

# CRUISE NORWAY

With 40 ports and destinations, Norway has a lot to offer for every taste, for every brand and for every season.

*The Ultimate Nature-based Cruise Destination*



*A presentation of Norwegian  
cruise ports and destinations*

With the world's second longest coastline stretching more than 100 000 km, Norway offers unique possibilities for itineraries with various lengths and content all year.

Cruise  Norway

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Cruise Norway AS is not responsible for the accuracy of the information provided in this catalogue, published October 2021.



# THE ULTIMATE ALL-YEAR CRUISE DESTINATION

Cruise Norway promotes Norway as the world's ultimate nature-based cruise destination. Working towards a common goal, Cruise Norway and its members seek to contribute to a simple planning process by providing the cruise industry with comprehensive knowledge about Norwegian cruise ports and destinations. This is accomplished through participation in various international arenas and conferences, through membership of CLIA, meetings with cruise lines, by arranging cruise conferences and seminars, by organizing exiting and informative FAM-trips, by having an up to date web site, and through the bi-annual Cruise Manual which you are reading now.

Cruise Norway's aim is to grow the business in a sustainable way, ensuring that expansion is beneficial to cruise guests and locals alike and at the same time in the best interests of local enterprises, whether this relates to attractions, museums, transport companies, guide providers, local shops, cruise agents or other parties.

Equally important is our focus on how best to maintain our magnificent and unspoiled nature; the very essence of what cruising in Norway is all about.

The Itinerary Planner is a further development of Cruise Norway's cruise calendar, featuring a new design that also includes the entire Baltic Sea region. It works like a calendar whereby cruise lines can check the availability in the region and plan their itineraries accordingly. Consequently, it is now easier and more convenient for cruise lines to plan new itineraries and avoid congestion.

Owing to the Covid-19 pandemic, this tool is more important than ever. We all need to be agile in our planning, and the cruise lines must be able to change their itineraries at short notice to comply with laws and restrictions. Cruise lines can use the Itinerary Planner to easily check availability during their selected periods and quickly gain an overview of how they can adjust their itineraries.

The Itinerary Planner works very simply: The cruise line creates a draft of their preferred itinerary, checks availability and avoids congestion. If there is no available capacity at a specific port, it will be displayed as "fully booked". Most cruise ports in Norway are represented in the tool and are easy to identify. This makes the Itinerary Planner a convenient tool for the cruise lines to gain a great overview for itinerary planning in Norway.





Bergen Fish Market.

## SOME USEFUL FACTS ABOUT NORWAY

*Norway is well known for its natural attractions such as the fjords, mountains, glaciers and the Midnight Sun, but equally worth experiencing is the culture, heritage and day to day modern life.*

The first ever cruise to Norway was as early as 1887 when the purpose built cruise ship St. Sunniva, accommodating 142 passengers, sailed along the Norwegian fjords. The ship also sailed all the way to the North Cape. Ever since, Norway has been a popular cruise destination for all major cruise lines.

### Facts about Norway

**System of government:** Constitutional monarchy and parliamentary democracy

**Land area:** 385,155 square km

**Population:** 5,4 million (as per Sept. 2021)

**Capital:** Oslo

**Time zone:** Greenwich Mean Time (GMT) + 1 hour

**Constitution Day:** May 17

### Shopping

Typical Norwegian buys are pewter, wood-carvings and knitted goods. Norway has well-organized tax-free shopping for tourists and VAT refunds are available in most Norwegian ports.

### Fjords

Norway is famous for its many fjords, quietly winding their way deep into the country beneath steep, majestic mountains. The Geirangerfjord, lined with beautiful waterfalls and the narrow Nærøfjord proudly feature on the UNESCO World Heritage List. The King of the fjords, Sognefjord, is the world's

longest fjord and the Queen of the fjords, Hardangerfjord, is famous for its cherry and apple trees and is among the most visited fjords in the world.

### Northern Lights - Aurora Borealis

The spectacular Northern Lights are a natural phenomenon most common in Northern Norway and are frequently observed above the Arctic Circle between late autumn and early spring.

### Midnight Sun

The sun does not set in the summer above the Arctic Circle, which means that visitors to Northern Norway can enjoy 24 hours of daylight at this time of year.

### Climate

The climate in Norway, despite its location in the North, is much milder than you might expect. Due to the Gulf Stream, temperatures along the coast of Norway are 5-8°C higher than at comparable latitudes elsewhere. The Gulf Stream warms the Norwegian coast and keeps the ports free from ice.

### Viking history

The Vikings have a bad reputation as raiders, but they were also traders, explorers, settlers and magnificent shipbuilders as well as being used as lifeguards in the Roman Empire. The Viking Age started in AD 793 with

the attack on the monastery of Lindisfarne in England and ended in 1066 with the battle of Stamford Bridge where the last Norwegian Viking King, Harald Hardråde, fell.

### The Sami people

The Samis are the indigenous people of the northern parts of Norway, Sweden, Finland and Russia. There are approx. 80 000 Samis with their own language, traditions and nomadic way of life. Most of them live in Norway. Sapmi, formerly also known as Lapland, is the name for the Sami's historical settlement area. The Sami have been living in Sapmi for over 10 000 years, and today they have their own parliament in Karasjok as well as their own flag.

### Trolls

Trolls are an important part of Norwegian folklore. These human-like creatures vary in size and appearance, but are commonly perceived as both dangerous and a little stupid. They usually live in caves or deep in the forest, and only emerge from their hiding places after sunset. Legend has it that they turn to stone upon contact with the sun. Several places in Western and Northern Norway are named after trolls such as Trollheimen, Trollstigen, Trollhatten and Trollveggen (the Troll Wall).

# NORWEGIAN CRUISE PORTS



UPDATE IN PROGRESS!



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# DISTANCES FROM PILOT EMBARKATION AREAS

01	Vidgrunn	N59° 01,0' E10° 55,9'	Fredrikstad	12 nm	
02	Færder	N59° 04,5' E10° 34,4'	Oslo Drammen Sandefjord Fredrikstad	59 nm 47 nm 21 nm 25 nm	Via Løperen
03	Langesundsfjorden	N58° 56,6' E09° 47,6'	Brevik 8 nm Sandefjord Kragere	26 nm 19 nm	
04	Torungen	N58° 23,6' E08° 50,4'	Arendal Kragere	5 nm 40 nm	
05	Okseøy	N58° 03,2' E08° 07,4'	Kristiansand	6 nm	
06	Farsund	N58° 01,5' E06° 48,4'	Farsund	5 nm	
07	Feistein	N58° 50,5' E05° 27,9'	Stavanger Haugesund	21 nm 35 nm	
08	Skudesnesfjorden	N59° 06,7' E05° 26,2'	Stavanger Haugesund Odda Rosendal Eidfjord Ulvik	13 nm 19 nm 131 nm 74 nm 122 nm 122 nm	West of Karmøy West of Karmøy West of Karmøy West of Karmøy
09	Kopervik / Karmsund	N59° 13,1' E05° 21,0'	Haugesund Odda Rosendal Eidfjord Ulvik	12 nm 115 nm 58 nm 106 nm 106 nm	Via Karmsund Via Karmsund Via Karmsund Via Karmsund
10	Marstein / Korsfjord	N60° 08,6' E05° 00,9'	Bergen Odda Rosendal Eidfjord Ulvik Haugesund Haugesund	24 nm 109 nm 52 nm 100 nm 100 nm 58 nm 50 nm	Inner passage Outer passage
11	Fedjeosen	N60° 44,7' E04° 40,9'	Bergen Vik i Sogn Gudvangen Flåm Skjolden	32 nm 72 nm 106 nm 106 nm 127 nm	
12	Holmengrå	N60° 51,3' E04° 36,8'	Bergen Vik i Sogn Gudvangen Flåm Skjolden	37 nm 63 nm 97 nm 97 nm 118 nm	
13	Kvanhovden	N61° 42,0' E04° 45,6'	Florø Olden Olden Måløy Vik Flåm Gudvangen Skjolden	10 nm 73 nm 83 nm 25 nm 88 nm 122 nm 136 nm 142 nm	Inner passage Outer passage Inner passage Inner passage Outer passage Inner passage
14	Breisundet/Ålesund	N62° 27,0' E05° 58,9'	Ålesund Hellesylt Geiranger Molde Andalsnes Kristiansund Olden	7 nm 52 nm 57 nm 39 nm 56 nm 67 nm 111 nm	
15	Grip/Kristiansund	N63° 15,0' E07° 35,9'	Kristiansund Trondheim Molde Andalsnes Ålesund Hellesylt Geiranger	15 nm 90 nm 57 nm 75 nm 82 nm 126 nm 132 nm	Via Sørsundet
16	Kråkvåg fjorden / Flesa	N63° 39,0' E09° 14,9'	Trondheim Kristiansund Molde Andalsnes	40 nm 59 nm 103 nm 121 nm	
17	Grinna *	N64° 44,0' E10° 58,0'	Rørvik Brønnøysund	10 nm 56 nm	
18	Åsvær	N66° 17,0' E12° 12,5'	Sandnessjøen Bodø Brønnøysund	25 nm 95 nm 60 nm	
19	Fleinvær	N67° 13,5' E13° 46,1'	Bodø Sandnessjøen	17 nm 92 nm	
20	Tranøy	N68° 12,7' E15° 35,7'	Narvik	45 nm	
21	Lødingen	N68° 22,9' E16° 01,6'	Harstad Tromsø Hammerfest Alta Honningsvåg Svolvær Leknes	35 nm 111 nm 230 nm 230 nm 287 nm 43 nm 67 nm	
22	Svolvær*	N68° 13,0' E14° 34,0'	Svolvær Leknes Trollfjord	1 nm 29 nm 23 nm	South of Skrova
23	Leknes*	N68° 02,0' E13° 35,0'	Leknes Svolvær	6 nm 26 nm	
24	Melbu*	N68° 28,0' E14° 48,0'	Sortland	21 nm	
25	Andenes	N69° 19,5' E16° 13,4'	Harstad Tromsø Tromsø	38 nm 73 nm 81 nm	Via Hekkingen (Tromsøund) Via Hekkingen (Sandnesund)
26	Hekkingen	N69° 36,5' E17° 51,9'	Tromsø Tromsø Hammerfest Alta	31 nm 39 nm 150 nm 150 nm	Via Tromsøund Via Sandnessund
27	Fugløy	N70° 06,0' E20° 12,9'	Tromsø Hammerfest Alta	40 nm 82 nm 82 nm	
28	Grøtnes*	N69° 52,4' E19° 47,6'	Tromsø	22 nm	
29	Akkarfjordnæringen*	N70° 47,0' E23° 32,2'	Hammerfest	10 nm	
30	Honningsvåg	N70° 57,5' E25° 57,4'	Honningsvåg Nordkapp Hammerfest Alta Lakselv NCTP	2 nm 22 nm 60 nm 105 nm 60 nm	
31	Kirkenes	N69° 51,2' E30° 07,2'	Kirkenes	8 nm	
32	Svalbard / Longyearbyen	N78° 08,0' E14° 00,0'	Longyearbyen	26 nm	

\*On request

UPDATE IN PROGRESS!



# NORWEGIAN PILOT EMBARKATION STATIONS

UPDATE IN PROGRESS!



# UNESCO WORLD HERITAGE SITES IN NORWAY

World Heritage Norway is the name of the organization representing all the sites, and the four points on Struve's Geodetic Arc, which are inscribed on the UNESCO list of cultural and natural heritage sites. The first places in Norway to achieve this status were: Bryggen in Bergen, and Urnes Stave Church, both of which were entered in 1979.

Heritage is something that is passed on from earlier generations and what we pass on to future generations. Cultural heritage, as well as natural heritage, is an irre-

placeable source of knowledge, pleasure and inspiration for all peoples; and it is our most important point of reference with regards to who we are, and where we come from.



## THE MERIDIAN COLUMN

The Struve Geodetic Arc was the first technical and scientific object to be inscribed on the UNESCO World Heritage List. Measurements were made in the form of a chain of triangulation along the meridian stretching from Ismail on the Black Sea in the South to Fuglenes in Hammerfest in the North. A meridian is an imaginary line on the Earth's surface running from Pole to Pole.



## THE ROCK ART AT ALTA

This group of petroglyphs in the Alta Fjord, north of the Arctic Circle, bears the traces of a settlement dating from about 4200 to 500 B.C. The thousands of engravings add to our understanding of the environment and human activities on the fringes of the Far North in prehistoric times. The rock carvings depict Stone Age hunting of reindeer, elk and bear; bird catching, halibut fishing, a lot of boats, magical symbols, weapons, ceremonial animal-headed poles ... and much more. Alta Museum is situated in the middle of one of the biggest fields of rock carvings, and pathways have been made that lead you through the rock art park. In 1993 Alta Museum received «The European Museum of the Year Award».



## THE VEGA ARCHIPELAGO

Just south of the Arctic Circle you will find the Vega archipelago, with 6500 islands, islets, and skerries. In 2009, the British newspaper *The Observer* put the Vega Islands on their list of «20 undiscovered island gems». Vega is an ornithologist's dream. Chief among the bird population are eider ducks, raised for their down. The islanders still make houses for the birds and the houses to nest in can still be seen, alongside lighthouses, fishing villages and dramatic landscapes. The archipelago reflects the way fishermen and farmers have, over the past 1,500 years, maintained a sustainable living.



## RØROS MINING TOWN AND THE CIRCUMFERENCE

In August 2010, «Røros Mining Town and the Circumference» was included on UNESCO's list of World Heritage Sites. The new World Heritage area is an extension of the World Heritage Site of Røros Mining Town, which as early as 1980 was awarded a place on the UNESCO list. On your journey through this area you will experience how mining operations shaped our region. The colourful and charming little mountain town of Røros has been shaped by mining operations and agriculture through the ages. The town centre hosts a thriving handicraft community, workshop outlets, quaint little boutiques and cafés and restaurants that offer local specialities made from the produce of the season.





### URNES STAVE CHURCH

This is the oldest stave church in Norway, built in 1132, and the only stave church to be included on UNESCO's World Heritage List. The church contains ornaments dating from the 1060s and is unusually ornately decorated. It is beautifully situated on the southern shore of the Lustrafjord, the innermost arm of the Sognefjord. The area also contains the oldest traces of church building in Norway.



### BRYGGEN - THE HANSEATIC WHARF IN BERGEN

This UNESCO protected old merchant quarter is the only preserved business district from the Hanseatic period, reminding us of the town's importance as a part of the Hanseatic League's trading empire. Many fires, the last in 1955, have ravaged the characteristic wooden houses of Bryggen. Its rebuilding has traditionally followed old patterns and methods, thus leaving its main structure preserved. Today, some 62 buildings remain of this former townscape.



### THE WEST NORWEGIAN FJORDS

Fjords are among the most dramatic and spectacular landscapes on the planet. The World Heritage Area, the West Norwegian Fjords, embraces some of the longest, deepest, narrowest and most beautiful fjords in the world. Their scenery and cultural heritage have spellbound visitors down the ages. Many people consider the fjords the very symbol of Norway, the foremost nation of fjords in the world. The World Heritage Area comprises two sub-areas, the Geirangerfjord and the Nærøyfjord. Together, these areas have qualities that resulted in them being inscribed on the UNESCO list of the world's cultural and natural heritage.



### RJUKAN-NOTODDEN INDUSTRIAL HERITAGE SITE

Located in a dramatic landscape of mountains, waterfalls and river valleys, the site comprises hydroelectric power plants, transmission lines, factories, transport systems and towns. The complex was established by the Norsk-Hydro Company to manufacture artificial fertilizer from nitrogen in the air. It was built to meet the Western world's growing demand for agricultural production in the early 20th century. The company towns of Rjukan and Notodden show workers' accommodation and social institutions linked by rail and ferry to ports where the fertilizer was loaded. The Rjukan-Notodden site manifests an exceptional combination of industrial assets and themes associated to the natural landscape. It stands out as an example of a new global industry in the early 20th century.





# FREDRIKSTAD

## Gateway to the Oslofjord

Sail in to Fredrikstad Cruise Port through Norway's version of Key West – the beautiful Hvaler Islands. Next to the port is Gamlebyen, a living attraction and one of Northern Europe's real treasures. In well-preserved buildings and along cobbled streets, you will find a blend of everyday life, art, history, quaint shops, museums, galleries, and charming cafés. There are free ferries from the Fortress Town to the city centre.

The Hvaler archipelago houses Norway's first Marine National Park, on the main islands you can enjoy restaurants, open gardens, arts and crafts, vintage and niche shopping, seafood, beaches and island hopping.

Together Fredrikstad and Hvaler form the perfect destination – all year round and in all sorts of weather.

### ATTRACTIONS/EXCURSIONS

#### THE HVALER ARCHIPELAGO

- An Island Paradise  
Excursion with a guide  
Duration: 3 hours  
With its 833 islands and skerries, this archipelago is truly a paradise. Pay a visit to Norway's version of the Key's in Florida. The Hvaler Islands consist of more than 833 islands and skerries and make up this scenic Kingdom. It is also Norway's first Marine National Park and this region provides more sunshine than in many other places in Norway, making it a perfect place for recreation in a peaceful environment. These islands' are filled with history and our local guide is ready to share them with you. Among these islands' many attractions we visit the small and picturesque village of Skjaerhalden where you can enjoy art exhibitions, cafes and shopping.

#### A STROLL IN THE FORTRESS TOWN

- Spectacular history  
Excursion with guide  
Duration: 2 hours  
The star shaped ancient city of Fredrikstad, founded in 1567, is the best-preserved fortified town in Northern Europe. We stroll along the winding cobble streets within the ramparts of the old town with our guide. While taking in the historical atmosphere we are reminded that the place is still very much alive and vibrant with locals living and working within the fortification. Today, the historic buildings house artists, craftsmen, cafes and shops. A two-hour guided tour includes a visit to the Fredrikstad Museum followed by a visit to the nearby niche boutiques and galleries.

#### BOAT TOUR IN THE HALDEN CANAL

- Europe's highest locks  
Excursion with guide  
Duration: 5 / 6.5 hours  
Enjoy a beautiful canal boat tour in Northern Europe's oldest and highest locks. Experience a special part of Norwegian industrial history. The Halden Canal is a well-kept secret tucked away along the Swedish border. This fascinating and idyllic waterway is beloved by all who have discovered it. Enjoy the beautiful lakes and astonishing system of locks at Stromsfoss, Orje and Brekke – the last lock at 26.7 m, is the highest in Northern Europe. During the tour, a guide will tell you about the canal system, it's history and about the wild life along the Halden watercourse. If you are lucky, you will get a glimpse of beaver, osprey, eagle or elk.





Isegran. Photo: Walter Schöffthaler



The Fortress Town. Photo: Walter Schöffthaler



The Hvaler Archipelago. Photo: Walter Schöffthaler

### FREDRIKSTEN FORTRESS

- Often attacked, never captured

Excursion with guide

Duration: 3.5 hours

The majestic Fortress of Fredriksten stands protectively above the city of Halden. Fredriksten Fortress is one of Norway's largest and most significant border fortresses. Over 200 years after the last shot was fired at this magnificent fortress it is now used as both museum and the location of grand cultural events. On this tour we visit the majestic fortress and learn about its history, followed by one hour of free time to explore the fortress and its beautiful surroundings. The top of the King's Bastion gives you an amazing view over the city of Halden, the fjord and over to Sweden.

### SEAL SAFARI WITH RIB

RIB excursion with skipper

Duration: 1.5 hours

A seal safari among the beautiful coastal islands of the Hvaler archipelago is a magical experience. This is an exclusive activity for those looking for that little extra. In Norway, there are seven different seal

species, the most common of which is the bearded seal. This seal, with an average weight of just over 100 kg, is the one you are likely to meet on the RIB experience. RIBs are perfect for seal safaris, as you are close to the water surface. Most seals like to keep their distance, but sometimes curious seals swim up to the boat to greet you. If you are lucky, you might get the chance to take a great "seal-fie". After being better acquainted with this exciting animal, the boats set course back to the port - enjoy the waves and feel the wind in your hair.

### HARVEST PACIFIC OYSTERS

Duration: 3 hours

Be active and contribute to keep the archipelago to maintain its natural biodiversity - "Harvest Pacific Oysters in the Oslo Fjord".

This is a unique opportunity for the guests to contribute to maintain the biodiversity in the sea - and experience the beautiful archipelago of Hvaler. The Pacific oysters are taking over the local biodiversity along the coastline in Southern Norway by covering large areas where you normally find original shell species.

On this tour, we bring the guests to the areas in the archipelago where the oysters are easy to find. We harvest them and learn about the process of preparing the oysters for the food industry. Optional tasting of already processed oysters brought from a restaurateur, served on the beach.

### FROM COBBLED STREETS TO CARVED ROCKS

Travel 3,000 years back in time

Excursion with a guide

Duration: 3 hours

The tour starts on foot inside the star shaped fortress town in the old part of Fredrikstad. The Old City is filled with interesting shops, museums, galleries, restaurants, designers and cafés.

The tour continues to the nearby Ancient Trail, Norway's most concentrated cluster of ancient monuments. Here we will view 3,000 year old Bronze Age rock carvings and the mystical Iron Age stone circles that bring our prehistory back to life.

### PORT OF FREDRIKSTAD

Position: N59°12'; E10°57'

Visiting address: Øraveien 27,

NO-1630 Gamle Fredrikstad

E-mail: firmapost@borg-havn.no

Website: www.borg-havn.no

Phone: + 47 911 17 189

VHF: Channel 18

Berths for cruise: 4

Distance to city centre: 4,2 km

### DOCKING INFORMATION

Landing largest ship

Air draft: 39 m (N/A for Ora terminal)

Tidal movement: 0.5 m

Terminal contact: Kenneth Mathisen,

Terminal Manager, +47 489 58 798,

Kenneth.Mathisen@borg-havn.no

### PORT SERVICES

Fresh water bunkering: Yes, by barge or truck

Waste landing

Sludge landing: Yes, by truck

Grey water landing: Yes, with tanker truck

Special waste: Yes, but must be booked in advance

Crew facilities: Wi-Fi in port

### SECURITY & ENVIRONMENT

Fenced terminals (ISPS)

Security service

ESI

Max ships per day: 2

Max pax per day: 3,000

### ANCHORAGE

Max GT: No limit with regard to LOA or GT

Type of bottom: Mud/clay

Minimum depth: 27 m

Distance from anchorage to tender pier:

2.4 nm to Tangen Brygge (Belgen)

### TOURIST INFORMATION

Visiting address: Kirkegaten 31B,

NO-1632 Gamle Fredrikstad

Postal address: Kirkegaten 31B,

NO-1632 Gamle Fredrikstad

E-mail: info@visitfredrikstadhvaler.com

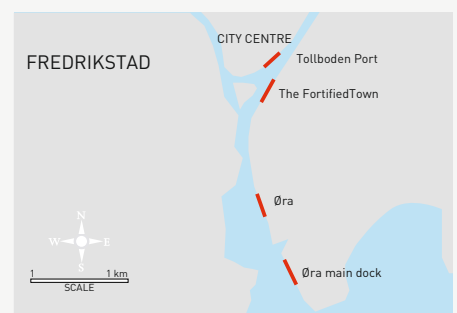
Phone: +47 69 30 46 00

Web: www.visitfredrikstadhvaler.com

Distance from port: 1.5 km



Quay	Water depth	Length	Height	Fenders	Shore Power	Grey Water	Max Ship size
Tollboden Quay	7 m	155 m	2 m	D-fender and tires	No	130	270 m
Fortress Town Quay	5 m	75 m	2 m	D-fender and tires	No	100	300 m
Ora temporary Quay	9,2 m	700 m	2 m	D-fender and tires	Yes	200	200 m
Ora main Quay	10 m	390 m		D-fender and tires	Yes	250	350 m





# OSLO

## The vibrant capital where culture meets nature

Oslo is one of the most exciting capitals in all of Europe, with amazing changes going on in everything from local cuisine to architecture and city development. Combine this with excellent attractions and a rare closeness to nature, and you have a cruise destination quite out of the ordinary.

Four cruise quays are located right in the city centre. Walk along the Harbour Promenade in one direction, and you'll soon hit the lively Aker Brygge wharf and the Tjuvholmen district with its state-of-the-art architecture. Walk the other way, and you can enjoy wonderful views from the roof of Oslo's famous opera house and the new cool borough The Oslo Bay. A 10-minute ferry ride takes you to the Bygdøy peninsula, where some of the city's most popular attractions await.

### Astrup Fearnley Museet

The modern Oslo landmark Astrup Fearnley Museet is designed by the renowned Italian architect Renzo Piano. It houses a collection of modern and contemporary art that is counted among the most significant of its kind in Northern Europe. Temporary exhibitions complement the permanent collection of works. The museum is flanked by Tjuvholmen Sculpture Park, also designed by Renzo Piano.

### Oslo Opera House

Oslo's iconic opera house is located right at the harbour, with an angled, white exterior that appears to rise from the water. It invites visitors to climb its roof and enjoy panoramic views of Oslo and the fjord, all year round. The Opera presents a varied programme from three stages, and guided tours are available in Norwegian, English and German.

### Nobel Peace Center

The Nobel Peace Center offers a combination of changing and permanent exhibitions that focus on issues relating to war, peace and conflict resolution. Permanent installations include a presentation of all Nobel Peace Prize laureates in a beautiful "garden" of fibre-optic lights. The centre has daily guided tours in English and Norwegian during summer season, and on weekends the rest of the year.

### Oslo City Hall

Inaugurated in 1950, Oslo City Hall is Oslo's administrative body and the seat of the City Council. The building has been decorated by great Norwegian art from 1900-1950, with motifs from Norwegian history, culture and working life. The Nobel Peace Prize is awarded here in December every year.

### Royal Palace

The royal residence at the top of Oslo's main street Karl Johan is home to HM King Harald V and HM Queen Sonja. The building is in neoclassical style, and was completed in 1849. The Royal Palace Park, with grassy areas, majestic trees, small ponds and statues, surrounds the palace. Changing of the guards every day at 13:30 p.m. Guided tours are offered daily.

### Akershus Fortress

The venerable Akershus Fortress is a great place to explore Oslo's history. The building of the fortress commenced in 1299 under King Håkon V. King Christian IV (1588-1648) had the castle modernised and converted into a Renaissance complex and royal residence. The Akershus Fortress Visitors Centre offers guided tours for both individuals and groups.





Viking Ship Museum. Photo: Mir/AART architects



SNØ



Holmenkollen Ski Jump and Ski Museum. Photo: Andreas Bache Wiig

### Nordic Bible Museum

Home of an original page from a Gutenberg bible. The only Bible Museum in the Nordic countries, based on a collection of more than 3,000 bibles. Highlights includes an edition of the Swedish king Gustav Vasa's bible from 1541, an original page from a 15th century Gutenberg bible, unique hand-written manuscripts from the 13th century, a miniature Bible collection with the world's smallest printed Bible and a King James Version exhibition. Print your own Bible page with the medieval printing press.

### SALT

A nomadic art and culture project located vis á vis the Opera House, in the middle of Oslo. SALT offers an eclectic atmosphere with a whiff of northern Norwegian fishing villages and artist districts in Berlin. Here tourists and artists, the city and the coast, the new and the old, and the monumental and the simple meet.

### The Viking Planet

- resurrects the Viking times with VR-technology, holograms, interactive screens and 270-degree films. At this digital museum you can learn about and experience how the Vikings lived, join them on their expeditions, feel the power of the elements onboard a Viking ship in a storm, and take a picture of yourself in Viking armor. The centre has been equipped with the latest in technology and has hired production companies with long experience in storytelling, VR and special effects. Here you can use all you senses to learn about the Vikings religion, mythology, ships and cultural heritage.

### Ekebergparken

Ekebergparken is a sculpture and national heritage park, boasting a collection of sculptures and outdoor art installations of international standing. The art works are surrounded by beautiful scenery, with many spectacular lookout points. Ekebergparken is always open, and is free to visit.

### Vigeland Sculpture Park

Vigeland Sculpture Arrangement is the life work of Norwegian sculptor Gustav Vigeland (1869-1943), and includes more than 200 sculptures in bronze, granite and cast iron. With more than one million visitors every year, the park is one of Norway's top tourist attractions. It is free to enter at all times.

### Holmenkollen Ski Jump and the Ski Museum

Norway's most visited attraction includes a ski museum, jump tower, souvenir shop and a ski simulator. The ski museum presents more than 4,000 years of skiing history, Norwegian polar exploration artefacts and an exhibition on snowboarding and modern skiing. The ski jump tower offers breathtaking views of the city, the forest and the fjord.

### SNØ

The world's most spectacular indoor arena for SNOW experiences. Here at SNØ, you can play, train and learn - we unite cross-country skiing, alpine skiing, freeski, snowboarding and ice climbing under the same roof. In the warm section of SNØ, you also find restaurants, shops and a fitness centre.

### The Rose Castle

In 2020, it was 80 years since Norway was attacked in 1940, and 75 years since its liberation in 1945. Rose Castle 2020 is an art installation and educational project aimed at telling the story of the occupation of Norway and of the basic principles of democracy, the rule of law and humanism that were then put out of force. We want to tell the story of the war without demonizing or glorifying, central to the narrative is the individual and its choice. We touch on both known and lesser-known aspects of the occupation: the sufferings of prisoners of war, the unknown individual, everyday life, the drama of war sailors, the resistance struggles in the south and north. The persecution of the Norwegian Jews receives great attention in the series of images and anti-Semitism, before and during the war, is depicted.

### Culinary Tours

Combine an urban hike with beer and cheese tasting in different local pubs and bars. Let the guide take you through history complemented by a gourmet meal with cider or wine tasting.

### The Beer Academy

Learn the history, brewing process and the distinctive styles of Norwegian beer. See how to combine beer with food, which glasses to use and at what temperature the different beer styles should be served. An insight in to Viking history and how and what they used to get intoxicated by. The beer tasting is informal and fun where the goal is to create a warm and unforgettable atmosphere.

### Mathallen

Mathallen Oslo is a foodie's paradise: an indoor food market with more than 30 specialty shops, cafés and eateries that offer high-quality products and dishes from Norway and abroad. Here you will find items that you cannot find elsewhere in the city, and you will meet staff who are proud of their products and who will gladly talk food and give you good recommendations. Several of the shops and eateries have their own serving areas, but it is also possible to buy food from several different places and enjoy it in the common serving area in the centre, Target.

### The Mini Bottle Gallery

This gallery has the world's largest collection of miniature bottles. Of the museum's total of 54,000 bottles, 12,500 of them are exhibited in 50 different installations over three floors. The exhibition holds miniature bottles from all corners of the world, mini bottles of different themes, mini bottles in chandeliers, in ceilings and floors - and to top it off; a slide. A museum out of the ordinary.

### Bygdøy Peninsula:

#### The Viking Ship Museum

This popular Oslo museum is home to the world's best-preserved Viking ships, in addition to smaller boats, sledges, tools, textiles and household utensils excavated from Viking tombs around the Oslo Fjord. The adventure film The Vikings Alive is screened throughout the day on the ceilings and wall inside the museum.

#### Fram Museum

Fram is the strongest wooden ship ever built, and still holds the records for sailing farthest north and farthest south. At the Fram Museum, you can come on board the ship and see how the crew and their dogs managed to survive in the coldest and most dangerous places on earth. The comprehensive exhibition is presented in 10 languages: English, French, German, Italian, Spanish, Russian, Japanese, Chinese, Korean and Norwegian.

#### Kon-Tiki Museum

Thor Heyerdahl (1914-2002) gained worldwide fame when he crossed the Pacific Ocean on the balsa wood raft Kon-Tiki in 1947. He later conducted spectacular expeditions on the reed boats Ra and Tigris. At the Kon-Tiki Museum, you can see the original vessels and up-to-date exhibits on Heyerdahl's adventures.



The Opera House from the harbour promenade. Photo: VisitOSLO, Didrick Stenersen



Fram Museum. Photo: M. Thomassen



Kistefos, The Twist. Photo: Nikos Mitis

## > OSLO CONTINUED

### Norwegian Museum of Cultural History

One of the world's oldest and largest open-air museums, the Norwegian Museum of Cultural History, comprises 155 traditional houses from all parts of Norway and a stave church from the year 1200. The museum also has indoor exhibits that include displays of traditional handicraft items, folk costumes, Sami culture and changing exhibitions.

### Norwegian Maritime Museum

Norway's national museum for shipbuilding, shipping, fishing and marine archaeology is beautifully located on the waterfront at Bygdøyenes. Highlights include Norway's oldest boat, a selection of 40 maritime paintings by famous artists and an interactive exhibition that documents Norwegian shipping and maritime activities in recent times.

### Holocaust Centre

The Centre for Studies of Holocaust and Religious Minorities (HL Centre) presents a modern exhibition on the Holocaust. Images, sounds, film, items and text documents the genocide of the European Jews, as well as the Nazi State's mass murder and persecution of other peoples and minorities.

### Fjord cruise and boat sightseeing

Cruise through narrow sounds, idyllic bays and a maze of islands with small summer cabins. The Oslofjord offers unique photo opportunities. A range of different tours and on different boats is available all year round.

### Horse and Carriage Tours

See the city in a horse carriage pulled by Norwegian breeds like the Norwegian Fjord. The welfare of these horses is of the utmost importance.

### In the surroundings of Oslo: Hadeland Glassverk

Hadeland Glassverk is an attraction and shopping destination that brings together history, art, and culture and handicraft traditions in scenic surroundings. It has 10 stores with everything for setting the perfect table: glass, porcelain, textiles, utensils, decorative items and much more. The glass museum is the largest in Scandinavia, and displays Hadeland creations from the last 250 years. Hadeland Glassverk is located one hour outside Oslo.

### Kistefos and The Twist

This is one of Europe's most important sculpture parks for contemporary art. Built on the grounds of a historical pulp mill, Kistefos today comprises an industrial museum, two art galleries and an impressive sculpture park in scenic surroundings. It has a mission to conserve the buildings and industrial heritage of the area whilst also celebrating the best of Norwegian and international contemporary art. The Twist is a gallery, a bridge, and a sculpture, all in one. The 1,000 m<sup>2</sup> building twists into a sculptural form and spans 60 m across the Randselva river. The building was designed by the Danish star architects BIG - Bjarke Ingels Group and is cited as a "must-see" cultural destination by the New York Times, Bloomberg and The Telegraph, amongst others.

### Oslo International Airport - Gardemoen

Oslo Airport is Norway's main airport, situated north of Oslo. It takes only 19 minutes to get from the airport to Oslo Central Station. With over 28 million passengers per year and over 130 direct routes, both international and domestic, the airport is the perfect gateway to Norway and Scandinavia. The expansion of the airport was finished in 2017, with a brand new pier, departure and arrivals hall. With the expansion, Oslo Airport has a capacity of 35 million passengers a year.

### Taxis, Limousines and buses

Oslo offers a myriad of quality modes of transportation from and to the airport and around the city.

### Additional Activities

Hiking through Europe's largest urban forest, taking in a variety of sites from traditional wooden buildings, hilltop viewpoints, pristine lakes and enough berries to last an entire holiday! Begin the tour with a stunning metro ride up the hills, starting at sea level and ending nearly 500 m above the city and fjord below.

River Fishing in the Oslo Fjord, kayaking, rigid inflatable boats (RIB), helicopter tours, seaplane tours, beach clean-up, rowing, swimming, floating saunas, yoga, wind tunnel, skiing, cooking and much more.

### The Harbour Promenade

Oslo's new harbour promenade stretches 9 km along Oslo's waterfront, combining sightseeing, history, art, architecture, and a touch of adventure. It ties the city together from east to west, turning different parts of town into a string of great experiences. Large orange information towers are set up at regular intervals along the whole promenade, to make sure you find your way. The towers are decorated with art depicting comic book detectives Krüger and Krogh hard at work in the promenade area. They also hold boards with information on nearby attractions and the historical significance of the area. A trip along the harbour promenade takes you through many different parts of the city, both new and old, each with its own characteristics and unique experiences.



The Twist. Photo: Nikos Mitis





Hadeland Glassverk



The Viking Planet



The National Museum of Art, Architecture and Design. Photo: Børre Høstland

## Architecture

Oslo's new architecture Oslo has become a capital of contemporary architecture. Recent years have seen the addition of modern landmarks by world-class architects, the emergence of a brand new skyline, and the onset of city development projects that transforms old areas and creates new ones. Between scaffolding and busy cranes the face of the city keeps changing - these are exciting times to walk our streets! Examples of new architecture in the city centre are MUNCH, National Museum, Deichman Library and The Opera.

## Green Oslo

Inspiration for an eco-friendly stay. Oslo is full of people and businesses who work towards a healthy environment: From restaurants that serve organic foods to city developers searching for eco-conscious solutions. Together they have turned Oslo into a sustainable destination. Whether you are seeking eco-friendly travel options, enjoy exploring interesting solutions to environmental challenges or simply like to spend time outside, there are plenty of ways to enrich your stay in Oslo with touches of green.

## Guides

Authorized Oslo Guides are educated on an annual basis. The guides need to pass tests in each language they would like to use as a working language, ensuring their ability to perform as an excellent guide onboard the bus, at city walks and in museums. In addition, all guides must pass a written test on Oslo and Norwegian history.

## The Oslo Pass

This is an easy way to explore Oslo. The Oslo Pass is valid for most museums and attractions in Oslo, and entitles the guests unlimited travel by metro, bus and ferries to the islands in the inner Oslo Fjord. The Oslo Pass is available via AppStore, Google Play and at the Oslo Visitor Centre.

## Winter in Oslo

Oslo offers miles and miles of cross-country ski trails, or maybe you would like to test your ice-skating or downhill skiing skills? Not enough action? Try speeding down the 2 km toboggan run Korketrekkeren! Combine winter activities with shopping, dancing, dining and culture! Oslo has more than 40 museums, and beautiful outdoor attractions

such as Akershus Fortress and the Vigeland Sculpture Park. In the evening, enjoy the nightlife, the restaurants and the exceptional music scene.

## Christmas markets

Oslo's largest Christmas market is located right in the city centre, offering Christmas magic for the whole family. The nicely decorated stalls sell Christmas delicacies and a varied selection of crafts. You can also enjoy Christmas activities, Christmas-themed entertainment and a ride in the market's Ferris Wheel. The market is open from mid-November until the end of December.

## Shopping in Oslo

Malls, department stores, small boutiques, shopping streets with hundreds of small shops and retailers, charming antique shops, flea markets, suppliers of exclusive international brand names and local handicraft shops. Oslo has it all. Remember to ask for your VAT refund.

## PORT OF OSLO

Position: 59° 54' E 010° 44'  
Visiting address: Schweigaards gate 16,  
0191 Oslo (Temporary)  
E-mail: havnevakt@oslohavn.no  
Website: www.oslohavn.no  
Phone: Oslo Port Control: +47 917 99 900  
VHF: Channel 15  
Berths for cruise: 3 (4, depending on LOA)  
Distance to city centre: 0.5 km

## DOCKING INFORMATION

Landing largest ship: Max LOA: 360 m /  
max draft: 10.3 m  
Air draft: NIL  
Tidal movement: MLWS 49 cm, MHWS 84 cm  
Terminal contact: Rune Aarset, asst. port captain,  
+ 47 906 58 100 / raa@oslohavn.no

## TERMINAL FACILITIES (TURNAROUND)

Check in counters: No  
Restrooms: Yes, at Søndre Akerhus kai  
Wi-Fi Service: NIL  
Taxi, on request  
Distance to airport: 50 km

## TRANSIT AND T/A EQUIPMENT

Mobile luggage units: On request/  
arranged by agent  
Conveyor belts: On request / arranged by agent  
Forklifts: On request / Arranged by agent.  
X-ray and screening of guests and luggage:  
On request / Arranged by agent.

## PORT SERVICES

Fresh water bunkering: Shore connections,  
24 hrs. notice  
Waste landing: By truck / containers, 24 hrs. notice  
Sludge landing: By truck, 24 hrs. notice  
Grey water landing: By truck, 24 hrs. notice.  
At Søndre Akershus quay delivery by hose directly to  
the municipal grid.

Special waste: Pyrotechnics / metal, 24 hrs. notice  
Crew facilities: At Søndre Akershus quay,  
free Wi-Fi / restrooms.

## SECURITY & ENVIRONMENT

Fenced terminals (ISPS)  
Security service  
Shore power: NIL  
EPI  
Max ships per day: 4  
Max pax per day: No limitations

## ANCHORAGE

Max GT: No limitations  
Type of bottom: Sand / rock  
Minimum depth: 24 m  
Distance from anchorage to tender pier:  
Apprx. 4.8 km



Quay	Water depth	Length	Height	Fenders	Shore Power	Grey Water	Max Ship size
Søndre Akershus kai	11 m	237 m	2 m	4 x torsions fenders, 5 x 3.5 m	No	Yes, shore connection.	LOA: 360 m Draft: 10.3 m
Filipstadkai	11 m	400 m	2.1 m	27 x rubber fenders	No	By truck	345 m Draft: 10.3 m
Vippetangen	8.7 m	176 m	2 m	Rubber fenders	No	By truck	LOA: 230 m Draft: 8 m
Revierkai	9 m	302 m	2 m	Rubber fenders	No	By truck	LOA: 300 m Draft: 8.4 m







View of Sandefjord. Photo: Anthon Sørheim

# SANDEFJORD CRUISE PORT

## Sandefjord welcomes you!

Welcome to the friendly seaside town of Sandefjord, blessed with a long and beautiful coastline and a rich historical heritage. Take part in the history of Sandefjord with memories from the Viking Age, the glory years of its rise in popularity as a Spa Town in the 19th Century, the Whaling Period, as well as modern times of course. We offer a wide variety of excursions with optional duration. Oslo is easily reached on an organized day trip.

