



The star shaped Fortress Town. Photo: Sten Helberg

FREDRIKSTAD

Gateway to the Oslofjord

Sail in to Fredrikstad through Norway’s version of Key West – the beautiful Hvaler Archipelago and Norway’s first marine national park. On the main islands you can enjoy restaurants, open gardens, arts and crafts, vintage and niche shopping, seafood, beaches, and island hopping.

The Fortress Town of Fredrikstad of 1567 – a true hidden gem - and a living attraction is one of Northern Europe’s real treasures. In well-preserved buildings, along cobbled streets you will find a blend of everyday life, boutiques, museums, art galleries and charming cafes. Free ferries connect the city center and the Fortress Town, departing from Tollboden quay where the ships docks.

Fredrikstad is a unique boutique destination with closeness both to cultural and natural adventures.

ATTRACTIONS/EXCURSIONS

THE HVALER ARCHIPELAGO - an Island Paradise

With its 833 islands and skerries, the Hvaler archipelago is truly a paradise. Pay a visit to Norway’s version of the Key’s in Florida. The Hvaler Islands consist of more than 833 islands and skerries and make up this scenic Kingdom. It is also Norway’s first Marine National Park and this region provide more sunshine than in many other places in Norway, making it a perfect place for recreation in a peaceful environment. These islands are filled with history and our local guide is ready to share them with you. Among these islands many attractions we visit the small and picturesque village of Skjærhalden where you can enjoy art exhibitions, cafes, and shopping.

THE FORTRESS TOWN

The star shaped ancient city of Fredrikstad, founded in 1567, is one of the best-preserved fortified towns in Northern Europe. We stroll along the winding cobble streets within the ramparts of the old town with our guide. While taking in the historical atmosphere we are reminded that the place is still very much alive and vibrant with locals living and working within the fortification. Today, the historic buildings house artists, craftsmen, cafes, and shops.

HIKING TOURS

Outdoor adventures – enjoy a hiking tour with bonfire and stunning views in the archipelago of Fredrikstad. Easy tracks on coastal routes with experienced instructors. For the more experienced hiker, enjoy wonderful coastal routes close to nature elements.

KAYAKING

Outdoor experience with a leisurely paddling tour in the beautiful nature of the Hvaler Archipelago. Few places compare to the beautiful Hvaler islands, with their glittering waves, wonderful beaches, and stunning archipelago. Tours for all levels of paddlers with experienced instructors guiding you through a calm and enjoyable experience in the beautiful archipelago, guaranteeing a close encounter with nature.



The Fortress Town. Photo: House of Ikigai

THE ANCIENT TRAIL

Travel 3 000 years back in time The Bronze Age is mysterious, dramatic and astonishing. The countryside around Fredrikstad is peppered with mystic stone circles, majestic burial mounds and images chiseled in stone - a cultural heritage which talks to us from 3000 years ago. At the Ancient Trail you will find the highest concentration in Norway of ancient monuments from the Stone, Bronze, and Iron Ages - including burial mounds, stone circles, and fortified hamlets.

ROALD AMUNDSENS BIRTHPLACE

Roald Amundsen was born in Fredrikstad. The young Roald got a taste for adventure here as the proud sailing ships of the family shipping firm were berthed on the Glomma below his farm. The farm is now a museum. The old captain’s house reflects the time of his upbringing and preserves several items from Amundsen’s expeditions. Our guides are ready to take you on a tour of Amundsen’s dramatic life.



The Ancient Trail. Photo: House of Ikigai

HARVEST PACIFIC OYSTERS

Be active and contribute to keep the archipelago to maintain its natural biodiversity – Harvest Pacific Oysters in the Oslo Fjord. This is a unique opportunity for the guests to contribute to maintain the biodiversity in the sea and experience the beautiful archipelago of Hvaler. The Pacific oysters are taking over the local biodiversity along the coastline in Southern Norway by covering large areas where you normally find original shell species. On this tour, we bring the guests to the areas in the archipelago where the oysters are easy to find. We harvest them and learn about the process of preparing the oysters. Includes tasting of pre-processed oysters brought from a restaurateur, served on the beach.



he Hvaler Archipelago. Photo: House of Ikigai

SEASONAL BERRY PICKING HIKING TOUR

The forest in Norway is brimming with berries – join our professional guides on a hiking for picking berries as lingonberries and blueberries. The freedom to roam in Norway allows us to take you on both familiar and unfamiliar paths to discover the best berry spots. You will learn how to easily make your own jam in the great outdoors.

BEACH CLEAN-UP

Be an active contributor to the destination. One of the most important measures against marine litter is beach clean-ups as marine litter pays no respect to geographical boundaries. Join our dedicated guides to a nearby beach for a meaningful and low-key activity.

PORT OF FREDRIKSTAD

Position: 59° 13.090 N 10° 55.785 E
Website: www.borg-havn.no
E-mail: Havneoppsynet@borg-havn.no
Phone: +47 911 17 189
Contact person: Kenneth Mathisen
E-mail contact person: Kenneth.Mathisen@borg-havn.no
Phone contact person: +47 489 58 798
Distance from pilot station: 10 nm
South: N/A
North: N/A
Pilot channel: Ch 16
Port VHF channel: Ch.18
Barents Watch: https://nais.kystverket.no/point/10.92976_59.21817

TOURIST INFORMATION

Website: www.visitfredrikstadhvaler.com
E-mail: info@visitfredrikstadhvaler.com
Phone: +47 693 04 600
Location: Kirkegaten 31B, 1632 Gamle Fredrikstad
Local Guide service: Visit Fredrikstad & Hvaler
Which languages: EN / DE

PORT INFORMATION

Designated cruise quay: Tollboden
ISPS: Yes
Maximum ship length: 155 m
Maximum ship draft: 7 m
Maximum beam: 30 m
Maximum air draft: N/A
Bollard strength (certification): 75 ton
Tidal movement: 0,5m

ANCHORAGE/ TENDER (YES OR NO)

Max size: No limit with regard to LOA or GT
Ship tenders allowed: Yes
Type of bottom: Soft bottom
Depth: 27m

PORT SERVICES

Gangway available: Yes
Tugboats: Yes
Crew facilities: No
Bunkers delivery: Yes, by barge or truck
LNG bunkering: Yes
Waste handling: Yes
Grey water: Yes, with tanker truck

SUSTAINABILITY

Shore Power: Yes: Øra Main dock
EPI: No
ESI: Yes
Max ship per day: 2
Max passenger per day: 2500
Restrictions in harbour: No
Sustainable activities: Yes

GENERAL INFORMATION:

Turnaround facilities: No
Terminal/Restrooms in pier area: No
Parking place for buses: Yes
Public transportation close by port: Yes
Distance from port to airport: 136 km
Distance from port to city centre: 800 m
Distance from port to nearest hospital: 20 km



Quay	Water depth	Length	Height	Fenders	Shore Power	Grey Water	Max Ship size
Tollboden Quay	7 m	155 m	2 m	D-fender and tires	No	130	270 m
Fortress Town Quay	5 m	75 m	2 m	D-fender and tires	No	100	300 m
Ora main Quay	10 m	390 m		D-fender and tires	Yes	250	350 m

