenger per day: 5000 if more than one ship
Restrictions in harbour: Use of ships microphones and PA systems interior only and not on deck, no loud music outside, only necessary and mandatory use of ship horns allowed in the port, regulations for WHF
Sustainable activities: Flåm port offers some of the most sustainably attractions and activities in Norway. Such as the Flåm railway, electric sightseeing vessels on the fjord, E-bikes, E-mobility, eletric busses, kayaks, bikes and much more. All in walking distance from the port. Flåm had been awarded as the worlds most sustainable cruise destination in 2023.

GENERAL INFORMATION
Turnaround facilities: No
Terminal/Restrooms in pier area: Yes
Shuttle bus: N/A
Parking place for buses: 10 parking places
Public transportation close by port: Yes
Distance from port to airport: Bergen International Airport Flesland - 170 km (2,5hrs), Sogndal Airport Haukåsen - 80 km (1,5hrs)
Distance from port to city centre: 200 m
Distance from port to nearest hospital: Lærdal Hospital, 38 km, Voss Hospital 65 km