### ATTRACTIONS/EXCURSIONS

#### **Sandefjord and Coastal Panoramic, 4.5 hours**

On this tour you see a selection of the main attractions in Sandefjord and visit Stavern, Norway's smallest town. You will get a brief description of Sandefjord and the three main periods of Sandefjord's history, Viking, Spa and Whaling as well as modern history. We stop to see the restored veteran whaling boat "Southern Actor" at Sandefjord harbour, and the Whaling Monument, Sandefjord's most famous sculpture, created by Knut Steen in the 1950s. Midtåsen, the former property of shipping magnate Anders Jahre, offers a fantastic view of the fjord of Sandefjord. On the way you pass the historical Gokstad mound where the famous Gokstad Viking longship was excavated in 1880. Main stop in Stavern, a charming small town. In summer, it boils like a southern stew. Time for a stroll at Frederiksværn Fortress containing various exhibitions, many related to World War II.

#### **Scenic tour to The World's End, 5 hours**

On this scenic tour you will get panoramic views and a selection of attractions from Sandefjord to The World's End at Tjøme and visit Norway's oldest town, Tønsberg. We visit the former property of shipping magnate Anders Jahre, which offers a fantastic view of the fjord of Sandefjord. In Norway's oldest town, Tønsberg, you will visit the town's most famous landmark, Slottsfjellet (the Castle Hill). In the Middle Ages, Slottsfjellet was a royal residence and an important power centre in Norway. It was also the largest medieval fortress in the 1300s. On the way to the Castle Hill you pass an open air museum with old farm houses, where the oldest dates back to 1407. Tønsberg is a good spot to explore the Viking heritage! The famous Oseberg Viking ship, which is commonly acknowledged to be among the finer artifacts to have survived from the Viking Age, was excavated just outside Tønsberg in 1904. Today, the Viking heritage is kept alive in the town where you can see an exact copy of this ship, built using tools and

construction methods identical to those used in the Viking Age. Hear the exciting story of the Viking Age, the Oseberg find, the Oseberg ship and the construction of Saga Oseberg. The last stop will be a visit to the "World's End" in Færder National Park, which is 1 of 5 "World's Ends" in the world, and gives you a majestic view to the horizon.

#### **Viking for a day, 6 hours**

The Vikings lived in the area surrounding the Oslofjord about 1,000 years ago. Their presence is clearly seen in the artifacts and monuments they left behind. A number of the world's most important archaeological finds from the Viking Age were discovered in Vestfold, including monumental royal burial mounds in Borre, the Oseberg Ship burial mound, Slottsfjellet (Castle Hill) in Tønsberg and the Gokstad mound in Sandefjord. Today, the Slottsfjell Museum and Midgard Viking Centre give us a glimpse of the Vikings and their way of life. Your meal will be served "the Viking way" in the Viking Hall, next to Midgard.



Saga Oseberg. Photo: Oseberg Vikingarv



Sandefjord town centre. Photo: Visit Vestfold



The World's End. Photo: Didrick Stenersen

### Edvard Munch - The man and his home, 2 hours

Get to know the person Edvard Munch. "Here I have painted for more than 30 years, some of my best paintings". Welcome to Munch's house in Åsgårdstrand where you can get a close insight into one of the world's greatest artists, Edvard Munch. Get to see how he lived and walk in his footsteps, to some of the places where he painted his great masterpieces. Length of walk 100 m.

### Stokke Bygdetun, 3 hours

Stokke Bygdetun, a local folk museum set in the middle of a beautiful beech forest. The museum has an impressive collection of old local artefacts as well as a fully furnished house dating back to ca 1740, a fully working forge, an old school house and several other buildings. Get fresh baked bread made on the premises, and enjoy coffee and waffles or the Norwegian speciality, Rømmegrøt (Sour Cream Porridge) under the old fruit trees outside.

### Historical tour, 3.5 hours

You will get a brief description of Sandefjord and the three main periods of Sandefjord's history, Viking, Spa and Whaling as well as modern history. Visit the restored whaling boat Southern Actor with its authentic portrayal of how the men of Sandefjord spent their time at sea, and the Whaling Monument, Sandefjord's most famous sculpture is a memorial to whaling, created by Knut Steen in the 1950s. The unique Whaling Museum is Europe's only museum dedicated to whaling and its history. The tour also takes you to the beautiful former estate of shipping magnate Anders Jahre, Midtåsen. The park area surrounding the house contains a sculpture pavilion dedicated to the artist Knut Steen's work, and has a fantastic view of the fjord of Sandefjord. Sandefjord was renowned in Europe in the middle of the 19th century as a centre for medicinal baths. On the way we will see the old Spa building, Sandefjord Baths, a health resort for royalties and well-known figures from 1837 until

World War II. On the way you will also see the historical Gokstad mound where the famous Gokstad Viking longship was excavated in 1880.

### Activities, 4-8 hours

Fun and excitement at the High & Low Climbing Park. Scandinavia's largest climbing park consists of various types of routes in the trees, of differing length and difficulty. All equipment is included. Organized hiking tours. Experience the Norwegian way of life in the woods, cooking the traditional Norwegian food of sausages on the fire.

### PORT & TOURIST INFORMATION

Position: N: 59° 07.565' Ø: 10° 13.732'  
Visiting address: Strandpromenaden 18,  
N-3210 SANDEFJORD  
E-mail: koj@sfjkom.no  
Website: www.sandefjordhavn.no  
Phone: +47 90 41 84 45 / 33 41 64 39  
VHF: on request  
Berths for cruise: 1  
Distance to city center: 300 m

### DOCKING INFORMATION

Landing largest ship: 100 m  
Air draft: unlimited  
Tidal movement: 0.4 m  
Terminal contact: Karl Oskar Jørgensen,  
Harbourmaster, mobile 90 41 84 45,  
E-mail: koj@sfjkom.no

### TERMINAL FACILITIES (TURNAROUND)

Wi-Fi Service  
Public  
Taxi  
Shuttle bus  
Distance to airport: 9 km

### PORT SERVICES

Fresh water bunkering  
Waste landing  
Sludge landing: Road Tanker  
Grey water landing: Road Tanker  
Special waste: On Request

### SECURITY & ENVIRONMENT

Fenced terminals (ISPS)  
Shore power: 400/230V 64A  
Max ships per day: 1  
Max pax per day approx.: 500

### ANCHORAGE

Max GT: 40 000 GT  
Type of bottom: Mud  
Minimum depth: 20 m  
Distance from anchorage to tender pier: 4 NM

### TOURIST INFORMATION

Visiting address: Torpveien 130,  
3241 Sandefjord, Norway (Airport)  
Postal address: Torpveien 130,  
3241 Sandefjord, Norway  
E-mail: info@visitvestfold.com  
Phone: (+47) 33 46 05 90  
Website: www.visitvestfold.com  
Distance from port: 9 km



Quay  
Pier II East

Water depth  
6 m

Length  
70 m

Height  
-

Fenders  
Dumper  
tyres

Shore Power  
64A 230 V /  
64A 400 V

Grey Water  
Road Tanker

Max Ship size  
100 m







Sailing out of Arendal through the Galtesund strait. Photo: Port of Arendal

# ARENDA

## The heart of Southern Norway

Founded on the shipping, forestry, and mining industries, Arendal developed into one of the wealthiest towns in northern Europe during the 17th and 18th centuries. Evidence of the town's golden days can still be experienced by walking through the old part of town called "Tyholmen". Amongst the many beautiful old wooden houses, you can find Arendal Old Town Hall, one of the largest wooden houses in northern Europe. Arendal has an excellent location literally "on" the water - being built on seven small islands and known as "Venice of the North". Its climate and resources have made it one of the most popular places to spend your holiday in the summer. Arendal is also known for hosting a vast number of festivals, events, and activities throughout the year.

### ATTRACTIONS/EXCURSIONS

#### History, culture and beautiful surroundings

Kuben Museum, Centre of History and Culture, presents some of the most interesting exhibitions from the local heritage. Findings from the wreck of the slave ship "Fredensborg", which sank in a storm outside Arendal in 1768, are one of the most visited exhibitions.

#### Bratteklev Shipyard - end of an era

Bratteklev is the best-preserved shipyard of its kind in the South of Norway and dates to the 1870s - an era when shipyards lined the entire coast. Wooden boats were needed to transport people, cattle and merchandise. The shipyard is intact with tools, logs, boats, and original interior, as well as the smell of tar and salty air. Bratteklev shipyard is of historic importance and is situated at Tromøy, a scenic short coach or boat ride away from the cruise pier.

#### The Næs Ironworks Museum

A scenic coastal road leads you to the historical Næs Ironworks Museum. A guided tour will reveal the history of the buildings, machinery and equipment that date back to the 17th century. It was Norway's second largest iron works and closed in 1959. Today, it is a technical cultural heritage site. Enjoy authentic film recordings, coffee and typical local pastries. On the museum's premises you also find one of Norway's most beautiful golf courses and a romantic park.

#### A walk down history lane - old Arendal

Get to know Arendal and its history on a guided a walk through the old parts of the town. Learn why Arendal was called "Venice of the North" and see the beautifully restored old wooden townhouses, some over 400 years old. That's Norwegian Wood for you! Peek into the old Town Hall, Norway's highest and second largest wooden building. Include a visit to the town museum "Klockers Hus", a typical rich citizen's

home from the 18th century that now holds the world's largest collection of model ships in bottles.

#### Arnevik Oyster Farm

Visit a real oyster farm and get acquainted with the history of three generations of coastal farmers and their struggle for survival. Join a guided tour of the processing plant and the oyster farm and see various live oysters, mussels and other sea creatures. Sample freshly prepared mussels and the specialty of the Oyster farm; bread made of seaweed. Also use the opportunity to visit the old spinning mill on the property. The wool is spun and woven into beautiful pieces available in their very own wool shop.



Enjoy summer life in Idyllic Pollen. Photo: Peder Austrud Visit Sørlandet



White water rafting in Setesdal. Photo: TrollAktiv



Cruise Sørlandet - Destinations of diversity Illustration: Mintstreetart

### Exploring the archipelago of Arendal by sea

Take this opportunity to explore the islands just outside the town of Arendal. Some of them are populated by locals all year round, and a few of the islands only come to life during a few summer months. The boats pass the old outpost of Merdø, where the town of Arendal originated back in the 16th century. Get a glimpse of the two famous lighthouses that secures a safe and comfortable passage in the beautiful archipelago.

### White water rafting in Setesdal

Hold on to your hats (and helmets) on this adrenaline-filled day! Arriving at the TrollAktiv rafting centre you are met by your amazing instructors and given all your equipment. Before you head down the rapids you practice your skills and the important safety drills on calmer water. Then it is time for the wet and wild adventure to begin. You paddle, surf, laugh and shriek with delight. This is an exhilarating way to spend the day and experience the wilderness of southern Norway.

### Solberg Historical Mineral Mine

This is a unique opportunity to learn about everyday life and working conditions 300 years ago. Equipped with flashlights and hard hats, join an exciting tour inside a real mineral mine, into amazing shafts and tunnels. Learn why and how the iron ore was mined here and then brought to the fascinating extraction process at the Næs ironworks.

### Wannado VIP-trip

VIP-trips for the adventurous?

Do you like a bit of action while exploring? For a few lucky ones, we can offer a trip on a fast-going RIB exploring the archipelago of Arendal. We head along the river Nidelv, passing the outpost of Merdø and visiting the lighthouse "Store Torungen". You are now entering the kingdom of the seagulls. Strong legs and no fear of heights? You will have the best view from the top of the lighthouse. Bring your swimsuit!

### Nøgne Ø craft brewery tour

Travel by coach past the town of Grimstad to the world renown craft brewery Nøgne Ø. Founded in 2002 by two enthusiastic and uncompromising home brewers in a garage, today Nøgne Ø is Norway's leading and largest supplier of craft beers, exporting its excellent products to 40 countries such as Brazil, Australia, Taiwan and the US. During the tour we will visit the historic power station, now housing the barrel cellar, as well as the modern new building next door where the actual brewery is located. You will be guided through the brewing process from grain to glass and have the unforgettable experience of seeing an authentic production setting. You may sample a wide range of unique and flavourful ales at the site, and buy beers in the small brewery shop.

### PORT OF ARENDAL

Position:  
Latitude: 58° 27' 30,6" N  
Longitude: 8° 46' 16,8" E  
Visiting address: Kristen Staksnæsvei 61,  
N-4810 Eydehavn  
E-mail: post@arendalhavn.no  
Website: arendalhavn.no/cruise/  
Phone: +47 975 27 000  
VHF: Ch. 12 and 16  
Berths for cruise: Batterikaien  
Distance to city centre: In city centre

### DOCKING INFORMATION

Landing largest ship: 220 m, normal pilot ops.  
260 m at cruise piers  
Air draft: No restriction  
Tidal movement: Insignificant, less than 0.5 m  
Terminal contact: Gordon Fuglestad, Cruise Manager  
E- mail contact person:  
Gordon.fuglestad@arendalhavn.no  
Phone contact person: +47 466 28 008

### TERMINAL FACILITIES (TURNAROUND)

Restrooms  
Wi-Fi Service  
Distance to airport 66 km

### PORT SERVICES TO BE PRE-BOOKED

Fresh water bunkering  
Waste landing  
Sludge landing  
Grey water landing at Eydehavn terminal,  
4Nm from cruise pier  
Special waste  
Crew facilities Free Wi-Fi at pier and in city  
Free access to marina facilities, including floating,  
heated swimming pool

### SECURITY & ENVIRONMENT

Fenced terminals (ISPS)  
Security service  
EPI: From 2022  
ESI: Awaiting  
NOx -regulations: ECA  
Max ships per day: 1  
Max pax per day: 2500

### ANCHORAGE

Max GT: 80.000  
Type of bottom: Mud  
Minimum depth: 25 m  
Distance from anchorage to tender pier: 0.2Nm

### TOURIST INFORMATION

Visiting address: Sam Eydes plass 1, N-4800 Arendal  
Mailing address: PO Box 123, 4891 Grimstad  
Phone: +47 370 05 544  
E-mail: turistkontoret@arendal.com  
Internett: www.arendal.com  
Distance from port: 200 m



Quay  
Batterikaien

Water depth  
10 m

Length  
110 m

Height  
2 m

Fenders  
V-fenders

Shore Power  
No

Grey Water  
No

Max Ship size  
260 m







Picturesque Southern coast. Photo: Marianne Pedersen

# KRISTIANSAND

## A modern city with charming small-town feel

Kristiansand is a picturesque, coastal hub and the gateway to the scenic highlands with forests, lakes and rivers. Being the capital of Southern Norway, it is known for its floral beauty, culture and traditions - not to forget the "laidback" southern atmosphere. Kristiansand has retained much of its identity from the foundation in 1641, and tends to pleasantly surprise its visitors by easy access to the market square, the fish market and the old town. The residents of Kristiansand are friendly and relaxed, and the quaint city centre is easy to get around, perfect for a one-day stop as there is time to shop, walk around and enjoy some of the highlights.

### ATTRACTIONS/EXCURSIONS

#### Kristiansand Open Air Museum

One of Norway's largest outdoor museums featuring the culture and history of Kristiansand and the county of Vest Agder. Visiting the museum gives you a great introduction to the way of life in olden times in this region.

#### The Cannon Museum

See the world's second largest cannon ever to be mounted on land, dating back to World War II. Batteri Vara is situated in beautiful surroundings by the coast, and a visit gives you great insight to life and work at a cannon battery during the war.

#### The Setesdalsbanen Vintage Railway

Narrow-gauge (1,067 mm) railway powered by a steam engine from 1901. The track section covers 8 km through tunnels, under avalanche shelters, along timber slides and across dams. The trip recreates the special atmosphere of a turn-of-century railway journey.

#### The Arkivet Peace and human rights centre

This building served as a Gestapo regional HQ during the World War II, the basement functioning as a detention and interrogation centre. Arkivet took over the vacated building in 1999. The prison cells and torture chambers from 1942-45 have been reconstructed and installations illustrate the events that took place in the basement

#### Flekkerøy - Fishermen's Island

Visit idyllic Geiterøya (Goat Island) founded on fishing more than 500 years ago. From the days of the sailing ships, fishermen have delivered their catch of the day here. Visit the café for a taste of local delicacies, served with stories from the community. For selfies, take a short walk to the fantastic views of the archipelago and the nearby lighthouse.

#### Explore Kristiansand by Segway

With FLY-N-HI Segway tour you get to see all the highlights of Kristiansand in a fun, easy and effortless way. The tour starts at the pier next to your cruise ship. Our instructors will teach you how to drive the Segway in minutes - with focus on safety.

#### Culinary walk

Join for a culinary walk that takes you to some of the city's most popular places, including the fish market, the city food hall and the nice Teateret café. Indulge yourself with samples of seafood, ice cream, pastry, beer, and apple cider which are some of the treats along the way, all locally produced and prepared.

#### Skudeneseet vineyard and basketry

A visit to Skudeneseet farm and vineyard offers a glimpse of the good life. Meet a passionate winemaker and his creative wife who have established a fairytale homestead and one of the northernmost vineyards in the world. Learn about the wine making process, stroll along the wine ranks and watch Norwegian wild sheep grazing before heading for a taste of the wine. Don't miss a visit in the basketry and let the winemaker's wife impress you with her willow weaving skills.



Geitodden Flekkerøy. Photo: Anette Kristoffersen



Kristiansand Old town. Photo: Visit Sørlandet



Cruise Sørlandet - Destinations of diversity. Illustration: Mintstreetart

### Archipelago adventures by boat

Explore the coastline of Sørlandet by the sightseeing boat MS Maarten or the schooner SS Christiansand, and sail along picturesque bays and idyllic summer houses. With a bus & boat combo, include a stop in the charming town of Lillesand, before returning by coach to the pier. Or embark on an exciting RIB adventure and go ashore on an island to visit a vantage point with breathtaking view.

### Hunsfos Craft Brewery Tour

Located in a former paper mill, Hunsfos is small and successful craft brewery. On this tour, we sample their beer together with local snacks. Enjoy the beer and good atmosphere while one of the brewers talks about the brewing process as well as the history of the brewery and the surroundings.

### The Mineral Park

Visit Europe's finest private collection of minerals displayed in tunnels resembling mining shafts. The shapes of the minerals are a visual pleasure and spellbinding. Even those with no special interest in minerals enjoy the exhibition. The drive to Evje takes you through a region known for significant occurrences of quartz and feldspar. These minerals have been mined for over a century and feldspar is still extracted for use in the production of porcelain.

### Glowing Golf

Rain or shine, if you know the game or never played mini golf before, Glowing Golf is indoor minigolf the fun way - great fun for all ages. The experience is set in the dark, illuminated by neon backlighting and 3D effects covering the walls and floors of the indoor 18-hole course. Don't be surprised if you find yourself dancing to the music!

### Home visit in a "hytte" by the coast

Why are Norwegians so passionate about their "hytte" (cabin)? This tour will answer the question - and many more you might have about Norwegians, the country, the culture and local traditions. Dream away as you pass through inland woods, farms and scenic inlets on the way to Giggi's place; situated in surroundings so typical of the region. Enjoy a guided visit around the property with your hostess, before sitting down for a delicious meal with beautiful view out to sea and the surrounding islands.

### Hoist the Sails

Embark on a real sailboat and let your senses awaken by the salty air and beauty of the archipelago. Learn the ropes and nautical terms from a professional sailing crew and get a firsthand experience of raising the sails and navigate the South coast of Norway.

### PORT OF KRISTIANSAND

Position: N S  
Latitude: 58° 8' 19,81 N  
Longitude: 7° 59' 28,81 E  
Visiting address: Gravane 4  
PO Box 114, N-4662 Kristiansand, Norway  
E-mail: mathias.bernander@kristiansand-havn.no  
Website: www.portofkristiansand.no  
Phone: +47 90117176  
VHF: Channel 12  
Berths for cruise: See below  
Distance to city centre: 500 m

### DOCKING INFORMATION

Landing largest ship: 344 m  
Air draft: no restrictions  
Tidal movement: 25 cm  
Terminal contact: trafikkk@kristiansand-havn.no / +47 970 90 504

### TERMINAL FACILITIES (TURNAROUND)

Wi-Fi Service  
Taxi  
Shuttle bus  
Distance to airport: 17 km

### TRANSIT AND T/A EQUIPMENT

Forklifts

### PORT SERVICES

Fresh water bunkering  
Waste landing  
Sludge landing  
Grey water landing  
Special waste  
Crew facilities  
Free Wi-Fi at pier and bicycles free to borrow  
VAT refund

### SECURITY & ENVIRONMENT

Fenced terminals (ISPS)  
Security service  
Shore power  
EPI  
ESI  
NOx -regulations

### ANCHORAGE

Max GT: No restriction  
Type of bottom: Sand  
Minimum depth: 25 m  
Distance from anchorage to tender pier: 700 m

### TOURIST INFORMATION

Visiting address: Quay 10  
Postal address: Rådhusgata 18, 4611 Kristiansand  
E-mail: turistinformasjon@kristiansand.kommune.no  
Phone: +47 38075000  
Web: www.visitkrs.no  
Distance from port: Located on Quay 10



\*No restriction, largest vessel in port Iona LOA 344 m  
\*\* via truck  
\*\*\* mooring plan t.b.c.

Quay	Water depth	Length	Height	Fenders	Shore Power	Grey Water	Max Ship size
Quay 10 Lagmannsholmen	11 m	150 m	3.02 m	Con-fender & Fender panel	16 kVA	Yes	*
Quay 16 Odderøya	11 m	63 m	2.6 m	Rubber tyre	No	**	180 m
Gismerøya, Mandal	10.5 m	170 m		Rubber tyre	No	**	230 m***
Båly, Lindesnes	6.5-8 m	100 m		Rubber tyre	No	**	150 m***







Lyngdal. Photo: Johan Remen Evensen

# LYNGDAL

## The southern tip of Norway

Lyngdal, located in the traditional district of Lister, is the natural starting point for exploring this beautiful region in the southern tip of Norway. Hiking, beaches, fishing, biking and fjords are just some of the things on offer in Lyngdal and Lister. Lyngdal extends literally from the sea to the hills, the mountains and fjords and offers adventures throughout. Lyngdal is the perfect first - or last - stop on your journey through Norway. When you go ashore at Lyngdal, you will arrive close to the beautiful sandy beach innermost in the Rosfjord. Lyngdal has a small, charming town centre with numerous unique little shops.

### ATTRACTIONS/EXCURSIONS

#### National wild salmon centre - Kvåsfossen

A short coach ride along the salmon river Lygna takes you to Kvåsfossen waterfall. The waterfall with its 36 m drop is one of the largest in the region! Inside the mountain is a visitors' centre with Norway's longest salmon ladder (220 m). Large windows allow you to study the wild salmon and sea trout up close. The Centre is home to one of Norway's largest wildlife exhibitions. Experience the wildlife in lifelike surroundings.  
Time: 2.5 hrs  
Capacity: Max 200 pax  
Level: 1 (easy)

#### Lindesnes - Norway's southernmost point

Norway's southernmost point is only 30 minutes away by coach. Opened in 1656, Lindesnes Lighthouse was Norway's first lighthouse to be fitted with a lamp. Climb the 31 steps to the top for an amazing view, or take a look around the lighthouse museum and shop. The journey to Lindesnes Lighthouse takes you through varied landscape, ranging from wooded hills to coastal belts. The trip also takes in some of the small picturesque villages typical of this region.  
Time: 3 hrs  
Capacity: Unlimited  
Level: 1 (easy) / 2 (medium, steps)

#### Fantastic Flekkefjord - History meets street art in the Dutch quarter

A stroll through the old streets of the Dutch quarter, part of Southern Norway's best kept wooden houses and explore the fascinating history from the 16th, 17th and 18th century. "Hollenderbyen" - The Dutch City - has also become a great outdoor gallery for street art where new ideas meet old traditions. The guided tour starts by coach from the cruise pier. First stop will be Utsikten in Kvinesdal with panoramic views over the region. Continue to the idyllic Flekkefjord, a small town with white wooden houses. You will always find freshly painted buildings, with flowers on doors and entrances making it a picturesque place.  
Level: 1 (easy)



Hollenderbyen Flekkefjord. Photo: Peder Austrud Visit Sørlandet



Planken Kvåsfossen. Photo: Visit Sørlandet



Lindesnes Fyr. Photo: Peder Austrud large

### A garden tour in Norway's deep south

In a landscape shaped by the Nordic climate, keen gardeners in Norway have to make the most of a short growing season. Spring arrives earlier here in the south, allowing lush oases to flourish in the idyllic countryside. A stroll through our collection of open gardens gives visitors an opportunity for inspiration and meditation and meet the garden owners, who enjoy sharing their expertise and passion for plants. The trip including visits to four private gardens, each with its own character:

- Meet a plant collector containing over 3,000 plant
- An amusing garden with plants displayed in any number of creative ways
- Stroll through a natural garden and enjoy Norwegian waffles served with homemade jam
- A park-style eco-garden

Duration: Half-day tour (a shorter tour, visiting two gardens, is available)

Capacity: 50 pax per garden.

Level: Easy/moderate

### Lista - Norway's top birdwatching spot

Enjoy the ultimate Norwegian birdwatching experience at Farsund/Lista in the far south of Norway. The famous Lista lighthouse, with its bird observatory and visitor centre, is the perfect base for your guided birdwatching trip. Lista Bird Observatory, founded in 1990, carries out standardised mist netting and daily migration counts in the vicinity of the lighthouse. It is an ornithologist's paradise. Nowhere else in Norway has so many different bird species - no fewer than 341. This guided round trip takes you through stunning coastal scenery, agricultural landscapes and the beautiful little town of Farsund, with its well-preserved architectural heritage consisting mainly of white-painted wooden houses representing various periods and styles.

Duration: 3 hrs

Capacity: Unlimited

Level: 1 (easy)

### Viking tour - a trip back in time

From the coast, we drive through an agricultural landscape to the visitor centre at Tingvatn, site of an ancient place of assembly for the inland communities of Southern Norway. The site is associated with the Iron Age and the Migration Period in particular. The gathering place, burial mounds and stone circles can still be seen. When the Vikings burst onto the scene, they ravaged and terrorised established communities. You'll understand why when you see the replica of the magnificent Snartemo sword, famous in Norway and beyond as the finest archaeological find from the Migration Period in Agder.

The tour includes:

- Guided tour
- Forge your own Viking sword to take home
- Learn about using plants to dye yarn
- Viking-style food from the baking oven

Duration: 3.5 hrs

Capacity: Unlimited (1 coach at a time)

Level: 1 (easy) A shorter version tour, omitting some activities, can be combined with a visit to the salmon centre at Kvåsfossen.

### PORT OF LYNGDAL

Position: 58.1166 / 7.0500

Visiting address: Prost Birkelandsgt 4, 4580 Lyngdal

E-mail: havn@lyngdal.kommune.no

Website: www.lyngdal.kommune.no

Phone: +47 38334000 / 94506064

Berths for cruise: Tender

Distance to city centre: 2 km

### DOCKING INFORMATION

Tidal movement: Approx. 0.5 m

(www.kartverket.no/havniva)

Terminal contact: Jane Arnesen, Harbour master,

+47 94 50 60 64, jane.arnesen@lyngdal.kommune.no

### TERMINAL FACILITIES (TURNAROUND)

Restrooms

Taxi

Shuttle bus

Distance to airport:

Kristiansand 90 km / Stavanger 150 km

### PORT SERVICES

Fresh water bunkering

Waste landing

Sludge landing: Yes, pumpstation

Grey water landing: Yes, Pumpstation

Special waste

VAT refund: Yes, in some shops

### SECURITY & ENVIRONMENT

Fenced terminals (ISPS)

Security service

ESI Pricelist

Max ships per day: One

Max pax per day: N/A

### ANCHORAGE

Type of bottom: Sand

Minimum depth: 8 m

Distance from anchorage to tender pier: 1 nm

### TOURIST INFORMATION

Visiting address: Lyngdal Kulturhus

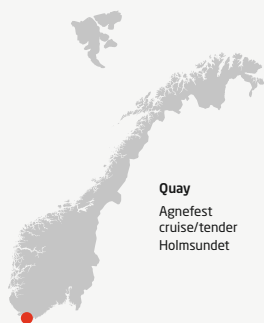
Postal address: Grøndokka 4, NO-4577 Lyngdal

Phone: +47 418 68 992

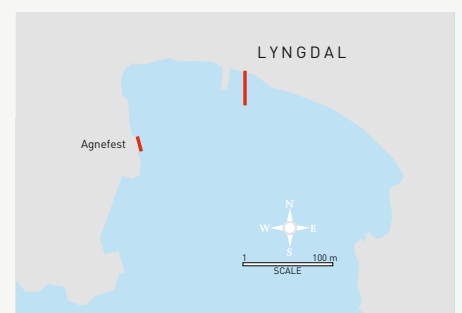
E-mail: turistinformasjon@lyngdal.kommune.no

Website: www.visitsorlandet.com/lyngdal

Distance from port: 2 km



Quay	Water depth	Length	Height	Fenders	Shore Power	Grey Water	Max Ship size
Agnefest cruise/tender	4 m	18 m	N/A	Wood	N/A	Yes	18 tender
Holmsundet	11 m	70 m	N/A	Normal carties	N/A	Yes	N/A







# FARSUND

## A true jewel on the southern coast

Farsund is a charming town with white houses situated in the south of Norway with a history of privateering. Farsund has an exciting history with signs of the earliest human activity in Norway right after the Ice age, rock carvings from the Bronze Age, Viking graves and later shipping. In the beginning of the 1900th century Farsund were famous for privateering approved by the King during the Napoleonic wars. Today, the inhabitants of Farsund give a warm welcome to all visitors. The town is surrounded by beautiful nature, easily accessible. There are several bike paths along the endless beaches and hiking paths with amazing views right outside the town center. We welcome you to our small town with local shops and a warm atmosphere.

### ATTRACTIONS/EXCURSIONS

#### Lista Lighthouse

Once the largest lighthouse in the world, the Lista Lighthouse is a towering landmark at the Lista wetlands. The coastal area off Lista may seem inviting in fair weather, but the lighthouse sends its warning beacons across one of the most feared stretches of the coast during the days of sail. During the autumn of 1781 a total of eight ships stranded here. In 1836 the coastal stretch was improved by means of a 34 meters high lighthouse, cut in granite. Visitor Centre Wetland Lista at located at Lista Lighthouse, add one hour and include a presentation about the birds and birdwatching at Lista.

#### City walk with the Port Guard in the privateering town Farsund

Farsund is a typical small town along the Norwegian South Coast with white houses and a charming atmosphere. Built as a shipping town Farsund has a rich marine culture and history. Join the only female

Port Guard in Norway for a historical walk around the city and learn about the privateering during the Napoleonic wars sanctioned by the King.

#### Nordberg Fort

Nordberg fort was built by the German occupation forces in 1942. The fort, with its original building mass and trenches, is fantastically located with a view of the Lista landscape. At the fort, there is also a newer information centre with exhibitions, children's activities, a museum shop and a café. The exhibitions cover topics such as World War II, Lista's prehistory and art, including Mathias Skeibrok's, the mentor of the famous Norwegian sculpturist Gustav Vigeland, beautiful sculptures. Upon arrival, the group will have a guided tour of the fort and exhibitions, as well as some time to enjoy the magnificent scenery.

#### Guided walk at The City Hall, "Husan"

The City Hall, called "Husan", is a venerable Southern style building that was built in the 1790s. At the time

it was known as the second largest wooden building in Norway. We invite you to take a guided tour of this famous landmark. A small tip is to be on the lookout for the Major who occasionally shows up during the tours.

#### Vita Velo - Beautiful Lista by bike

Explore the wild and rugged landscape of Lista by bike. The route runs flat from Lista lighthouse on farm roads, through agricultural landscapes and pastures to Verevågen.

The route takes you through the yards at Stave and Vere. Note the special buildings and architecture on Lista with longhouses and cluster gardens. A break in one of the small harbors along the route is recommended. From Jølle it eventually goes up to Rudjord before the route turns off towards Varnes. At Varnes, you must leave your bike and walk the last kilometer out through the rocky landscape to Varnes lighthouse.



Farsund Harbour Photo: Oystein Mikalsen



Verevågen Photo: Siri Skagestein



Cruise Sørlandet - Destinations of diversity Illustration: Mintstreetart

### The Visitor Centre Wetland Lista

Join for an introduction to birds and birdwatching! Lista Bird Observatory began observations of migratory birds in 1990 by standardized ringing and daily counting of resting and migrating birds at Lista Lighthouse. The aim of their work is to shed light on the occurrence and development of bird species by collecting data about the migration of birds over time. Lista is a major stopover for migrating birds, with the highest diversity of species in Norway. Learn more about the work of Lista Bird Observatory and experience the birdlife at Lista. Lista Bird Observatory is located at Lista Lighthouse. Add one hour and include a tour of the lighthouse.

### Ragins Art Barn at Lindesnes

After 28 years as a violinist in New York, Ragin Wenk-Wolff has returned to her birthplace in the beautiful southern part of Norway and continues to captivate her audience with her exceptionally expressive art form. Together with other local artists she opened a studio and art barn on her property only steps away from the sea. Here, artists express themselves on canvas, in photography, metal work and other media. The tour finishes at the breathtaking South Cape of Norway and Lindesnes Lighthouse. A beacon to sailors and captains, this lighthouse is one of the most visited points of interest in the region and a popular spot for aspiring photographers. Let the wind and salty air complete a tour of the senses.

### Steamboat on the lake in Setesdal

Only 150 years ago, people in Setesdal lived in simple log houses, wore quaint clothing and spoke a language traceable to the old Vikings. At that time, the steamer "Bjoren" provided the most convenient way to travel. All these years later, the steady beat of the steam engine accompanies you on the otherwise quiet tour on the lake of Byglandsfjorden, framed by tall mountains and beautiful nature. We also recommend a stroll along the beach. Stop for refreshments at Revsnes Hotel and take in the beauty of the lakeside gardens.

### PORT OF FARSUND

Position: N 58.08503 E 6.79896  
Latitude: 58° 8' 50,3" N  
Longitude: 6° 79' 89,6" E  
Visiting address: Brogaten 7, N-4550 Farsund  
Mail: havn@farsund.kommune.no  
Phone: +4794532188  
VHF: Ch. 12  
Berths for cruise: 3  
Distance to city center: 500 - 3500 meters

### DOCKING INFORMATION

Landing largest ship max: 400 m. Draft max 14 m  
Tidal movement: 30 centimeters  
Terminal contact: Tom Egil Ravndal, Harbor Master,  
+47 94 53 21 88, tere@farsund.kommune.no

### TRANSIT AND T/A EQUIPMENT

Forklifts

### PORT SERVICES

Fresh water bunkering  
Waste landing  
Sludge landing  
Grey water landing  
Special waste

### SECURITY & ENVIRONMENT

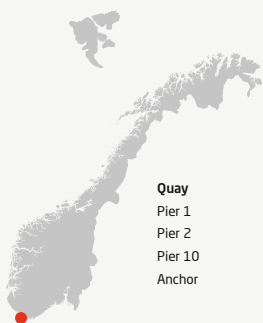
Fenced terminals (ISPS)  
Security service  
Shore power Max 690 Volt 1200 Amps. 50 HZ.  
EPI  
ESI  
Max ships per day: 1  
Max pax per day: 4000

### ANCHORAGE

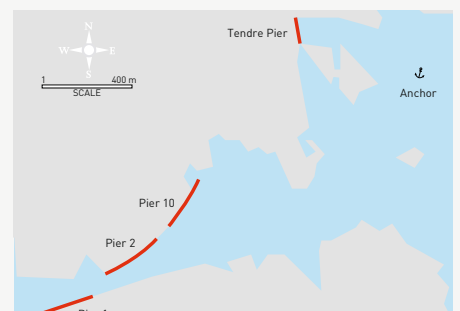
Max GT: No restrictions  
Type of bottom: Sand and clay  
Minimum depth: 15 m  
Distance from anchorage to tender pier: 600 m

### TOURIST INFORMATION

Visiting address: Torvgaten 2 (summer) Lista  
Lighthouse: (All year)  
Mailing address: Lista Lighthouse,  
Fyrveien 70, 4563 Borhaug  
E-mail: info@visitfarsund.no  
Phone: +47 952 07 650  
Web: www.visitfarsund.no  
Distance from port: 500 - 3500 meters



Quay	Water depth	Length	Height	Fenders	Shore Power	Grey Water	Max Ship size
Pier 1	7 m	125 m	N/A	Truck tires	No	No	150/ 6,5 m
Pier 2	7 m	100 m	N/A	Truck tires	Yes	No	125/ 6-8 m
Pier 10	14 - 15 m	140 m	N/A	Truck tires	Yes	Yes	400/ 13,8 m
Anchor	20 m	Unlimited	N/A	N/A	N/A	No	Unlimited







# EGERSUND

## A colourful pearl on the southwest coast

The town of Egersund offers a wide range of opportunities to experience the coast, town, forest and mountains – all on the same day! Experience varied and picturesque landscape, as well as charming old town atmosphere created by colourful and traditional old wooden houses.

Egersund municipality extends over parts of Magma Geopark, which has UNESCO Global Geopark status. The reason for this is a unique type of rock that is very rare in the world, but abundant here and on the moon! Explore the moonlike landscape in the geopark locations: Eigerøy lighthouse, Ytstebrød and Auglend outdoor recreational areas and, of course, the renowned natural artwork - Trollpikken!

### ATTRACTIONS/EXCURSIONS

#### Cultural town with rich history:

Imagine a town filled with beautiful, old wooden houses with charming narrow streets. Historical atmosphere of a traditional fishery town with a diversity of architectural styles. Take a guided interactive town walk where you can use all your senses:

HEAR stories and fun facts from the past about the places we see today;

SEE authentic exteriors and interiors of historic buildings;

SMELL and TASTE locally produced chocolate and ice cream of the highest quality;

TOUCH objects made of clay at the Faience Museum that tells a story of what was once the town's most important industry.

Also try out our cultural trail with town history signs – a route with 14 signs among the old wooden houses. The trail features many beautiful photos from the Dalane Folkemuseum archives, in addition to interesting facts and curiosities. The cultural trail is suitable for anyone who wants to do a lovely walk and explore the centre of Egersund at the same time. Complete the walk by going up to Varberg viewpoint and see the rock carvings from the Bronze Age. After city walk and shopping in the center, swing by the lovely new park Elveparken (a park by the river), which has come to be the most popular central place for bathing in summer. Lundeåna (the river) is a natural "aquapark" with many of its potholes, tiny waterfalls and exciting holes. The area has a little beach, many sitting places and benches and also free Wi-Fi. A perfect place to enjoy an ice cream in the evening sun!

**Egersund Fayancemuseum** is a museum linked to the production of A/S Egersunds Fayancefabriks Co. For more than 132 years, the factory in Egersund supplied the Norwegian people with pottery for all occasions. A/S Egersunds Fayancefabriks Co. had an unusually voluminous production, with a considerable range of models and decors. The factory's extensive production period mirrors developments within contemporary art and fashion. Egersund Fayancemuseum exhibits a selection of items from the factory's long production period. The exhibitions also highlight the factory's importance for Egersund town, especially as a workplace.

**Berentsen's brewery** from 1895 offers a tour of the brewery with beer tasting for groups of 10-50 people. A brand new whisky hall is planned in the near future with the possibility of guided tours, tasting and other activities.



Historical wooden houses. Photo: Arne Ove Østebrot



Trollpikken. Photo: Arne Ove Østebrot



Eigerøy lighthouse. Photo: Arne Ove Østebrot

**Several places** in and around Egersund you can explore historical and cultural monuments from World War II, such as Operation Freshman memorial. Egersund is also a cosy festival town with Norway's most popular Christmas market and oldest song festival in summer – Visefestivalen.

#### Wild and diverse coastal landscape:

Magma geopark offers an exciting and educational trip to Eigerøy lighthouse to experience the unique moonlike landscape recognized by UNESCO. Perfect place to watch the sun set in the sea.

**The iconic Trollpikken rock** became famous in 2017 when someone decided to cut it off from the rock formation where it was hiding for almost 10,000 years. Now it makes a great walk suited for all ages – the landscape that surrounds Trollpikken resembles a scene from a Tolkien book with rolling hills, small mountains, rocks and shifting cloud cover.

**Den Gamle Jærbanen** – an excellent day trip on foot or by bike, offers several nice stops with great views.

The road meanders between and through boulders and rocks northbound for approx. 8 km. Suitable for all age groups. The trip can be combined with a summit trip to Launesfjellet with a fantastic view over Eigerøya.

#### Variety of adventures in the water element:

**Eigerøya** is a paradise for those who like to paddle, either on a SUP board or in a sea kayak. Islets and reefs of various sizes and shapes tempt to explore and become one with nature. Adventurous visitors are invited to join a unique activity in our wild coastal landscape – coasteering! Coasteering is a relatively new concept in Norway, but the landscape around Egersund is ideally suited for this activity. We put on a wetsuit and a helmet – and we are ready to play along the coastline and explore it from another perspective.

