



The Seven Sisters. Photo: Simon Fosshiem, Visit Helgeland

# SANDNESSJØEN

## In the middle of the Helgeland Coast

Helgeland Port makes the perfect base for exploring islands, flowing rivers, close mountains, and the idyllic coast in the summer. Wonderful traditional streets and epic snow-covered mountains in the winter. Sandnessjøen town, best known for the famous mountain range The Seven Sisters. The small town has a rich history from the Viking Age and Medieval period with a Chieftom and three medieval churches surrounding the town.

From Sandnessjøen, you are 30 minutes from idyllic islands, an hour from the Arctic Circle, or Mosjøen town, where you can walk Helgeland Stairs ascending Øyffjellet, combined with zip-line that sends people soaring over a current. Within two hours; the world's first Arctic single malt whisky distillery, or the Svartisen Glacier.

### ATTRACTIONS/EXCURSIONS

#### Hidden Gems of Herøy

Bus excursion with guide.

Duration 5-6 hours.

A municipality located entirely on islands, with as many people as there are islands. White sandy beaches and endless views of mountains and sea from your very bus seat. An abundance of fishing boats and old typical north Norwegian houses. The guide will tell you a story about what used to be and how people live on the island today. You will get to visit Herøy Church, known as "Helgelands- Cathedral," Etcetera, a boutique taken out of fairytale and for many people the highlight of Herøy, and lastly a stop at a restaurant for a local treat with a taste of history.

#### Bike-ride through Sandnessjøen

Bike excursion with guide. Duration 2.5 hours. Join a small group on a bike tour, with a local guide, for the highlights of Sandnessjøen. Sandnessjøen is a historic town, from the Viking Age and Medieval period with a Chieftom and three medieval churches surrounding the town as you will see and hear. You will also see modern day Sandnessjøen, the art street on the pier and a picturesque view at the very foot of the Seven Sisters Mountain range at the Botn Havsbad, an outdoor and the most popular spot to go for a swim in the town. Maybe if you are daring and not afraid of cold water you can dip your toes while enjoying the spectacular view.

#### Historic RIB safari in the Helgeland Archipelago

Excursion with guide. Capacity: 10 - 36 pax, 12 pr group. Duration: 3 hours  
This guided safari excursion by rigid inflatable boat (RIB) takes place in the realm of the mythic mountain range The Seven Sisters. Explore the playful waves in high speed, feel the power of the sea and discover the spectacular nature and animal life in the mythical archipelago. Immerse yourself in the history of how the local islanders and fish farmers survived the harsh weather out at sea and explore the rich animal life on the Helgeland Coast with cormorants, seagulls, and eagles around the shallow waters. During this safari, there will be a break going ashore at an island for cultural history with local chocolate and coffee. There is always more islands, nature and history to discover around each corner with more than 24,000 islands, islets and reefs surrounded by shallow waters, white beaches, and adventurous coastal mountains.



Historic Sjøgata, and the Helgeland stairs. Photo: Emilie Solbakken, Visit Helgeland

#### Mosjøen town, a variety of adventures and panoramic outings.

Get to know the oldest town in Helgeland. Walk through the iconic Sjøgata, a 19th century district, houses of traditional timber and popping colours. Pay a visit to the living museum, learn about the beginning from English anglers to salmon fishing in the Vefsna river. Walk up Øyffjellet, with its 3000 beautiful stone steps, or for true fit and adventures, a 700-meter-long Zip Line. With a head filled with new experiences, you are welcomed to a delicious lunch at spectacular Fru Haugans, a hotel and restaurant ran by the same family for the last 150 years, a first choice for locals and visitors alike. The excursions to Mosjøen can happen simultaneously with one or several buses.



Chieftom of Sandnes, Torolvstein, Sandnessjøen. Photo: ?

#### Immerse yourself in the Viking Saga of Sandnes

Excursion with guide. Capacity:30-150 pax Duration: Approx. 1 hour  
Meet historic figures from the Viking Saga at one of the most powerful chieftoms, a 1,000 years ago in Northern Norway. Immerse yourself with costumes from the Viking Age, a tasteful bite of the traditional food and participate in the conflicts and power surrounding this historic chieftom. You will have a guided tour around the historic place and get to know the powerful Vikings and families of this region. This powerful chieftain has been recreated at Sandnes in Sandnessjøen. This Viking venue is situated only a 10-minute walk from the harbour and has a rich history from the Viking Age with powerful figures. Excursion alternatives: Tastes of local food made in a traditional way, authentic to the Viking Age, or dress up in Viking costumes, and be a part of the conflicts and competitions of the Viking Age, or a guided tour of the historic facilities, or be a part of the traditional way of weddings, funerals, and other events from the Viking Age.



