



Welcome to Harstad, Photo: Jan Schmitt

HARSTAD

The Arctic basecamp

When docking in Harstad, your guests will have the perfect base for exploring some of the most popular attractions in Northern Norway, while enjoying the urban atmosphere of the region. With focus on local cuisine, culture, and stunning nature, accompanied by a high focus on safety and sustainability, the Harstad region is ready to offer once-in-a-lifetime experiences.

ATTRACTIONS/EXCURSIONS

The Trondenes Peninsula

Duration: 2 Hours
Capacity: 10 - 300 Pax
Season: all year
Visit the historical heart of Harstad, Trondenes peninsula. This area has historical importance for both Harstad and Norway. Here we find the worlds northernmost stone church from the late Middle Ages. Trondenes church was once one of the wealthiest churches north of Trondheim and is said to have had a direct link to the archbishop in Barcelona. In the museum, only two minutes' walk from the church, you learn about the Vikings of Trondenes and life in the area during Medieval times, as well as the effects of World War II in Harstad and the surrounding area. This is truly a tour that will give you the best of history in the Harstad region.

The green community - Kvæfjord

Duration: 5 Hours
Capacity: 10 - 120
Season: summer
Harstad and the surrounding area has a rich cultural history, and we would like to welcome you to visit

some of our beautiful historical sights. On this tour we visit Hemmestad Wharf, a former trading post where time has stood still for almost 200 years. In the locations of Trastad Collections we visit an authentic residential and care facility for disabled people dating back to 1966, which today is Norway's only collection of Outsider Art. We also stop for a snack at the beautiful Røkenes Farm, once a guest house and trading post, and today a restaurant and gallery with houses dating back to 1750.

Gourmet dining at Elgsnes Farm

Duration: approximately 3.5 hours
Capacity: 10 - 36
Season: all year
Welcome to a unique experience - in the world's northernmost inhabited archipelago! We travel by bus to Elgsnes, a white sandy beach situated approximately 20 km outside Harstad city centre. After learning a little about the rich history in the area from the only resident at the farm, we settle down in the old boathouse for a gourmet dinner accompanied by the sounds from the sea just outside the door. May also be offered as a lunch alternative.

Hike to Gangsåstoppen

Duration: approx. 2 hours
Season: all year
Harstad is situated in the middle of nature, and outdoor activities are essential for the inhabitants of the city. One of the most popular hikes for the locals is Gangsåstoppen. This hike is only about 3 km in total, but the view from the top is magnificent. The terrain is uneven and may have wet portions if it has been raining. Hiking boots are recommended. On the top we have a local snack and something to drink, along with a good break to get the perfect photo of your ship, which is moored just across the bay beneath us.

Arctic Kayaking

Duration: 3 hours
Capacity: 2 - 20
Season: all year, weather permitting
Join us for a leisurely kayak along Harstad's beautiful shores. After a brief drive to your kayak location, you will receive a safety briefing and set off for your adventure. Your guide will teach you the basics of kayaking in Arctic Norway and share stories about the locals and your surroundings. If you are



E-biking in Harstad. Photo: Junit Weber



Keipen. Photo: Dag Roland



Trondenes Medieval Farm. Photo: André Askeland

fortunate, you may experience close encounters with the sea eagle, otters, seals, and porpoise. Otherwise, simply enjoy the marvellous scenery around you.

E-bike and campfire

Duration: 2 hours
Capacity: 2 - 16
Season: spring, summer, and autumn
This e-bike adventure is not just about biking in the nature, but also about experiencing the northern Norwegian life with a campfire and food-prepping on the open flames. Just a short walk from the pier, you will arrive at the e-bike center where you will be fitted with a bike and will be given a safety briefing. After a scenic round-trip ride on good forest trails, you will stop at one of the traditional shelters known as a 'gapahuk'. While your guide prepares a light meal at the bonfire, you can relax and enjoy the surroundings and the sounds of nature. When the food is ready, you will be treated to "kos og hygge" around the open fire as your guide shares stories and experiences about life in Northern Norway.