#### Fresh water fishing

We recommend to take a trip to Tengselva and get fascinated by the salmon's journey through the river

and fish ladder to its permanent spawning ground. Salmon and trout fishing in this area is a unique local experience recommended for people of all ages.

#### Fishing from the shore

There are numerous places around the coastal Egersund where fishing from land is recommended. Most popular species here are mackerel and cod, but during different seasons a wider variety emerges. Local fishing guides will help find the best spots and guarantee an unforgettable experience.

#### Fishing out at sea

For those who prefer fishing experiences in the open sea, a boat trip with local skippers is highly recommended. Egersund is one of the leading harbours in the fishing industry and there is a reason for that – the variety of marine species here is abundant!

#### PORT OF EGRERSUND

Position N: 58° 26.863' E: 5° 59.119  
Visiting address: Strandgaten 2, 4372 Egersund  
E-mail: post@egersund.havn.no  
Website:  
<https://enhkf.no/en/eigersund-naering-havn-en/>  
Phone: +47 51463280  
VHF: Channel 12  
Berths for cruise : Dampskipskaien  
Distance to the town centre: Approx. 200 m

#### DOCKING INFORMATION

Landing largest ship: 200 m  
Tidal movement: 30 cm  
Terminal contact: +47 51463280,  
post@egersund.havn.no

#### TERMINAL FACILITIES (TURNAROUND)

Taxi: +47 51490000  
Distance to airport: 73 km

#### PORT SERVICES

Fresh water bunkering  
Waste landing  
Sludge landing: SELF ORDER  
Grey water landing: SELF ORDER

#### SECURITY & ENVIRONMENT

Fenced terminals (ISPS): ON/OFF TERMINAL  
Security service  
Shore power:  
Voltage: 400/440/480/660/690 VAC  
Frequency: 50/60 Hz in all voltage classes  
Effect: 250 KVA at 690 VAC

Plug: 1pc. CAVOTEC/PROCONNECT 350 Amp plug,  
in compliance with NEK/IEC/PAS 80005-3  
Max ships per day: 1

#### ANCHORAGE

Type of bottom: sand/mud  
Minimum depth: 10 m  
Distance from anchorage to tender pier: 200 m

#### TOURIST INFORMATION

Visiting address: Jernbaneveien 18  
E-mail: turistkontoret@egersund.kommune.no  
Phone: +47 474 88 409  
Web: visitegersund.no  
Distance from port: 850 m



Quay  
DAMPSKIPSKAIEN

Water depth  
8 m

Length  
240 m

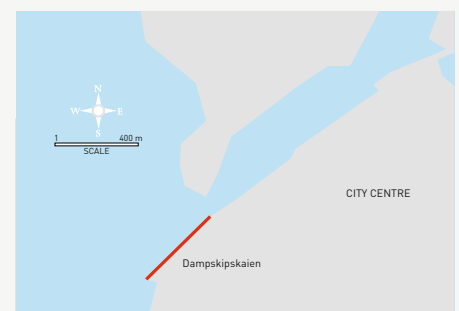
Height  
2 m

Fenders  
Tyre+  
Yokohama  
2.5x4 m

Shore Power  
Yes

Grey Water  
No

Max Ship size  
200 m







Stavanger Cruise port from above. Photo: Thomas G. Olsen

# STAVANGER

## Shortcut to the Norwegian fjords

So close to the European continent and Great Britain! Conveniently located in the south-western corner of Norway, Stavanger is indeed the shortcut to the Norwegian fjords.

Nothing is far away, and cruise ships dock in the city centre, near the oldest part of the town. Just a short walk away are the lovely cathedral and the charming city centre with its cobbled pedestrian streets.

The landscape in the region varies between fjords and steep mountains. The Lysefjord and the Pulpit Rock are just an hour's boat trip away from the city.

The Stavanger region claims to be the cradle of the Vikings. The status "European Capital of Culture in 2008" added extra cultural dimensions to "The Energy Capital of Norway".

### ATTRACTIONS/EXCURSIONS

"Out oars for Stavanger! Forward all for Stavanger" the British poet Rudyard "If" Kipling wrote in 1906 in the poem "Thorkild's Song" Stavanger, has for several years been one of the fastest growing cruise ports in Northern Europe.

Being the second largest cruise city in Norway, Stavanger has become a popular and attractive stop on cruises to Norway. Locally trained and authorized official guides handle 23 different languages. Cruise guests rate a day in this area very high. Stavanger is proud to have guest satisfaction proven both by statements and surveys. In 2010, "Seatrade Insider" rated Stavanger one of the best cruise destinations worldwide.

#### Old Stavanger

Old Stavanger is a cluster of 173 small, white, wooden houses built some 200 years ago. Some of them now house craft shops, galleries and museums.

The area is a National Heritage Site. This is also where The Norwegian Canning Museum and the brand-new Graphic Museum are located.

#### Stavanger Cathedral

Built in the Anglo-Norman style in 1125 AD, when the town only had 200 inhabitants, Stavanger Cathedral is a scaled down replica of Winchester Cathedral in England. It is one of the few churches in Scandinavia that has kept its original design. Its patron saint is St Svithun. The Cathedral reopens in 2022, after a thorough restoration.

#### Swords in Rock

Standing 10 m high on the edge of Hafsrdjord Bay, three swords are set into the mountain rock as a memorial to King Harald I, "Harald Fairhair", who founded Norway in 872 AD and became its first king.

#### Fascinating museums

The Norwegian Canning Museum and The Norwegian Petroleum Museum are an easy walk from the port. The Maritime Museum and the Museum's Information Centre are right in the port, near the Fish Market.

#### The city centre

The charming city centre consists mainly of shops in wooden houses and narrow, cobbled streets. Shops and shopping centres offer a wide variety of top-quality products and famous brands. The price level is the same as in Norway in general. There is ample scope for Tax Free Shopping.

#### Viking House

Viking House is a Virtual Reality-based world-class attraction which tells the Viking history of the Stavanger region. The attraction is placed in the city centre, and the experience takes 30 mins. Open year-round.



The Pulpit Rock. Photo: Terje Rakke, Nordic Life, Region Stavanger



Old Stavanger. Photo: Anders Bang-Andersen



Facinating museums. Photo: Espen Grønli, Norsk Oljemuseum, Region Stavanger

## EXCURSIONS

### Boat trip to the Lysefjord (3-3.5 hours)

Experience the impressive Lysefjord and one of Norway's spectacular wonders, the Pulpit Rock, which rises 604 m (1968 ft) above sea level. Fetch drinking water from a waterfall at "Fantahola" and get to feed goats!

### Hike to Pulpit Rock (8 hours)

Join a local guide on a hike to Pulpit Rock - the most visited nature-based attraction in Norway. From the plateau you can enjoy a spectacular view of Lysefjord. Weather may change rapidly in Western Norway. Appropriate sporty clothing and hiking shoes are required for this excursion. No umbrellas. Bring water, lunch and snacks.

### Highlights of Stavanger (3 hours)

See the villas of the old bourgeoisie and the Swords in Rock monument on the way to a reconstructed Iron Age farmstead near the viewpoint at Ullandhaug Tower. After visiting the cathedral, we stroll through Old Stavanger on the way back to the harbour.

### City walk: From oil to oil (3 hours)

Stavanger's economy once depended on herring and sardine fishing, and the canning industry. The tour visits Old Stavanger and The Norwegian Canning Museum - the only one of its kind in the world. We continue with a walk through the charming streets of Stavanger and finish with a visit to The Norwegian Petroleum Museum, where you will learn the history of the Norwegian oil adventure and how Stavanger became the petroleum capital of Norway.

### In the land of the trolls (4.5 hours)

On this tour, you will experience beautiful Norwegian landscapes of valleys, rivers, mountains and beaches. A stop will be made at Byrkjedalstunet, one of Norway's biggest souvenir shops, where we will enjoy both good pastry and shopping. On our way back we stop at Gloppealsura, the biggest boulder field in Northern Europe, before returning via the open landscape and beautiful beaches of Jæren.

### Visit a Norwegian home (2 hours)

See how Norwegians live and hear about how life has changed from the past to the present day! Learn about Norway and the Norwegians whilst savouring waffles served with either coffee or tea!

### Utstein Monastery (3 hours)

Bus trip through the undersea tunnel to see the beautiful green island of Mosterøy, home to Norway's only preserved medieval monastery. Utstein Monastery was a royal estate for many Viking kings. Unique acoustics make it a favoured place both for concerts and recordings, as well as for ghosts!

## PORT OF STAVANGER

Position: N 58° 58' 19.6" E 5° 43' 37.1"

Visiting address: Nedre Strandgate 44, 4005 Stavanger

E-mail: [maritim@stavanger.havn.no](mailto:maritim@stavanger.havn.no)

[post@stavanger.havn.no](mailto:post@stavanger.havn.no)

Website: [www.stavangerhavn.no/en](http://www.stavangerhavn.no/en)

Phone: +47 51 50 12 01

VHF: VHF Channel: 12

Berths for cruise: 4

Distance to city centre: 0 km

Distance to airport (SVG): 15 km

## DOCKING INFORMATION

Landing largest ship: No limit

Air draft: None

Tidal movement: 0.5 m

Terminal contact: Maritime Dept, +47 51 50 12 01,

[cruise@stavangerhavn.no](mailto:cruise@stavangerhavn.no)

## TERMINAL FACILITIES (TURNAROUND)

Turnaround for small and medium sized vessels

Relevant equipment to be provided, if pre booked

## TRANSIT AND T/A EQUIPMENT

Forklifts and gangways available on short notice

Most other relevant equipment can be provided, if pre booked.

## PORT SERVICES

Fresh water bunkering: 300,000 litres/hour

Waste landing: Trucks upon request

Sludge landing: Trucks upon request

Grey water landing: Trucks upon request

Special waste: Trucks upon request

VAT refund: Upon request through agent

## SECURITY & ENVIRONMENT

Fenced terminals (ISPS): 4

Security service

EPI

ESI

NOx -regulations

Max ships per day: 4

Max pax: 8-10,000

## ANCHORAGE

Max GT: No limit

Type of bottom: Mud/sand

Minimum depth: 70 m

Distance from anchorage to tender pier: 1 nm

## TOURIST INFORMATION

Visiting address: Strandkaiaen 61, 4005 Stavanger

Postal address: Region Stavanger,

Vågsøgt 22, 4306 Sandnes

E-mail: [info@regionstavanger.com](mailto:info@regionstavanger.com)

Phone: +47 5185 9200

Web: [www.regionstavanger.com](http://www.regionstavanger.com)

Distance from port: In port. (100-800 m from berths)



Quay	Water depth	Length	Height	Fenders	Shore Power	Grey Water	Max Ship size
Strandkaiaen	8.5-11(*) m	309 m	2.46 m	Truck tyres	Kraft	Yes	500 m
Skagenkaiaen	7.4-8.6(*) m	149 m	1.77 m	Truck tyres		Yes	250 m
Skansenkaiaen	6.4-8.2(*) m	135 m	2.02 m	Truck tyres		Yes	230 m
Konserthuskaiaen	8.8-15(*) m	232 m	3.20 m	Truck tyres		Yes	280 m

(\*) = deepest with fender or pontoon







Norway's National Monument Haraldshaugen, Photo: Nordicdrone

# HAUGESUND

## Homeland of the Viking kings, Norway's birthplace

Haugesund is located between Stavanger and Bergen in the heart of Norway's south-western cruise region, and nestling among countless small islands and the mighty, almost endless fjords, such as Åkrafjord, Hardangerfjord and Lysefjord. Haugesund is a city that offers experiences, restaurants and exciting shops, a laid-back atmosphere, harmony and tranquillity. The Haugesund region dates back to Viking times. This is where, a 1,000 years ago, King Harald Fairhair united Norway into a single kingdom, and it was from this area that the Viking Kings ruled Norway. For 3,000 years, princes and kings ruled at Avaldsnes. They controlled the shipping traffic that was forced through the narrow straight Karmsundet along Nordvegen – the way to the north, the shipping lane that gave Norway its name. The region has laid claim to the title of Norway's birthplace – the Homeland of the Viking kings. The region offers a wealth of natural wonders just waiting for you to explore, including the impressive North Sea coastline. The fjords on the other hand are enclosed and intimate, offering picturesque and tranquil landscapes. Our Viking history, fjords, islands, mountains, waterfalls, glaciers, rivers and the town itself all combine to make this region an exciting destination. Welcome to Haugesund!

### ATTRACTIONS/EXCURSIONS

The region is rich in history and offers visitors a wealth of exciting experiences. The town centre is only 800 m from the cruise pier and easy to reach.

#### Avaldsnes

Travel back in time on an exciting journey to Avaldsnes, Norway's first capital city. You can see a reconstructed Viking farm, meet the Vikings, and find out how the Vikings lived. Visit the old church at Avaldsnes, built by a Viking king, and the nearby heritage centre, where you can learn more about the Viking Age. Nordvegen History Centre tells the story about how Avaldsnes became the first royal throne of Norway. Harald Fairhair, the king who unified Norway

into one kingdom, will present you to princes and kings who ruled the "North Way" from Avaldsnes.

#### Highlights of Haugesund

Experience Haugesund by bus and learn about the town's history and architecture. The Steinsfjellet mountain gives you a panoramic view across the town, the North Sea and the surrounding islands. Haraldshaugen is Norway's national monument commemorating the unification of Norway in Viking times. The City Hall is regarded as the most attractive in Norway.

#### A glimpse into the past - World War II Museum

The museum extends over 2,000 m², guiding visitors through the dramatic history of the German occupation from April 9 1939 to our liberation in 1945.

#### Skudeneshavn - a bright, white haven by the sea

The charming old town of Skudeneshavn with white wooden houses built in the 1800s. Skudeneshavn Museum provides an insight into how the town grew in the 1800s during the rich herring fishery period.



Smedasundet, Haugesund. Photo: Nordicdrone



Langfoss Waterfall. Photo: Espen Mills



Skudeneshavn. Photo: Ørjan B. Iversen

### Åkrafjord and the Langfoss waterfall

The contrasts in Åkrafjord are huge: bare mountain sides, waterfall, luscious pastures, still-reflected fjords, and tumbling glacial waters.

#### To do in Åkrafjord:

- Visit Langfoss waterfall, once voted one of the 10 most beautiful waterfalls in the world by CNN
- Hike to the top of the waterfall
- Fjord cruise at Åkrafjord
- Via Ferrata
- Bungy jump
- A tractor safari takes you to a place where you would never think it was possible to live
- Local hosts welcome you and you will be served delicious local food

### Visnes Mining Museum

In 1895, Visnes was one of Europe's most prolific copper mining areas, and the Statue of Liberty in New York is clad in copper produced from this area. The museum tells the story of the mining community and shows the work methods they used.

### White sandy dunes at Akrasanden beach

This is a great hike along the nature and heritage trail that runs from the village of Akra to the village of Ferkingstad.

#### Island safari by RIB

A spectacular way to experience nature, the sea and authentic island communities.

#### Other tours available include:

- A visit to a salmon farm and aquaculture centre at Rover Island
- Guided city walk
- Guided e-bike tours
- Fjord cruise in the surroundings of Haugesund
- Garden visit
- Be a glass artist, and blow your own souvenir from Haugesund
- Helicopter tours
- Visit Ryvarden lighthouse
- Sea fishing

### A selection of our festivals:

- The Viking Festival, in June – market stalls, jousting, saga readings, and much more
- The Skude Festival, in June – picturesque Skudeneshavn shows you the coastal lifestyle with veteran cars, wooden boats and tall ships
- The Sildjazz International Jazz Festival, in August – pulsating rhythms and a thrilling atmosphere
- Harbour Days, in August – maritime history and coastal culture, traditional handicrafts and exhibitions
- The Norwegian International Film Festival, in August

### PORT OF HAUGESUND

Position N: 59° 24.627' E: 5° 15.518'  
Visiting address: Garpeskjærvegen 1  
E-mail: [cruise@karmsund-havn.no](mailto:cruise@karmsund-havn.no)  
Website: [karmsundhavn.no](http://karmsundhavn.no) / [visithaugesund.no](http://visithaugesund.no)  
Phone: +47 52703757  
VHF: Channel 12  
Berths for cruise: Garpeskjær  
Distance to city centre: 900 m

### DOCKING INFORMATION

Landing largest ship: No limitations  
Air draft: None restrictions sailing from North entrance, from South 45 m sailing height passing Karmsund bridge  
Tidal movement: Approx. 0.5 m and 1.5-2.0 m

### TERMINAL CONTACT:

Geirmund Eikje, Maritime director, +47 916 74 098  
E-mail: [gek@karmsund-havn.no](mailto:gek@karmsund-havn.no)  
Eivind Eide, Maritime Inspector, +47 90026707  
E-mail: [eei@karmsund-havn.no](mailto:eei@karmsund-havn.no)  
Vigleik Dueland, Director of Tourism and Cruise Development, phone +47 920 84 689, E-mail: [vigleik@visithaugesund.no](mailto:vigleik@visithaugesund.no)

### TERMINAL FACILITIES (TURNAROUND)

Restrooms: Yes, waiting room at Haugesund Harbour Park  
Wi-Fi Service: Yes, Wi-Fi available  
Taxi: Yes, available at Haugesund Harbour Park

Shuttle bus: On request from cruise operator  
Distance to airport: 15 km

### TRANSIT AND T/A EQUIPMENT

Forklifts: Yes, on request

### PORT SERVICES

Fresh water bunkering: Yes, approx. 60 m³ pr hour.  
Waste landing: Yes, garbage containers available on request  
Sludge landing: Yes, mobile trucks on request  
Grey water landing: Yes, mobile trucks on request  
Special waste: Yes, special waste can be delivered on request  
Crew facilities: Harbor Park with Wi-Fi  
Yokohama fenders: six pce 3.5mx6m and two pce 1.5mx3m  
VAT refund: Yes, to be ordered by agent  
LNG: LNG bunkering from quayside by truck and seaside with bunker barge.

### SECURITY & ENVIRONMENT

Fenced terminals (ISPS): Yes, cruise quay is ISPS terminal, Garpeskjær 2 (3-0522)  
Security service: Yes  
Shore power: Yes, under construction and ready for use in 2023.  
EPI: Yes, Cruise ships arriving Karmsund Port must report data from the call not later than 72 hours after departure. See Karmsund Port Authorities price list <https://karmsundhavn.no/wp-content/uploads/2021/02/Pricelist-port-of-Karmsund-2021.pdf>

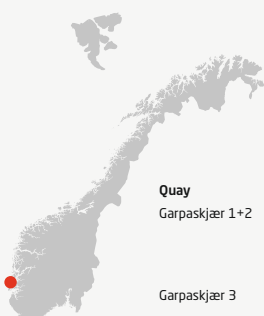
ESI: Yes, Vessels that are registered in the Environmental Ship Index (ESI) from World Port Climate Initiative will be granted a 25% discount in arrival fees if the ESI exceeds 30 points, and 50% discount if the ESI exceeds 50 points. The discount will be calculated according to total fees payable after other deductions granted. The discount will be granted according to the validity of the ESI certificate and where this is stated in the arrival notification  
NOx-regulations: National requirements  
Max ships per day: One cruise vessel, but on some occasions the port can handle two smaller vessels alongside at same time.  
Max pax per day: No restrictions

### ANCHORAGE

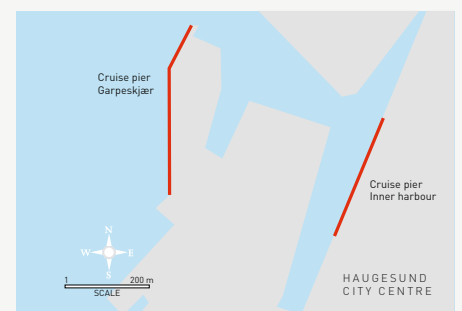
Type of bottom: Sand and stone  
Feistein anchorage 37 nm, Kaarstø/Hervikfjorden 15 nm, Bygnesvaagen anchorage 7 nm

### TOURIST INFORMATION

Visiting address: Haraldsgata 131  
E-mail: [post@visithaugesund.no](mailto:post@visithaugesund.no)  
Phone: +47 52 01 08 30  
Web: <https://en.visithaugesund.no/>  
Distance from port: 1.2 km



Quay	Water depth	Length	Height	Fenders	Shore Power	Grey Water	Max Ship size
Garpaskjær 1+2	8.6 m/9.5 m	58 m+237 m	2.74 m	Dumper tyre + Yokohama fenders	Yes, under construction and ready for use in 2023.	No	Approx. 360 m
Garpaskjær 3	9.7 m	126 m	2.69 m	Dumper tyre + Yokohama fenders	N/A	No	Approx. 200 m







# EIDFJORD

## The fjord and mountain adventure

### Finalist - 2018 Seatrade Cruise Awards "Destination of the Year"

Eidfjord offers a unique natural environment. With large contrasts and short distances, you can experience the most and the best that Norway has to offer: large open spaces and high mountains, deep valleys and blue-green fjords and glaciers, mountain lakes, rivers and waterfalls. Our visitors can experience peace and silence in the natural environment in addition to visiting many of our activities and attractions. Eidfjord is the gateway to the Hardangervidda, the largest high mountain plateau in Europe and Norway's largest national park. Eidfjord cruise port is able to handle ships up to 350 m in length. Fjord, mountain & waterfalls – all within a 30-minute drive from Eidfjord.

### ATTRACTIONS/EXCURSIONS

#### Norwegian Nature Centre Hardanger

Duration: 1.5 hours (incl. 1 hour stay)

Distance: 7 km from port

Capacity: 168 per half hour

An exciting experience centre for Norwegian nature, climate and environment, and an authorized visitor's centre for Hardangervidda National Park. The brand new exhibitions (as of April 2018) establish Norwegian Nature Centre as a state-of-the-art experience and teaching centre for natural and cultural history. The centre screens a spectacular panoramic film, "Fjord Mountain Waterfall", directed by Ivo Caprino, and has three floors of exciting, life-affirming and powerful adventures with interactive stations. Touristinfo, souvenir shop and café/restaurant.

#### Vøringsfossen Waterfall

Duration: 1.5 hours (incl. 45 minutes stay)

Distance: 20 km from port

Capacity: unlimited

The most famous waterfall in Norway is an impressive 182m high, with a free fall of 145m. You'll find the most exciting and marvelous viewpoints at the Fossli Hotel, which also houses a restaurant and a souvenir shop. The new spectacular step bridge above the waterfall opened in August 2020. The development project around Vøringsfossen is well under way, the first new viewpoints were completed in 2018 and the entire project should be completed in 2023.

#### Sysendammen

Duration: 1.5 hours (incl. 30 minutes stay)

Distance: 30 km from port

Capacity: unlimited

Sysendammen is one of Norway's largest stone-filled dams. The total length of the dam is 1,160m, and it consists of 3.6 million m<sup>3</sup> of stone and moraine

deposits. View of the glacier Hardangerjøkulen from the car park.

#### Kjeåsen

Duration: 1.25-2 hours (incl. 15-60 minute stay)

Distance: 15 km from port

Capacity: 45

The famous mountain farm lies like an eagle's nest on a mountain ledge 600 m above the Simafjord. Please notice: traffic up to Kjeåsen every full hour, traffic down from Kjeåsen every half hour.

#### Best Adventures

Duration: 2.5-3 hours

Distance: 7 km from port (kayaking 300m from port)

Capacity: 8-30 per activity

The largest outdoor activity centre in Hardanger! Paddling instruction for beginners, sea kayak trips, rafting, climbing, white water jump. Fun rafting in July and August. All activities incl. instruction and guide. Mountain bike and canoe rental.



Best Adventures



Hardanger Fjordsafari. Photo: Lars Inge Thorset



Norwegian Nature Centre Hardanger

### Troll Train

Duration: 1 hour  
Distance: 30 m from port (start at the tourist information)  
Capacity: 120 (3 trains)  
The train takes you for a one-hour sightseeing tour in the centre of Eidfjord. Nice view of the fjord and the mountains, ride through the Viking burial ground and have a photo stop by the old, medieval stone church (the church is closed).

### Hardanger Fjordsafari

Duration: 30 minutes or 1 hour (on request)  
Distance: 30 m from port  
Capacity: 12 (per tour)  
RIB-boat safari in Eidfjord and Hardanger. The tour starts in Eidfjord Harbor after getting dressed in our gear and a short safety briefing. We have different tours to Hotle, the Hardanger Bridge and Simadal where the boat driver will explain what you see.

### Seaplane flightseeing

Duration: 30 or 50 minutes  
Distance: 30 m from port  
Capacity: 4 passengers per flight

Our seaplane is located right beside the cruise port in Eidfjord and a typical sightseeing flight takes 30 minutes incl. the Hardangerjøkulen glacier and impressive Simadalen valley. We also offer a longer 50 min trip to Trolltunga and day trip packages that include a stopover at one of our many beautiful locations throughout the Hardanger area.

### Ravenheart Hardanger - Viking exhibition

Duration: 1 hour  
Distance: 400 m  
Capacity: 12 pax per tour  
One-hour guided Viking exhibition with story telling at "Tunet på Haugen", only a short walk from Eidfjord cruise port.

### Trebua wood shop

Duration: 30 min  
Distance: 600 m  
Capacity: 25 pax  
Visit the wood craftsman at Trebua, located next door to Eidfjord old church. View the collection of fiddles made by the well-known fiddle maker Anders J. Aasen. Sale of handmade wooden items and wood carvings.

### Art Gallery N. Bergslien

Duration: 30-60 minutes  
Distance: 30 m from port  
Capacity: 80  
Free entrance  
The Quality Hotel Vøringfoss hosts a large, permanent exhibition of the well-known local artist Nils Bergslien (1853 - 1928). The gallery also stages various visiting exhibitions.

### Minicruise (and bus)

Duration: 4 hours  
Distance: 60 m from port  
Experience the Hardangerfjord from a smaller vessel daily in the period 1 May - 30 September. Boat from Eidfjord to Lofthus (departure 14:40 pm), 75-minute stay in Lofthus, return from Lofthus to Eidfjord by public bus (arrival 18:45 pm)

### PORT OF EIDFJORD

Position: 60°28'06.0"N 7°03'59.5"E  
Visiting address: Ostangvegen 23, NO-5783 Eidfjord  
E-mail: [cruise@visiteidfjord.no](mailto:cruise@visiteidfjord.no)  
Website: [www.visiteidfjord.no](http://www.visiteidfjord.no)  
Phone: + 47 41 55 23 18  
VHF: channel 12  
Berths for cruise: Yes  
Distance to city centre: 50 - 200 m

### DOCKING INFORMATION

Landing largest ship: 350 m  
Air draft: 55 m  
Tidal movement: 1 m  
Terminal contact: Terje Monsen, PFSO, +47 41 55 23 18, [cruise@visiteidfjord.no](mailto:cruise@visiteidfjord.no)

### PORT SERVICES

Fresh water bunkering: Yes  
Waste landing: Yes, to be ordered 24 h in advance  
Special waste: Yes, to be ordered 24 h in advance  
Crew facilities: Crew service center with wireless internet zone over the whole port area (on board incl.), free of charge!  
Beach volleyball court 30 m from pier  
Discounts at different attractions and activities in Eidfjord, contact the tourist information office  
VAT refund: Yes

### SECURITY & ENVIRONMENT

Fenced terminals (ISPS)  
Security service  
EPI  
ESI  
NOx -regulations  
Max ships per day: 2  
Max pax per day: 4,500

### ANCHORAGE

Type of bottom: Sand  
Minimum depth: 60 m  
Distance from anchorage to tender pier: 300 m

### TOURIST INFORMATION

Visiting address: Ostangvegen 23, NO-5783 Eidfjord  
Mailing address: PoBox 74, 5786 Eidfjord  
E-mail: [turistinfo@visiteidfjord.no](mailto:turistinfo@visiteidfjord.no)  
Phone +47 53 67 34 00  
Web: [www.visiteidfjord.no](http://www.visiteidfjord.no)  
Distance from port: 50 m



Quay	Water depth	Length	Height	Fenders	Shore Power	Grey Water	Max Ship size
Eidfjord	11 m	120 m	2 m	Big fenders	No	No	350 m







Braknes Hotel. Photo: Reinhold Kager

# ULVIK

## The pearl of Hardanger

In Ulvik the tourism has been a permanent fixture of daily life for more than 150 years. The warm summers, the tranquility and lush nature have attracted holidaymakers for generations. Ulvik offers an active holiday with a number of outdoor activities. Farm visits and excursions by coach and fjord cruisers are also included in our shore-ex menu. Ulvik and Hardanger, being the orchard of Norway, are famous for the fruit blossom in May. From June until late October we harvest sweet cherries, plums, pears and apples. Take a stroll through the compact village centre where you will find public services, shops, hotels and cafes as well as different exhibitions of arts and crafts. Shopping of high quality local products can be done at the Tourist Office and at local shops.

### ATTRACTIONS/EXCURSIONS

#### Local cider farms

At the three local cider farms you have the opportunity to taste apple juice and cider. Your host will tell you about the production and show you around the premises and orchards. Local cider can be bought at the farm shops (not on Sundays). Distance from Port of Ulvik - 2 - 3 km. From Port of Eidfjord 33 km. Duration: 2 hours. Capacity: 20 - 90

#### "A taste of Hardangerfjord"

A half day excursion from Port of Ulvik or Port of Eidfjord - 4 hours. The guided tour by coach to Hardanger Juice & Cider Factory offers a taste of cider, apple juice & apple brandy and local traditional food, including a guided introduction and history of how the cider and juice is made in Hardanger. Distance from Ulvik 3 km, distance from Eidfjord 33 km. Maximum capacity: 90

#### Olav H Hauge Centre - literary museum

A research and visitor centre presenting the life and poetry of Olav H Hauge (1908 - 1994). He was a poet and fruit farmer, who gradually emerged as one of the most significant Norwegian poets of the 20th century. He has been translated into more than 25 languages, and was himself an important translator of poetry from English, German and French. Although he lived all his life in Ulvik, he learned several foreign languages by himself. The centre offers exhibitions Tuesdays-Fridays (10:00 - 15:30). Guided tours or a visit outside opening hours can be arranged.

**Ulvik Church** is the third in line of churches in Ulvik. Consecrated in 1859, the interior was decorated in traditional decorative floral style in 1923 by local artist Lars Osa. Church concerts and organ recitals are offered.

**Skeiesmylna** was originally built in Bergen and was moved to Ulvik in the 1890s. Grain from the entire Hardanger was processed

here. Today, you will find different activities in the mill. Guided tours can be arranged.

**The Hjadlane Galley of Modern Art** presents various exhibitions throughout the year by local artists and often based on a theme of nature or impressions from a journey or an event. The owner Lars G Polden presents his own arts as well. Distance from port: 12 km.

**Farm visits** including coffee/tea and cakes can be booked at several farms in the area. Duration: 1 hour.

#### Hikes and walks - duration from 1 hour

Ulvik offers a wide range of guided hikes, walks and strolls, ranging from easy guided strolls in and around the village centre to longer and more strenuous hikes and walks in the surrounding hills. Walking distance: From 1 km



Apple trees in September. Photo: Visit Hardangerfjord



Pacific Princess in Ulvik



Apple Brandy Tasting. Photo: Visit Hardangerfjord

### Ulvik is a member of the Movement of Cittaslow, an international network of towns where living is good.

Good living means having the opportunity of enjoying solutions and services that allow citizens to live their town in an easy and pleasant way. Living slow means being slowly hasty; "festina lente" Latins used to say, seeking everyday the "modern times counterpart" in other words looking for the best of the knowledge of the past and enjoying it thanks to the best possibilities of the present and of the future. All of this will result in technological opportunities, modern solutions in communication, transportation, incoming, production and selling. At present living and managing a Slowcity is just a particular way of carrying on an ordinary life style rather than today's trends.

### The Hardanger Bridge

The Hardanger Bridge is the largest suspension bridge in Norway, and number nine in the world. The two towers are more than 200 m high. Great engineering art and roundabouts in the tunnels with neon lighting at both ends. Bus parking and access for pedestrians to the bridge from both sides. Ideal for photostops during shore excursions.

### Voss

A tour to Voss by coach from Ulvik can include driving through orchards and forests, passing mountains and spectacular waterfalls. A stop at Skjervet waterfall is recommended. Visit Voss Folk Museum, a cluster farm situated at Mølster. The gondola, Voss Gondol, goes from the centre of Voss up to Hangurstoppen restaurant, 830 masl and can be included together with lunch or coffee. Return to Ulvik by coach. Duration 5 - 6 hours. Distance from port: 48 km (Voss).

### Eidfjord

All excursions described in the Port of Eidfjord section of the manual are also available from Ulvik. Ulvik - Eidfjord 33 km over the Hardanger Bridge - allow 45 minutes each way.

### PORT OF ULVIK

Visiting address: Promenaden 2 - NO-5730 Ulvik  
Mail: [ingrid@fjordtindhoteles.no](mailto:ingrid@fjordtindhoteles.no)  
Website: [www.brakanes-hotel.no](http://www.brakanes-hotel.no)  
Phone: Ingrid Prestegard, +47 41 43 80 97  
Distance to village centre: 200 m

### DOCKING INFORMATION

Landing largest ship: No limitations  
Air draft: 55 m  
Tidal movement: 0.5 - 1 m  
Terminal contact: Vera Iversen, technical director, +47 4000 7186, [vera.iversen@ulvik.kommune.no](mailto:vera.iversen@ulvik.kommune.no)

### TERMINAL FACILITIES (TURNAROUND)

Restrooms: Yes, at Brakanes hotel  
Wi-Fi Service: Yes, at Brakanes hotel  
Taxi  
Distance to airport: 157 km - Bergen airport Flesland

### PORT SERVICES

Crew facilities: Wi-Fi at Brakanes hotel  
VAT refund: Yes, at Brakanes hotel

### SECURITY & ENVIRONMENT

Fenced terminals (ISPS) ISPS approved  
NOx -regulations: National standard  
Max ships per day: No limitation  
Max pax per day: No limitation

### ANCHORAGE

Max GT: No  
Type of bottom: Sand  
Minimum depth: 50 m  
Distance from anchorage to tender pier: 50-300 m depending on vessel.

### TOURIST INFORMATION

Visiting address: Tyssevikvegen 9-11  
Postal address: NO-5730 Ulvik  
E-mail: [visitulvik@ulvik.kommune.no](mailto:visitulvik@ulvik.kommune.no)  
Phone: +47 400 07 199  
Web: [www.visitulvik.no](http://www.visitulvik.no)  
Distance from port: 200 m



Quay	Water depth	Length	Height	Fenders	Shore Power	Grey Water	Max Ship size
Anchorage	30-100 m				No	No	
Tenders	4-10 m	12.5 m	50 cm	Small	No	No	N/A







# ROSENDAL, HARDANGERFJORD

## Historic village by the fjord

Rosendal is centrally situated in the Hardanger fjord, snugly placed between high mountains and beautiful valleys. The landscape around Rosendal attracts many visitors all year round. Most attractions in the village can be reached on foot, or one can explore the scenic surroundings by bike or bus. Several possible hikes can be reached from the harbour. The Folgefonn centre is located on the harbour and is a great place to start your exploration of the Folgefonna Peninsula, and learn about the Folgefonna National Park and the glacier. The Barony Rosendal, a manor house with a unique history from 1665 and beautiful surrounding gardens, is absolutely worth a visit. Within nice walking distance from the harbour, you will also find the popular Stone Park.

### ATTRACTIONS/EXCURSIONS

#### THE FOLGEFONN CENTRE

Visitors Centre for Folgefonna National Park and inspiring exhibition where you will learn more about the Folgefonna glacier, the Hardangerfjord, the world's water cycle, sustainable use of natural resources and climate change. A great starting point/finish for sightseeing tours. [www.folgefonnsenteret.no](http://www.folgefonnsenteret.no)  
Distance from port: 100 m

#### BARONIET ROSENDAL

Ludvig Rosenkrantz and Karen Mowatt's little manor from the 1660s is surrounded by beautiful and historic grounds, including a Renaissance garden, a romantic landscape garden and the kitchen garden. From Rosendal Garden, you get a grand view of the enveloping mountains Malmangernuten, Melderskin and Laurdalstind, and of the waterfall Hattebergfossen and

Hardangerfjorden. The garden has been built up over several hundred years of changing styles and fashions in gardening. Here you can experience more than 300 years of garden history.  
Distance from port: 1.6 km

#### THE STONE PARK

A geological park with stones and sculptures centrally located in Rosendal. Rock, ice, water, landscape and life - experience this collection of natural heritage and cultural heritage in Kvinnherad. The Stone Park is also part of the scientific outreach at the Exhibition Centre for the Folgefonna National Park, a nice stop on your walk towards Baroniet Rosendal.  
Distance from port: 1.1 km

#### KVINNHHERAD CHURCH

Kvinnherad Church, which is a whitewashed brick church built in the mid 1200s, is one of the highest among the parish churches from the Middle Ages. Kvinnherad Church was probably the main church

for the region in the Middle Ages, but then in 1678 became a private church for the baron of the Barony Rosendal, and was not parish church again until 1910. From outside the church, you can also get a great view of the fjord and harbour area.  
Distance from port: 350 m

#### HATTEBERGFOSSEN - WATERFALL

Enjoy a nice walk in the cultural landscape to the picturesque Hattebergfossen waterfall.  
Distance from port: 1.6 km

#### ROSENDAL PUTBALLPARK

A combination of football and golf. A fun activity for the whole family!  
Distance from port: 650 m



Kjeldestøl Mountain Dairy Farm. Photo: Stig Are Helle



Rosendal on foot - Baroniet Rosendal. Photo: KLV



The Folgefonn Centre. Photo: Stig Are Helle

### GUDDAL ART GALLERY

The art gallery in the charming farm yard Guddal, has periodic exhibitions of the best of Norwegian contemporary art. Café serving homemade cakes. Member of Norwegian cultural heritage. Distance from port: 5 km

### KJELDESTØL MOUNTAIN DAIRY FARM

Kjeldestøl is a charming restored mountain dairy farm. This hike can be done as a round-trip from Kletta, crossing the river on the Dinglo bridge and then arrive Kjeldestøl. You can also combine it with the popular hikes to Skålafjell and Sjethaug. Distance from port: 10 km, vertical climb 500 m

### SJETHAUG VIEWPOINT

Sjethaug viewpoint is situated at 285 masl and will give you a great view of the village, fjord and surrounding nature. There is an open cabin on the top where you can enjoy your packed lunch. Distance from port: 5 km

### SUNDAL AND BONDHUSBREA GLACIER

Follow the old "Isvegen" (Ice Road) to Lake Bondhusvatnet (190 masl). The road was built in 1863 to transport ice from the Bondhusbreen Glacier down to the fjord for export. It has later been maintained as an unusually beautiful tourist attraction. The Bondhusdalen valley is central in Folgefonna National Park, and it's no coincidence that this was the location where the National Park open on 14 May 2005, by Queen Sonja. You can see her signature on a rock by Lake Bondhusvatnet. The area has been a magnet for tourists and mountain goers since the middle of the 19th century. From Lake Bondhus you will catch a glimpse of the Folgefonna Glacier. Distance from port to bus parking: 26 km. Distance from parking to Lake Bondhus: 2.9 km

### FUREBERG WATERFALL

Spectacular waterfall situated between Rosendal and Sundal. Distance from port: 19.3 km

### ROSENDAL BY HORSE AND CARRIAGE

Enjoy a nostalgic trip by horse and carriage on old roads in the village of Rosendal, starting from the port. This is also a good opportunity to see the fjord horse! Must be booked in advance.

### SHOPPING

Rosendal has a good selection of small shops and cafés in the main street, Skålagato. Distance from port: 300 m

### PORT OF ROSENDAL

Position: N: 59°59,055` E: 5°59,803`  
Visiting address: Rosendal Harbour  
E-mail: [cruise@rosendalhamn.no](mailto:cruise@rosendalhamn.no)  
Website: [www.rosendalhamn.no](http://www.rosendalhamn.no)  
Phone: +47 469 32 012  
VHF: Channel 12  
Berths for cruise: anchor/tender port  
Distance to city center: 100 m

### DOCKING INFORMATION

Landing largest ship: No limit  
Air draft  
Tidal movement: 1.5 m  
Terminal contact: Øyvind Lernes, PFSO  
Phone: +47 915 11 468  
Mail: [cruise@rosendalhamn.no](mailto:cruise@rosendalhamn.no)

### TERMINAL FACILITIES (TURNAROUND)

Taxi - upon request  
Shuttle bus - upon request  
Distance to airport: 96 km

### SECURITY & ENVIRONMENT

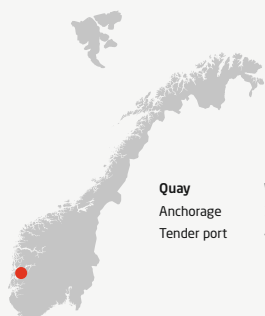
Fenced terminals (ISPS)  
Security service  
Max ships per day: 2  
Max pax per day: 1,000

### ANCHORAGE

Max GT: No limit  
Type of bottom: Sand/rock  
Minimum depth: 30-70 m  
Distance from anchorage to tender pier: 200-600 m

### TOURIST INFORMATION

Visiting address: Folgefonna Centre, Skålafjæro 17, Rosendal  
Postal address: Skålafjæro 17, NO-5470 Rosendal  
E-mail: [turistinfo@kvinnherad.kommune.no](mailto:turistinfo@kvinnherad.kommune.no)  
Phone: +47 534 84 280  
Web: [www.visitkvinnherad.no](http://www.visitkvinnherad.no)  
Distance from port: 100 m



Quay	Water depth	Length	Height	Fenders	Shore Power	Grey Water	Max Ship size
Anchorage	30-70 m	120 m	2 m	Big fenders	No	No	350 m
Tender port	4-20 m	50 m	45 cm	Wood	230v / 16 amp		N/A







Bryggen - the Wharf and Tall Ship Statsraad Lehmkuhl. Photo: Lars Korvald

# BERGEN

## The vibrating heart of the fjords

The city of Bergen was founded on an old Viking settlement in the year 1070, and has a proud history and many interesting cultural monuments. Today Bergen has near 285 000 inhabitants. The city is famous for its exciting mixture of old and new architecture, its charm and atmosphere. Bryggen (the Wharf) in Bergen is listed on UNESCO's World Heritage List and the city is a designated World Heritage City. Bergen is also surrounded by one of the world's most spectacular tourist attractions - the Norwegian Fjords, which are included on UNESCO's World Heritage List. Bergen also has status as a UNESCO City of Gastronomy. Bergen is a popular cruise destination and the leading cruise port in Norway.