Kystriksveien. Photo: Silje Lindberg

#### Dønna Archipelago - The medieval history

Bus Excursion with guide. Capacity: 10-50 pax per group.  
Duration: 6 hours  
Discover the cultural treasures and enjoy locally produced delicacies in the historic and manorial grounds at Dønna, one of the 30 thousand islands in Helgeland. Enjoy a guided tour in the medieval church and a peak into Norway's largest and best-preserved mausoleum. The grounds at Dønna are connected to the local ancestry dating to the mid-18th century. The ancestry owned both the farm and the church, as well as building the mausoleum for their deceased relatives. Today, the present occupants are the 4th generation owners after the historic ancestry. To put the finishing touch, we will drive up Dønnes mountain for a photo stop and visit one of the worlds' smallest chocolate factories.

#### PORT OF SANDNESSJØEN

Position: N66 1.5' E12 38.3'  
Website: [www.helgelandhavn.no](http://www.helgelandhavn.no)  
E-mail: [cruise.bronnoysund@visithelgeland.com](mailto:cruise.bronnoysund@visithelgeland.com)  
Phone: +47 750 75 700  
Contact person: Laila Brunvold  
E-mail contact person: [laila@helgelandhavn.no](mailto:laila@helgelandhavn.no)  
Phone contact person: +47 993 54 015  
Distance from pilot station: 0 nm (har los i Sandnessjøen)  
South: 82 nm  
North: 93 nm  
Pilot channel: Ch.13-16  
Port VHF channel: Ch. 12-16  
Barents Watch: [https://www.barentswatch.no/ohoi/point/12.61593\\_66.01815](https://www.barentswatch.no/ohoi/point/12.61593_66.01815)

#### TOURIST INFORMATION

Website: [www.visithelgeland.com](http://www.visithelgeland.com)  
E-mail: [bronnoysund@visithelgeland.com](mailto:bronnoysund@visithelgeland.com)  
Phone: + 47 414 56 467  
Location: Sønnaveien 92, 8900 Brønnøysund  
Local Guide service: Visit Helgeland  
Which languages: NO / EN / DE

#### PORT INFORMATION

Designated cruise quay: Horvnes Quay 1/2/3-Holmen-Hurtigrutekai  
ISPS: Yes at Horvnes  
Maximum ship length: 350 m  
Maximum ship draft: 20 m  
Maximum beam: No  
Maximum air draft: No  
Bollard strength (certification): 100-150-200 ton  
Tidal movement: 3 m

#### ANCHORAGE/ TENDER (YES OR NO)

Can be arranged

#### PORT SERVICES

Gangway available: 8-10 m  
Tugboats: Yes  
Bunkers delivery: Yes  
LNG bunkering: Yes  
Waste handling: Yes  
Grey water: Yes

#### SUSTAINABILITY

Shore Power: Yes. Horvnes Quay 1/2/3-Holmen-Hurtigrutekai  
EPI: Yes  
ESI: Yes  
Max ship per day: 1-2 ships  
Max passenger per day: 3000

#### GENERAL INFORMATION

Turnaround facilities: No  
Terminal/Restrooms in pier area: No  
Shuttle bus: Can be arranged  
Parking place for buses: Can be arranged  
Public transportation close by port: Yes  
Distance from port to airport: 11 km  
Distance from port to city centre: 0-3,3 km  
Distance from port to nearest hospital: 1,2-3,5 km



Quay	Water depth	Length	Height	Fenders	Shore Power	Grey Water	Max Ship size
Quay 1. Horvnes	20 m	80 m		Tyres	In planning	Yes	300 m
Quay 2	20 m	80 m		Tyres	In planning	Yes	
Quay 3	20 m	80 m		Tyres	In planning	Yes	
Holmen	18 m	50 m		Tyres	No	No	
By terminal	8 m	214 m		Tyres			