Introduction to cross-country skiing

Duration: 2 hours
Capacity: 2 - 40
Season: winter (approx. November - March)
Give the Norwegian national sport a try. Harstad has several areas for skiing and endless tracks for both enthusiasts and first-time skiers, and now you can try the sport for yourself. After a short bus ride from the pier, we arrive at Folkeparken arena. Here you will be fitted with proper boots for skiing, skis and poles before your guide gives you an introduction to basic skiing techniques. With the basics in place, we head for the tracks for a short tour of the area. Depending on the group, we head towards the nearest lake, or a traditional shelter for a short stop. Return to the starting point to change back to your own shoes before returning to the ship by bus.

Snowshoe hike to mount Keipen

Duration: 3.5 hours
Capacity: 2 - 40
Season: winter, ca November - April
The most popular tour of the Harstad region, both summer and winter, is Keipen, and we know why! With moderate effort, you get a spectacular view of the nearby fjords and mountains. During winter, snowshoeing is a great way to get out into the nature, so we put our snowshoes on and head for the top. Our adventure starts at about 350 m above sea level, and after about 20-minute walk we get above the tree line and get a taste of the view awaiting us. We will hike for about one hour and before we head back down, we have a good photo stop and enjoy a hot drink and snack.

PORT OF HARSTAD

Position: N S
Visiting address: Richard Kaarbøs gt 2 Harstad
E-mail: harstadhavn@harstad.kommune.no
Website: www.harstadhavn.no
Phone: 77 00 12 10 / 77 00 12 12
Berths for cruise
Distance to city centre: Larsneset- 100 m./ Stangnes 4.5 km

DOCKING INFORMATION

Landing largest ship
Air draft
Tidal movement: 2 m
Terminal contact: Anne Britt Bekken Port Director
annebb@harstad.kommune.no, +47 909 17 350

TERMINAL FACILITIES (TURNAROUND)

Taxi: 100 m
Shuttle bus: Larsneset -No /Stangnes - Yes
Distance to airport: 45 km to Harstad/ Narvik airport, Evenes (EVE)

PORT SERVICES

Waste landing: Yes, (larger amounts on request)
Sludge landing: Yes, by car on request
Grey water landing: Yes, by car on request
Special waste: Yes on request

SECURITY & ENVIRONMENT

Fenced terminals (ISPS)
Security service: On request
Shore power
ESI: Vessels that have declared in the pre-arrival information that they have a valid ESI certificate will be granted the following discounts on the harbour dues: 20% for vessels with ESI score between 25-50 50% and for vessels with a higher ESI score than 50 40% discounts
Max ships per day: 2 (3 from Jan 2022)
Max pax per day: 2,000

ANCHORAGE

Max m: 300/350
Type of bottom: Sand/ gravel
Minimum depth: 60 m
Distance from anchorage to tender pier: 250 m.

TOURIST INFORMATION

Visiting address: Sjøgata 3, 9405 Harstad
Postal address: Sjøgata 3, 9405 Harstad
E-mail: post@visitharstad.no
Phone: +47 770 18 989
Web: www.visitharstad.no
Distance from port: 150 m

* Larsneset available from Jan 2022
Shore power from Jan 2023
**Samasjøen available from Oct 21. Water and power from Jan 22
*** Fenders Yokohama on request



Quay	Water depth	Length	Height	Fenders	Shore Power	Grey Water	Max Ship size
Larsneset*	9.5 m	280 m		Tyre/ Dfenders	From Jan 23 400 V	On request	300 m +
Seljestad	7.5 m	200 m		Tyre	No	On request	
Stangnes	11.5 m	120 m		Tyre	Yes 400V	On request	
Kai-Samasjøen **	11.5 m	82 m		Tyre/Dfenders	No	On request	