### ATTRACTIONS/ EXCURSIONS

#### **Bryggen - The World Heritage Site**

Bryggen is one of Bergen's and Norway's main attractions! The very first buildings in Bergen were situated at Bryggen, which has been a vibrant and important area of the city for many centuries. This Hanseatic Wharf, a maze of wooden buildings, attracts visitors from all over the world and acts as a landmark in the city centre. Bergen is part of our common heritage and has a place on UNESCO's World Heritage List, and the city of Bergen is a designated World Heritage City.

#### **Mt. Fløyen - An iconic attraction**

Fløybanen funicular takes you to the top of Mt. Fløyen, 320 m.a.s.l. Magnificent views of Bergen from the spacious plateau. Mt. Fløyen is well suited for outdoor activities, such as hiking, jogging and mountain biking. Guided tours, zipline-park and mountain bike rental. Mt. Fløyen has restaurant, great children's play area and Fløistuen shop and shelter. [floyen.no](http://floyen.no)

#### **Bergen Aquarium, a must-do in Bergen!**

After a visit to the Aquarium, you'll definitely know something you didn't before.

At the Aquarium you will find: Sea lions, snakes, penguins, otter, and more. Film shows and feedings every day. The strangest creatures from the tropical rainforest, the beaches in Norway, the vast oceans and the Arctic regions. Spiseriet Akvariet serves good food made from proper ingredients. At Bergen Aquarium, you can watch training sessions and feedings, and see how fish and animals act when in their element. [akvariet.no](http://akvariet.no)

#### **Ulriken 643 - Ulriken Cable Car**

Ulriken Cable Car was rebuilt in 2021, bigger and better than ever before. The cable car takes you to the highest of Bergen's famous 'Seven Mountains', to a spectacular scenery and mountain terrain 643 m.a.s.l. From the summit, you can enjoy magnificent views of Bergen and the surrounding area. Tours start 30 metres from the Fish Market and takes roughly 2 hours. Norway's fastest zipline at the top. [ulriken643.no](http://ulriken643.no)

#### **Edvard Grieg Museum - Trolldhaugen**

Trolldhaugen was the home of Norway's most famous composer Edvard Grieg (1843-1907). He lived here for 22 years and composed many of his best-known works in the little garden hut. The garden includes a modern concert hall which accommodates 190 and is a venue for concerts and chamber music. From May to September, enjoy daily half-hour lunchtime concerts. Intimate, private concerts can be held in his old living room for up to 40 persons, played by pianists on Grieg's old piano. [griegmuseum.no](http://griegmuseum.no)

#### **KODE - the Art Museums of Bergen**

KODE has an extensive collection of art and design. The museum fills four buildings in the centre of the city. You can experience the masterpieces by Edvard Munch, Nikolai Astrup, Pablo Picasso, Paul Klee and J. C. Dahl, visit the unique exhibition "the Silver Treasure", admire the handicrafts and designs from the last five hundred years, or experience some of the temporary exhibitions. [kodebergen.no](http://kodebergen.no)



Bergen Christmas Market

### Fish Market

The Fish Market in Bergen is one of Norway's most visited outdoor markets and has a charming location in the heart of the city. The Fish Market also sells fruit, vegetables and souvenirs.

### Hanseatic Museum and Schøtstuene

One of the oldest and best preserved wooden buildings in Bergen, and the only one with original interiors from the Hanseatic period. The "Schøtstuene" show the assembly rooms and kitchen used by the Hanseatic merchants.

### Bryggens Museum - Bergen City Museum

Bryggens Museum was reopened after a significant refurbishing in 2020. The museum display findings of the archaeological excavations of Bryggen from 1955 and contains the foundations of the oldest buildings in Bergen.

### Old Bergen Museum - Bergen City Museum

The open-air Old Bergen Museum is a reconstructed small town consisting of around 50 wooden houses dating from the 18th, 19th and 20th centuries, most of which originate from Bergen city centre, for instance a bakery, dentist, photographer, shopkeeper etc.

### Bergen Maritime Museum

The Bergen Maritime Museum gives insight into Norwegian seafaring history and the evolution of seafaring from the earliest times until the present day. The exhibitions showcase items related to seafaring and life at sea, ship models of utmost quality, paintings and marine-archaeological findings. The museum's collections have local roots, but since Bergen has always been one of the country's greatest maritime cities, they also provide a picture of our national maritime history.

### Norwegian Fisheries Museum

The Norwegian Fisheries Museum is located on the seafront in Sandviken, a short walk from Bryggen. This exciting and dynamic museum is housed within the cog-jointed walls of authentic 18th-century wharfside warehouses, which communicate the important history of Norway's coast and fisheries.

### Storeblå Aquaculture Visitor Centre

At Storeblå Aquaculture Visitor Centre, you can explore a living exhibition where you will learn about one of our biggest industries - aquaculture. A visit to Storeblå provides a unique insight into the world of salmon. You also get an opportunity to see salmon up close in a RIB trip out to a fish farm.

### Lysøen Island and Ole Bull's Villa

The villa on Lysøen was built in 1873 as a summer residence for the Norwegian composer and violin virtuoso Ole Bull.

### Bergenhus Fortress

#### - The Håkon's Hall and the Rosenkrantz Tower

The Håkon's Hall and Rosenkrantz Tower are situated in one of the oldest and best preserved fortresses in Norway. The Håkon's Hall is more than 760 years old, and was built by King Håkon Håkonson as a royal residence and banquet hall. The tower was built in the 1560s by the governor of Bergen Castle (Bergenhus), Erik Rosenkrantz, and served as a combined residence and fortified tower.

### Arven Économusée

The silver factory Arven is situated in a historic setting, between St. Mary's Church and Bergenhus Fortress. The silver factory has for nearly 150 years had its production in the centre of Bergen, has now



Bergen Philharmonic Orchestra, Fløibanen Funicular. Photo Oddleiv Apneseth

opened the doors of this traditional workshop to the public.

### Oleana Économusée

Oleana invites you to an eventful journey through the factory, following the production process from yarn to finished product. All products are knitted and sewn in Norway. Oleana's own designer, Solveig Hisdal, takes care to respect and continue the ideals and richness in our cultural heritage but also takes pride in creating textiles with a modern expression.

### Fantoft Stave Church

The old stave church at Fantoft, originally built in Fortun in Sogn in 1150, was moved to Fantoft in 1883. It burnt down in 1992, and has been rebuilt just as it was before the fire.

### Magic Ice

This is a wondrous winter wonderland constructed from several tons of ice. The ice bar is the work of local renowned ice carvers, they re-craft the bar several times every year. The ice gallery is the hottest place to cool down.

### Leprosy Museum - Bergen City Museum

Between 1850 and 1900 Bergen had three hospitals for leprosy patients and the largest concentration of patients in Europe. The city's oldest leprosy hospital, St. George's Hospital, is a monument to thousands of personal tragedies.

### Sport and leisure activities

The fact that Bergen is located in one of the world's most scenic areas means that there is a wide range of activities for adults and children alike. You can fish, golf, hike, bike, dive, climb and also do rafting, ocean kayaking and segways. And if you prefer an indoor life, there is plenty to do as well.

### What's on in Bergen - the City of Culture

Search for events during your stay at [www.visitBergen.com/whats-on](http://www.visitBergen.com/whats-on)

### GRIEGHALLEN & BERGEN PHILHARMONIC ORCHESTRA

In recent years, the Grieg Hall has been transformed into Norway's leading integrated culture, conference and exhibition centre, known worldwide for its outstanding acoustics. Weekly concerts by the Bergen Philharmonic Orchestra, one of the oldest orchestras in the world dating all the way back to 1765.

### BERGEN NATIONAL OPERA & OPERA BERGEN

Bergen National Opera with the Bergen Philharmonic Orchestra as their principal partner presents opera and music theatre on a high artistic level, with productions spanning from small-scale to Grand Opera. Opera Bergen stages magnificent and first-class opera performances both indoors and outdoors.

### BIT TEATERGARASJEN & CARTE BLANCHE

BIT Teatergarasjen co-produces and presents Norwegian and international dramatic art that encourages international cooperation and work across artistic genres. Carte Blanche, Norway's only permanent contemporary dance company, adopts a youthful and expressive approach to dance.

### LUNCH CONCERTS AT TROLDHAUGEN & GRIEG IN BERGEN FESTIVAL

Everyone should experience a concert at Trolldhaugen. Professional pianists present a half-hour programme comprising some of the pieces that made Edvard Grieg the world's most famous



The view from Mount Ulriken. Photo: Robin Strand - visitBergen.com

Norwegian. MusicaNord features every year a 10 weeks continuous summer festival with 40 concerts focusing on Norwegian national composer Edvard Grieg and also other composers.

### BERGEN INTERNATIONAL FESTIVAL

Bergen International Festival was established in 1953 and is Norway's oldest and most important music and theatre festival. The festival hosts 250 music, opera, theatre and dance productions at 20 arenas over 15 days. The festival also has a free outdoor programme.

### NATTJAZZ - JAZZ FESTIVAL

NATTJAZZ is Northern Europe's longest jazz festival. It covers a wide range of genres, and puts on around 80 concerts of music ranging from traditional jazz to world music.

### BERGENFEST - MUSIC FESTIVAL & BERGEN LIVE

Bergenfest is the biggest music festival in Western Norway. Bergenfest organises concerts by top international and Norwegian acts at Bergenhus Fortress over five days in the middle of June every year. Bergen Live hosts weekly concerts indoors and outdoors all year round.

### BERGEN FOOD FESTIVAL, BERGEN CIDER FESTIVAL & BERGEN BEER FESTIVAL

Norway's biggest local food festival is held in the grounds of historic Bergenhus Fortress. One hundred local food producers, Bergen's top chefs and international chefs converge to give you an incredible culinary experience. At the Bergen Beer Festival you will experience a flourishing beer culture with a wonderful mix of tradition and innovation from over 40 microbreweries. At the same time, you can experience Bergen Cider Festival with the famous Hardanger Cider.

### SOME MAJOR SPORTING EVENTS

Bergen City Marathon - a race in a beautiful and inspiring trail with start and finish at Bryggen  
- 7-mountain trip - a trip where you experience vast parts of the mountainous mountain world around Bergen, with stunning views of the city along large parts of the trail - Knarvikmila - a cultural and sporting event with many different races for elite and athletes - Stoltzekleiven Opp - the world's steepest uphill race.

### BERGEN INTERNATIONAL FILM FESTIVAL - BIFF

Bergen International Film Festival presents more than 150 documentaries and fiction films each year, making it the biggest film festival in Norway.

### DEN NATIONALE SCENE & OLE BULL SCENE

Den Nationale Scene (National Theater) puts on a broad range of plays on its three stages. From classics to contemporary drama and comedies, for children and adults. Ole Bull Scene is Bergen's largest private cabaret, theatre and music stage with a restaurant, bars, music and a wide selection of live entertainment.

### WORLD'S LARGEST GINGERBREAD TOWN & BERGEN CHRISTMAS MARKET

Every year, you can visit the World's largest Gingerbread Town in Bergen! Miniature houses, trains, cars and ships, all made from gingerbread. Kindergartens, schools, businesses and thousands of people help to make a miniature version of Bergen - in gingerbread! You will find handmade, homemade and edible gifts at Bergen Christmas Market. There is also an own Christmas bazar with new stalls every day. Carousel and Ferris wheel.





Marstein Lighthouse. Photo: Johanne K Holm, Panorama Hotel & Resort



Storm watching Photo: Jon Steinar Midlang



Salmon Safari Cruise ©BTB/Johnny Mazzilli - visitBergen.com

## > BERGEN CONTINUED

# THE BERGEN REGION - Where the fjords of Norway meet the ocean

The Bergen region has a lot to offer a visiting cruise tourist arriving the Port of Bergen. When the ice retreated some 10.000 years ago, it left behind thousands of islands like pearls on a string. From Marstein lighthouse south of Bergen to Hellisøy lighthouse in the north, you have a panoramic view of the ocean. The region is well known for fresh seafood and the wild lamb, “Strilalam”, which graze on the many islands along the ocean edge.

### The Wool Route

Nordhordland north of Bergen has been a core area for wool production for over a thousand years, and the traditions are very much kept alive today. The Wool Route takes you through the rural landscapes and fjords to the Norwegian Knitting Industry Museum in Salhus, the Hillesvåg Wool Factory and Économusée, Oleana Économusée and the Heathland Centre in Lygra. Learn how the open heathland landscape was formed by sheep farming by the coast. And don't miss out getting a taste of the magnificent wild lamb at the Heathland Centre restaurant! [en.visitBergen.com/region](http://en.visitBergen.com/region)

### Storm watching

The Bergen coast is where fjords meet the powerful forces of the Atlantic Ocean. This is the kingdom of the sea eagle, the largest bird of prey in northern Europe. The islands are interconnected with bridges and offers great view of the ocean. Even in bad weather this scenery is spectacular as the waves crushes onshore. After a brisk walk in the open coastal landscape, what better way to finish a trip than with a nice warm meal with the best of the coast on the menu. In Glesvær

there is a restaurant in an original guesthouse dating back to 1688. Glesvær kafe serves fresh fish and fish soup every day, year-round.

### Traditional craftsmanship

Osterøy is an island that is proud of its strong craftsmanship and industry traditions. In Mjøsvangen, reminders of the past are lined up in this sheltered and idyllic bay along the Osterfjord. In this little bay alone, there was a chest making workshop, blacksmiths, a wooden shoe factory, a metal foundry, and a furniture factory. In this preserved coastal and industrial environment, new life has been breathed into the buildings in the form of a café, gallery, village shop and guided tours of the historical buildings during summer.

### Marstein lighthouse

Are you looking for a unique, magical, spectacular experience? These are the most mentioned adjectives that guests use after a visit to Marstein lighthouse from 1877. The lighthouse is situated on an island just a few minutes boat trip off the coast of the Panorama Hotell & Resort. The boat trip from the hotel to the lighthouse offers great

sightseeing. At the lighthouse refreshments may be served along with a guided tour. Marstein lighthouse is managed by Panorama Hotell & Resort.

### Salmon safari from Bergen to Nordhordland

Enjoy the salmon safari cruise through the magnificent streams and islands in Nordhordland. Departure from Bryggen, medieval harbour in Bergen. Explore the salmon and learn about the salmon farming at Skjærgårdsfisk exhibition centre in Radøy. Taste a Norwegian exclusive salmon dish at the idyllic guesthouse, Kilstraumen Brygge in Austrheim. Dating back to 1610 AD. Experience the beautiful inner coast line in calm waters from Kilstraumen to Bergen.

### GULATINGET - Viking parliament and court of law, 800-1300 A.D.

The Vikings had “Things”, a regional parliament. A “thing” was both an annual regional parliament and a court of law. The Western part of Norway was governed by “The Gula Thing”, one of the oldest and largest regional parliaments in the Nordic countries. It is thought to have been established by King Harald Fairhair (c 872-932). All free men had the right to assemble at the thing. They discussed political



The Hanseatic Wharf with Floyen and Ulriken. Photo: Bergen Tourist Board / Robin Strand / [visitBergen.com](http://visitBergen.com)



Hosanger/Mjøsvågen. Photo: Visit Bergen



The Gulatings Viking Parliament



The Wool Route - Oleana Économusée

matters, formulated laws and passed judgement in cases. "The Gulating Code of Law" from 900 is the oldest known and preserved code of law in the Nordic Countries. Today we find Viking thing sites all around the North Sea where the Vikings settled. "The Allthing" in Iceland is modelled after "The Gulating".

### The Western Norway Emigration Centre

The Western Norway Emigration Centre is located at Sletta in Radøy municipality, 50 minutes north of Bergen. The church was built by Norwegian immigrants who settled in North Dakota before and after the turn of the 20th century. The Emigrant Church came to Sletta from Brampton, North Dakota in 1996. The Emigration Centre cover both past and present migration and cultural encounters in a broader sense.

### Mandelhuset on Tysnes Island

Like a white idyllic treasure, just off the immediate waterfront at Våge harbour on picturesque Tysnes Island, lies Mandelhuset, a warm and friendly restaurant serving homemade deliciousness to

everyone who steps inside. Here, you can easily taste the local cuisine. Much of the seafood has been sourced from the sea surrounding the island and brought in by local fishermen. Potatoes are bought from the neighbouring farm and apples and berries all come from the area surrounding the restaurant. The same goes for the meat and the beer.

### Bekkjarvik Guesthouse With award winning chefs

Bekkjarvik Gjestgiveri is situated by the harbor in idyllic Bekkjarvik in Austevoll, only 50 minutes by boat from Bergen Airport/ Flesland or Bergen city center. The charming guesthouse is surrounded by old, historical buildings and quay facilities. Here you may relax and feel the quiet life, experience the wonderful nature by hiking or fishing, and of course enjoy local food with fresh ingredients from the sea. The chefs, Ørjan and Arnt Johannessen, both have the highest honours for their achievements within the culinary profession. Ørjan with his gold medal in Bocuse d'Or in Lyon in 2015 and Arnt with the highest recognition given by the Norwegian

Chefs Association: Chef of the Year 2014

### Major events in the region

**The Wool Week:** The wool week is a celebration of Norwegian wool production from sheep to yarn, held every October in Nordhordland, north of Bergen.  
**The Great Fjord Run:** KnarvikMila is more than a sporting event held every first weekend in September. This is a week packed with both cultural and sporting events. Run three events and become a Fjord Viking!  
**Utkant Festival in Skjerjehamn.** Late July every year Skjerjehamn is packed with people enjoying great music. Both Norwegian and internationally well-known artists.  
**The coastal heritage weeks (Kystsogevekene):** The Coastal Heritage Weeks in August and September is said to be the largest Coastal Heritage Gathering in Norway, consisting of app. 200 different events, and have app. 50 000 visitors each year.

**Destination event calendar:**  
[www.visitBergen.com/whats-on](http://www.visitBergen.com/whats-on)

### PORT OF BERGEN

Position: N: 60° 23.535' Ø: 5° 18.600'  
Visiting address: Nøstegaten 30  
Mail: [bergen.havnevesen@bergenhavn.no](mailto:bergen.havnevesen@bergenhavn.no)  
Website: [www.bergenhavn.no](http://www.bergenhavn.no)  
Phone: +47 55568950  
VHF: 12/16  
Berths for cruise: Bontelabo-Skolten-Festningskai-Jekteviken  
Distance to city center: 500 m

### DOCKING INFORMATION

Landing largest ship: 350m  
Air draft: Askøy bridge 63.5m  
Tidal movement: 1,2 m  
Terminal contact: [Havnevakt@bergenhavn.no](mailto:Havnevakt@bergenhavn.no)

### TERMINAL FACILITIES (TURNAROUND)

Check in counters: Yes (Skolten)  
Restrooms  
Wi-Fi Service  
Taxi  
Shuttle bus

Distance to airport: 16 km to Bergen Airport Flesland (BGO)

### TRANSIT AND T/A EQUIPMENT

Mobile luggage units  
Forklifts  
X-ray and screening of guests and luggage

### PORT SERVICES

Fresh water bunkering  
Waste landing  
Sludge landing  
Grey water landing  
Special waste  
Crew facilities: Yes, at Festningskai  
VAT refund

### SECURITY & ENVIRONMENT

Fenced terminals (ISPS)  
Security service: Security  
Shore power  
EPI  
ESI

NOx -regulations  
Max ships per day: 3  
Max pax per day: 8000

### ANCHORAGE

Max GT: 15000  
Type of bottom: Sand  
Minimum depth: 25 m

### TOURIST INFORMATION

Visiting address: Strandkaien 3  
E-mail: [info@visitBergen.com](mailto:info@visitBergen.com)  
Phone: +47 55552000  
Web: [www.visitBergen.com](http://www.visitBergen.com)  
Distance from port: 500 m



Quay	Water depth	Length	Height	Fenders	Shore Power	Grey Water	Max Ship size
Skoltegrunnskaien	8,8m	330 m	2,2m	Yokohama	Yes	Yes	270 m
Bontelabo	9,5m	133 m	2,5m	Yokohama	Yes	Yes	300 m
Festningskaien	7,5m	312 m	2,2m	Heart	Yes	Yes	200 m
Jekteviken	12,2m	505 m	2,5m	Herat	Yes	No	350 m







Hove Steinkyrkje Photo: Vegard Aasen Veri Media

# VIK

## In the heart of the Sognefjord

Vik is an excellent starting point for excursions across the beautiful high mountain area from Vikafjellet to Voss and Flam. Vik offers a variety of attractions, shops and cafes within walking distance from the port.

Try the locally produced Gamalost cheese, its roots going back to the Viking Age. Vikoyri Cultural Walk tells you the story of the old Shore Dweller site. The Silver Ring Walk takes you to some of the most important attractions, such as Hopperstad Stave Church and the medieval Hove Church. Local excursions by bus or boat take you westwards into breathtaking scenery in Arna fjord or Finna fjord, or eastwards to the World Heritage landscape of Narøyfjorden. Vik Ski Centre is only a 15-minute drive away from the pier.

### ATTRACTIONS/EXCURSIONS

#### Roundtrip Medieval Vik

Distance: 35 km. Duration: 3 hours by bus.  
Capacity: 20-200

Visit the Fridtjov Park and the imposing statue of the Viking Fridtjov the Bold and get to know the legend about him. Guided tours at Hopperstad stavechurch and/or Hove Stone Church, both built in the 12th century. Fantastic view of Vik and the Sognefjord from Storesvingen viewpoint.

#### The Silver Ring - Historical walk

Distance: 6 km. Duration: 3,5 hours on foot.  
Capacity: 10-30

Experience Vik through history. The tour starts with Vikøyri and the beachdweller settlement. We visit the Hopperstad stavechurch and Hove Stonechurch. On our way we pass several burialmounds and other interesting sights. We also have the pleasure to introduce you to the local cheese, "gamalost". We take you for a walk to remember.

On our way we will stroll inbetween small picturesque homes and boathouses that makes up the beachdweller settlement at Vikøyri. We will also visit one of the small homes that still is left as it was back in the days.

The Hopperstad stavechurch is a "must see". The church is the oldest stavechurch in Norway and exhibits Norway's contribution to world architecture. Hove stonechurch from the same period as the stavechurch may not be as grand as the cathedrals in Europe, but it is unique in Norway, and well worth the visit.

On our walk you also will hear about the interesting findings that were made when some of the burialmounds were excavated.

Included in the tour is a taste of the local speciality, "gamalost". The recipe for this cheese originates in viking times, and are still produced at the local dairy. Along with the cheese you will have locally made raspberry juice.

After completing the tour, we hope you had a day to remember and that you also will appreciate the beauty of Vik like we do.

#### The Silver Ring - Cultural walk

Distance 1 km. Duration 1,5 hour on foot.  
Capacity: 10-30

Join us for a walk in historically surroundings at Vikøyri. We will stroll inbetween small, picturesque homes and boathouses that makes up the beachdweller settlement at Vikøyri. We will also visit one of the small homes that still is left as it was back in the days. The tour will include a taste of the local speciality, "gamalost" which is a cheese that has its origin in viking times. The local dairy is the only dairy in Norway producing this cheese today. Along with the cheese you will be served a raspberry juice. Vik municipality produces approximately 25% of all raspberries in Norway.

#### Hopperstad Stave Church

Duration: 0.5-1 hour. Capacity: 70-80 per guided tour, max 240 per hour. Hopperstad Stave Church, built in 1130, is among the oldest of the 28-remaining stave churches in Norway. All vital parts are original. Hopperstad is the only stave church where the original narrow chancel opening is preserved, as well



Fridtjov Den Frøkne, Vik Photo: Vegard Aasen Veri Media



Hopperstad Stavkyrkje, Vik Photo: Vegard Aasen Veri Media



Vikøyri Photo: Vegard Aasen Veri Media

as a baldachin from approx. 1300 with beautiful paintings. The church stands today more or less as it did in the Middle Ages, with its unique woodcarving, tarred roof and dark interior.

#### Hove Church

Duration: 0.5-1 hour. Capacity: 70-80 per guided tour, max 240 per hour  
Hove Church was built around 1170 as a private chapel. This small, yet monumental stone building has a wonderful setting, surrounded by green meadows and farmland. The woodcarving, the wrought iron and the wall paintings are of high quality, as well as the beautiful glass mosaics in the chancel windows. During the summer season there are organ concerts in the church.

#### Fridtjov Park

Duration: 15-20 min.  
In this lovely little park with its magnificent view over the Sognefjord stands the 26 m high statue of the Viking Fridtjov the Bold. Fridtjov fell in love with

Ingebjorg, the daughter of King Bele from the other side of the fjord. But when they decided to marry, their kingdom was put at threat. The German Emperor Wilhelm II loved this Norwegian saga. In 1913, he gave the statue as a gift to the Norwegian people, in gratitude for the hospitality he met on his yearly summer holidays by the fjords of Norway. The Statue of Fridtjov the Bold celebrated its 100th anniversary in 2013.

#### Vikafjellet, Stølsheimen & Nærøyfjorden World Heritage Park

Stølsheimen Nature Preserve protects an idyllic landscape with lakes, rivers & waterfalls characterized by mountain summer farming. Vikafjellet is the home of wild reindeer herds. Under normal conditions, snow beds in the mountains survive all summer. The road over the mountain pass reaches its highest point at approx. 1000 m above sea level. The Nærøyfjorden World Heritage Park stretches over parts of the mountain area between Vik and the Nærøyfjord, including the Fresvikbreen

glacier and the Huldafossen waterfall.  
Guided hikes in the Heritage Park  
Tel. + 47 97 50 78 38 or [vik@sognefjord.no](mailto:vik@sognefjord.no)

#### Winter activities

Hopperstad Stave Church / Hove Church, Cheese tasting at TINE Cheese Bar, Vik Ski Centre (Skiing, Try Biathlon) (cross-country skiing and rifle shooting) For more detailed information on all excursions and attractions visit [www.sognefjord.no](http://www.sognefjord.no)

#### Over the mountains to Voss and Flam

Distance: 120 km. Duration: 6-8 hours by bus.  
Capacity: 20-500  
Visit Hopperstad Stave Church and the breathtaking viewpoint at Storesvingen. Travel across the beautiful Vikafjell mountains and via the amazing Tvindefossen Waterfall to Voss. Continue to Flam by bus, or by train and the Flam railway. Can also be combined with express boat on return from Flam to Vik.

#### PORT OF VIK

Position: N: 61° 05.371' E: 6° 35.074'  
Visiting address: Fjordavegen 1, NO-6893 Vik  
Mail: [post@vik.kommune.no](mailto:post@vik.kommune.no)  
Website: [www.cruise-norway.no/Ports/Vik/](http://www.cruise-norway.no/Ports/Vik/)  
Phone: +47 57 69 82 00  
Berths for cruise: Tender only  
Distance to city center: 200 meters

#### DOCKING INFORMATION

Landing largest ship: no limitations  
Air draft: No limitations  
Tidal movement: 1,5 m  
Terminal contact: Jon Olav Stedje,  
Manager Port Operations, [vil@aurlandhavn.no](mailto:vil@aurlandhavn.no),  
+47 976 27 382

#### TERMINAL FACILITIES (TURNAROUND)

Restrooms  
Taxi  
Airport: 167 km to Bergen International Airport,  
69 km to Sogndal National Airport,

#### SECURITY & ENVIRONMENT

Security service  
Max ships per day: 1  
Max pax per day: No limitations

#### ANCHORAGE

Max GT: No limitation  
Type of bottom: Sand  
Minimum depth: 50 m  
Distance from anchorage to tender pier: app. 300 m

#### TOURIST INFORMATION

Phone +47 915 17 286  
E-mail [vik@sognefjord.no](mailto:vik@sognefjord.no), [post@sylvringen.no](mailto:post@sylvringen.no)  
Internett [www.sognefjord.no](http://www.sognefjord.no), [www.sylvringen.no/en](http://www.sylvringen.no/en)



Quay  
Vik Cruise Port

Water depth	Length	Height	Fenders	Shore Power	Grey Water	Max Ship size
12 m	Tender only	1 m (constant)	Tiers	No	No	No limitations







View of Aurlandsfjorden from Stegastein. Photo: Visitflam.com

# FLÅM

## The ultimate all year cruise destination

The charming village of Flåm with its 350 inhabitants is situated at the innermost part of the Aurlandsfjord, a tributary of the Sognefjord. Centrally located in the fjord region, Flåm is surrounded by wild and dramatic nature with cascading waterfalls and picturesque landscape. Flåm offers some of the most popular attractions in Norway. Flåmsbana - the Flåm Railway - is widely recognized as one of the steepest and most beautiful railways in the world. Flåm is also home of the spectacular Nærøfjord, listed as a UNESCO World Heritage Site.

### ATTRACTIONS/EXCURSIONS

#### On the fjord with the Fjords

Flåm - Gudvangen - Flåm

Duration 2.5 hrs (including one leg by bus)

The design of this award winning fully electric vessel is spectacular and invites the guests to enjoy a magnificent and silent fjord experience through the UNESCO World Heritage area Narøyfjord.

#### Norway in a Nutshell

Flåm - Myrdal - Voss - Tvinde - Stalheim - Flåm

Duration: 6 hrs

Highlights include the Flåm Railway, Kjosfossen waterfall, Bergen Railway, the beautiful town of Voss, Tvindefossen waterfall, Stalheim viewpoint and Stalheimskleiva road. This road is one of the steepest stretches of road in Northern Europe, winding its way through 13 hairpin bends.

#### The Flåm Railway & Vatnahalsen

Flåm - Vatnahalsen - Flåm

Duration: 3.5 hrs

Highlights include the Flåm Railway, Kjosfossen waterfall and home-made waffles at Vatnahalsen

Mountain Lodge. The Flåm Railway is a masterpiece of engineering. With a height difference of 865 m, it is one of the world's steepest adhesion-type railways on normal tracks. The journey provides a panoramic view of some of the wildest and most dramatic mountain scenery in Norway, including photo-stop at the mighty Kjosfossen waterfall.

#### The Flåm Railway & hiking/biking

Highlights include the Flåm Railway, Kjosfossen waterfall, mountain farms and hiking/biking 10 km on the old navvies' road in the Flåmsdalen valley. This is a close to nature experience!

#### Flåm Zip Line

The longest (and maybe also the most scenic) Zipline in Scandinavia with a span of 1,381 m and a top speed of 100 km/h. The Zip Line starts at Vatnahalsen and ends up in Kardal by 'Rallarosa Cheese Farm'. Flåm Zipline can be perfectly combined with the Flåm Railway and other existing excursions.

#### Cruise on the Nærøfjord

Flåm - Gudvangen - Stalheim - Flåm

Duration: 4 hrs

Highlights include boat sightseeing on the Narøyfjord, bus tour to Stalheim viewpoint and Stalheimskleiva road. The Narøyfjord is rated as one of the best preserved UNESCO World Heritage Sites by National Geographic Traveler. The narrow fjord allows for some of the wildest and most dramatic scenery in Norway. Not to be missed!

#### Borgund & Stegastein Viewpoint

Flåm - Lardal - Borgund - Stegastein - Flåm

Duration: 4 hrs

Highlights include driving through Lardalstunnelen, the world's longest tunnel, Borgund Stave Church, Aurlandsvegen mountain road, and Stegastein viewpoint. The viewpoint is a unique platform situated 650 m above sea level, overlooking the Aurlandsfjord.



The Flåm Railway. Photo: Visitflam.com



Kayak on the Nærøfjord. Photo: Sverre Hjørnevik/Visitflam.com



Kjosfossen waterfall. Photo: visitflam.com

### Fjord Safari

Flåm – Narøyfjord – Flåm

Duration: 1.5 hrs or 2.5 hrs

Guided RIB boat tour.

Enjoy the amazing scenery and be on the lookout for wildlife while the local guide provides a unique insight into local history and culture of the area.

### Østerbø & the Aurlandsdalen Valley

Flåm – Osterbo – Flåm

Duration: 3.5 hrs

Highlights include bus sightseeing through the historical Aurlandsdalen Valley, traditional Norwegian cuisine at a mountain lodge at Osterbo, and scenic viewpoints towards the Aurlandsfjord.

### Undredal

Undredal Visitor Centre gives an introduction to the process of making goat cheese, and offers a tasteful menu of locally produced food. Visit the smallest stave church in Scandinavia.

### Leim Dairy Farm

Mountain farm that produces its own goat cheese and invites you to interact with the animals. The farm overlooks the beautiful Aurlandsfjord.

### The Aurland shoe

The only remaining shoe factory in Norway producing the original Aurland Shoe or “Penny Loafer”. Experience artisans at work. The Aurland Shoe has inspired famous shoe designers across the globe and has become a fashion icon.

### Magic White Caves

Walk to the inside of the mountain. An experience of light and sound, silence and darkness.

### Viking Village “Njardarheimr”

The Viking Experience presented in Gudvangen, is a living village as it could have been during the Viking Era. A year-round attraction.

### Gondola - Voss Resort

The new state of the art gondola in Voss.

Starting point at Voss Train Station (56 masl) and end at Hangurstoppen (820 masl).

The gondola has a capacity of 1,069 passengers per hour. A brand-new restaurant with panoramic view and capacity of 450 guests is located at the end station. Snow guaranteed until end of May. For more information please contact us!

### Kayak

Kayak programmes are offered both in Flåm and in Gudvangen. Discover the Narøyfjord up close and personal.

### Bike Rental

Mountain bikes and helmets are available. These bikes are the best choice when biking the Navy road and in the Flåm area.

### PORT OF FLÅM

Position: N: 60° 51.826' E: 7° 07.156'

Visiting address: A-Feltvegen 27, 5743 Flåm

E-mail: [cruise@flamport.com](mailto:cruise@flamport.com)

Website: [www.flamport.com](http://www.flamport.com)

Phone: +47 976 27 382

VHF: Channel 16/12

Distance to city centre: 200 m

### DOCKING INFORMATION

Landing largest ship: no limitations

Air draft: No limitations

Tidal movement: 1.5 m

Terminal contact:

Jon Olav Stedje, Manager Port Operations

[jonolav@aurlandhavn.no](mailto:jonolav@aurlandhavn.no), +47 976 27 382

### TERMINAL FACILITIES (TURNAROUND)

Restrooms

Wi-Fi Service

Taxi

Airport: 167 km to Bergen International Airport,

80 km to Sogndal National Airport

Transit and T/A Equipment

Forklifts

### PORT SERVICES

Fresh water bunkering

Waste landing

Grey water landing: upon request

Special waste: upon request

Crew facilities:

- Wi-Fi access at the pier while docked

- Football field and volleyball court

- Beach and barbeque area

- Hiking maps

- Walking Trail by Fretheim Hotel

- Different benefits for crew.

VAT refund: Yes, in cruise terminal when

last port in Norway

### SECURITY & ENVIRONMENT

Fenced terminals (ISPS)

Security service

Shore power: 2023

EPI

NOx -regulations

Max ships per day: 2

Max pax per day: 5,000 if more than 1 ship.

Varies through the season

### ANCHORAGE

Max GT: No limitation

Type of bottom: Sand

Minimum depth: 50 m

Distance from anchorage to tender pier: app. 600 m

### TOURIST INFORMATION

Visiting address: Flåm Ticket and visitor center

Mailing address: PO Box 86, NO-5742 Flåm

E-mail: [info@norwaysbest.com](mailto:info@norwaysbest.com)

Phone: +47 57 63 14 00

Web: [www.norwaysbest.com](http://www.norwaysbest.com)

Distance from port: 200 m



**Quay**  
Flåm Cruise Port

**Water depth**  
12 m

**Length**  
110 m (min 160 m  
from 2023)

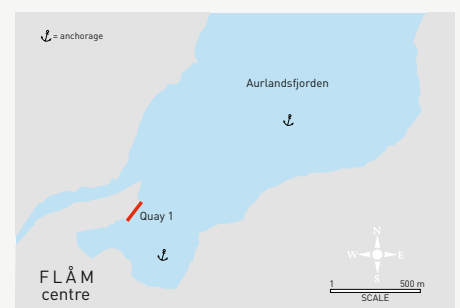
**Height**  
1.8 m

**Fenders**  
Tiers

**Shore Power**  
16 Mw  
(2023)

**Grey Water**  
Yes

**Max Ship size**  
No limitations







Skjolden - at the end of Norway's longest fjord. Photo: Karlis Bremers

# SKJOLDEN

## Gateway to the national parks

The charming village of Skjolden is called the gateway to the national parks due to the short distance to no less than three of the most important national parks - Jotunheimen, Breheimen and Jostedalbreen. The village is also nestled between Northern Europe's highest mountain pass, Sognefjellet (1,434 m.a.s.l.), and the spectacular Jostedal Glacier - the largest glacier on the European mainland. Skjolden is also home to Urnes Stave Church, a UNESCO World Heritage Site.

The approach is by the picturesque Lustrafjord - the innermost branch of Norway's longest and deepest fjord - the Sognefjord. The fjord is emerald green because of the melting water from the glaciers. Beautiful villages and lush cultural landscapes await along the shoreline on your journey.

### ATTRACTIONS/EXCURSIONS

#### Jotunheimen National Park & Sognefjellet

National Scenic Route

Distance: 1 km - 80 km

Norway's first national scenic route, the Sognefjellet Mountain Road (Route 55) through Skjolden and the Jotunheimen National Park, is the highest and most impressive mountain pass in Northern Europe. Explore spectacular and wild mountain scenery on the "Roof of Norway", including alpine peaks, glaciers, lakes and waterfalls, and view Scandinavia's highest mountains at close range!

#### Jostedalbreen National Park, Jostedal Glacier & Nigardsbreen Glacier

Distance: 65 km

The impressive Nigardsbreen Glacier in Jostedalbreen National Park can be viewed at close range in Jostedal. This very spectacular branch of the Jostedal

glacier is one of the most accessible glacier arms where you also can join guided glacier walks for the whole family. You can also visit the National Park Centre, Breheimsenteret, to explore the exhibitions.

#### UNESCO World Heritage - Urnes Stave Church

Distance: 30 km

Urnes Stave Church is a designated UNESCO World Heritage site, as well as Norway's oldest stave church, and known for its unique architecture. It is located in an idyllic setting by the Lustrafjord at the end of the Romantic Road between Skjolden and Urnes. There is also a small café, deer farm, and visitors' centre next to the church, and guided tours are offered every day during the summer season.

#### Breheimen National Park & Mørkrid Valley

Distance: 10 km

The nature in Breheimen National Park ranges from green valleys to powerful rivers and big glaciers. The

area is essential in the protection of endangered species of certain birds and plants, and offers good opportunities for hiking, skiing and climbing.

Mørkrid valley starts from Skjolden and leads you into Breheimen National Park. The road into the valley is 8.5 km and is ideal for a walk or a biking tour.

#### Feigefossen waterfall

Distance: 16 km

Feigefossen is one of Norway's highest waterfalls, and the free fall of 218 m can be seen from the fjord, the Romantic Road and the National Scenic Route. There are also many other amazing waterfalls close to Skjolden, such as:

Åsafossen waterfall - 3 km from Skjolden  
Drivande waterfall - 8 km from Skjolden



Nigards Glacier. Photo: Sverre Hjørnevik, [www.fjordnorway.com](http://www.fjordnorway.com)



UNESCO Urnes stave church. Photo: Terje Rakke Nordic Life AS



Jotunheimen National Park & Sognefjellet. Photo: Torunn Kjøl

### Sengaberget Viewpoint

Distance: 2.5 km  
Sengaberget is the name of Skjolden's most visited viewpoint. It offers outstanding views of the fjord, the Eide lake and the village.

### Helicopter flights

Experience the fjord and national parks from the air. No other place in Norway can offer such magnificent changing scenery in such a short time.

### RIB boat tours

Distance: 0.7 km  
Experience the magnificent Lustrafjord, surrounded by steep mountains and waterfalls. The tours take you on an unforgettable guided expedition in a secure and rigid inflatable boat (RIB).

### Llama safari

Distance: 1.5 km  
Visit on a Norwegian farm and take a guided llama walk in Skjolden. The farm grows raspberries and has large flocks of both llamas and sheep.

### Wittgenstein's cottage

Distance: 3 km  
The Austrian Ludwig Wittgenstein (1889-1951) was

one of the greatest philosophers of the 20th century. He had a cottage in Skjolden where he worked for several years. The cottage was rebuilt in 2018.

