



Helgeland bridge with Sandnessjøen and the mountain range De syv søstre to the right. Photo: Jonas Berglund

# SANDNESSJØEN

## At the center of the Helgeland Coast

Sandnessjøen is a perfect base for exploring the islands along the idyllic coast. This town is best known for the famous mountain range The Seven Sisters. Surrounding Sandnessjøen there are many mountains and hiking trails to explore for the active ones. The small town has a rich history from the Viking Age and Medieval period with a Chiefdom and three medieval churches surrounding the town along with the popular and modern Petter Dass Museum for those culturally engaged.

From Sandnessjøen you are 30 minutes from idyllic islands, an hour from the Polar Circle, or a zipline and a via ferrata, two hours from the world's first Arctic single malt whisky distillery, or the UNESCO World Heritage site Vega Archipelago, or the Svartisen Glacier.

### ATTRACTIONS/EXCURSIONS

#### Immerse yourself in the Viking Saga with the power and intrigues that follows

Excursion with guide. Capacity: 30-150 pax  
Duration: Approx. 1 hour  
Meet historic figures from the Viking Saga at one of the most powerful chiefdoms, a thousand years ago in Northern-Norway. Immerse yourself with costumes from the Viking Age, a tasteful bite of the traditional food and participate in the conflicts and power surrounding this historic chiefdom. Here you will have a guided tour around the historic place and get to know the powerful Vikings and families of this region. This powerful chieftain has been recreated at Sandnes in Sandnessjøen. This Viking venue is situated only a 10 minutes' walk from the harbor and has a rich history from the Viking Age with powerful figures.

Excursion alternatives: Tastes of local food made in a traditional way, authentic to the Viking Age, or dress up in Viking costumes, and be a part of the conflicts and competitions of the Viking Age, or a guided tour of the historic facilities, or be a part of the traditional way of weddings, funerals, and other events from the Viking Age.

#### Experience the medieval history

Bus Excursion with guide. Capacity: 10-50 pax per group.  
Duration: 6 hours  
Discover the cultural treasures and enjoy locally produced delicacies in the historic and manorial grounds at Dønna. Enjoy a guided tour in the medieval church and a peak into Norway's largest and best-preserved mausoleum. The grounds at Dønna is connected to the local ancestry dating to the mid-18th century. The ancestry owned both the farm

and the church, as well as building the mausoleum for their deceased relatives. Today the present occupants are the 4th generation owners after the historic ancestry. To put the finishing touch, we will drive up Dønnes mountain for a photo stop and visit one of the worlds' smallest chocolate factories.

#### Historic RIB safari among the Helgeland Archipelago

Excursion with guide. Capacity: 10 - 36 pax, 12 pr group.  
Duration: 3 hours  
This guided safari excursion with a zodiac takes place in the realm of the mythic mountain range De syv søstre. Explore the playful waves in high speed, feel the oceans power and discover the spectacular nature and animal life in the mythic archipelago. Immerse yourself in the history of how the local islanders and fish farmers survived the harsh



RIB. Foto: Kristian Olsen - Selay Kystferie

weather out at sea and explore the rich animal life at the Helgeland Coast with cormorants, seagulls, and eagles around the shallow waters. During this safari there will be a break going ashore at an island with cultural history with local chocolate and coffee. There is always more islands, nature, and history to discover around each corner with more than 24 000 islands, islets and reefs surrounded by shallow waters, white beaches, and adventurous coastal mountains.

#### Influential men, war and nature shaping the local identity

Bus excursion with guide  
Duration: Approx. 3,5 hours  
Immerse yourself in the life of the locals, and how these events shaped the identity of the local community. Join a tour in the realm of De Syv Søstre mountain range, a short stop at the Tjøtta International War Cemetery in memory of Norway's largest ship disaster, and the Petter Dass Museum - an exciting blend of culture, nature, and architecture. When you arrive at Alstahaug you get modern architecture, and a rewarding cultural experience in scenic surroundings. At the left-hand side of the



Petter Dass museum with the medieval church. Photo: Petter Dass museet

modern museum, you have the medieval church in Alstahaug. During the scenic drive there will be a photo stop along the mountain range De syv søstre, and a short stop at the Tjøtta International War Cemetery in memory of MS Rigel, Norway's largest (and the world's 3rd largest) ship disaster.

#### Hiking in the realm of the mountain range De Syv Søstre

Excursion with guide.  
Duration: Approx. 3,5 hours  
At this excursion you can fill your camera with photos of the mythic mountains of the Helgeland Coast. The bus will take a couple stops for your perfect picture of the mystic Seven Sisters and the mountain Dønnamannen. The guide will tell stories from the myth of the Helgeland mountains and the trolls that they hide. This excursion is for the ones in a decent shape, with experience hiking the nature and uneven hiking trails. This trail takes approximately an hour each way and can offer beautiful landscape in every direction.



The mountain range De syv søstre. Photo: Sigrid Haarberg, Visit Helgeland

#### PORT OF SANDNESSJØEN

Position: N: 66° 01.463' E: 12° 39.900  
Visiting address: Torolv Kveldulvsøns gate  
Mail: post@helgelandhavn.no  
Web site: helgelandhavn.no  
Telephone: +47 75 07 57 00  
VHF: Ch 12  
Berths for cruise: 3  
Distance to city center: 0-3,5km

#### DOCKING INFORMATION

Terminal contact: Rune Myre  
Cell: + 47 90696141  
Mail: rune@helgelandhavn.no

#### TERMINAL FACILITIES (TURNAROUND)

Taxi: Can be arranged  
Shuttle bus: Can be arranged  
Distance to airport: 12 km

#### PORT SERVICES

Fresh water bunkering  
Garbage landing  
Grey water landing

#### SECURITY & ENVIRONMENT

Fenced terminals (ISPS)  
Watchmen service  
Max ships per day: 1-2  
Max pax per day: 2500

#### TOURIST INFORMATION

Visiting address: Torolv Kveldulvsøns gate 10  
E-mail: post@visithelgeland.com  
Phone: +47 75 01 80 00  
Web: visithelgeland.com  
Distance from port: 0- 3,5 km



Quay	Water depth	Length	Height	Fenders	Shore Power	Grey Water	Max Ship size
Quay 1 Horvnes	20 m	80 m		tires	In planning	Yes	300m
Quay 2	20 m	80 m		tires	In planning	Yes	
Quay 3	20 m	80 m		tires	In planning	Yes	
Holmen	18 m	50 m		tires	No	No	
By terminal	8 m	214 m		tires			