### From authentic West to authentic East

Distance: 83 km  
The Sognefjellet scenic route from Skjolden runs across the "roof of Norway" to the friendly village of Lom in the Gudbrandsdalen Valley, which is known for being an authentic and well preserved eastern Norwegian village.

### The Ice Tunnel

Distance: 76 km  
50 m into the ice - 6,000 years back in time. Learn about climate change, wildlife and humans living in the highlands in this carved ice tunnel.

### The Romantic Road

Distance: 0-32 km  
The road from Skjolden to Urnes is called the Romantic Road. It carries a long history as it took almost 70 years to finish and is truly special when you travel as a cyclist.

### Safthuset - factory museum & village store

Distance: 10 km  
Safthuset is the old, restored jam and juice factory at

Sørheim where the famous jam and juice producing company, Lerum, started its production.

### Bicycle, e-bike, kayak and SUP rentals

Distance: 0.7 km

### Other amazing attractions

- Kaupanger Stave Church (from 1150)
- Dale Stone Church (from 1200)
- Gaupne Old Church (part of old stave church)
- Jostedal Power Station
- Sogn Folk Museum (open-air museum)
- Sogn Fjord Museum (boat collections)
- Several art galleries and monuments
- Fantastic viewpoints

Skjolden can offer a huge variety of guided outdoor activities for the whole family. Professional guides give you the opportunity to experience glacier walks at all levels, as well as mountain hiking, kayaking among icebergs on glacier lakes, kayaking on the fjord, canyoning, rafting, boat trips and more. A beach volleyball court, football field, climbing wall and souvenir shops are also available in Skjolden.

### PORT OF SKJOLDEN

Position: Lat: 61.48159 Lon: 7.59222  
Visiting address: Port of Skjolden, N-6876 Skjolden  
E-mail: [cruiseport@sognefjordcruise.com](mailto:cruiseport@sognefjordcruise.com)  
Website: [www.sognefjordcruise.com](http://www.sognefjordcruise.com)  
Phone: +47 91 80 30 25 / +47 900 90 458 / +47 918 70 044  
VHF: Channel 16/12  
Distance to village centre: 1 km

### DOCKING INFORMATION

Landing largest ship: Independence of the Seas  
Tidal movement: 1.5 m  
Terminal contact: Halvard Johan Bolstad, ass. hamnesjef, +47 971 39 222, [halvard@skjolden.info](mailto:halvard@skjolden.info)

### PORT SERVICES

Waste landing: Yes, on request.  
Crew facilities: Use of cruise ship terminal with Wi-Fi and WC.

### SECURITY & ENVIRONMENT

Fenced terminals (ISPS)  
Security service: Yes, on request  
Grey water: Yes, on request  
Max ships per day: 3  
Max pax per day: Unlimited

### ANCHORAGE

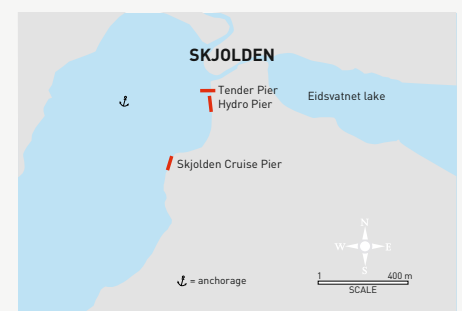
Max GT: N/A  
Type of bottom: Mud  
Minimum depth: Approx. 40 m  
Distance from anchorage to tender pier: 400 m

### TOURIST INFORMATION

Visiting address: Skjolden Hotel, N-6876 Skjolden  
Mailing address: Skjolden Hotel, N-6876 Skjolden  
E-mail: [info@sognefjord.no](mailto:info@sognefjord.no)  
Phone: +47 576 71 400 / +47 976 00 443  
Web: [www.sognefjord.no](http://www.sognefjord.no)  
Distance from port: 1.2 km



Quay	Water depth	Length	Height	Fenders	Shore Power	Grey Water	Max Ship size
Skjolden Cruise Pier	13.5 m	127.5 m	Unlimited	Yokohama, 2.4 m	-	-	400 m
Skjolden Hydro Pier	5 m	51 m	Unlimited	Truck tyres	-	-	On request
Skjolden Tender Pier	4 m	36 m	Unlimited	-	-	-	-







Skageflå - Geirangerfjord, Photo: Per Eide

# GEIRANGERFJORD CRUISE PORT

## Geiranger - Hellesylt - Stranda

The Geirangerfjord is a spectacular natural experience and attraction – and this picturesque landscape is what we need to protect and to preserve. Nowhere else in the world will you find such a unique combination of deep fjords, steep mountainsides and thriving local communities. The cruise tourism is important to the people living here, where the industry has a positive ripple effect through the local community, and for Norway as a whole. Let us be your tour guide – local destinations with local knowledge.

**Geiranger Port:** a well-known tender port with SeaWalk. **Hellesylt Port and Stranda Port:** Both ports are gateways to the Geirangerfjord, offering a variety of active and scenic excursions.

### ATTRACTIONS/EXCURSIONS

#### Kayaking tours

Starting from the kayak base camp in Geiranger or Hellesylt, explore the Geirangerfjord and paddle along its extraordinary coastline. Kayaking guided tours are available in different lengths and experiences, including a full day kayaking and hiking farm tour. Private kayak rental for self-exploration is also available.

#### RIB tours

Enjoy an adrenaline RIB tour starting either from Hellesylt or Geiranger. Get close to the famous waterfalls while hearing the history of the fjord from your guide.

#### Fjord sightseeing by boat

Cruise the Geirangerfjord and be awed by the stunning nature and history. Enjoy local storytelling available with a 12-language audio guide system

and ride in luxury with a custom sightseeing boat designed for the FJORD experience.

#### Fjord cruise by boat Geiranger - Ålesund

A relaxing journey between the coastal art nouveau town of Ålesund and the UNESCO Geirangerfjord. Observe three fjord landscapes in three hours. Round trips are available.

#### Taste of Norway

Get a chance to sample the best tastes of local food and beer. Raise a glass of Geiranger beer 'Friaren/ Suitor' as you cruise passes its namesake waterfall. "TASTE of NORWAY" cruise is only booked on request as a charter tour.

#### € - Biking tour - "bike with a smile"

Ride the fjord landscape. Book a bike excursion or go on your own to the valley underneath the Dalsnibba Skywalk, discover Mount Flofjellet or try alpine biking in Mount Stranda Panorama.

#### Hiking tour

Take a guided hike uphill and walk behind the Storseterfossen waterfall. Embrace some of the most superb and varied scenery at Mount Flofjellet,

Mount Stranda Panorama or take 327 steps along the Geiranger waterfall. Alternative hike is "Nordic walking", using ski poles with storytelling from the guide.

#### Walk through the Geiranger Village

Explore the village with an exciting tourist history. A slow walk through the town with stops at Geiranger Chocolate Factory, the Waterfall walk (327 steps), the Norwegian Fjord Centre and the beautiful Geiranger church from 1842.

#### Waterfall Walk Geiranger

The walk up or down 327 steps, plateaus, and high airy viewpoints, going close to the surging Storfossen (waterfall). The Waterfall Walk runs from Geiranger center up to Norwegian Fjord Centre and Hotel Union or vice versa. The combination of wild nature and exciting architecture attracts attention.



Hellesylt cruise port. Photo: Arne Inge Tryggestad



Kayak Geiranger Group. Photo: Geirangerfjordservice



Stranda Fjordview Gondola. Photo: Stranda Hotel

### Geiranger Sjokolade

Chocolate With a View. We produce high quality chocolate from local ingredients, inspired by Norway's fjords and mountains. All chocolate is made from scratch, with no preservatives or additives. You will find us at Holenaustet boat house, which is located in the pedestrian shopping street in the centre of Geiranger.

**The Norwegian Fjord Centre** - the Visitor centre and education hub for the West Norwegian Fjords - Geirangerfjord World Heritage Site. The exhibitions showcase the exciting and unique fjord landscape that was granted World Heritage status by UNESCO in 2005.

**The Fjord Ranger Ship Programme** - imagine being able to sail into the World Heritage fjords accompanied by an experienced and committed Fjord Ranger! In the ship programme, our Fjord Rangers tell their stories of the unique nature surrounding you.

### Geiranger Nature Park:

Via Ferrata and ziplines where you can experience UNESCO nature through a bird's eye view. From

treetop to treetop, over gorges and waterfalls. Norway's first double zipline where two people fly parallel on the wires through five ziplines.

### GEIRANGER EXCURSIONS

#### Geiranger Skywalk Dalsnibba

Europe's highest fjord view by road - 1,500 masl. The view is spectacular and varied. The weather changes quickly and you can experience all four seasons in one day.

#### Flydalsjuvet viewpoint

Possibly the most popular postcard picture in Norway. A spectacular view of Geirangerfjord, the village of Geiranger and the visiting ships.

#### Ørnesvingen (Eagle bend) Viewpoint

11 hairpin bends ascend from the water to the Eagle bend viewpoint. View Geiranger with its near-perpendicular mountainsides, the Seven Sisters waterfalls, the mountain farms and the fjord landscape.

### Bus excursions: all excursions can be combined.

#### Hellesylt - Geiranger excursion

Enjoy a bus tour past magnificent fjords, snowcapped mountains, ice-blue lakes, plunging waterfalls - starting from Hellesylt or Geiranger. The excursion includes either the Old Strynefjell road, Briksdal glacier, Loen lake, Kjenndal glacier, Loen Skyliift, Skywalk Geiranger, Dalsnibba or Flydalsjuvet Viewpoint.

#### Mount Stranda panorama

A scenic bus ride from Hellesylt to Mount Stranda. Take a gondola lift up to 1,066 masl to the most magnificent panorama view of the fjord landscape.

#### Skywalk Geiranger Dalsnibba and Grotli

A round trip to Skywalk Geiranger Dalsnibba, Stryn Mountains and Grotli. See the beautiful and varied scenery of the glaciers and mountains.

#### Herdal Mountain Farm

A traditional and charming summer farm with over 450 goats and other animals. Sample milk products from the farm. Have a stop at the scenic Eagle bend viewpoint with a view of the Geirangerfjord.

### GEIRANGERFJORD CRUISE PORT

Position: N 62°27,0' E 005°58,9'  
Visiting address: Geirangervegen 2  
E-mail: hamnevesenet@stranda.kommune.no  
Website: www.stranda-hamnevesen.no  
Phone: + 47 4641113/ 31  
Berths for cruise: 2 incl Seawalk  
Distance to city center: 50 m

### DOCKING INFORMATION

Landing largest ship: unlimited  
Air draft: No limit  
Tidal movement: 1.5 - 2.0 m  
Terminal contact: Rita B. Maraak/ Inge Hole,  
Port director, +47 46 41 11 13 / 31

### TERMINAL FACILITIES

Check in counters  
Restrooms  
Wi-Fi Service - free  
Taxi

Shuttle bus  
Distance to airport: 122 km

### PORT SERVICES

Waste landing: on request  
Crew facilities: free Wi-Fi  
VAT refund

### SECURITY & ENVIRONMENT

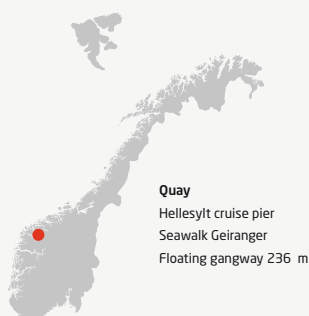
Fenced terminals (ISPS)  
Security service  
EPI  
NOx -regulations  
Max pax per day: 6,000 at the same time

### ANCHORAGE

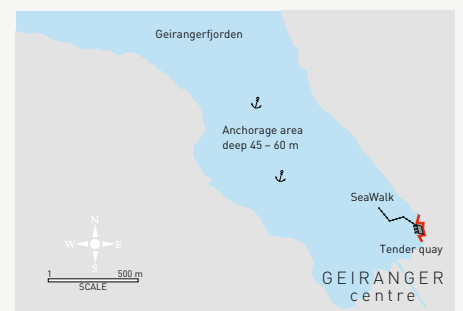
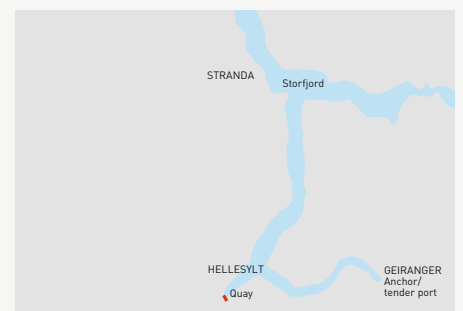
Max GT: no limit  
Type of bottom: Sand/ clay  
Minimum depth: ca. 40 m  
Distance from anchorage to tender pier:  
400-1,000 m

### TOURIST INFORMATION

Visiting address: Geirangervegen 2  
Postal address: Geirangervegen 2  
E-mail: booking@geirangerfjord.no  
Phone: + 47 70263007  
Web: www.geirangerfjord.no  
Distance from port: 50 m



Quay	Water depth	Length	Height	Fenders	Shore Power	Grey Water	Max Ship size
Hellesylt cruise pier	10,52 m	143 m		Supercell	No	No	None
Seawalk Geiranger	45 m	236 m			No	No	340 m
Floating gangway 236 m							







# NORDFJORDEID

Explore the saga, enjoy the fjords and nature, and feel the magic

Port of Nordfjordeid is in the heart of this area from ocean to glacier and Nordfjordeid is the complete cruise destination only 30 nautical miles from the coast. Nordfjordeid is an excellent starting point for round trips to some of Norway's most popular tourist attractions, including the Briksdal Glacier and the famous overland excursions to Geiranger. You can also choose an overland trip to Hellesylt and a fjord cruise to Geiranger on the famous UNESCO-listed Geirangerfjord. Nordfjordeid is the small town with the glowing heart eager to present the full size replica of the Myklebust ship, Norway's largest known Viking ship, more than 30 m long.

## ATTRACTIONS/ EXCURSIONS

### Visit Sagastad and the gigantic Viking ship

Duration: 1 hour.

The new attraction in Nordfjord, SAGASTAD. This is a museum presents the Myklebust ship, Norway's largest known Viking ship. Just beside the seawalk pier you find SAGASTAD, the full size replica of the burned Viking ship from 876 and the modern exhibition presenting the story behind the Myklebust findings. Guided tour Sagastad (Sagaløypa)

### Home visit Skårhaug

Duration: 3 - 3.5 hours

Enjoy the old-town-like street Eidsgata, the burial mounds, the church of Eid and the nice walk to Skårhaug.

### Guided tour Norwegian Fjord Horse Centre

Duration: 3 hours

Meet the fjord horse, Norway's national symbol. Family friendly programme.

### Kayaking lake Hornindal

Duration: 3 hours

Explore lake Hornindal, Europe's deepest lake (514 m). From the kayak, you have the best point of view to see the beautiful nature that surrounds the lake - spectacular mountains, green forests, historic houses and maybe a salmon in the clear water.

### RIB-safari Nordfjordeid

Duration: 30 min.

View the village of Nordfjordeid from a new perspective, on a high-speed RIB-adventure.

### Fairytale farm

Duration: 2.5 hours

The fairytale farm is idyllically situated by the sea, surrounded by mountains and fjords. At the fairytale farm you will experience typical Norwegian animals such as cows, horses, goats, pigs, rabbits, chickens and ducks. These animals are familiar with people, both adults and children.

### Fjordsafari Geirangerfjord

Duration: 3.5 hours

Let us take you on an amazing excursion to the World famous and UNESCO listed - Geirangerfjord! Experience the Geirangerfjord at full speed and with fresh air in your hair. This is a tour where you will discover all the highlights of the Geirangerfjord at close range.

### Hike Naustdalskamben

Duration: 3 hours

The trip to Naustdalskamben is an easy mountain hike suitable for most people. At the top you have a fantastic view of the fjords and mountain peaks towards Ålfoten and the glacier.



Street view from Tverrgata in Nordfjordeid. Photo: Steinar Engeland



Sagastad. Photo: Grim Berg



Norwegian Fjord Horse. Photo: Steinar Engeland

### Childrens climbing and playground

Duration: 1.5 hours

Let the family enjoy an activity together in a unique Viking-Warrior climbing gym, only 150 m from the gate. In the Viking room, it is possible to climb on all elements and you can test your balance, strength and focus. In addition, it's a great arena for families to have fun together as it is expected that the parents take part in the joy. And yes, all elements can be tested by the parents.

### Fjordsafari & deer farm visit

Duration: 4 hours

The RIB ride goes out the Nordfjord and into the national park area Ålfoten. On the trip you will see the high mountains and the Ålfoten glacier on the way out the fjord. The host will take the passengers on a guided tour from the sea up to Hjortegarden deer farm. There are more than 40 deer here, and the guide will tell stories about hunting, food traditions and information about the national park area. Guests will be able to feed and pat the deer, try activities like bow and arrow, lasso, axe throwing and milk bucket holding!

### Selja Monastery

Duration: 5.5 hours

Come to see and experience some of the most ancient existing sites of church history in this country, associated with a sanctuary, a bishopric seat and an abbey. Enjoy a scenic ride along the Nordfjord, over a mountain pass with spectacular views before you arrive in the beautiful village of Selje. You will have a guided tour in the village of Selje, a nice boat trip to the island and the guided tour at the Selja monastery.

### West Cape

Duration: 6 hours

Vestkapp (West Cape) is known as the westernmost mountain plateau in Norway and incubates 497 m above the infamous Stadhavet. Enjoy a scenic guided tour along the Nordfjord, over a mountain pass with spectacular views before you head for the ocean and arrive at the spectacular Vestkapp. At the top of Vestkapp is Vestkapp Restaurant with large panoramic windows. You will enjoy lunch here based on local ingredients accompanied by the spectacular view.

### Panorama & Loen Skylift

Duration: 5.5 hours

Loen Skylift is a spectacular attraction at the inner part of the Nordfjord. A cable car will lift you from the fjord to 1,011 masl! Enjoy the view of the fjord landscape - from the restaurant table or while exploring on a walk in the mountains. Beautiful guided tour along the Nordfjord, through the famous Panorama road, a narrow road that will take you close into the cultural landscape while you can enjoy the breathtaking views of the beautiful fjord.

### Briksdal Glacier

Duration: 5.5 hours

The magnificent Briksdal Glacier forms part of the Jostedal Glacier National Park, and plunges 1,200 m into the lush, narrow Briksdal valley. Beautiful guided tour along the Nordfjord, through the famous Panorama road. A narrow road that will take you close into the cultural landscape while you can enjoy the breathtaking views of the beautiful fjord. On arrival at Briksdal, you can either walk the 3 km up to the glacier or buy a ticket on one of the "Troll Cars" that will take you there.

### PORT OF NORDFJORDEID

Position: N S 61.90478878247336, 5.986477451367031

Visiting address: Osvegen 10, 6770 Nordfjordeid

E-mail: eid@nordfjordcruises.no

Website: www.portofnordfjordeid.no/

Phone: +47 917 95 300

VHF: Channel 12/16

Berths for cruise: Seawalk

Distance to town centre: 50-200 m

### DOCKING INFORMATION

Seawalk: Pontoons: approx. 220 m long and 4.2 m wide steel, ADA compliant construction floating on 8 Landing largest ship:

400 m between the two main buoys

Maximum ship draft: 15 m

Air draft: One aerial cable

Tidal movement: 1.5-2 m

Terminal contact: Arild Åshamar, Port agent/PFSO, +47 90 68 60 69, eid@nordfjordcruises.no

### TERMINAL FACILITIES (TURNAROUND)

Wi-Fi Service

Taxi

Shuttle bus

Distance to airport: Sandane 13 km

### SECURITY & ENVIRONMENT

Fenced terminals (ISPS)

Security service

Max ships per day: 1 on Seawalk

Max pax per day: 7,000 pax

### ANCHORAGE

Type of bottom: Sandy

Minimum depth: 71 m

Distance from anchorage to tender pier: 4-600 m

Ship tender facilities: One tender pier 25 m

### TOURIST INFORMATION

Visiting address: Eidsgata and Kaivegen 12

E-mail: post@nordfjord.no

Phone: +47 57874040

Web: www.nordfjord.no

Distance from port: 0-200 m



Quay	Water depth	Length	Height	Fenders	Shore Power	Grey Water	Max Ship size
Seawalk	15 m	220 m	1.5 m	Rubber	From 2023	No	350 m
Tender pier	1.5 m	25 m	0.4 m	No	No	No	25 m







View from Mount Aksla. Photo: Mattias Fredriksson

# ÅLESUND

## The adventure capital of the fjords

Get to know some of Norway's most popular natural and cultural attractions. Ålesund offers a wide range of activities, excursions and scenic tours. The Art Nouveau town of Ålesund is situated at the very entrance to fjords, islands and mountains and is an excellent starting point to explore untouched nature and hunt for a day to remember. Ålesund cruise terminal's locations in the very centre of the town makes it possible to walk straight into the beautiful, picturesque Art Nouveau town. The town was destroyed by a fire in 1904. Towers, spires and amazing ornaments make the town look like it has been lifted straight out of your imaginations. Seize the day, adventures await! Welcome to Ålesund.

### ATTRACTIONS/EXCURSIONS

#### Atlanterhavsparken, the Norwegian Aquarium

Learn about marine life along the Norwegian coast. Experience feeding fish and animals. Enjoy the activity room and contact pool. Head out to the water park, seals, otters and penguins. Special food event on request.

#### Fjellstua Ålesund - Mount Aksla

Enjoy the breathtaking view of Ålesund, the surrounding island, the fjords, and the Sunnmøre Alps from café Fjellstua 418 located on the peak of Mount Aksla.

#### Sunnmøre Museum

A beautiful open-air museum with old and distinct houses. Get an insight into the cultural and architectural history of Sunnmøre. One of Norway's largest collections of vast boats, including the replicas of Viking ships. The Medieval Age Museum is also located on the premises.

#### Ålesunds Museum

Provides a genuine insight into Ålesund's history, from its emergence as the maritime city to events such as a city fire and the German occupation. An educational experience.

#### Fisheries Museum

Portrays the historical development of fisheries and the on-land processing work - from the first bite in the water right outside of the house to the high-tech fishing vessels of today.

#### The Art Nouveau Centre & the Art Museum KUBE

The Art Nouveau Centre offers insight into Art Nouveau style by means of authentic interiors and objects as well as temporary exhibitions. KUBE is the art museum in the county.

#### Furniture Museum

Sykkylven is world-famous for its many furniture factories. The most known are Ekornes, Brunstad, Formfin and L.K. Hjelte, but also a niche factory called Cylindra, furniture designed by Peter Opsvik.

#### Nature Museum

Experience a great collection of stuffed animals from Norway and Svalbard inserted in a lifelike environment.

#### Polar Museum Aarvak

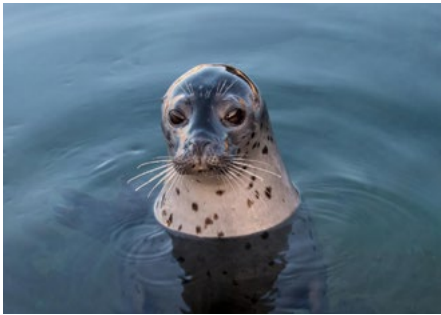
Norway's largest polar museum of hunting and expedition in the Arctic holds a fascinating collection of Arctic animals and hunting equipment. In a separate house is the sealing vessel "Aarvak", the oldest of its kind.

#### Alnes Lighthouse

A picturesque old fishing village where 19th century buildings meet modern days facilities, all with a stunning view of the landscape. Visit the saga island of Giske with the Marble Church and the Viking Scene.

#### Uteguiden

A wide range of activities is offered year-round. Enjoy activities in the middle of Ålesund with all the facades' detail ornaments and figures. Join a bike ride between the pointed buildings or try kayaking or SUP in Brosundet canal.



Atlantehavsparken. Photo: O. Paulsen



View from the front row, Strandafjellet. Photo: Haavard Myklebust



Kayaking in Ålesund. Photo: Håvard Myklebust

### Ålesund Guide Association

Enjoy our town together with a local authorized guide with local knowledge.

### Rollo's Footsteps

A historical review of the time when Chieftain Rollo, son of the local Earl Ragnvald, lived at Sunnmøre. Tour guides are dressed in the Viking outfits, and tell the story of local folklore.

### City Train Sightseeing

The little train runs at a comfortable speed and guides you through historical and unique sites on the way to the viewpoint Aksla.

### Royal Tur Reiser

Arrange an exclusive tour guided by a driver who focuses on hospitality and sharing local knowledge.

### Bird and Treasure Island Runde

Runde Island is the southernmost bird cliff in Norway. The Runde environmental centre has a large

exhibition space, focusing on the ecosystem surrounding the island. It is also the home for a 300-year-old treasure, from the ship Akerendam, that sank during a storm in 1725.

### Stranda Mountain Gondola

The viewpoint is easily reached by gondola to admire the magnificent fjord view from the top of Mount Roalden (1,024 m.a.s.l.). This view covers several fjords surrounded by the high and jagged peaks of the Sunnmøre Alps. Enjoy lunch based on local food.

### Rekkedal Guesthouse

A guesthouse with a cultural-historical environment that focuses on good food, drinks and culture and is located in dramatic nature.

### Devoldfabrikken

A factory outlet steeped in history to inspire our guests as they shop, visit our artists, or try other activities.

### Full-day excursion to the famous Geirangerfjord, Trollstigen and the new Romsdalen Gondola in Andalsnes

### Shopping, cafés and galleries

Charming shopping centres, shops, galleries and cafés. Husfliden, Rongve, Aarflot Havnevik, Ålesund Storsenter, Kremmergaarden, Devoldfabrikken and more.

### Local transport companies

Ålesund offers a large selection of buses, boats, taxis and rental cars.

### Selection of festivals year-round:

Brosundet Brenner  
Ålesund Chamber Festival  
Slinning Bonfire  
Ålesund Live  
Sommerfesten  
The Norwegian Food Festival  
Fjord Cadenza  
Høstscena  
Christmas concerts and events

### PORTS OF AALESUND

Position: N 62° 27' E 005° 59' South of Godøy  
Visiting address: Skansekaia 3C, NO-6002 Ålesund  
E-mail: vakta-hav@alesund.havn.no  
Website: www.alesund.havn.no  
Phone: + 47 - 70 16 34 00 / 95 88 34 00  
VHF: Channel 13/16  
Charts: Norwegian chart 30,31 and 456  
Distance to city centre: 200 m

### DOCKING INFORMATION

Landing largest ship: 600 m  
Air draft: No limit  
Terminal contact: Synnøve Johnsen,  
Port Press Relation & Marketing Manager Cruise:  
+47 922 11 088/ 70 16 34 00,  
synnove.johnsen@alesund.havn.no

### TERMINAL FACILITIES (TURNAROUND)

Check-in counters  
Restrooms  
Wi-Fi Service  
Taxi

Shuttle bus: No - city centre 200 m from the pier  
Distance to airport: 15 km  
Transit and T/A Equipment  
Forklifts

### PORT SERVICES

Fresh water bunkering  
Waste landing  
Sludge landing  
Grey water landing  
Special waste  
Crew facilities - free internet access in the pier area  
Norwegian Church Abroad, discount for crew on some facilities, shops and cafes  
VAT refund: Yes, if Ålesund is the last port in Norway

### SECURITY & ENVIRONMENT

Fenced terminals (ISPS)  
Security service  
Shore power  
EPI  
NOx -regulations  
Max ships per day: 3 - 4 ships,

depending on sizes and capacity  
Max pax per day: No limit

### ANCHORAGE

Type of bottom: Good anchorage ground

### TOURIST INFORMATION

Visiting address: On the pier and Main Office  
at Skateflua (city centre)  
Postal address: Skateflukaia, NO - 6002 Ålesund  
E-mail: info@visitaalesund.no  
Phone: + 47 - 70 30 98 00  
Website: www.visitaalesund.com  
Distance from port: On the pier / Main Office: 500 m



Quay	Water depth	Length	Height	Fenders	Shore Power	Grey Water	Max Ship size
Stornespier/Prestebrygga	10 - 13 m	570 m + 200 m	2.2-2.5 m	For tenders on request	Yes	Yes	600 m







Trollstigen Road. Photo: Roger Ellingsen, Statens Vegvesen

# MOLDE, ÅNDALSNES & ERESFJORD

## Romdalsfjord – adventure between scenic roads

Journey through varied and dramatic landscape, from the open sea to deep valleys and tall mountains, into Romdalsfjord with its three cruise destinations – Molde, Åndalsnes and Eresfjord. Molde, the town of roses, with its view of 222 mountain peaks. The steep majestic mountains of Åndalsnes. The charming and secluded village of Eresfjord, exclusively for smaller ships. Romdalsfjord is the gateway to the Trollstigen road, the Atlantic road and the Romsdalen Gondola – opened in May 2021. The ports of Romdalsfjord offer a wide variety of attractions and excursions and are also perfectly situated for outdoor adventures for smaller groups. Cruise ships dock in the town centres, great for independent exploration.

### ATTRACTIONS/EXCURSIONS

#### ÅNDALSNES

##### Trollstigen Road

An exceptional driving experience leading up a series of narrow hairpin bends. On top of the plateau, the restaurant and viewpoints are a sight to behold. Include a stop at Trollveggen, the highest vertical mountain in northern Europe, and stop for lunch at Trollstigen Gjestegård. Can be a roundtrip Molde - Gudbrandsjuvet Gorge - Valldal - Stordal. 3.5 hours from Åndalsnes, 7 - 8 hours from Molde.

##### The Romsdalen Gondola

A shortcut to the fantastic fjord- and mountain views of Romsdalen. Located right above the town of Åndalsnes, surrounded by the stunning Romsdal mountains you find mount Nesaksla 697 m.a.s.l. A state-of-the-art electric cable car takes you 1,679 m from the fjord and up the mountainside. A 360-degree view overlooking impressive peaks, the

town centre, lush valleys and the emerald green river Rauma. Explore the area along short easy paths on the mountain top to the different viewpoints. 1 hour.

##### Rauma Railway

One of the most beautiful railways in the world, built in 1924. The Rauma Railway is a must see when visiting Åndalsnes. Lonely Planet named it "the most scenic rail journey in Europe". On its journey, the train passes several waterfalls, the salmon river Rauma, and spectacular peaks rising above the Romsdal valley, including Trollveggen. On the way to Bjørli, the train passes 32 bridges, including Kylling Bridge. 3 hours.

##### Bøstølen Summer Farm

In wonderful surroundings, guests are invited to join the mountain farm life, taste traditional food and pet the goats. Visitors can enter the cabins and see how people lived during the summer months in the mountains, up to present time where the cabins are mostly used during holidays. 3.5 hours.

##### Norwegian Mountaineering Centre

Adventure centre for those who enjoy outdoor life, exciting mountaineering history and films of beautiful nature. Interactive exhibits, indoor climbing hall, 3D movie theatre and a café. 1 hour.

##### Rødven Stave Church & Rosvang

Visit one of the oldest stave churches in Norway dating back to the 13th century. Stop at Rosvang, a farm and boutique hotel, where the hosts serves coffee and cake. 3 hours.

##### Farm visit to Woldstad Gaard

A unique opportunity to visit a traditional Norwegian farm and meet the locals who live there. Home-made food specialties will be served, and visitors can try their hand at baking the local pancake "svele". 2-3 hours.



Atlantic Road. Photo: Jacek Róycki\_Visitnorway.com



The Romsdalen Gondola. Photo: FotoKnoff/visitnorthwest.no



Romsdal Museum. Photo: Johnny Bratseth/Romsdalsmuseet

## MOLDE

### The Atlantic Road

The road zigzags across bridges and islands, to the point where land and ocean meets the fjord. Amazing on a sunny day - dramatic during stormy weather. Enjoy the scenery on the suspended walkway at Eldhusøya. Combine with a visit to Håholmen Island, Bud Fishing village or the Marble Caves. 3.5 hours.

### Romsdal Museum

The open air museum is one of the largest and most comprehensive folk museums in Norway, with buildings and interiors from the whole region. The new extension to the museum offers an exhibition focusing on cultural history, as well as temporary exhibitions and café. The children's folk-dance group performs traditional dances wearing their national costumes. 2 hours.

### Bergtatt Marble Caves

Explore the mystical marble caves at Bergtatt. The caves are a result of mining operations and have been active since 1938. In other parts of the mountain, the mining operation is still ongoing. A boat ride into the caves offers visitors a unique and peaceful experience. Combine it with a trip to the Atlantic Road, one of the world's most fascinating road trips. 2.5-4 hours.

### Sightseeing town of roses

Sightseeing tour in the town of jazz and roses including Molde Cathedral, the rose gardens, Romsdal Museum and the Varden viewpoint, which offers a great view of the Molde panorama of 222 mountain peaks. 3 hours.

### Håholmen Viking Ship Sailing

Sail on a Viking ship to the Norwegian adventurer Ragnar Thorseth's island of Håholmen, situated just outside the Atlantic Road. This island is an original fishing village from the 18th century, and the wharfs, traditional fishermen's shacks and bakery still remain. 5 hours.

### Hjertøya Island

A short 10 min boat ride from Molde harbour lies the idyllic Hjertøya island, home to the outdoor Fisheries museum, portraying local coastal culture, working life and living conditions from around 1850. 3 hours (June - August).

### Bud fishing village

Visit the charming fishing village Bud, situated by the coastline north of Molde. The restored subterranean war memorial museum, Ergen Coastal Fort, offers an insight into Norway's World War II history. 5 hours.

## PORTS OF ROMSDALSFJORD

### - ÅNDALSNES, MOLDE, ERESFJORD

Position Åndalsnes: N62° 34, 1' E007° 41, 6' /  
Position Molde: N62° 44, 06' E007° 09, 4' /  
Visiting address: Hamnegata 8, NO-6413 Molde  
E-mail contact person: jorid@molde-romsdalhavn.no  
Website: www.molde-romsdalhavn.no  
Phone: +47 71191620 (office),  
+47 93231470 (harbor guard)  
VHF: Channel 12-16  
Berths for cruise Åndalsnes: 1  
Berths for cruise Molde: 2-3  
Distance to city center: Åndalsnes 200 m  
Distance to city center: Molde 100 m

### DOCKING INFORMATION ÅNDALSNES

Landing largest ship: 330 m  
Air draft: No limitations  
Tidal movement: 1.8-2.0 m

### DOCKING INFORMATION MOLDE

Landing largest ship: No limitations  
Air draft: No limitations  
Tidal movement: 1.8-2.0 m

### PORT SERVICES

Fresh water bunkering  
Waste landing: Container  
Crew facilities Åndalsnes: Free internet  
Crew facilities Molde: Crewroom, free internet

### SECURITY & ENVIRONMENT

Fenced terminals (ISPS)  
Security service  
EPI  
ESI

### ANCHORAGE

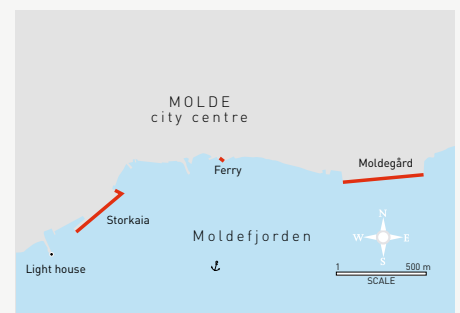
Max GT: No limitations  
Type of bottom: Clay and sand  
Minimum depth: No limitations  
Distance from anchorage to tender pier:  
500m (Åndalsnes, Molde & Eresfjord)

## TOURIST INFORMATION

E-mail: info@visitnorthwest.no  
Phone: +47 70 23 88 00  
Web: www.visitnorthwest.no



Quay	Water depth	Length	Height	Fenders	Max Ship size
Tindekaia, Åndalsnes	8-15 m	232 m	3.65 m	Truck tiers	330 m
Storkaia, Molde	9-11 m	300 m	3.76 m	Truck tiers	No limitations
Moldegård, Molde	10.5 m	130 m	3.56 m	Truck tiers	No limitations
Anchorage, Eresfjord			0.6 m (tender)		







Floating in the Atlantic Ocean Photo: Per Kvalvik

# KRISTIANSUND

## The Atlantic Ocean Road

Kristiansund is the natural port of call for experiences of coast and ocean, culture and history, whether you visit us in summer or winter. The nearby Atlantic Ocean Road has been ranked the world's most scenic road trip. This amazing and unique stretch of road takes you right out to the ocean's edge, running across an archipelago of small islands and islets.

Kristiansund is known for clipfish and opera. An intimate, colourful and convivial town, spread out on four main islands at the edge of the ocean, with a charming harbour in the middle. Cruise ships berth directly in the town centre with attractions and services nearby.

### ATTRACTIONS/EXCURSIONS

#### The Atlantic Ocean Road

##### - combine with Håholmen island, Kvernes Stave Church or The Marble Caves (2-5 hrs)

The Atlantic Ocean Road is a "must see" attraction, only a 30-min. drive from the centre of Kristiansund. Ideal for combination with other nearby attractions:

- The small and charming island Håholmen, an 18th century fishing village with original wharves and traditional fishermen's shacks
- The unique Kvernes Stave church, dating from approx. 1630 AD, located with a magnificent view
- The magical and mystical Marble caves. The fleet ride into the caves on crystal clear water accompanied by enchanting lightning and soft music is truly amazing.

#### Grip island - unique and unforgettable (3.5 hrs)

Comfortable boat trip to the tiny, beautiful island Grip, located in the ocean 14 km outside of Kristiansund. Grip used to be an important fishing village. Once Norway's smallest municipality - today a summer vacation paradise. Guided tour of the island with its narrow streets, colourful houses and a picturesque stave church dating back to 1470. You will be charmed by this island!

#### Harbour sightseeing on the iconic "Sundbåten" (1.5-2 hrs)

A great way to experience Kristiansund! The passenger boat has been running between the four islands of Kristiansund since 1876 and is the world's oldest public transport service in uninterrupted use. Explore different parts of the town and learn about its history. Departing only few steps from the cruise pier. Recommended to combine with the Norwegian Clipfish Museum.

#### Kristiansund - the city of Clipfish (2 hrs)

The Norwegian Clipfish (Bacalhau) Museum is a large and well-preserved wharf dating back to 1749. The wharf was used for production of clipfish (bacalao, dried and salted cod), which became important in the development of Kristiansund from the 18th century and to the post-war period. A visit here will challenge all your senses: see, hear, touch, smell and taste!

#### Bacalau da Noruega - Listen, look, taste! (1 hr)

Photo exhibition of Odd Inge Teige's revitalised edition of the hard-working "clipfish women" from the important period of Kristiansund's history. Combine it with music and a taste of clipfish to make the experience complete!

#### Maritime walking tour in Kristiansund (2 hrs)

Explore the maritime history of Kristiansund. Visit the historical shipyard "Mellemværftet" with buildings from the late 1800s. See a blacksmith at work and visit the nearby museum's café with its coffee roaster. Approx. 25-min. flat and easy walk from the cruise ship. (Season: Sept-May, capacity: 20)



Grip island. Photo: Eline K. Fladseth Visit Nordvest



Kvernnes Stave Church. Photo: Hans Ohrstrand



The Atlantic Ocean Road. Photo: Eivind Holm

#### Opera or concert - a musical souvenir from Kristiansund (1.5-4 hrs)

Theme cruise! Kristiansund is housing Norway's oldest opera, established in 1928. Enjoy a concert or opera in the beautiful opera house. The annual Opera Fest Week in February comprises around 50 performances and concerts. Performance can be tailored according to wishes, operetta, ballet, classical music or dance, etc.

#### Sea Eagle Safari - Excursion to Smøla (4-5 hrs)

Smøla island is located north of Kristiansund, surrounded by a huge archipelago. Smøla is known for its rich wildlife, including the densest white-tailed eagle population in the world! Half day excursion with packed lunch, including an exciting Sea Eagle Safari to the prime location for sea eagles, far off the beaten track, and a guided tour of one of the small, old fishing villages. Convenient transport to Smøla by private high-speed passenger boat (12/33 passengers, safari RIB max. 11 per boat).

#### Hiking & Coastal Walks (2-5 hrs)

Kristiansund has many great hiking options, both along the coast and in mountain terrain.

- Vanndamman and Varden viewpoint, easy walk directly from the cruise pier
- Mount Kvernberget, easy hike, good panoramic view from the top, 15-min. drive
- "Havstien" ocean path, medium hiking, fantastic view of the open sea

#### OTHER ACTIVITIES:

- Tingvoll with the world's best cheese, eco park, museum and church
- Deep-sea fishing
- Seal Safari or diving at the Atlantic Ocean Road
- Indoor ice skating with Glühwein

#### POSSIBLE COMBINATION:

##### CRUISING THE TODALSFJORD

The small village of Todalen is situated about 120 km from Kristiansund. From the Todalsfjord, the valley rises towards Trollheimen mountain range and Kårvatn, where the road ends. Different options for small cruise ships: fjord cruise with or without tendering, or overland tour from/to Kristiansund. Various excursions locally in Todalen.

**Highlights:** Svinvik Arboretum botanical garden, Kårvatn with Nauståfossen waterfall, Todalshytta mountain lodge and Svinvik hiking trail.

See our web page [knhavn.no/cruise](http://knhavn.no/cruise) for detailed information.

#### PORT OF KRISTIANSUND

Position: N63°06'32.50 E007°43'58.03  
Visiting address: Astrups gate 9,  
NO-6509 KRISTIANSUND N  
E-mail: [info@knhavn.no](mailto:info@knhavn.no)  
Website: [www.knhavn.no/cruise](http://www.knhavn.no/cruise)  
Phone: +47 992 99 120 (Port traffic service)  
VHF: 12 + 16  
Berths for cruise: 2  
Distance to city centre: 0 m

#### DOCKING INFORMATION

Landing largest ship: 300 m  
Air draft: No limit  
Tidal movement: 1.8 m  
Terminal contact: Svein Skomsøy, Managing port inspector, +47 992 99 120, [havnevakt@knhavn.no](mailto:havnevakt@knhavn.no)

#### TERMINAL FACILITIES (TURNAROUND)

Check-in counters  
Restrooms  
Wi-Fi Service  
Taxi

Shuttle bus

Distance to airport: 8 km, Kristiansund Kvernberget

#### TRANSIT AND T/A EQUIPMENT

Mobile luggage units: On request  
Forklifts  
X-ray and screening of guests and luggage:  
On request

#### PORT SERVICES

Fresh water bunkering  
Waste landing  
Sludge landing  
Grey water landing  
Special waste  
Crew facilities: Wi-Fi. See our crew guide with insider tips and crew member discounts.

#### SECURITY & ENVIRONMENT

Fenced terminals (ISPS)  
Security service  
Shore power Storkaia 820 kWh  
ESI

Max ships per day: 2

Max pax per day: approx. 4,500

#### ANCHORAGE

Max GT: No limit  
Type of bottom: Sand and mud  
Minimum depth: 70-90 m  
Distance from anchorage to tender pier: 1,5 NM

#### TOURIST INFORMATION

E-mail: [info@visitnorthwest.no](mailto:info@visitnorthwest.no)  
Phone: +47 70 23 88 00  
Web: [www.visitnorthwest.no](http://www.visitnorthwest.no)



Quay	Water depth	Length	Height	Fenders	Shore Power	Grey Water	Max Ship size
Storkaia	10 m	300 m	Low 3.55 m, high 2.30 m	Dumper tires	850 kWh	Yes	300 m
Devoldholmen	10 m	205 m	Low 3.55 m, high 2.30 m	Dumper tires	N/A	Yes	220 m







# TODALEN, SMØLA & HITRA

## Island gems of the Atlantic Ocean - for small ships only!

Explore our destinations for small cruise ships and expedition sailings! The islands Smøla and Hitra are small and unique destinations, ideal for guests looking for nature-based activities, culture heritage, local produce and a rich wildlife.

Imagine a ship sailing to Smøla, through the 5,000 small islands in the archipelago, passing old fishing villages with the sun rising in the horizon. Hitra, with its beautiful nature, island-rich archipelago and exciting culture, is a pearl that you will never forget. The island is known for first-class local produce such as salmon, crab, deer and cheese. Combine with a cruise in the idyllic and secluded Todalsfjord to Todalen, a small village with around 350 inhabitants.

### SMØLA - ATTRACTIONS/EXCURSIONS

#### Brattværet Fishing Village (3 hrs)

Visit the old fishing village Brattværet, just a short zodiac ride from the ship's anchorage. Guided walk in the once a thriving fishing community with school, prayer house, wharfs and docks. Enjoy Norwegian waffles and hear the history of Smøla, the fisheries and the Thule myth.

#### Tour de Veiholmen (3.5 hrs)

Visit the small, but active and vibrant fishing community Veiholmen at the northernmost tip of Smøla, linked to the main island by a road that is an adventure in itself. Guided walk through the village with charming houses, local cafes and pubs, a museum and coastal heritage idyll.

#### Hiking in Dyrnesdalen (3 hrs)

Guided hike (easy/moderate level) in the flat landscape of Dyrnesdalen and towards the windmill farm of Smøla, once Europe's largest. Visit one of the highest peaks at Smøla (45 m), enjoy the fantastic landscape and maybe also the majestic sea eagle.

#### Sea Eagle Safari by boat (3 hrs)

Smøla has one of the densest populations of sea eagles in the world. Enjoy a scenic ride to the prime location for sea eagles, far off the beaten track. Good chances of close encounter with the sea eagles and fantastic photo opportunities.

#### Cultural Smøla (3 hrs)

Short bus ride to the beautifully located old church of western Smøla. Easy walk to enjoy the views from the nearby hillside before visiting the church and learn about its dramatic history. Enjoy an intimate and special concert with local artists performing local music.

#### Deep-sea fishing (4 hrs)

Board a traditional fishing boat and head out for a few hours of angling with a guide. Halibut, haddock, mackerel, plaice, tusk and cod are most likely to be hooked.

#### Other activities:

- Kayaking in the archipelago
- Smøla by bike
- Golfing at Dyrnesdalen (6 holes)
- Aquaculture Visitor Centre



Hopsjø old trading centre, Hitra. Photo: Vindfang AS



A taste of Hitra. Photo: Vindfang AS



Nauståfossen, Todalen. Photo: Visit Nordvest

## HITRA - ATTRACTIONS/EXCURSIONS

### The Salmon Island Hitra (2-4,5 hrs)

Learn the story of the fish farming industry through an educational exhibition and an exciting visit to a salmon farm, where you also can take part in hand feeding of the fish. Optional: Salmon lunch and local beer at Terningen lighthouse and/or visit a top modern fish processing factory. Capacity 10-36 pax.

### A Viking Experience (3,5 hrs)

Bus excursion (30 min. drive) to idyllic Dolmsundet with a reconstructed Iron Age longhouse. Enjoy a cup of mead and the magical atmosphere around the camp fire, just like the Vikings did... Visit the nearby Dolm medieval church and admire the stunning views from the Dolmsund bridge. Optional: Iron age meal in the longhouse. Capacity 10-45 pax.

### Taste of Hitra - Visit a deer farm (2-3 hrs)

Hitra is renowned for its large and dense population of red deer. Visit a farm (20 min. drive) engaged in deer and wild sheep farming, awarded for its locally produced cured leg of mutton, and take part in hand feeding of the deer. Optional: Outdoor lunch based on local produce. Capacity 10-45 pax.

### Hopsjø old trading centre (3,5-4,5 hrs)

Bus excursion (35 min. drive) to an old trading centre (est. 1730) with so many interesting stories to tell! Visit the old general store with a great collection of ancient artefacts, see the whaling exhibition in the old warehouse, join a short trip on an old, restored boat, once used for herring fishing. Optional: Locally produced lunch in the old warehouse. Capacity: 10-90 pax.

### Other activities:

- Hiking at the ocean's edge (4 hrs)
- The Coastal Museum (2 hrs)
- War memorial exhibition and bunker visit
- Eagle safari at Dolmsundet (3-4 hrs)
- The Hitra crab - visit a crab factory (4 hrs)
- Culinary tour and/or beer tasting

### POSSIBLE COMBINATION:

#### CRUISING THE TODALSFJORD

The small village of Todalen is situated about 120 km from Kristiansund. From the Todalsfjord, the valley rises towards Trollheimen mountain range and Kårvatn, where the road ends. Different options for small cruise ships: fjord cruise with or without tendering, or overland tour from/to Kristiansund. Various excursions locally in Todalen. Highlights: Svinvik Arboretum botanical garden, Kårvatn with Nauståfossen waterfall, Todalshytta mountain lodge and Svinvik hiking trail. See our web page [knhavn.no/cruise](http://knhavn.no/cruise) for detailed information.

### PORT OF KRISTIANSUND

#### - CRUISE DESTINATIONS SMØLA & HITRA

Position: Smøla N63°25'38.36 E007°50'43.58;  
Hitra N63°30'53.97 E009°06'41.65

Visiting address: Astrups gate 9,  
NO-6509 KRISTIANSUND N

E-mail: [info@knhavn.no](mailto:info@knhavn.no)

Website: [www.knhavn.no/cruise](http://www.knhavn.no/cruise)

Phone: +47 992 99 120 (Port traffic service)

VHF: Channels 12 and 16

Berths for cruise: Smøla 0; Hitra 1

### DOCKING INFORMATION

Landing largest ship: Smøla 195 m at anchor;

Hitra 170 m at berth, at anchor no limits

Air draft: No limits

Tidal movement: Approx. 2 m

Terminal contact: Svein Skomsøy, Managing port inspector, +47 992 99 120, [havnevakt@knhavn.no](mailto:havnevakt@knhavn.no)

### PORT SERVICES

Fresh water bunkering

Waste landing

Sludge landing (Hitra only)

Grey water landing

### SECURITY & ENVIRONMENT

Fenced terminals (ISPS) (Hitra only)

Security service

ESI

Max ships per day: 1

### ANCHORAGE

Max GT: No limit

Type of bottom: Sand and mud

Minimum depth: Smøla 30-40 m; Hitra 20-60 m

Distance from anchorage to tender pier:

Smøla 0.9 NM; Hitra 0.5-1 NM

### TOURIST INFORMATION

Visiting address: Smøla N/A,

Hitra at the Coastal Museum

E-mail: Smøla [info@visitnorthwest.no](mailto:info@visitnorthwest.no);

Hitra [post@kystmuseet.no](mailto:post@kystmuseet.no)

Phone: Smøla +47 70 23 88 00;

Hitra +47 72 44 40 10

Web: Smøla [www.visitnorthwest.no](http://www.visitnorthwest.no);

Hitra [www.visithitra.com](http://www.visithitra.com)

Distance from port: Smøla N/A; Hitra 17 km



Quay  
Hitra Kysthavn

Water depth  
12 m

Length  
170 m

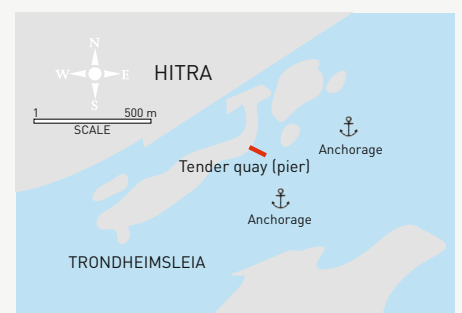
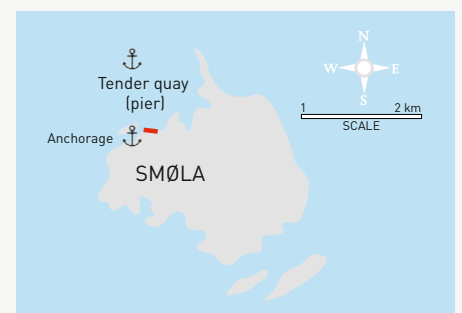
Height  
Low 3.55 m,  
high 2.30 m

Fenders  
Dumper  
tires

Shore Power  
N/A

Grey Water  
Yes

Max Ship size  
170 m







Scenic view of Frøya. Photo: Stein O. Sivertsen

# FRØYA

## The mighty archipelago on the coast of Trøndelag

On the coast of Trøndelag in the intersection between the untouched and the modern, you find Hitra and Frøya, Trondheim's archipelago, in the estuary of the deep Trondheim fjord. On the stunning archipelago of more than 5,400 islands and reefs, you will find fishing villages and genuine coastal heritage as well as many lighthouses, including the tallest in Norway at Titran towering over the village and casting a magic spell. The islands are home to the two biggest salmon factories in Norway - Salmar and Lerøy. Get behind the scenes in the salmon industry or learn about the entangled fate of soldiers and locals during World War II. Feed the tame deer at Hitra or experience wild sea eagles soaring. The charm and authenticity will create everlasting memories.

### EXCURSIONS

#### Panorama Tour to Titran

Duration: 3 hours

The guided bus tour across the island of Frøya will bring you to Titran, formerly an important fishing village in the middle of Norway. You will visit Titran chapel and the monument in memory of the Titran accident in 1899, when 140 fishermen died in a violent storm. Additionally, we will visit the bunker remnants from World War II. You can also see the lighthouse Slettringen, which is northern Europe's tallest lighthouse at a height of 45 m. Norwegian waffles and tea/coffee will be served at Gaustad brygge before you return to the ship.

#### Island Hopping

Duration: 4 hours

On the stunning archipelago of more than 5,400 islands and reefs, you will find fishing villages and genuine coastal heritage as well as many lighthouses. The trip takes us by boat to some of these exotic and picturesque villages (Mausund, Bogøya and/or Sula). The pure genuineness of the people and places are memorable.

#### Sea Eagle Safari

Duration: 2.5 hours

The boat picks you up from the ship and after a short trip we reach the islands where the wild sea eagles live. On this exciting tour, you will see the eagles in their natural habitat! The best time to watch the eagles soar is in spring and autumn.

#### Deep Sea Fishing

Duration: 4 hours

Join the fisherman in search of the big catch! An experienced fisherman will take you to the rich fishing grounds on Frohavet, where there have been large deposits of fish for many centuries. Here you are taught how to catch the fish and, if you get one, we will cook it together back at the starting point.

#### A Taste of Frøya

Duration: 2 hours

Famous for its fresh fish and harbouring the two main salmon farms of Norway - Frøya is the cradle of local Norwegian food. In the restaurant Søvest, on top of the highest building in the town of Sistranda, you will have an amazing view over the islets and the mountains on the mainland. Here you will get a taste of the local beer and local food such as deer, wild sheep and salmon.



Sula island at Frøya. Photo: Per Erik Jæger, trondelag.com



Salmon farm. Photo: Ruben Undheim



Visit a Deer Farm. Photo: Explore Hitra

### Stone Age Trail

Duration: 2.5 hours

This easy hike is packed with history and phenomenal nature. While strolling along the Stone Age Trail you will pass by remnants of ancient settlements.

### Sail to the old trading centre at Hopsjø

Duration: 3 hours

Sail on a historic wooden boat to one of the biggest trading centres of its time - Hopsjø. Learn about the history and marvel at the beautiful landscape on the way.

### Visit a salmon farm

Duration: 3 hours

Join this intensely exciting and educational trip to one of the salmon farms on the island. You cannot get any closer to the fish or more involved in the industry itself or its challenges than on this tour!

### Back to the iron age at Dolmsundet

Duration: 3.5 hours

This tour will take you all the way back to the Iron Age. At Dolmsundet you will learn about the way people lived during that time in an authentic longhouse. The location provides you with a fun way of remembering what you have learned at the "Iron Age Games".

### Feed the deer at Dalpro

Duration: 3.5 hours

At Hitra, you will find the most densely populated stock of deer in the region. When you arrive at Dalpro you will be invited to the farmhouse, where the local guides will tell you the story of Hitra and about the activities at Dalpro. Thereafter we meet outside to feed the deer. The deer are very tame and will eat right from your hands.

### Under Occupation - the entangled life of the locals, soldiers and prisoners

Duration: 3 hours

What was life like for the locals living during World War II? Learn about the entangled lives of locals and soldiers as well as Russian prisoners on Hemnskjela.

### Hiking to Brannhaugen

Duration: 2 hours

Climb the top of Brannhaugen to take in the view of the islands along the coastline of Trøndelag. You have now reached about 63° North!

### PORT OF FRØYA

Position: 63°44'7.73431"N 8°50'16.21258"E

Visiting address:

Administration at Trondheim Port Authority

E-mail: kuehnl@trondheimhavn.no

Website: trondheimhavn.no

Phone: +47 911 12 600

VHF: 16

Berths for cruise: 1

Distance to city centre: 700 m

### DOCKING INFORMATION

Air draft: no limitations

Tidal movement: 1.5-2 m

### PORT SERVICES

Fresh water bunkering

Waste landing by truck or barge

Sludge landing by truck or barge

Grey water landing by truck or barge

Special waste by truck

### SECURITY & ENVIRONMENT

Fenced terminals (ISPS)

Security service

EPI

Max pax per day: 1,000 pax

### ANCHORAGE

Type of bottom: Mud

Minimum depth: 40 m

Distance from anchorage to tender pier: 500 m

### TOURIST INFORMATION

Visiting address: Frøya kultur og kompetansesenter

Postal address: Nordfrøyveien 411, 7260 Sistranda

E-mail: turistinformasjon@froya.kommune.no

Phone: +47 95 04 10 25

Web: www.hotelfroya.no/opplev-froya

Distance from port: 700 m



Quay  
Sistranda quay

Water depth  
8.5 m

Length  
99 m

Height  
4 m

Fenders  
Rubber  
Tyres

Shore Power  
-

Grey Water  
By truck  
or barge

Max Ship size  
190 m







Nidaros Cathedral in Trondheim. Photo: Grim Berge

# TRONDHEIM

## The royal capital of Norway

Trondheim is the third largest city in Norway - vivid and lively, with everything a big city can offer, yet still with the friendliness of a small town. Located in the very heart of Norway, it is the access point to visit the UNESCO World Heritage town of Røros or get close to the musk ox in their only wild habitat in Europe. Trondheim remains a popular pilgrimage site, due to the famous Nidaros Cathedral - the consecration church of the Norwegian Kings. While medieval times still have their mark on the centre, innovation and modernity shape it. Discover a variety of museums, historical sights, activities accompanied by hospitable locals. Visit Norway's food capital in 2022 when it is awarded the title of European Region of Gastronomy.

### ATTRACTIONS/EXCURSIONS

#### **Nidaros Cathedral and Archbishop's Palace**

Distance from the cruise quay: 2 km  
Nidaros Cathedral is the National Sanctuary of Norway, built over the grave of St. Olav. Work began in 1070, but the oldest parts of today's cathedral date from the middle of the 12th century. It is the most northerly Gothic cathedral in the world. A tour of the Nidaros Cathedral can be combined with a visit to the Archbishop's Palace and the Crown Jewels.

#### **Ringve Music Museum, Norway's National Music Museum**

Distance from the cruise quay: 3 km  
Take part in a guided tour that includes live music played on period instruments by our talented guides. The beautiful Ringve estate has buildings from four different centuries surrounded by the Botanical Garden. Explore a variety of musical instruments. Come and see, touch and play the instruments!

#### **Sverresborg, Trøndelag Open Air Museum**

Distance from the cruise quay: 4 km  
Enjoy the spectacular view over Trondheim City from the ruins of King Sverre's castle in the heart of the museum. Over 90 historical buildings from Trøndelag, including Haltdalen Stave Church from the 12th century and a rebuilt city centre are filled with exhibitions and activities for all ages.

#### **Rockheim, National Museum of Popular Music**

Distance from the cruise quay: 200 m  
Music has no borders! Come visit Rockheim and explore 70 years of Norwegian pop and rock history. A visit to Rockheim - the National Museum of Popular Music - is a digital, interactive and high tech experience.

#### **Trondheim Maritime Museum**

Distance from the cruise quay: 800 m  
Visit Trondheim Maritime Museum and experience the history of Trondheim's trading tradition and sailing ship era from the 17th century to the present time.

#### **Northernmost tram ride**

Duration: 2 hours  
Sit back and relax in the vintage trolley of the northernmost tramline in the world, as it heads out of the city and into the natural reserve of Bymarka giving you the chance to get an overview of the whole city.

#### **Old Timer Railway and Historical Mine**

Duration: 4.5 - 8 hours  
Thamshavn Railway was built as the first electrical railway to transport ore from the copper mines at Løkken. The 1 km long route inside the mine takes you through narrow corridors and large caves. The historical train stops right outside Christian Thams self-designed manor and the newly returned Thams pavillion, a stave church building.



Boat ride along the wharves. Photo: Trondheim By Boat



Thams pavilion. Photo: Olav S. Kvaale



European Region of Gastronomy 2022. Photo: Marius Rua

### Visit Bjørn

Duration: 2 hours

In his urban central home from 1860, Bjørn welcomes you to share local food, songs and stories with him. As an artist, painter and musician, his wish is to create new and unforgettable memories for all your senses.

### World's only bicycle lift

Duration: 2-3 hours

Fancy some other kind of transportation? Explore the city by bicycle and swing by the only bicycle lift in the world in Baklandet.

### Urban Kayaking - by day and night

Duration: 2 hours

Kayak adventures are not solely for the wilderness. On this kayaking adventure you'll experience Trondheim's architecture and nature from water front and paddle along the famous wharves down the river Nidelven.

### From Fast to Slow

Duration: 3-4 hours

In a fast moving RIB, you will get an adrenaline rush, before you can enjoy the tranquil island of Tautra with monastery ruins from 1251, also a birdwatcher's paradise. The local farm serves homemade refreshments and you might even visit the monastery with its soap-making nuns.

### Hiking in Bymarka or along the Trondheimsfjord

Duration: 3 hours

This is an opportunity to head away from the city centre and explore Norwegian nature with all your senses. Choose between heading up to the forest Bymarka with its many lakes, or the trail along the coast of Lade.

### City of Kings

Duration: 3-4 hours

Trondheim was once the capital, but still houses the consecration church of the Norwegian Kings. Visit the Crown Jewels and the Royal Residence Stiftsgården (1 June - 18 Aug), to cover the full spectrum of Royalty.

### Trondheim By Boat

Duration: 1-3 hours

A team of young professional skippers and local guides will sail you on a historical guided tour along the city river Nidelva in a traditional Åfjordsboat, or take you for a cosy fishing trip on the Trondheimsfjord. You travel in small groups for a personal and authentic experience of our wonderful hometown!

### The Armoury Military Museum

Duration: 3 hours

Take part in a tour where we walk in the footsteps of the German invasion force in Trondheim in April 1940, including guided visits in The Armoury Military Museum and Kristiansten Fortress.

### Culinary visit to Britannia Hotel

Duration: 2 hours

Britannia Hotel, founded in 1870, is home to Michelin-starred Speilsalen restaurant. From classic Afternoon Tea, to a spirited Aquavit Tasting course, discover local cuisine & tradition at its best.

### PORT OF TRONDHEIM

Position: 63°26'26.7"N 10°23'54.4"E (cruise quay)

Visiting address: Skippergata 14, 7042 Trondheim

E-mail: kuehn@trondheimhavn.no

Website: trondheimhavn.no

Phone: +47 911 12 600 (Port Security)

VHF: Channel 16

Berths for cruise: 3

Distance to city centre: 800 m

### DOCKING INFORMATION

Landing largest ship: Queen Mary in length

and MSC Meraviglia

Air draft: no limitation

Tidal movement: 2.5 m

### TERMINAL FACILITIES (TURNAROUND)

Check in counters: As ordered

Restrooms

Wi-Fi Service

Taxi

Shuttle bus: If ordered

Distance to airport: 30 km

Contact: Trondheim Port Authority

### TRANSIT AND T/A EQUIPMENT

Mobile luggage units: At airport

Conveyor belts: At airport

Forklifts: At airport

X-ray and screening of guests and luggage: At airport

### PORT SERVICES

Fresh water bunkering: 60 m<sup>3</sup> per hour

Waste landing: By truck or barge

Sludge landing: By truck or barge

Grey water landing: By truck or barge

Special waste: By truck

Crew facilities: Special discounts only

VAT refund: At airport

### SECURITY & ENVIRONMENT

Fenced terminals (ISPS)

Security service

Shore power: 2021 at Pir 1, quay 68 planned by 2025

EPI

Max pax per day: 9,000

### ANCHORAGE

Type of bottom: Mud

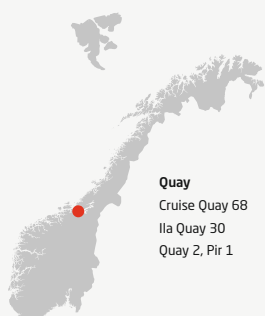
Minimum depth: 30 m

Distance from anchorage to tender pier: 1,600 m

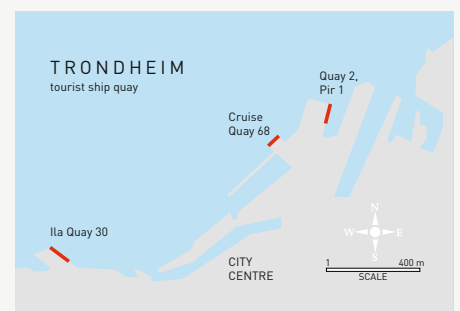
### TOURIST INFORMATION

E-mail: post@visittrondheim.no

Web: visittrondheim.no



Quay	Water depth	Length	Height	Fenders	Shore Power	Grey Water	Max Ship size
Cruise Quay 68	13 m	96 m	4 m	Polyethylene	Planned by 2025	Truck	360 m
Ila Quay 30	8 m	280 m	4 m	Rubber tyres	-	Truck	280 m
Quay 2, Pir 1	8 m	135 m	4 m	Rubber tyres	Max 2.4 MVA, 50 Hz	Truck	200 m







Torghatten. Photo: Ronny Lien

# BRØNNØYSUND

## In the centre of Norway, among thousands of islands

Brønnøysund welcomes you to embark on an exploration of fascinating coastal history as well as a tour in a unique and ancient geological landscape. The area has 10,045 islands and more than 10,000 years of history to share. The mythical Torghatten Mountain, with the hole straight through it, is our most wellknown landmark among many in the region. The Vega Archipelago World Heritage Site gives an insight into the hard, but interesting life of the Islanders throughout centuries. The Brønnøysund Bridge offers a beautiful panoramic view and there are easy hiking routes within walking distance from the town centre.

### ATTRACTIONS/EXCURSIONS

#### Mythic Mountain Torghatten

Duration: Approx. 3 hours.

Torghatten is one of Norway's most iconic tourist attractions, known for its spectacular hole through the mountain. People feel small as they wander through the cathedral like hole, with a length of 160 m, height of 35 m and width of 15-20 m. The mountain, like many along the Helgeland Coast, is the subject of myths and legends and it is a place which visitors simply must visit when they come to Brønnøysund. The bus tour starts with sightseeing through the town, before crossing the Brønnøysund Bridge and continuing to the foot of Torghatten. We follow a natural path up the mountain, and after around 30 minutes we reach the entrance. From here, we can enjoy the fantastic view and walk through the hole itself before following the same path down again. Good shoes are recommended! Easy to medium hike in nature.

#### Velfjord Open Air Museum and Nøstvik Church

Duration: Approx. 4.5 hours

Velfjord Open Air Museum has an idyllic location in

Velfjord, a fjord with seven distinct arms.

The museum comprises a large collection of buildings and artifacts from the 16th and 17th centuries, presented to illustrate the daily life during this period with a full range of tools for a variety of crafts. Velfjord Museum also features an exhibition of Saami articles of everyday use. Nøst Church is a log-built cruciform church dating from 1674. It is one of the oldest wooden churches in northern Norway and features some historical content, including an altarpiece and church bell gifted to the church in 1758. Easy walks.

#### Nevernes Havn

Duration: Approx. 4 hours.

Nevernes Havn, with an idyllic location overlooking the Velfjorden, is a centre for coastal heritage at Southern Helgeland. Through extensive exhibitions with artifacts dating from the 18th century to the present, Nevernes tells the story of the people of Helgeland, during times of peace and war. Nevernes was once a commonly used harbour for local fishermen, and at Brygga local fishing boats, nets and other artifacts are exhibited. Brattås House is a farm house from 1850 with inventory, metal and wooden

tools. There is also an exhibition of carpentry and shoe making, along with a blacksmith's cabin. In the main house you will find a permanent exhibition of naturalistic paintings by local artist Even Ulving. The art gallery features changing summer exhibitions by different artists, occasionally modern art. Nevernes Gaard features an exceptional collection of war memorabilia from World War II, with displays of Norwegian and European uniforms, personal effects, equipment and small firearms. Easy walk.

#### EXPLORE Visten National Park Velfjord and the Tetting waterfall

Duration: from 3 hours when starting in Velfjord,

5 hours when starting in Brønnøysund

Max 15 guests per guide

A rare nature experience awaits you! The goal of the hike is the amazing "Tettingfossen" which lies at the edge of the National Park boundary. The 75 m high waterfall slopes down a steep edge, making it an amazing view. The area around the waterfall consists exclusively of limestone, and the water drops from the waterfall provide rich conditions for everything that grows. This hike is heavy and we follow an old



UNESCO Island Vega. Photo: Rita Johansen



Norwegian Aquaculture Centre. Photo: Torhild Haugen



Hildur's Herb Garden. Photo: Olav T. Sæla

forest road for approx. 1.5 hours. Elk are often seen in this area, as well as many forest birds. On rare occasions you might get a glimpse of a bear, or a wolf or one of the lynx that live in this area. Distance is 1.8 km one way and 197 m above sea level. Medium to hard hike in nature.

#### UNESCO Island Vega

Duration: Approx. 4 hours.

The Vega archipelago was inscribed on UNESCO's list of world heritage sites in 2004.

The Vega islands gained their world heritage status mainly due to the unique interaction between the eider ducks and generations of fisher/farmer islanders.

A trip to the Vega archipelago offers an exciting insight into the traditions of egg and down collection. The E-House, a museum and documentation centre focused on eider ducks, displays the tradition of keeping eider ducks as domestic animals. At the World heritage exhibition (new centre opens 2019), you may will an insight into Vega's world heritage traditions and the way of life on Vega today. You can also experience the landscape of Holandsosen nature reserve, known for its calcareous bedrock, wetlands and rich birdlife. A botanic hike to Guristraumen to

observe different orchids and other plants thriving on the shoreline can also be arranged. Easy walk.

#### Norwegian Aquaculture Centre

Duration: 2.5 - 3.5 hours. Capacity: 25-90.

The sea and fishing traditions have for thousands of years, been the primary source of food for the people on the coast of Norway. The Norwegian Aquaculture Centre invites you to get an insight into modern aquaculture and fish farming, which is the second largest export product from Norway. In the beautiful surroundings along the Toftsundet strait, you visit a real fish farm and get a close up understanding the salmon fish farming process.

At the end of the tour, you are of course welcome to taste the end product. The centre also has an indoor exhibition that consists of aquariums, a section which highlights the history of the Norwegian fish farming industry, as well as the local history. The centre has a small shop and a café. Easy walk.

#### Hildur's Herb Garden

Duration: Approx. 2.5 hours. Capacity: 25-50.

Hildur's Herb garden you will get a sincere and warm welcome from the excellent hosts and experience a tasteful lunch in their private home.

You are invited to the Sagastua lounge where you can enjoy a meal flavoured by the herbs from the garden and seasonal ingredients, usually produced in the local region. In the old living room, with antique furniture and artifacts, you will get a glimpse of the farm's old history, as you enjoy your coffee and cake. The herb garden, with approx. 200 plants, roses and perennials, is a picturesque sight offering peace of mind. The small farm shop stocks local products including herbs, tea and spices, which are produced on the farm. Easy walk

#### RIB/ZODIAC In the Islands of the North

Duration: 1.5 hours

The fast going boat takes you out and close to some of the thousands of islands along the Helgeland coast. Narrow straits, white beaches and small houses characterize this archipelago. We go ashore on one of these deserted islands, close to the open sea to the west. Owing to all the migratory birds, the islands are very fertile and have an exciting flora. You will get to know more about the landscape, the geology and the life of the people that have lived out here for thousands of years.

#### PORT OF BRØNNØYSUND

Position N S: N: 65° Ø: 12°

Visiting address: Havnegata 42, 8900 Brønnøysund

Mail: [bronnøy.havn@bronnøy.kommune.no](mailto:bronnøy.havn@bronnøy.kommune.no)

Website: [www.bronnoyhavn.no](http://www.bronnoyhavn.no)

Phone: +47 959 20 020

VHF: Channel 12

Berths for cruise: Gårdsøya and Midthavna

Distance to city centre: 50 m / 2 km

#### DOCKING INFORMATION

Landing largest ship: 230 m

Air draft: Midthavna 38 m, Gårdsøya none

Tidal movement: 2,5 m

Terminal contact: Edvard Kvalø

Phone: + 47 959 20 020

Mail: [havnevakt@bronnøy.kommune.no](mailto:havnevakt@bronnøy.kommune.no)

#### TERMINAL FACILITIES (TURNAROUND)

Wi-Fi Service

Taxi: At request

Shuttle bus: At request

Distance to airport: Midthavna 1km, Gårdsøya 3 km

Transit and T/A Equipment

Forklifts

#### PORT SERVICES

Fresh water bunkering

Waste landing

Sludge landing

Grey water landing

Special waste

#### SECURITY & ENVIRONMENT

Fenced terminals (ISPS)

Security service

Max ships per day: 2

#### ANCHORAGE - TYVIKA/ OR VERØYA

Max GT: No limit

Type of bottom: Stone and mud

Minimum depth: 50/ 30 m

Distance from anchorage to tender pier: 800 m

#### TOURIST INFORMATION

Visiting address: Sømnaven 92,

8900 Brønnøysund

Mailing address: Sømnaven 92, 8900 Brønnøysund

E-mail: [bronnøysund@visithelgeland.com](mailto:bronnøysund@visithelgeland.com)

Phone: +47 41 45 64 67

Web: [www.visithelgeland.com](http://www.visithelgeland.com)

Distance from port: 50 m / 2 km



#### Quay

Gårdsøya

Midthavna

#### Water depth

25 m

6.2 m

#### Length

100 m

200 m

#### Height

3 m

2.8 m

#### Fenders

Standard

Standard

#### Shore Power

No

No

#### Grey Water

Yes

Yes

#### Max Ship size

300 m

200 m







Helgeland bridge with Sandnessjøen and the mountain range The Seven Sisters to the right. Photo: Jonas Berglund

# SANDNESSJØEN

## In the middle of the Helgeland Coast

Sandnessjøen is a perfect base for exploring the islands along the idyllic coast. This town is best known for the famous mountain range The Seven Sisters. Surrounding Sandnessjøen there are many mountains and hiking trails to explore for the active ones. The small town has a rich history from the Viking Age and Medieval period with a Chieftdom and three medieval churches surrounding the town along with the popular and modern Petter Dass Museum for those culturally engaged.

From Sandnessjøen, you are 30 minutes from idyllic islands, an hour from the Arctic Circle, or a zipline and a via ferrata, two hours from the world's first Arctic single malt whisky distillery, or the UNESCO World Heritage site Vega Archipelago, or the Svartisen Glacier.

### ATTRACTIONS/EXCURSIONS

#### **Immerse yourself in the Viking Saga with the power and intrigues that follows**

Excursion with guide. Capacity: 30-150 pax  
Duration: Approx. 1 hour

Meet historic figures from the Viking Saga at one of the most powerful chieftdoms, a 1,000 years ago in Northern Norway. Immerse yourself with costumes from the Viking Age, a tasteful bite of the traditional food and participate in the conflicts and power surrounding this historic chieftdom.

You will have a guided tour around the historic place and get to know the powerful Vikings and families of this region. This powerful chieftain has been recreated at Sandnes in Sandnessjøen. This Viking venue is situated only a 10-minute walk from the harbour and has a rich history from the Viking Age with powerful figures.

Excursion alternatives: Tastes of local food made in a traditional way, authentic to the Viking Age, or dress up in Viking costumes, and be a part of the conflicts and competitions of the Viking Age, or a guided tour of the historic facilities, or be a part of the traditional way of weddings, funerals, and other events from the Viking Age.

#### **Experience the medieval history**

Bus Excursion with guide.

Capacity: 10-50 pax per group.

Duration: 6 hours

Discover the cultural treasures and enjoy locally produced delicacies in the historic and manorial grounds at Dønna. Enjoy a guided tour in the medieval church and a peak into Norway's largest and best-preserved mausoleum. The grounds at Dønna are connected to the local ancestry dating to the mid-18th century. The ancestry owned both the farm

and the church, as well as building the mausoleum for their deceased relatives. Today, the present occupants are the 4th generation owners after the historic ancestry. To put the finishing touch, we will drive up Dønnes mountain for a photo stop and visit one of the world's' smallest chocolate factories.

#### **Historic RIB safari in the Helgeland Archipelago**

Excursion with guide.

Capacity: 10 - 36 pax, 12 pr group.

Duration: 3 hours

This guided safari excursion by rigid inflatable boat (RIB) takes place in the realm of the mythic mountain range The Seven Sisters. Explore the playful waves in high speed, feel the power of the sea and discover the spectacular nature and animal life in the mythical archipelago. Immerse yourself in the history of how the local islanders and fish farmers survived the harsh weather out at sea and explore the rich animal



RIB. Foto: Kristian Olsen - Seløy Kystferie



Petter Dass museum with the medieval church. Photo: Petter Dass museet



The mountain range De syv søstre. Photo: Sigrid Haarberg, Visit Helgeland

life on the Helgeland Coast with cormorants, seagulls, and eagles around the shallow waters. During this safari, there will be a break going ashore at an island for cultural history with local chocolate and coffee. There is always more islands, nature, and history to discover around each corner with more than 24,000 islands, islets and reefs surrounded by shallow waters, white beaches, and adventurous coastal mountains.

### Influential men, war and nature shaping the local identity

Bus excursion with guide  
Duration: Approx. 3.5 hours  
Immerse yourself in the life of the locals, and how these events shaped the identity of the local community. Join a tour in the realm of The Seven Sisters mountain range, a short stop at the Tjøtta International War Cemetery in memory of Norway's largest ship disaster, and the Petter Dass Museum – an exciting blend of culture, nature and architecture. When you arrive at Alstahaug you get modern architecture, and a rewarding cultural experience in scenic surroundings. At the left-hand side of the modern museum, you have the medieval church in

Alstahaug. During the scenic drive, there will be a photo stop along the mountain range The Seven Sisters, and a short stop at the Tjøtta International War Cemetery in memory of MS Rigel, Norway's largest (and the world's 3rd largest) ship disaster.

### Hiking in the realm of the mountain range The Seven Sisters

Excursion with guide.  
Duration: Approx. 3.5 hours  
On this excursion you can fill your camera with photos of the mystical mountains of the Helgeland Coast. The bus will take a couple stops for your perfect picture of the mystical Seven Sisters and the mountain Dønnamannen. The guide will tell stories from the myth of the Helgeland mountains and the trolls that they hide. This excursion is for the ones in a decent shape, with experience hiking the nature and uneven hiking trails. This trail takes approximately an hour each way and offers beautiful landscapes in in every direction.

### PORT OF SANDNESSJØEN

Position: N: 66° 01.463' E: 12° 39.900  
Visiting address: Torolv Kveldulvsøns gate  
E-mail: [post@helgelandhavn.no](mailto:post@helgelandhavn.no)  
Website: [helgelandhavn.no](http://helgelandhavn.no)  
Phone: +47 75 07 57 00  
VHF: Channel 12  
Berths for cruise: 3  
Distance to town centre: 0-3.5km

### DOCKING INFORMATION

Terminal contact: Rune Myre  
Phone: + 47 90 69 61 41  
E-mail: [rune@helgelandhavn.no](mailto:rune@helgelandhavn.no)

### TERMINAL FACILITIES (TURNAROUND)

Taxi: Can be arranged  
Shuttle bus: Can be arranged  
Distance to airport: 12 km

### PORT SERVICES

Fresh water bunkering  
Waste landing  
Grey water landing

### SECURITY & ENVIRONMENT

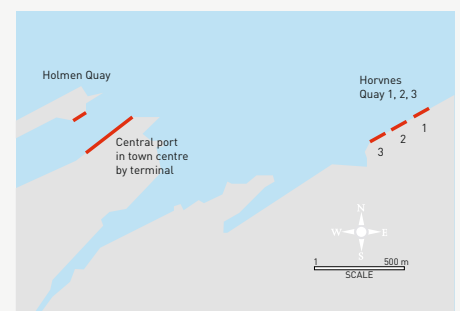
Fenced terminals (ISPS)  
Security service  
Max ships per day: 1-2  
Max pax per day: 2,500

### TOURIST INFORMATION

Visiting address: Torolv Kveldulvsøns gate 10  
E-mail: [post@visithelgeland.com](mailto:post@visithelgeland.com)  
Phone: +47 75 01 80 00  
Web: [visithelgeland.com](http://visithelgeland.com)  
Distance from port: 0- 3.5 km



Quay	Water depth	Length	Height	Fenders	Shore Power	Grey Water	Max Ship size
Quay 1 Horvnes	20 m	80 m		Tyres	In planning	Yes	300 m
Quay 2	20 m	80 m		Tyres	In planning	Yes	
Quay 3	20 m	80 m		Tyres	In planning	Yes	
Holmen	18 m	50 m		Tyres	No	No	
By terminal	8 m	214 m		Tyres			







Arctic Circle Rana. Photo: [www.visitthelgeland.com](http://www.visitthelgeland.com), Rana

# MO I RANA

## The Arctic Circle town

Mo i Rana is the town in Norway located closest to the Arctic Circle. The town is surrounded by beautiful nature, fjords and mountains, Scandinavia's second largest glacier, wondrous caves and one of the largest national parks in Norway. As a cruise port, Mo i Rana has a variety of attractions to offer cruise passengers, both summer and winter. In the wintertime you can watch the Northern Lights and in the summer the Midnight Sun. Visiting the Arctic Circle, the Salmon History Museum and trips to the caves are popular among tourists, as well as enjoying culinary attractions such as reindeer and the freshest seafood imaginable. The 300-m-long cruise pier has minimum depth of 8 m and good availability.

### ATTRACTIONS/EXCURSIONS

#### The Arctic Circle and Sami Culture

Duration 5-6 hours

The Arctic Circle is situated about one hour from Mo i Rana, and is the boundary between Saltfjellet and Svartisen National Park. We also pay a visit to a Sami family at Saltfjellet. Capacity: 25-200 pax.

#### Grønligrøtta and Sætergrøtta

Duration: 3 hours

The caves are the most popular and most visited limestone caves of the last century. The caves have been formed by water and ice over a period of 700,000 years. Come and see the earth's inner core. Grønligrøtta & Sætergrøtta are two of the biggest caves of the 200 found in the district of Mo i Rana. This excursion is by bus. Capacity: 25-100 pax.

#### Historical walk and marvel at nature by bus or train

Duration: 5-6 hours

Visit Mosjøen, "the historical town", where history remains alive today. The 19th century buildings are well preserved, forming a colourful backdrop to the little town's urban life. This tour also includes a serving of lunch and history in the oldest hotel in North Norway: Fru Haugan's Hotel. We also take a drive through the magnificent nearby natural landscape. This excursion is by bus or bus and train. Capacity: 25-100 pax.

#### City sightseeing in Mo i Rana

Duration: 2 hours

Moholmen, the old part of Mo i Rana, is like an oasis in the town centre. A stroll around the district is like a trip back in time, away from the modern hustle and bustle. The oldest buildings in Moholmen date back to the 17th century, and the area is a living museum of the era before industry arrived in the town. Mo i Rana's past also goes

back to the end of the 16th century, when the iron ore industry started, and it is now home to the most modern industrial area in Norway. This excursion is by bus and features a walking tour. Capacity: 25-200 pax.

#### Spectacular outer island of Lovund

On this tour we visit the island of salmon, Lovund. This island, formed like a hat, is one of our most visited tourist areas where the main industry is the export of salmon worldwide. This is the island where people want to stay and live their lives. This excursion is by coach and local charter boat. Capacity: 20-100 pax. Duration: 8 hours



Nordfjorden. Photo: Mo i Rana Havn KF



Exploring the Grønligrotta cave. Photo: CH, Helgeland Reiseliv



Sjøgata. Photo: Terje-Rakke, Nordic Life, Helgeland Reiseliv

### Skillevollen Idrettspark (activity park)

Duration: 2-3 hours

Skillevollen Idrettspark is an activity park open all year round. In winter, it offers skiing, snowshoeing, sledding, igloo building and ice skating. In summer, roller blading, biking and hiking in a variety of terrains are the order of the day, as well as much, much more. This excursion is by bus. Capacity: 25-100 pax.

### Two countries in one excursion, Norway and Sweden

Duration: 6 hours

Starting in Mo i Rana, you will take a bus to Hemavan/Tärnaby in Sweden, an extremely popular winter destination. Summertime offers the chance to view the area's vast botanical treasures and local culture. Lunch will be served at one of the restaurants in Hemavan, where you will also hear the story of Swedish downhill champions Ingemar Stenmark and Anja Persson. This excursion is by bus. Capacity: 20-200 pax.

### The best of Helgeland

Whales, glacier, fjords, waterfalls and mountain viewpoints! All this can be experienced on this marvellous tour where we also cross the Arctic Circle at the island Vikingen, which we are taken to by local boat. Lunch is served on the boat. We travel by coach to reach the fjord. Capacity: 40-100 pax. Duration: 6 hours

### Hike like a local at Båsmofjellet with a visit to Stenneset Open Air Museum

Stenneset is an open air museum just outside the town centre. Here we find local history, food and activities. Here we also include a short local walking tour. This excursion is by bus. Capacity: 25-150 pax. Duration: 3 hours

### PORT OF MO I RANA

Position: 66°19'58"N and 14°07'77"E

Visiting address: Midtre gate 23

E-mail: oystein@moiranahavn.no

Website: www.moiranahavn.no

Phone: +47 75 13 47 06

VHF: Channel 12

Berths for cruise: Toraneskaia and Bulkterminalen

Distance to town centre: 500 m

### DOCKING INFORMATION

Landing largest ship: 265 m

Air draft: No limitations

Tidal movement: 2.43 m tidal difference

Terminal contact: Øystein Lorentzen,

Cruise Coordinator, +47 913 13 693,

oystein@moiranahavn.no

### TERMINAL FACILITIES (TURNAROUND)

Wi-Fi Service

Taxi

Shuttle bus

Distance to airport: 15 km

### CREW FACILITIES

Free Wi - Fi

### PORT SERVICES

Fresh water bunkering

Waste landing

Special waste

### SECURITY & ENVIRONMENT

Fenced terminals (ISPS)

Security service

EPI

ESI

Max ships per day: 2

Max pax per day: 2,000

### ANCHORAGE

Max GT: On request

Type of bottom: Mud

Minimum depth: 50 m

Distance from anchorage to tender pier: 200 m

### TOURIST INFORMATION

Visiting address: Ole Tobias Olsens gate 1

E-mail: mo@visithelgeland.com

Phone: +47 75 01 80 00

Web: visithelgeland.com



#### Quay

Toraneskaia

Bulkterminalen

#### Water depth

7.8 m

11 m

#### Length

310 m

129 m

#### Height

5.5 m

6 m

#### Fenders

Tyres

Tyres

#### Shore Power

No

No

#### Grey Water

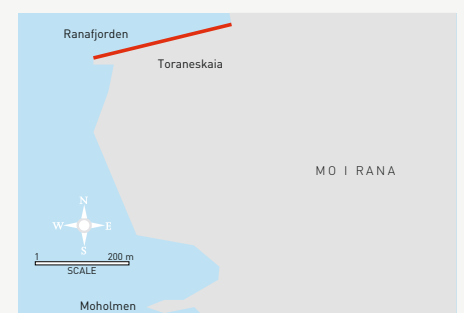
No

No

#### Max Ship size

265 m

265 m







Port of Bodø. Photo: Drone Nord, Bodø Havn

# BODØ

## European Capital of Culture 2024

Bodø is a vibrant city on the edge of nature, with a few months of dazzling Midnight Sun and a long and magical Northern Lights season. This urban city has a lively city centre with restaurants, cultural activities and shops, central berths and memorable excursions. We recommend Saltstraumen -the world's strongest tidal current, Kjerringøy Island - a historic trading post, the Norwegian Aviation Museum, sea eagle safari by RIB, fishing trips, coastal hikes and flying lessons at the Newton Flight Academy. With a one-stop connection to the major airport hubs of Europe, Bodø is the perfect home port with only a five-minute drive from the port to the airport.

### ATTRACTIONS/EXCURSIONS

#### NATURAL PHENOMENA AND OUTDOOR ACTIVITIES

##### Saltstraumen

Visit the world's strongest tidal current, where the largest whirlpools are 12 m in diameter and 5 m deep. See one of the wonders of the world at close quarters, as an onlooker on the shore, on a sea eagle safari by RIB or over a Stone Age cultural meal. Learn about the historical adventures of the world's strongest tidal current. Enjoy refreshments and an educational multimedia film explaining the phenomenon occurring every 6 hours when almost 400 million m<sup>3</sup> of water pass through the 3 km long and 150 m wide strait between the Saltenfjord and the Skjerstadfjord at speeds of up to 20 knots. This trip gives you an adrenalin kick, lots of excitement and suits all ages. Duration: 3 hours. Capacity: 400

##### Svartisen Glacier

Norway's second largest glacier, underground caves, marble formations, steep peaks, waterfalls and a beautiful lake are all located in the beautiful national park. You might like to try biking, mindful walking, a guided glacier tour or taking in the view from the café. This trip takes you on a beautiful ride along the scenic coastline, passing Saltstraumen and exploring the nature. Duration: 8 hours by coach. Capacity: 120

##### Hiking

Bodø is a find for those who love nature, and the view from Mt Keiservarden is magnificent. Bodø is a peninsula surrounded by ocean and fjords, but also by a scenic countryside on the outskirts of the city. Mountainous Bodø offers wonderful hiking opportunities with its 120 peaks surrounding the city. You can choose between easy walks to demanding rock climbing. The view over the city and your ship is worth a picture. Duration: 3 hours. Capacity: 120

##### Coastal walk

Come on a guided walking tour along the shore, across sandy beaches with an amazing view! The special Arctic light plays with your eyes, every day a new and different angle. Let the nature embrace you and breathe in the fresh sea air you will only find here in the north. Listen to the soothing sound of the ocean, or search for beautiful sea shells at the beach. You will be in close contact with the elements and experience a real Norwegian tradition - friluftsliv (enjoyment of the great outdoors)! Duration: 2,5 hours. Capacity: 48. Distance: 3 km.

##### City sightseeing

From the quayside, by bus or walking. Enjoy a sightseeing tour with a visit to the local cathedral, the charming city centre with its local handcrafts, cafes, museums and modern shops. The street art covering several buildings in the city centre is also worth a look. If you take the trip by bus you may include the panoramic view from Ronvikfjellet mountain. Duration: 2 hours. Capacity: 100.



The Jekt Trade Museum. Photo: Ernst Furuhatt



Kjerringøy old trading post. Photo: Ernst Furuhatt



Saltstraumen - the worlds strongest tidal current. Photo: Ernst Furuhatt

## GALLERIES AND MUSEUMS

### The Norwegian Aviation Museum

The Norwegian Aviation Museum was opened in 1994 and is Norway's national museum in this field. It is situated in the city centre in a building shaped like a gigantic propeller, and deals with both military and civil aviation. Inside the museum you can experience aviation and its fascinating history at close quarters. See famous and infamous aircraft like the Spitfire, the Twin Otter and the U-2 spy plane at close quarters. Duration: 3 hours Capacity: 900.

### Newton Flight Academy

Come fly with us at the Newton Flight Academy where you get to be a real pilot and to take control of a full motion twin-engine flight simulator, and experience the challenge and the fun flying this popular aircraft. You may easily combine the visit with a visit to the national aviation museum as they are situated side by side. Duration: 3 hours. Capacity: 18 people.

### Kjerringøy old trading post

Kjerringøy Trading Post is situated in an idyllic setting at beautiful island of Kjerringøy, a pearl on northern Norway's coast. A picturesque, coastal-alpine landscape sheltered from the ocean by a garland of small islands, islets and rocks. Kjerringøy is a 45-minute drive from Bodø and has 15 authentic buildings at this traditional, north Norwegian trading post, which is exceptionally well-preserved. Follow the farmhand and the maid through the old buildings with their distinctive and authentic atmosphere, buy boiled sweets at the country store and take part in many other activities during the season. A multimedia show recounts the history of the trading post. This trip takes you on a beautiful ride along the scenic coastline with great natural beauty. Duration: 5 hours. Capacity: 250.

### The Jekt Trade Museum

A historical vessel, the jekt, is preserved and exhibited in the newest museum in the city, which depicts the fascinating story about fish, trade and livelihood in circumpolar Norway. The adventurous journey of the jekt to Bergen

was the beginning of the stockfish trade to worldwide markets. The museum is situated in a stunning coastal landscape and gives you an opportunity to take a hike on the coastal path. Duration: 120 min. Capacity: 90 pax pr 20 min/270 pax pr hour.

### Nordland Museum

This is the oldest museum in Nordland County, established in 1888. In one of Bodø's oldest buildings (from 1904), you can see the exhibition entitled "Our City", which portrays the city's history. The museum also has a 1,000-year-old silver treasure from Rønvik on display. Duration: 2 hours. Capacity: 50.

### Concert at Bodø Cathedral

Enjoy a magical performance at Bodø Cathedral, just a short walk from your ship. The organist will welcome you and give an introduction to the city, Bodø Cathedral and it's pride and joy - one of the largest organs with 5,200 pipes. Sit back and enjoy the beautiful concert by the local youth choir dressed in their national costumes. Duration: 1 hours. Capacity: 900

### PORT OF BODØ

Position: 67° North  
Visiting address: Bodøterminalen, Terminalveien  
E-mail: firmapost@bodohavn.no  
Website: www.bodohavn.no  
Phone: +47 75 55 10 80  
VHF: Channel 12

### DOCKING INFORMATION

Air draft: unlimited  
Tidal movement: MLWS 0.4 m MHWS 2.8 m  
Terminal contact: Port control office  
E-mail contact: vakt@bodohavn.no  
Phone contact: +47 908 98 020

### TERMINAL FACILITIES (TURNAROUND)

Restrooms  
Wi-Fi Service  
Tax  
Shuttle bus  
3 km to Bodø Airport

### TRANSIT AND T/A EQUIPMENT

Mobile luggage units available upon request  
Forklifts available upon request

### PORT SERVICES / FACILITIES & INFORMATION

LNG by car on prior request  
Supplies available  
Waste handling  
Grey water  
Tugboats on prior request  
Anchorage on prior request  
Ship tender facilities  
Gangway available (10 m)  
ISPS approved

### RESTRICTIONS IN HARBOUR

Maximum ship length: 320 m (8.5 m draft)  
Maximum ship draft: 10.5 m (300 m length)  
Maximum beam: unlimited  
Maximum air draft: Draft above 58 m must be reported to port authorities  
Bollard strength (certification): 150 tonnes  
Crew facilities: free Wi-Fi, hiking maps, walking trail

Distance to pilot station

South: 1 nm, 1 hour

North: 1 nm, 1 hour

Pilot: Channel 13

### ANCHORAGE/TENDER

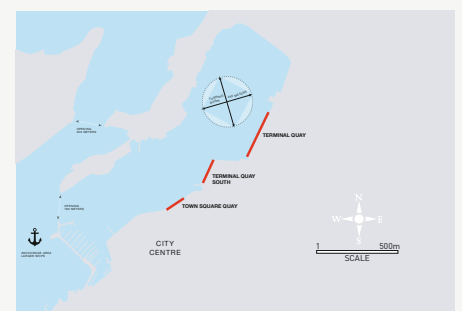
Max GT: Info per request  
Type of bottom: info on request  
Minimum depth: info on request  
Distance from anchorage to tender pier:  
Info per request

### SECURITY & ENVIRONMENT

Fenced terminals (ISPS)  
Security service  
Low voltage shore power available  
EPI See price list www.bodohavn.no for details  
NOx-regulations National regulations apply  
Max ships per day: 3  
Max pax per day: 5,000



Quay	Water depth	Length	Height	Fenders	Shore Power	Grey Water	Max Ship size
Town square quay	7.0 m	120 m	+4.5 (LAT)	Rubber tiers	Low voltage	Yes	210 m
Terminal quay south	8.4 m	200 m	+4.5 (LAT)	Pneumatic plates	Low voltage	Yes	270 m
Terminal quay	8.5 m	350 m	+4.5 (LAT)	Rubber tiers	Low voltage	Yes	320 m







# NARVIK

## The region of contrasts

Welcome to Narvik - A peninsula surrounded by fjords and mountains. Narvik is so much more than just beautiful nature! It is the home of Ofoten railway, the navvies, Polar Park and its unique war history. It is also the official Norwegian candidate in the bid to host the 2027 World Championships in alpine skiing. With its unique location and varied tour programme, Narvik welcomes small and large ships. With volume tours and boutique excursions, Narvik is an ideal location for turnaround operations. Narvik was the first industrial town in Northern Norway as the construction of the Ofoten Railway was completed. Its unique culture was, and still is, influenced by Swedish navvies, British engineers and sailors from across the world. We have a story to tell.

### ATTRACTIONS/EXCURSIONS

#### Polar Park

The world's northernmost wildlife park and one of Northern Norway's most popular tourist attractions. With its 114 acres of natural habitat, it houses Arctic animals such as wolves, brown bear, lynx, wolverine, moose, reindeer, musk oxen and foxes. Enjoy a guided tour of the park.

#### Wolf Camp

We give you the unique opportunity to meet the wolves at Polar Park inside the enclosure! Meet this mythical animal and discover the truth about wolves.

#### The Ofoten Railway

The Ofoten Railway extends for 42 km from Narvik to the Swedish border and winds its way through steep, rugged, mountainous terrain north of the Arctic Circle. The journey is a tourist attraction in itself. The line was once described as the 8th Wonder of the World

and was the northernmost, coldest and harshest railway construction project the world had ever seen.

#### The Navvy Trek

In a rich and wild nature setting, the Navvy Trail Winds its way down from the mountain to the fjord. The backdrop for this picturesque walk is nature itself with vibrant colours, brilliant light and unique sounds. The Navvy Trail has been branded a cultural Heritage trail. This combines the train, the hike, boat past a wartime shipwreck and bus. A must for those who enjoy the outdoors.

#### Narvikfjellet - Cable Car

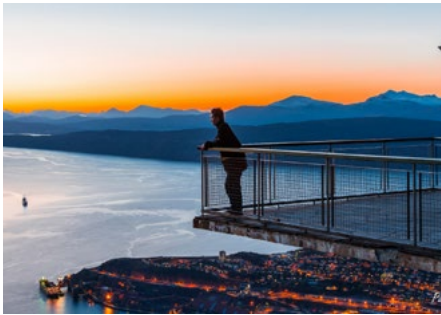
Take the cable car to one of the most famous viewpoints in Northern Norway - the mountain restaurant 656 m above sea level. Enjoy the spectacular view, the Midnight Sun or the Northern Lights. With the cable car as a start, you can combine many activities such as; walking tours, sled rides down the mountain, snowshoeing and skiing.

#### War History & Memorial Museum

Narvik's dramatic history from World War II is depicted through pictures, displays and interactive animations at the war museum. For two months a bitter battle for Narvik took place, and it was here that the first major victory gained by the Allies during World War II was achieved.

#### Njallasouka Sami Siida

Visit the Sami Siida and have an amazing time meeting some of our reindeers and find out about the Sami people. Help us feed the reindeer and learn about these beautiful animals. We also invite you into our warm and cosy Sami lavvu, where you can sit around the crackling bonfire with a hot cup of coffee and let us teach you about our Sami way of life and introduce you to some old Sami handicraft.



Narvik. Photo: Pål Jakobsen



The Ofoten Railway



Northern Lights at the lodge. Photo: Pål Jakobsen

### Gratangen

#### - Norwegian Coastal History in a nutshell

Norwegian coastal history goes back thousands of years, and in the picturesque village of Gratangen you can learn how this has evolved. Visit the boat museum which hosts one of Northern Europe's largest collection of traditional Nordland boats (Fembøring - 10-ored boats) and then continue to Foldvik, which is historically known for fishing, Foldvik Market and salmon farming - giving you an understanding of life along the coast.

### WINTER FUN

#### Aurora Hunting

The Aurora Borealis, also called the Northern Lights, is only visible in the Northern Hemisphere in the period September to April. However, the best time is from October until February. We can offer several excursions where we hunt for this incredible natural phenomenon, hopefully leaving you with memories of a lifetime.

### Dog sledding

Glide across the blanket of snow to the sound of the runners and the panting of the dogs.

### Snowmobile excursions

Go on an adventure and experience the wild mountains on one of our environmentally friendly snowmobiles.

### Hiking

The Narvik peninsula offers plenty of terrain for hikes ranging from short to long, easy to hard. Enjoy nature the Norwegian way with a thermos flask and packed lunch. Pick berries or mushrooms or just enjoy the stillness.

### Panoramic Skjomen (summer only)

Skjomen is known for its scenic and volcanic terrain with high, steep mountains and clear water. The Frostisen glacier, which is one of the larger plateau glaciers in Norway, is located just west of the fjord. Skjomen is also home to an 18-hole golf course where you can enjoy a round of golf, go to the driving range or just have some silly games for fun.

### Isogaisa Sami Experience

At Kvernmo, north of Narvik, the Sami traditions are strong. You will have the unique opportunity to take part in an ancient Sami shaman ceremony. The shaman Ronald will meet you in the lavvu and tell you the history of the Sami people, the lavvu and their way of life before holding a drumming ceremony. The warmth of the bonfire and the sound of the drum creates a unique atmosphere.

### PORT OF NARVIK

Position: N: 68° 25.658' Ø: 17° 25.288'  
Visiting address: Havnegata 2, NO-8514 Narvik  
E-mail: firmapost@narvikhavn.no  
Website: www.narvikhavn.no  
Phone: +47 769 50370  
VHF: Channel 14/16  
Berths for cruise: Pier 3  
Distance to town centre: 500 m

### DOCKING INFORMATION

Landing largest ship: 350 m long  
Air draft: No limit  
Tidal movement: 3-4 m  
Terminal contact: Fredrik Holtet Lien,  
Traffic Inspector, +47 93856784

### TERMINAL FACILITIES (TURNAROUND)

Check in counters: Portable counters supplied by cruise line  
Restrooms: Portable toilets  
Wi-Fi Service: Free Wi-Fi on the pier

Taxi: Narvik Taxi  
Shuttle bus: On request  
Distance to airport: 58 km

### TRANSIT AND T/A EQUIPMENT

Mobile luggage units: Trucks/lorries  
Forklifts: The Port has forklifts available

### PORT SERVICES

Fresh water bunkering: The Port can supply water to all ships  
Waste landing: The Port has waste containers available  
Sludge landing: Special trucks  
Grey water landing: Special trucks  
Special waste: On request  
Crew facilities: Free internet, separate crew quarters under construction, available from 2022

### SECURITY & ENVIRONMENT

Fenced terminals (ISPS): The pier is fenced in and is an ISPS pier

Security service: ISPS security on pier  
Shore power: Under construction  
NOx -regulations - Norwegian standard  
Max ships per day - 1  
Max pax per day - 4,000

### ANCHORAGE

Max GT: No limit  
Type of bottom: Mud  
Minimum depth: 25 m  
Distance from anchorage to tender pier: 1,000 m (inner anchorage), 3,000 m (outer anchorage)

### TOURIST INFORMATION

Visiting address: Kongens gata 41-43, NO-8514 Narvik  
Postal address: PO Box 338, NO-8505 Narvik  
E-mail: post@visitnarvik.com  
Phone: +47 769 65600  
Web: www.visitnarvik.com  
Distance from port: 600 m



Quay	Water depth	Length	Height	Fenders	Shore Power	Grey Water	Max Ship size
Pier 3	12 m	150 m	12.5 m at low tide	Fender panels	Not yet	Yes	350 m







Reine in Lofoten. Photo: Alex Conu

# LOFOTEN

## The most beautiful islands in the world

Voted by National Geographic as one of the most appealing destinations in the world, Lofoten is an Arctic island group that has been a cruise destination since 1889. There are two main ports, Leknes and Svolvær, only separated by 1-hour drive. This rare wilderness offers a landscape of majestic mountains, deep fjords, and beautiful beaches. Due to this diversity, Lofoten is perfect for nature-based activities. You find hiking at all levels, as well as kayaking, surfing or golfing. In the wintertime, you can experience the magical Aurora Borealis, go skiing or snowshoeing. Horseback riding under the Arctic light is a must. You will also encounter long rich fishing traditions, Viking history and a rich art and handcraft culture.

### ATTRACTIONS/EXCURSIONS

**Magic Ice** in Svolvær is the world's first ice gallery and bar. Ice sculptures representing different aspects of Arctic life are dramatically lit and sound-tracked.

**Lofotpils** is Lofoten's first & only microbrewery. A guided tour takes visitors around the brewery where they will learn all about the beer making process, finishing with a beer tasting.

**RIB-Lofoten** can for example take you from Svolvær to the famous Trollfjord, the island of Skrova, Kabelvåg or maybe Henningsvær with guides who have local knowledge of our culture and history. From Leknes Port, they can take you to Ballstad, where the fishing industry is still of great importance for the people living there.

**Brim Explorer** provides ocean excursions without noise or pollution on board their silent hybrid-electric ship. This can be a very comfortable and enjoyable alternative when visiting Trollfjord, Skrova, Henningsvær or whatever suits your guests the best.

**Skrova Cultural Walk** enables you to discover the picturesque island of Skrova on a short walking trip, focusing on the island's culture and stories shared by the locals.

**The SKREI Experience Centre** is a complete experience for the whole family, located at Storvågan, Kabelvåg. The Lofoten Aquarium presents the northern Norwegian sea life. The Lofoten Museum tells the history of the Lofoten fisheries from the Middle Ages up until modern times, and Gallery Espolin shows paintings with captivating scenes from Lofoten.

**Galleri Lofoten** is located in the charming fishing village of Henningsvær and is described as Northern Norway's answer to the National Gallery. Norway's biggest collection of North Norwegian paintings from the period around the turn of the last century.

**Lofoten Links at Hov** offers a quality 18-hole championship golf course in a spectacular setting beside the sea, facing north and the Midnight Sun. Next to the golf course is **Hov Gård** which offers riding trips on Icelandic horses both summer and winter. Lunch available at **Låven Restaurant**.

**Aalan Gård** welcomes you to their farm and the authentic and natural Lofoten feeling with their cheese production, herb garden and farm shop. Home dining is also a popular experience here.



Lofotr Viking Museum. Photo: Kjell Ove Storvik



Horse riding at Hov. Photo: Kristin Folsland Olsen



On the way to Trollfjord - Brim Explorer, Destination Lofoten

**Meet the Vikings!** The biggest house in the world of the Vikings was found in Lofoten and reconstructed in full size. At Lofotr Viking Museum at Borg you can travel 1,000 years back in time and see the Vikings demonstrating handcrafts, and study art and crafts. Film and exhibition hails with unique artefacts. Viking-style food and drinks.

**Vestvågøy Museum** is located in the old schoolhouse and displays items from many areas of daily life in Lofoten's past. There is also a fisherman's cabin on the grounds.

**Lofoten Gaver & Brukskunst** offers the widest selection of souvenirs and gifts in Leknes, ranging from traditional souvenirs to locally produced marmalade and knitted products. The shop accepts foreign currency and all major credit cards. The store is a Global Blue retailer, which offers tax free shopping.

**Lofoten Seafood Centre** offers a variety of experiences; get acquainted with a salmon farm, visit our Stockfish house with thousands of stockfish and learn about the world greatest cod fisheries. Enjoy the sea view from our restaurant while experiencing the delicious taste of our locally produced seafood prepared by our Chef.

**Flakstad Church** is the second oldest church in Lofoten. This picturesque red church with its distinctive onion dome is set idyllically by the sea.

**The Blacksmith in Sund** is famous for his sculptures of cormorants, as well as a fishing boat engine museum.

**Norwegian Fishing Village Museum at Å** boasts the oldest working cod liver oil refinery in the world. The historic buildings house displays focused on Lofoten's fishing history.

**At Glasshytta, Vikten**, you will find magnificent scenery - but also glassblowers. The guests can bring home beautiful local artefacts from the place in Norway where glassblowing started.

**Lofoten Cuisine** is famous for its award-winning lamb, the Barents cod (skrei) and a wide variety of excellent seafood available all year round. Many of the local restaurants specialize in cuisine based on produce sourced locally and from the Arctic region in general.

#### PORT OF LEKNES (L) AND SVOLVÆR (S) IN LOFOTEN

Position L: N68°12.7 E13°34 / S: N68°13.29 E14°33.93  
Visiting address: L: Leknes havn, NO-8370 Leknes / S: Fiskergata 23, NO-8300 Svolvær  
Mail L: havn@vestvagoy.kommune.no / S: havnevaktt@vagan.kommune.no  
Website L: www.lofoten.havn.no / S: www.vaganhavn.no  
Phone L: +47 416 55 920 / S: +47 76067990/ 91661990  
VHF L & S: 12/16  
Berths for cruise L: 1 quay and 1 tenderdock / S: 2  
Distance to town centre L: 3 km / S: 0.2 km/ 1 km

#### DOCKING INFORMATION

Landing largest ship L: at quay max 230m, at anchor N/L / S: West 214 m, East 140 m, at anchor N/L  
Air draft L and S: N/L  
Tidal movement L: 2-2.2 m / S: 1.86 m  
Terminal contact L: Kjell Jakobsen, Harbour master, +47 416 55 920, Kjell.jakobsen@vestvagoy.kommune.no / S: Ole Osland, Harbour Master. +47 91661990. ole.osland@vagan.kommune.no

#### TERMINAL FACILITIES

Restrooms  
Wi-Fi  
Taxi  
Shuttle bus  
Distance to airport: L: 4 km / S: West 6.4 km, East 6 km

#### TRANSIT AND T/A EQUIPMENT

Forklifts

#### PORT SERVICES

Fresh water bunkering  
Waste landing  
Sludge landing  
Grey water landing  
Special waste  
VAT refund

#### SECURITY & ENVIRONMENT

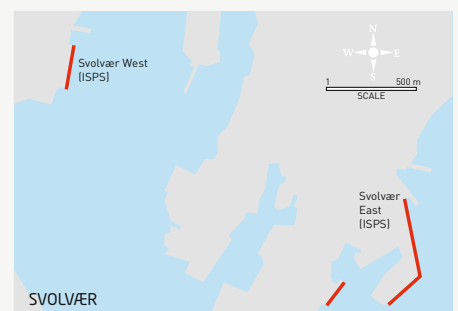
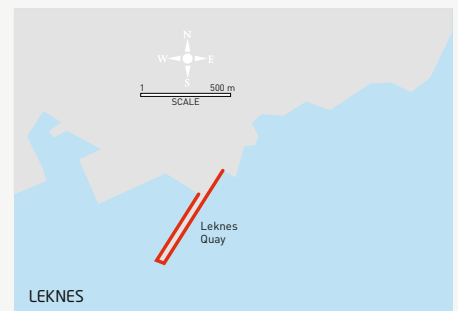
Fenced terminals (ISPS)  
Security service  
ESI  
Max pax per day: 4,000  
Max ships per day: 3

#### ANCHORAGE

Max GT L & S: N/L  
Type of bottom: Sand  
Minimum depth L: 7.5 m - 14m / S: 36 m  
Distance from anchorage to tender pier  
L: aprx. 0.75 nautical miles/ S: 0.7 nautical miles

#### TOURIST INFORMATION

Visiting address: L: Storgata 25, NO-8370 Leknes / S: Torget 18, Svolvær  
Postal address: L: Storgata 27, Leknes town centre / S: Svolvær Turistinformasjon, Postboks 210, N-8301 Svolvær  
E-mail: L: post@vestvagoy-turistinfo.no / S: info@lofoten.info  
Phone: L: +47 76 05 69 63 / S: +47 760 70 575  
Web: www.lofoten.info/lofoten-cruise  
Distance from port: L: 3 km / S: West 1.7km, East 200 M



Quay	Water depth	Length	Height	Fenders	Grey Water	Max Ship size
Leknes	Min. 7.5-14 m	190 m	3 m	Dumper tyres	Yes	230 m
Dampskipskai (Svolvær)	5.5 m	214 m	3 m	Dumper tyres	Yes	140 m
Osan industri kai (Svolvær)	9 m	124 m	3 m	Dumper tyres	Yes	200 m





Stø. Photo: Rikke Bye

# VESTERÅLEN

## Kingdom of the whales

The Vesteraalen archipelago is a magnificent set of islands with the most stunning natural surroundings. This is a place that really brings you back in time to what life was like hundreds of years ago. There are still people living on small little islands where boat is the only means of transport to schools, shops and communal services. This is a true representation of how to live of the land. The fishing industry is by far the largest. Due to the rich supply of fish this is also where you will find the magnificent whales. The Vesteraalen islands is home to whales all year round. Northern Lights appear with the advent of the dark season and as we approach summer the midnight sun graces us with its presence.

### ATTRACTIONS/EXCURSIONS

**WHALE SAFARI** Vesterålen is located on the edge of the continental shelf, where the nutrient-rich ocean is a primary feeding ground for whales. This geographical privilege makes the area perfect for whale safaris. Here one can experience some of the world's largest sea mammals at close range.

#### ANDØYA SPACE CENTRE - SPACESHIP AURORA

At Spaceship Aurora you will get a virtual trip into space. Here you will visit the Northern Lights and will see their origin and effect on our planet, both naturally and culturally. You will take part in experiments, launch probes and see how the day to day life is like at a Space Center. This is very good for families. ALVELAND - According to old legends, Andøya was a place for elves. This is where the magic happened. Alveland soap factory, shop and café

is a gem. Take part in making soaps, look through the home-made products and nick-knack in the shop, hear the story and enjoy home baking.

**PUFFIN & SEA EAGLE SAFARI** - Board a genuine fishing boat and head for Bleiksøya bird rock, only 10 minutes away. Between April and September this is their breeding ground and the activity is high. Another majestic bird aware of this activity is the sea eagle. For them this is hunting ground. You are guaranteed some excellent photos.

**INGA SAMI SIIDA** Our guests are welcome to experience the exotic native Sami culture. We tell you the stories about our Sami culture, myths and magic, herding reindeers, and the daily life of the arctic reindeers and their exciting properties. You will experience Joik (The traditional song of the Sami people) while seated around the warm, cozy fireplace inside our lavvu, enjoying the special atmosphere.

**NYKSUND** - Nyksund is a former fishing village which was abandoned for many years, but today it is one of the most important tourist attractions in Vesterålen. Nyksund is now a vibrant little village, but one can still see and experience how people lived 100 years ago.

**ISLAND HOPPING** - through time. From Skjærfjorden we take a boat trip among the most spectacular islands visiting Skipnes and Tinden on our way. At Skipnes we make a stop for refreshments and a visit to "Anna from Vinje" to learn the story of what it was like to be a fisherman's wife in hard times. To top it off - the most jaw-dropping view of Vesterålen. Tinden was the most important trading post in the region.



Nyksund



Inga Sámi Siida. Photo: Trym Ivar Bergsmo



Miniconcert in the Neptune Tank

**SCENIC EIDSFJORD** - Our main goal for this tour is Eidsfjorden. Here we learn about the rich herring fisheries during the late 1800's and the typical Northern Norwegian combination of farming and fisheries, «Fiskarbonden». In its glory days Eidsfjord inhabited as much as 10 000 people, but today only about 100 people live here.

**HURTIGRUTEN MUSEUM** - We will visit the museum and learn about how one man started a steam-boat company which changed the lives of thousands of people along the Norwegian coast. After visiting the museum, we will have time to explore one of the older boats which lies just in front of the museum.

**MINI CONCERT IN THE NEPTUNE TANK** - A unique concert in the old fish container tank. The sound carries for more than 23 seconds, surrounding you totally and creating sounds no technical equipment can. We combine this concert, which last for about 25 mins, with other activities on the Hadsel Island.

#### TROLLFJORD CRUISE AND SEA EAGLE SAFARI

- Few fjords can compete with Trollfjord. It's 3 km long, with a 70 m wide opening surrounded by steep mountainsides. Nature here is terrifyingly dramatic. And we can almost guarantee a close sighting of the magnificent Sea Eagle!

**VISIT A REAL FISH FARM!** - Norway is the world's largest producer of Atlantic salmon, and around 14 million people around the world enjoy Norwegian salmon every day! Along with fishery, aquaculture is the main industry in Vesterålen, providing valuable opportunities for employment and settlement along the coast.

**NORTHERN LIGHTS** - The Aurora Borealis, also called the Northern Lights, is only visible in the Northern Hemisphere in the period from September to April. We can offer more than one excursion where we go looking for these incredible phenomena, you will hopefully get memories of a lifetime.

**MIDNIGHT SUN** - the phenomena midnight sun is when the sun doesn't go under the horizon, so you can see the sun 24 hours a day. This phenomenon is only from the end of May to the end of July between the polar circles and the poles. It's absolutely fantastic to watch, and it's a memorable moment.

#### PORT OF VESTERÅLEN (SORTLAND)

Position: N 6842 E 1526, UTM 0517007 7620922.  
Visiting address: Havnegata 7, NO-8400 Sortland  
E-mail: Havnekontoret@sortland-havn.no / cruise@sortland-havn.no  
Website: www.sortland-havn.no  
Phone: +47 755 77 100  
VHF: Channel 12  
Berths for cruise: 1  
Distance to city centre: 200 m

#### DOCKING INFORMATION

Landing largest ship: approx. 300 m depending on draught  
Air draft: N/A when arriving via Hadsselfjorden  
Tidal movement: 1.6 m - 2.4 m  
Terminal contact: Mr. Hansen, Einar Glad,  
Operation Manager - cell +47 905 89 308

#### TERMINAL FACILITIES (TURNAROUND)

Restrooms  
Wi-Fi Service  
Taxi  
Shuttle bus on request  
Distance to airport: Harstad/Narvik 110 km, Stokmarknes 22 km

#### TRANSIT AND T/A EQUIPMENT

Forklifts

#### PORT SERVICES

Fresh water bunkering  
Waste landing  
Sludge landing: on request  
Grey water landing: on request  
Special waste: on request  
VAT refund: on request

#### SECURITY & ENVIRONMENT

Fenced terminals (ISPS)  
Security service

EPI on request  
ESI on request  
NOx-regulations: non local regulation  
Max ships per day: N/A  
Max pax per day: 3,000

#### ANCHORAGE

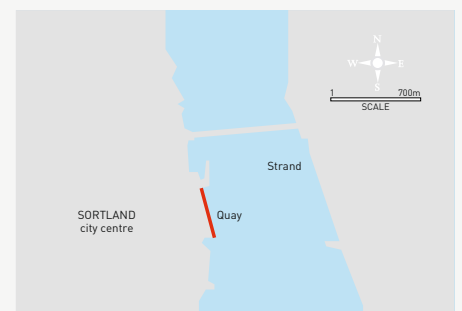
Max GT: Unlimited  
Type of bottom: All  
Minimum depth: N/A  
Distance from anchorage to tender pier:  
Several locations, so between 1-5 nm

#### TOURIST INFORMATION

Visiting address: Visit Vesterålen, Rådhusgata 11, 8400 Sortland  
Postal address: turistinfo@visitvesteralen.no  
E-mail: turistinfo@vestreg.no  
Phone: +47 761 11 480  
Web: www.visitvesteralen.com/en  
Distance from port: 200 m



Quay	Water depth	Length	Height	Fenders	Shore Power	Grey Water	Max Ship size
Terminalkai T1 - T5	5.7.5 - N 10 m	438	N/A	Rubber tires	No	On request	300 m







# HARSTAD

## The Arctic basecamp

When docking in Harstad, your guests will have the perfect base for exploring some of the most popular attractions in Northern Norway, while enjoying the urban atmosphere of the region. With focus on local cuisine, culture, and stunning nature, accompanied by a high focus on safety and sustainability, the Harstad region is ready to offer once-in-a-lifetime experiences.

### ATTRACTIONS/EXCURSIONS

#### The Trondenes Peninsula

Duration: 2 Hours

Capacity: 10 - 300 Pax

Season: all year

Visit the historical heart of Harstad, Trondenes peninsula. This area has historical importance for both Harstad and Norway. Here we find the worlds northernmost stone church from the late Middle Ages. Trondenes church was once one of the wealthiest churches north of Trondheim and is said to have had a direct link to the archbishop in Barcelona. In the museum, only two minutes' walk from the church, you learn about the Vikings of Trondenes and life in the area during Medieval times, as well as the effects of World War II in Harstad and the surrounding area. This is truly a tour that will give you the best of history in the Harstad region.

#### The green community - Kvæfjord

Duration: 5 Hours

Capacity: 10 - 120

Season: summer

Harstad and the surrounding area has a rich cultural history, and we would like to welcome you to visit

some of our beautiful historical sights. On this tour we visit Hemmestad Wharf, a former trading post where time has stood still for almost 200 years. In the locations of Trastad Collections we visit an authentic residential and care facility for disabled people dating back to 1966, which today is Norway's only collection of Outsider Art. We also stop for a snack at the beautiful Røkenes Farm, once a guest house and trading post, and today a restaurant and gallery with houses dating back to 1750.

#### Gourmet dining at Elgsnes Farm

Duration: approximately 3.5 hours

Capacity: 10 - 36

Season: all year

Welcome to a unique experience - in the world's northernmost inhabited archipelago! We travel by bus to Elgsnes, a white sandy beach situated approximately 20 km outside Harstad city centre. After learning a little about the rich history in the area from the only resident at the farm, we settle down in the old boathouse for a gourmet dinner accompanied by the sounds from the sea just outside the door. May also be offered as a lunch alternative.

#### Hike to Gangsåstoppen

Duration: approx. 2 hours

Season: all year

Harstad is situated in the middle of nature, and outdoor activities are essential for the inhabitants of the city. One of the most popular hikes for the locals is Gangsåstoppen. This hike is only about 3 km in total, but the view from the top is magnificent. The terrain is uneven and may have wet portions if it has been raining. Hiking boots are recommended. On the top we have a local snack and something to drink, along with a good break to get the perfect photo of your ship, which is moored just across the bay beneath us.

#### Arctic Kayaking

Duration: 3 hours

Capacity: 2 - 20

Season: all year, weather permitting

Join us for a leisurely kayak along Harstad's beautiful shores.

After a brief drive to your kayak location, you will receive a safety briefing and set off for your adventure. Your guide will teach you the basics of kayaking in Arctic Norway and share stories about the locals and your surroundings. If you are



E-biking in Harstad. Photo: Junit Weber



Keipen. Photo: Dag Roland



Trondenes Medieval Farm. Photo: André Askeland

fortunate, you may experience close encounters with the sea eagle, otters, seals, and porpoise. Otherwise, simply enjoy the marvellous scenery around you.

### E-bike and campfire

Duration: 2 hours

Capacity: 2 - 16

Season: spring, summer, and autumn

This e-bike adventure is not just about biking in the nature, but also about experiencing the northern Norwegian life with a campfire and food-prepping on the open flames.

Just a short walk from the pier, you will arrive at the e-bike center where you will be fitted with a bike and will be given a safety briefing. After a scenic round-trip ride on good forest trails, you will stop at one of the traditional shelters known as a 'gapahuk'. While your guide prepares a light meal at the bonfire, you can relax and enjoy the surroundings and the sounds of nature. When the food is ready, you will be treated to "kos og hygge" around the open fire as your guide shares stories and experiences about life in Northern Norway.

### Introduction to cross-country skiing

Duration: 2 hours

Capacity: 2 - 40

Season: winter (approx. November - March)

Give the Norwegian national sport a try.

Harstad has several areas for skiing and endless tracks for both enthusiasts and first-time skiers, and now you can try the sport for yourself. After a short bus ride from the pier, we arrive at Folkeparken arena. Here you will be fitted with proper boots for skiing, skis and poles before your guide gives you an introduction to basic skiing techniques. With the basics in place, we head for the tracks for a short tour of the area. Depending on the group, we head towards the nearest lake, or a traditional shelter for a short stop. Return to the starting point to change back to your own shoes before returning to the ship by bus.

### Snowshoe hike to mount Keipen

Duration: 3.5 hours

Capacity: 2 - 40

Season: winter, ca November - April

The most popular tour of the Harstad region, both summer and winter, is Keipen, and we know why! With moderate effort, you get a spectacular view of the nearby fjords and mountains. During winter, snowshoeing is a great way to get out into the nature, so we put our snowshoes on and head for the top. Our adventure starts at about 350 m above sea level, and after about 20-minute walk we get above the tree line and get a taste of the view awaiting us. We will hike for about one hour and before we head back down, we have a good photo stop and enjoy a hot drink and snack.

### PORT OF HARSTAD

Position: N S

Visiting address: Richard Kaarbøs gt 2 Harstad

E-mail: harstadhavn@harstad.kommune.no

Website: www.harstadhavn.no

Phone: 77 00 12 10 / 77 00 12 12

Berths for cruise

Distance to city centre: Larsneset- 100 m./ Stangnes 4.5 km

### DOCKING INFORMATION

Landing largest ship

Air draft

Tidal movement: 2 m

Terminal contact: Anne Britt Bekken Port Director  
annebb@harstad.kommune.no, +47 909 17 350

### TERMINAL FACILITIES (TURNAROUND)

Taxi: 100 m

Shuttle bus: Larsneset -No /Stangnes - Yes

Distance to airport: 45 km to Harstad/

Narvik airport, Evenes (EVE)

### PORT SERVICES

Waste landing: Yes, (larger amounts on request)

Sludge landing: Yes, by car on request

Grey water landing: Yes, by car on request

Special waste: Yes on request

### SECURITY & ENVIRONMENT

Fenced terminals (ISPS)

Security service: On request

Shore power

ESI: Vessels that have declared in the pre-arrival information that they have a valid ESI certificate will be granted the following discounts on the harbour dues: 20% for vessels with ESI score between 25-50 50% and for vessels with a higher ESI score than 50 40% discounts

Max ships per day: 2 (3 from Jan 2022)

Max pax per day: 2,000

### ANCHORAGE

Max m: 300/350

Type of bottom: Sand/ gravel

Minimum depth: 60 m

Distance from anchorage to tender pier: 250 m.

### TOURIST INFORMATION

Visiting address: Sjøgata 3, 9405 Harstad

Postal address: Sjøgata 3, 9405 Harstad

E-mail: post@visitharstad.no

Phone: +47 770 18 989

Web: www.visitharstad.no

Distance from port: 150 m

\* Larsneset available from Jan 2022

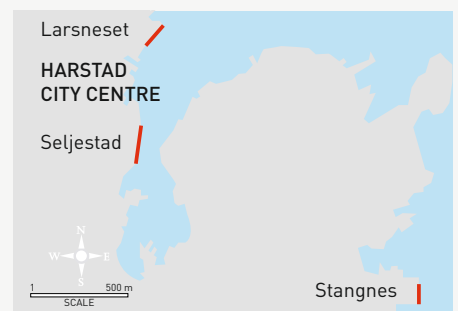
Shore power from Jan 2023

\*\* Samasjøen available from Oct 21, Water and power from Jan 22

\*\* \* Fenders Yokohama on request



Quay	Water depth	Length	Height	Fenders	Shore Power	Grey Water	Max Ship size
Larsneset*	9.5 m	280 m		Tyre/ Dfenders	From Jan 23 400 V	On request	300 m +
Seljestad	7.5 m	200 m		Tyre	No	On request	
Stangnes	11.5 m	120 m		Tyre	Yes 400V	On request	
Kai-Samasjøen **	11.5 m	82 m		Tyre/Dfenders	No	On request	







Aurora night in Tromsø. Photo: Truls Tiller

# TROMSØ

## Where your Arctic adventure begins

For those of us fortunate enough to call the Arctic capital home, there is no better place to live. With the pure Arctic air filling our lungs every day, we thrive where most people might think it is near impossible to exist - nearly 70° North. In Northern Norway's largest city, Tromsø is blessed with two wonders of nature that light up our lives; the Northern Lights and the Midnight Sun. A population of around 76,000 and 15,000 students lives here on the edge of the Arctic. Tromsø hosts the world's northernmost university, brewery, cathedral and botanical garden. The city has a great variety of busy cafés, restaurants serving world-class food, an active cultural life, captivating museums, art galleries, a wide range of attractions, spectacular activities and nearby experiences. Tromsø is the destination in Norway with the most activities to offer, all year round. There is something to suit everyone.

### ACTIVE STAY IN TROMSØ

Tromsø is the activity capital of Norway and a wide range of activities for individuals and groups are offered all year round. Most of the activities are for smaller groups and have a high degree of personal attention.

### SUMMER ACTIVITIES

The Arctic light in summertime makes most activities possible both day and night.

- Guided city walk
- Scenic excursions (by bus, boat or arctic train)
- Midnight Sun tours and Midnight Sun photographic tours
- Scenic fjord tours
- Fjord and photographic tours
- Deep sea fishing tours
- RiB tours and kayaking
- Horseback riding and hiking with dogs
- Mountain hikes and mountaineering
- Glacier hikes
- Guided cycle trips (city, electric or mountain)
- Bow-hunting experience
- Sailing tours

For more information, please see: [www.visittromso.no](http://www.visittromso.no)

### WINTER ACTIVITIES

Tromsø, with its exhilarating, safe and well planned activities, takes you into the Arctic winter landscapes to experience the Polar Night, snow and Northern Lights.

- Guided city walk
- Scenic excursions (by bus or boat)
- Whale watching (Nov-Jan)
- Dog sledding
- Reindeer sledding
- Snowmobile tours
- Snowshoeing
- Cross-country skiing
- Ice fishing
- Fishing trips
- Northern Lights chase tours
- Northern Lights experience tours

For more information, please see: [www.visittromso.no](http://www.visittromso.no)

### ATTRACTIONS/EXCURSIONS

#### The Arctic Cathedral

The Arctic Cathedral is the iconic symbol of Tromsø. An impressive glass mosaic window with "The Return of Christ" dominates the interior. To top the experience, an evocative concert in the Cathedral is recommended.

#### Tromsø Domkirke

The world's northernmost Protestant cathedral from 1861 is Norway's only wooden cathedral. In the summer, concerts are held during the daytime every Monday-Friday.

#### Polaria

Arctic experience centre of knowledge and fascination. Enjoy an Arctic walk and aquariums with fish and bearded seals. A five-screen theatre showing two different films.

#### The Science Centre of Northern Norway

Experiment, have fun and learn about regional and universal phenomena on more than 80 interactive installations suitable for all ages. Experience the spectacular Northern Lights in Norway's largest 360° fully digitalized planetarium.



Cable Car. Photo: Gunnar Magne Berg / Visit Tromsø



Sylvi and Chris. Photo: Therese Norman Andersen / Visit Tromsø



Tromsø city centre. Photo: Gunnar Magne Berg / Visit Tromsø

#### The Cable Car

Take the cable car up to Mount Storsteinen (421 m) for a fantastic view over Tromsø, the surrounding waterways and mountains. Excellent starting point for mountain walks.

#### Tromsø Wilderness Centre

Experience North Norwegian nature at its best with adventures at all levels for all kinds of people. Everyone enjoys a visit to the dog farm, cuddling the puppies or a hike with one of the 300 friendly Alaskan huskies. Kayaking, hikes, snowshoeing or skiing tours are also offered.

#### Mack Brewery, Ølhallen

Enjoy a guided tour of the old beer cellars and the microbrewery, combining over 130 years of history, a film and a taste of beer at the northernmost brewery in the world. The Beer Hall has 50 beer taps serving 67 different types of Norwegian beer.

#### Arctic University Museum of Norway

Northern Norway's most comprehensive museum presents in-depth knowledge about the people of the Arctic and their history as well as the Northern Lights.

#### Polar Museum

Located in an 1830 wharf house, the Polar Museum tells the exciting story of risky Arctic trapping and courageous polar expeditions.

#### Perspektivet Museum

Stories from Tromsø's past and present are displayed. Challenging exhibits in a magnificent 1838 neoclassical estate.

#### Tromsø Defence Museum

The story of "Tirpitz", the German battleship sunk by the Allies, on 12 November 1944 near Tromsø, told through exhibits in a World War II bunker.

#### The Art Museum of Northern Norway

Art about and from Northern Norway from early 19th century to the present, along with national art history and temporary exhibitions.

#### Blåst - the world's northernmost glass blowing studio!

Blåst is an open workshop where you can get a demonstration of how glass is made. Like magic, glass is formed into fantastic products that make great gifts.

#### Tromsø Gallery of Contemporary Art

Changing exhibitions covering Norwegian and international contemporary art in a classical building centrally situated in Tromsø.

#### Arctic Alpine Botanical Garden

The world's northernmost botanic garden is ranked among the top five botanical gardens in the world by BBC's garden expert Monty Don.

#### Tromsø city walk

A must-do activity loaded with tips that will enhance the Tromsø experience! You will leave Tromsø with a better understanding of the history, culture and lifestyle of our chilly slice of paradise.

#### Magic Ice Bar & Gallery

Magic Ice is a fairytale adventure with the wondrous surroundings of snow and ice. The exhibits follow the footsteps of Arctic explorers such as Fridtjof Nansen, Roald Amundsen and others. A magical ice wonderland! [www.magicice.no](http://www.magicice.no)

#### PORT OF TROMSØ

Position: 69° N  
Visiting address: Samuel Arnesensgt. 5, 9008 Tromsø  
E-mail: [adm@tromso.havn.no](mailto:adm@tromso.havn.no)  
Website: [www.tromso.havn.no](http://www.tromso.havn.no)  
Phone: +47 911 07 444  
VHF: Channel 12  
Berths for cruise: 2 (Breivika and City Centre)  
Distance to city centre: From Breivika 4 km

#### DOCKING INFORMATION

Landing largest ship: Unlimited  
Air draft: Unlimited  
Tidal movement: Normally approx. 2 m  
Terminal contact: Port Control, +47 911 07 444, [havnevakta@tromso.havn.no](mailto:havnevakta@tromso.havn.no)

#### TERMINAL FACILITIES (TURNAROUND)

Check-in counter: No  
Restrooms: Tromsø Protneset terminal building  
Card payment

Wi-Fi Service: Tromsø Protneset terminal building  
Free  
Taxi: Close to the quay side  
Shuttle bus: On request  
Distance to airport: 4 km

#### TRANSIT AND T/A EQUIPMENT

Forklifts: Available on request

#### PORT SERVICES

Fresh water bunkering  
Waste landing  
Sludge landing  
Grey water landing  
Special waste  
VAT refund

#### SECURITY & ENVIRONMENT

Fenced terminals (ISPS)  
Security service  
Shore power: In the city centre from 2022  
EPI

#### ANCHORAGE

Max GT: Unlimited  
Type of bottom: Sand/mud  
Minimum depth: 30 m  
Distance from anchorage to tender pier: Approx 1-1.5 nm

#### TOURIST INFORMATION

Visiting address: Samuel Arnesensgt. 5, 9008 Tromsø  
Postal address: PO Box 311, 9253 Tromsø  
E-mail: [info@visittromso.no](mailto:info@visittromso.no)  
Phone: +47 77 61 00 00  
Web: [www.visittromso.no](http://www.visittromso.no)  
Distance from port: 4 km from Breivika, 0 km to the city centre



Quay	Water depth	Length	Height	Fenders	Shore Power	Grey Water	Max Ship size
Postneset	8 m	300 m	2.5 m	V-fender	No	Yes	220 m
Breivika	11 m	410 m	2.5 m	V-Fender/ tyre fender	Up to 600A 400V	Yes	Unlimited







Alta Canyon. Photo: Roger Johansen Photography

# ALTA

## The town of the Northern Lights

For thousands of years, people have lived in this sheltered area at the end of the Altafjord. Today, the people are still here, but they've added a central harbour, airport and modern infrastructure. The darkness of winter holds our elusive Arctic jewel, the Northern Lights, and Alta has been a favoured spot for scientists and tourists alike to observe them for over a century. In the summer, the Midnight Sun lights the way for outdoor tours, adventures and exploration. Dog sledding, reindeer, riverboats, Stone Age carvings, Sami culture and more... it's no wonder people come from around the world to visit.

### ATTRACTIONS/EXCURSIONS

#### Alta Museum

Duration: 2 hours

This award-winning museum sits amid thousands of Stone Age rock carvings, visible in summer. Indoor exhibits year-round. It also has one of the best views of Altafjord, no matter what the weather.

#### Hunting for the Aurora Borealis

Duration: 3-4 hours

Join your guides out under the winter night sky to search for the exclusive and beautiful Northern Lights. Enjoy the quiet of the Arctic wilderness as you search, and let the guides help you set up your camera just right.

#### Riverboat Tours

Duration: 2 hours

The area's old-style wooden riverboats are still very much in use during the summer. Join an experienced pilot and cruise along the river through often shallow

and white water. Boat trips can be arranged lasting from 20 minutes to 2 hours.

#### Dogsled riding, as a passenger

Duration: 3 hours

Joining a dog sledding tour in the passenger seat is a great opportunity to feel the strong bond between man and dog. In summer, use a wheeled cart instead of the sled. Learn about the sport and raising huskies from a veteran dog musher.

#### Pæskatun

Duration: 2 hours

Visit a slate quarry in the rugged hills near Alta. The hosts demonstrate old and new techniques for producing slate, and tell the history of the rough and difficult trade that has been a cornerstone of the Alta economy for two centuries. Be the first human ever to touch a 700-million-year-old rock surface!

#### Home visit with local artisans

Duration: 2 hours

Visit with a local knitting or sewing expert in their

home studio. Learn about traditional Norwegian handicrafts and compare notes with local artisans over coffee or tea.

#### Maze and Cavzo Safari

Duration: 4-5 hours

Visit a genuine Sami village on the high plateau south of Alta. In summer, take riverboats to a nearby old church, or farther up to the Alta Dam in Sautso. In winter, take part in "Sami Games" to learn about the old ways.

#### Reindeer Sledding

Duration: 4-5 hours

Take a journey into the interior of Finnmark county. Meet a Sami family, learn about their history and traditions, and go for a peaceful ride on a reindeer-pulled sled along a frozen river.

#### Sorrisniva Igloo Hotel

Duration: 2 hours

(Jan-Apr) Visit an elaborate and beautiful hotel made entirely of snow and ice every winter. Decorated with



Alta Museum. Photo: Ingvald Telle



Northern Lights Cathedral. Photo: Boreal Travel AS



Borealis Alta. Photo: Boreal Travel AS

ice sculptures and carvings made by local artists. Around 30 rooms, plus lounges, a gallery, a chapel, and a bar where even the glasses for drinks are made of ice.

#### Ice Sculpture Course

Duration: 3 hours  
(Jan-Apr) Join ice artists at the Sorrisniva Igloo Hotel. See the gorgeous and magical hotel interior, learn how the artists carved the ice and snow inside, and try your own hand at making an ice sculpture.

#### Snowmobile Tours

Duration: 4 hours  
In winter, try driving your own snowmobile. A professional, experienced guide will outfit you and teach you what you need to know. Ride through wild, Arctic terrain as you explore the area.

#### Northern Lights Cathedral and BorealisAlta

Duration: 1.5 hours  
Tour Alta's best-known landmark, the Northern Lights Cathedral. Learn about the construction and symbolism both inside and out at this unique architectural gem. Then, visit BorealisAlta inside the

church building, a fun an interactive Northern Lights exhibition that will help bring the science and history of the aurora borealis to life.

#### Tirpitz Museum

Duration: 2 hours  
This museum is dedicated to telling the story of and showing artefacts from the German Navy's occupation of the Alta area in World War II, with a focus on the fearsome battleship Tirpitz that was anchored here.

#### Hiking in Alta

Alta has extraordinary nature. Winter and summer, hikes and tours that range from moderate to strenuous activity levels are available in many locations and destinations in the Arctic wilderness. Hikes can be arranged for with a duration of 30 minutes to several hours.

#### Overland Excursions

Duration: 7-10 hours  
Visit nearby towns and attractions, accompanied by a guide with stories and local knowledge to bring the area to life.

Hammerfest - the northernmost town in the world  
Kautokeino - visit the unique Juhs silver gallery  
Karasjok - Sapmi Park and Sami Parliament  
North Cape - visit the area's northernmost point.

#### Walking tour of Alta

Take a tour with North Adventure's Guides and go for a walk around downtown Alta to learn more about what is hiding in this quiet, Arctic town centre.

#### PORT OF ALTA

Position: (69,977,23386)  
Visiting address: Havneveien 24  
E-mail: Havnevakt@alta.kommune.no  
Website: site Altahavn.no  
Phone: +47 97 14 03 40  
VHF: Channel 16/12  
Berths for cruise: Terminalkaia  
Distance to town centre: 4 km

#### DOCKING INFORMATION

Landing largest ship: 265 m  
Air draft  
Tidal movement  
Low tide: 3.66 Medium water: 1.98 High tide: 75 cm  
Terminal contact: Arnt Trygve Nilsen,  
Port Captain, mobile +47 90 63 45 18

#### TERMINAL FACILITIES (TURNAROUND)

Taxi  
Shuttle bus  
Distance to airport: 200 m

#### TRANSIT AND T/A EQUIPMENT

Forklifts

#### PORT SERVICES

Fresh water bunkering  
Sludge landing  
Grey water landing  
Special waste  
Crew facilities

#### SECURITY & ENVIRONMENT

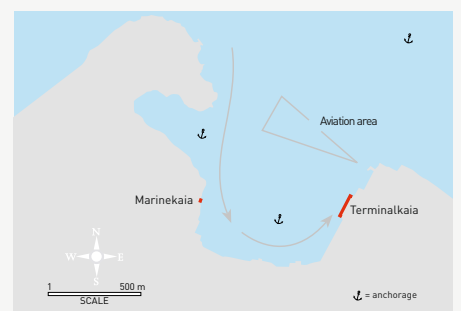
Fenced terminals (ISPS)  
Security service  
Max ships per day: 2  
Max pax per day: 4,000

#### ANCHORAGE

Max GT: 76152 tonn  
Type of bottom: sand  
Minimum depth: 8.40 m  
Distance from anchorage to tender pier:  
1,000 m - 2,000 m



Quay	Water depth	Length	Height	Fenders	Shore Power	Grey Water	Max Ship size
Terminalkaia	8.4 m	170 m	2.4 m	Tyre	90-120	Yes	270 m
Marinekaia	9 m	63 m	2.9 m	Tyre	50-90	No	200 m







Midnight Sun. Photo: Pirate Husky

# PORT OF LAKSELV/ TURNAROUND

## The gateway to the land of the Midnight Sun and Sápmi

The Porsanger fjord is the 4th longest fjord in Norway and consists of numerous small islands and exciting attractions. In this Arctic archipelago, there is a large dolomite belt that creates amazing formations and rare plant life. Our nature reserves offer the opportunity to go bird watching, and there are three salmon rivers as well as over 4,000 lakes in the area. Stabbursdalen National Park is home to the northernmost pine forest in the world, and you can also find the spectacular Silfar Canyon a short drive northeast of the town of Lakselv.

If you travel southwards from Lakselv, you will end up in to the heart of the Sápmi, where you can learn more about the Sámi Way of life and culture. Our destination is a true nature gem to discover, here in the land of the Midnight Sun. Lakselv/ Banak Airport is only 10 minutes away from the harbour.

### ATTRACTIONS/ EXCURSIONS

#### The Sámi's 8 seasons

Duration: 2 hours

Capacity: 20-50

Season: All year

At Stabbursnes Naturhus & Museum, you will get a look into the Sámi's 8 seasons through a fantastic film that gives you an insight into Sámi traditions during a year. The exhibition at the national park centre displays the interaction between nature and culture in the area.

#### Original Icon of Wild Caribou

Duration: 2 hours

Capacity: 50

Season: May - September

Visit our sculpture The Original Icon of Wild Caribou, where nature and art are united. Walk along paths through Arctic forest and along a small salmon river, while you read about the Arctic nature, wild animal

life and natural phenomena. Lean back on one of our benches and refresh your soul or visit our shop filled with carefully handpicked and handmade Arctic memories.

#### The Sámi Museum in Karasjok

Duration: 3 hours

Capacity: 20-30

Season: All year

Explore the Sámi culture at Sámiid Vuorká-Dávvirat, a museum founded in 1972 as the first Sámi cultural institution in Norway. The museum manages the largest collection of Sámi cultural history in Norway and displays a large collection of traditional Sámi clothing. The museum interior is decorated by a renowned Sámi artist. In the museum shop, you can buy gifts, coffee and soft drinks. Enjoy digital guided tours in the outdoor museum with the help of the museum's app.

#### Dog sledding on wheels

Duration: 2.5 hours

Capacity: 16

Season: June - October

A fun activity where you will participate in all manners of preparing the dogs, driving the dogs and getting them back after our trip. One person will sit on the cart, and one will drive the cart behind the team of dogs. Level 4/5. Age limit 8 years (16 to drive the cart).

#### Kayak in the archipelago

Duration: 2.5 hours

Capacity: 8

Season: June - October

Porsangerfjorden is mainland Europe's northernmost archipelago. Join us out in the clear Arctic water for a guided kayak trip. Experienced guides with safety equipment.



Dog sledding. Photo: Pirate Husky



Original Icon of Wild Caribou. Photo: Wild Caribou



The Sámi's 8 seasons. Photo: Stabburnes Naturhus og Museum

### Puppy training

Duration: 2.5 hours

Capacity: 50

Season: June - October

We will start with a tour of the kennel to meet the pack, before we bring the puppies for some puppy training. The job towards becoming a sled dog starts as young as 3-4 weeks old by having fun, exploring and playing around with the dogs and guests.

### Hiking with huskies

Duration: 2.5 hours

Capacity: 20

Season: June - October

With amazing nature all around us, we love to go for hikes with our dogs in the surrounding area. Find the joy of hiking together with a four-legged friend. We will share the dogs, so you don't have to walk with them all the time. They are quite strong.

### Visit Silfar Canyon

Duration: 2.5 hours

Capacity: 50

Season: June - October

Join us for a 40-minute bus tour past natural pearls and through reindeer grazing by the Porsangerfjord.

The Silfar Canyon is carved out by granite rocks and has amazing scenery with its clear green water. This is an easy/moderate walk that most people can manage (only 10 minutes' walking).

### Roddenes Geology Path

Duration: 2.5 hours

Capacity: 50

Season: June - October

The geology of this area is not only varied, but you can find it wide open at locations like Roddenes, millions of years of natural history for you to explore. The walk is about 2 km long.

### Mountain Hike

Duration: 2.5 hours

Capacity: 50

Season: June - October

Let's see more of the archipelago. Join us for a mountain hike to get the very best view of Porsangerfjorden. The hike is about 2,5 kilometers.

### Cultural historical Sightseeing

Duration: 2.5 hours

Capacity: 50

Season: June - October

Porsanger has a rich history. We will introduce you to both the old and new history of the area, with a deep dive into the war history and why we know so little of what happened before 1945.

### Learn about the coast people

Duration: 2.5 hours

Capacity: 35

Season: June - October

Get a lecture about the coast people in a traditional lavvu, with a taste of the everyday cuisine brought by the local nature and traditions.

### Reindeer calving and Sámi culture

Duration: 5 hours

Capacity: 4

Season: June - October

Join us for a once-in-a-lifetime experience. There will be campfire by the herd and stories about the female reindeer and the calf. Taste dried reindeer meat and relax on reindeer skins while enjoying the view of the reindeer herd. You can also feed the reindeer.

### PORT OF LAKSELV

Position: 70°5'34.47376 N and 25°4' 34.50418'E

Visiting address: Hamnbukt, NO-9750 Lakselv

E-mail: post@nordkapphavn.no

Website: www.nordkapphavn.no

Phone: +47 78476450

VHF: Channel 12

Berths for cruise: 1

### DOCKING INFORMATION

Landing largest ship: 300 m

Tidal movement: Approx 2.5-3.3 m

Terminal contact: Øyvind Larssen, Port Officer,

+47 95786129, oyvind@nordkapphavn.no

### TERMINAL FACILITIES (T/A)

Wi-Fi Service

Taxi

Shuttle bus

Distance to airport: 8 km

### TRANSIT AND T/A EQUIPMENT

Conveyor belts

Forklifts: On request

### PORT SERVICES/FACILITIES & INFORMATION

Waste landing

### SECURITY & ENVIRONMENT/SUSTAINABILITY

Fenced terminals (ISPS)

Security service

Max ships per day: No limit

Max pax per day: No limit

Anchorage: 1

Max GT: No limit

Type of bottom: Clat, silt over rock

Minimum depth: 15 m

Distance from anchorage to tender pier: SeaWalk

### TOURIST INFORMATION

Visiting address: At the pier

(during calls & turnaround operations only)

Distance from port: 50 m

ATM: 8.4 km

Currency exchange

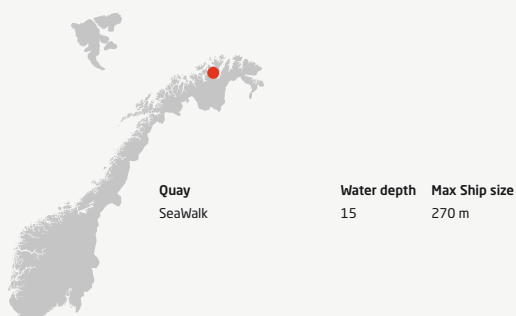
VAT refund

Internet access in pier area

Distances to airport: 9.4 km

Distance to city centre: 8.4 km

Nearest hospital: 151 km







The Northern Lights. Photo: Ziggy Wantuch @visithammerfest

# HAMMERFEST

## The northernmost town in the world

Welcome to Hammerfest, the northernmost town in the world! In Hammerfest, this micro metropolis in the Arctic, tradition meets modern spirit. The town is a typical reconstruction town, where contemporary architecture is replacing post-World War II reconstruction buildings. Visitors can experience Hammerfest by strolling through the town or visiting its museums. From the early “Pomor” trade with Russia, to a town completely lost in flames, a rich tradition of Arctic hunting and fishing; and, more recently, industrial development in energy and gas: Hammerfest bears a unique and exciting history.

### ATTRACTIONS/EXCURSIONS

#### Hammerfest & Beyond

The fishing village of Forsøl is located on the other side of the island of Kvaløya, only a 20-minute drive away from Hammerfest. Ever since the first humans settled here more than 10,000 years ago, the livelihood of this community was fishing. The village used to be a site for archaeological excavations in which traces of the early settlers in west Finnmark were found. Close to the leftover foundations of different periods, there is a scenic natural sandy beach. After the visit in Forsøl, this tour is completed by a visit to Mount Salen in Hammerfest, with its beautiful viewpoint and a stop at the Polar Bear Society, which is the best place to learn about the town's old traditions of fishing and hunting.

#### Historic sights of Hammerfest

The exhibition at the Museum of Reconstruction for Finnmark and Northern Troms aims to convey the poignancy of the dramatic events of World War II: the forced evacuation, the scorched-earth tactics and the reconstruction of Finnmark and Northern Troms. Never before had a war had such dire consequences for our country. The Polar Bear Society has an exhibition showing the town's proud traditions of hunting and fishing, trade and exploration in Arctic areas. You can round off your visit by signing up for membership at the Society, to help preserve the local history of Hammerfest. The Meridian Column marks the northernmost measure point of the “Struve Geodetic Arc”, a scientific project from the 19th century to determine the size and shape of the earth. This project has been inscribed on the UNESCO World Heritage list since 2005.

#### National Scenic Route to the village of Havøysund

On this shore excursion, you can experience the beauty of Arctic coastal nature. We depart from the beauty of Arctic coastal nature. We depart from the cruise pier in Hammerfest by coach. On the way to the fishing village of Havøysund, we will drive along the northernmost National Scenic Route, which is highly frequented by tourists year-round due to its amazing scenic views. After a stop at the viewpoint on Havøya, we visit Havøysund Hotel to have lunch. After a 250 m-walk to the pier, we head back to Hammerfest. The 1.5-hour trip leads through scenic sounds as you pass the islands of west Finnmark.



Zigzag-Path Hammerfest. Photo: Zbigniew Wantuch



Fuglenesodden Friluftsmuseum: Museene for kystkultur og gjenreisning i Finnmark



RIB adventures. Photo: Bonaventure

### Hiking Tour on Gammelveien

We start off in the centre, passing through the town and by the church before we walk up Gammelveien (The Old Trail). There is a steep climb up the mountain. As we reach the top, we walk through a small forest and end up at the viewing point on Mount Salen. The guide will provide a typical Norwegian hiking snack during the short breaks on the hike. The tour then continues down Sikk-sakkveien (The Zig-zag trail) and back to the ship. Footwear & clothing: Sturdy, comfortable shoes and warm clothes

### A Walk in the Town

For anyone wishing to discover Hammerfest by foot, our walking tour in the town centre is the best choice. We start at the Tourist Information and visit the protestant church of Hammerfest with its special architecture, which is a reference to one of our oldest traditions. We continue to the Museum of Reconstruction. The exhibition here portrays events from World War II in the north of Norway and how this region was reconstructed afterwards. You will see how the powers of endurance showed in that period, dating back to the olden days of Arctic hunting and fishing in Hammerfest, by

visiting the Polar Bear Society. Footwear & clothing: Sturdy, comfortable shoes and warm clothes.

### The life of the traditional fisher-farmer

At Fuglenesodden Outdoor Museum you get to Visit a traditional home from the reconstruction period in the 50s and learn about the life of the fisher-farmer and the struggle on the Arctic coast after World War II and before Norway got the wealth that we have today. In modern days people have asked themselves how on earth the fisher-farmer got so much work done every day, and the answer is - he was married! Learn more about the important role of the wife, which history tends to overlook. A tour in the boat house is also included.

### Disc golf at Mount Salen

We take you to Mount Salen by bus, where we find the northernmost disc golf course in the world. After a round of throwing discs into baskets in a wide and open landscape, we will enjoy the view at the edge of the mountain with spectacular photo opportunities of the town. Footwear and clothing: Sturdy, comfortable shoes and warm clothes.

### Experienc the northernmost of Europe by RIB!

The trip takes you from the fishing village Havøysund to the North Cape and passes Knivskjellodden - the actual northernmost point of the European continent. Along the way, we also drive past Gjesværtappan to explore the nesting mountains for sea birds such as the iconic puffin. History from the region is served before entering the fishing village Skarsvåg, where the bus is waiting to take us to the North Cape plateau.

### Mikkelgammen Sami Camp

Panoramic drive with photo stops at Mikkelgammen (with tastings) and Salen viewpoint. At Salen, you have a fantastic view over Hammerfest. Mikkelgammen is situated on Mount Salen. Here, we meet a Sami herding family and learn about their history, culture and everyday life. Samples of Sami food will be served: reindeer meat, smoked fish and cloudberries.

### PORT OF HAMMERFEST

Position: 70° 39'N 023°41'E  
Visiting address: Hamnegata 1, 9600 Hammerfest  
E-mail: [post@hammerfest.havn.no](mailto:post@hammerfest.havn.no)  
Website: [hammerfesthavn.no](http://hammerfesthavn.no)  
Phone: +47 78 40 74 00  
VHF: Channel 12  
Berths for cruise: 3. Pier 1, Pier 2 and Pier 9  
Distance to town centre: Pier 9 (2,5 km)  
Pier 1 and Pier 2 located near town centre

### DOCKING INFORMATION

Landing largest ship: < 300 m  
Air draft: NA  
Tidal movement: 1.5 - 2.5 m  
Terminal contact: Ola Johannesen,  
traffic inspector/cruise coordinator,  
+47 78 40 74 06, [ola@hammerfest.havn.no](mailto:ola@hammerfest.havn.no)

### PORT SERVICES

Fresh water bunkering  
Waste landing: On request  
Sludge landing: On request  
Grey water landing  
Special waste: On request

### SECURITY & ENVIRONMENT

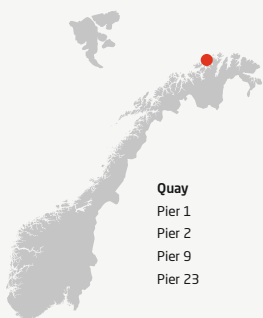
Fenced terminals (ISPS)  
Security service  
Shore power: Yes (1 m)  
Max ships per day: 1-2

### ANCHORAGE

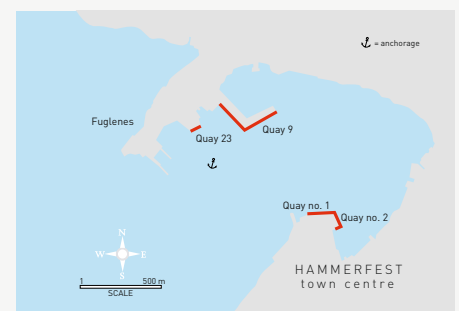
Max GT: NA  
Type of bottom: Sand  
Minimum depth: 24 m  
Distance from anchorage to tender pier:  
1.5 nautical miles

### TOURIST INFORMATION

E-mail: [info@visithammerfest.no](mailto:info@visithammerfest.no)  
Phone: +47 78 41 21 85  
Web: [www.visithammerfest.no](http://www.visithammerfest.no)



Quay	Water depth	Length	Height	Fenders	Shore Power	Grey Water	Max Ship size
Pier 1	7-8 m	179 m	NA	Hjullasterdekk	No	No	220 m
Pier 2	5-6 m	70 m	NA	Hjullasterdekk	No	No	120 m
Pier 9	12 m	139 m	NA	Hjullasterdekk	Yes (1 MW)	No	300 m
Pier 23	7-8 m	142 m	NA	Hjullasterdekk	Yes (1 MW)	No	220 m







Nordkapp. Photo: Yngve Kristiansen

# NORDKAPP

## The northernmost point of mainland Europe

Welcome to naked landscape and raw beauty. A trip to the North Cape is a memory for life. In summer the days are long and bright, as the midnight sun shines through the night. It is a contrast to our winters. Dark, yet colourful with the Northern Lights dancing across the sky. The Polar Nights of winter are accompanied by heavy snowfalls, covering the landscapes white.

### ATTRACTIONS/EXCURSIONS

#### The North Cape

Duration: 3 - 4 hours

Capacity: 7,000

Season: All year

The North Cape is known as the northernmost point in Europe, located 71°10'21". Visit the North Cape Hall, a tourist centre with a host of facilities: Exhibitions, souvenir shop, restrooms, cafeteria/restaurant, and a Super Videographer where you can enjoy a beautiful film from our island Magerøya.

#### Hornvika

Duration: 4 hours

Capacity: 4 - 40

Season: June- September

Follow in the footsteps of adventurers and royalty by conquering The North Cape the original way. Ascend the 307 m from Hornvika by following the steep trail that leads you to the top. Join a boat trip from Skarsvåg, historical exhibition, sampling of local food, entrance the North Cape Hall and have champagne to celebrate.

#### Bird Safari

Duration: 3.5 - 4 hours

Capacity: 130

Season: April - August

Experience one of Europe's largest colonies for Atlantic seabirds. Be dazzled by millions of birds breeding and living at the Gjesværstappan Nature Reserve.

#### Stand-Up Paddle Board

Duration: 2.5 hours

Capacity: 4 - 10

Season: May - September

Join this beginner friendly excursion to an uninhabited island and experience the Arctic in a unique way.

#### King Crab Safari by boat

Duration: 3.5 hours

Capacity: 6 - 24

Season: All year

#### King Crab Safari by bus

Duration: 2.5 hours

Capacity: 140

Season: All year

Learn about the history of this famous creature and

how to prepare it. Enjoy a king crab safari by bus or deep-sea rafting.

#### ATV Safari

Duration: 1.5 - 4.5 hours

Capacity: 4 - 20

Season: All year

Experience the unique nature of Magerøya Island. This trip includes many stops for photos at stunning viewpoints over the island and Honningsvåg.

#### Guided Tour of Fishing Villages

Duration: 3 hours

Capacity: 40 - 60

Season: All year

Enjoy an excursion to nearby fishing villages. Experience everyday life in local communities. Includes a visit to the gallery "East of the sun" and "North Cape Christmas & Winter House".

#### Photo Safari

Duration: 3 hours

Capacity: 25 per guide

Season: May - October

Join a guided tour that takes you off the beaten track and find hidden treasures.



Hornvika. Photo: Kjell Bendik Pedersen



Bird Safari. Photo: Kjell Bendik Pedersen



ATV Safari. Photo: Destinasjon 71

### Nature Safari by Boat

Duration: 3 hours

Capacity: 11

Season: May - August

Explore the North Cape by Sea and search the fjords for wildlife. Be amazed with the naked landscape. A guide will fill in with history telling.

### Deep Sea Rafting

Duration: 1.5 - 3 hours

Capacity: 6 - 24

Season: May - August

Spot the local wildlife and learn about island history during an exciting rafting trip. Small groups, lots of fun and unforgettable moments guaranteed.

### Museums, galleries and sights

The North Cape Museum

Honningsvåg Church

The Gallery "East of the Moon" and "West of the Moon"

North Cape Christmas & Winter House

### WINTER EXCURSIONS

(Season for some of the activities will be dependent on snow conditions).

### Snowshoe Tour

Duration: 2 - 3 hours

Capacity: 30

Season: December- April

Even on a thick layer of snow it is easy to climb the hills with high performance lightweight snowshoes. Snowshoeing safaris are an excellent and safe way to exercise and spend time outdoors. Tours include hot beverage and a light snack. Can be combined with ice fishing.

### Snowmobile Safari

Duration: 5 hours

Capacity: 16

Season: January- April

Discover the beauty of Arctic winter as you drive your snowmobile through snow covered landscape. Includes scenic views. Join us on a day tour or evening tour where we chase the Northern Lights.

### Snowquad Safari

Duration: 4 - 4.5 hours

Capacity: 4 - 10

Season: January - April

Try something new and truly unique. Instead of wheels, these ATVs have belts and take you to places

no other vehicles would be able to reach. Easier than driving a snowmobile, but at least as adventurous.

### Ice Fishing

Duration: 2.5 hours

Capacity: 6 - 20

Season: January- April

As one of the most popular winter activities among the locals, ice fishing is a must-try. Try your luck and you might catch your own trout or Arctic char for dinner.

### Northern Lights Excursion the North Cape

Duration: 4.5 hours

Capacity: 4 - 20

Season: October - March

Hunt the Northern Lights on an ATV- or Snowmobile safari to the northernmost point of mainland Europe, the North Cape Plateau. Stand next to the globe, check it off your bucket list and overlook the endless ocean in search of the Aurora Borealis.

For more information about the tours, please contact: [info@northcape.no](mailto:info@northcape.no) / [www.nordkapp.no](http://www.nordkapp.no)

### PORT OF NORDKAPP

Position: N: 70° 58.990' Ø: 25° 57.115

Visiting address: Holmen 2

E-mail: [post@nordkapphavn.no](mailto:post@nordkapphavn.no)

Website: [www.nordkapphavn.no](http://www.nordkapphavn.no)

Phone: 78476450

VHF: Chanel 12

Berths for cruise: 4

Distance to town centre: 0 m

### DOCKING INFORMATION

Landing largest ship: 380 m

Air draft: No limit

Tidal movement: 173 cm

Terminal contact: Øyvind Larssen, Port officer, +47 957 86 129, [oyvind@nordkapphavn.no](mailto:oyvind@nordkapphavn.no)

### TERMINAL FACILITIES (TURNAROUND)

Wi-Fi Service

Tourist Information

Taxi

Shuttle bus

Distance to airport 4 km

### TRANSIT AND T/A EQUIPMENT

Forklifts: Yes- by agent

### PORT SERVICES

Fresh water bunkering

Waste landing: Yes- by agent

Sludge landing: Yes- by agent

Grey water landing: Yes- by agent

Special waste: Yes- by agent

VAT refund

### SECURITY & ENVIRONMENT

Fenced terminals (ISPS)

Security service

Max ships per day: No limit

Max pax per day: No limit

### ANCHORAGE

Max GT: No limit

Type of bottom: Mud

Minimum depth: 25 m

Distance from anchorage to tender pier: 1 nm

### TOURIST INFORMATION

Visiting address: Fiskeriveien 4D

Postal address: Postbox 34, 9751 Honningsvåg, Norway

E-mail: [info@northcape.no](mailto:info@northcape.no)

Phone: +47 78 47 70 30

Web: [www.nordkapp.no/en](http://www.nordkapp.no/en)

Distance from port: At the port



Quay	Water depth	Length	Height	Fenders	Shore Power	Grey Water	Max Ship size
Quay North	12 m	100 m	4.4 m	plate fenders	N/A	No	380 m
Quay 1	7 m	155 m	4.4 m	tyres	N/A	No	280 m
Quay 2	7 m	65 m	4.4 m	tyres	N/A	No	150 m
Quay 3	10 m	120 m	4.4 m	tyres	N/A	No	280 m
Quay West	5.5 m	115 m	4.4 m	tyres	N/A	No	150 m
Quay South	6 m	80 m	4.4 m	tyres	N/A	No	150 m







Walrus. Photo: Ann J. Nordvalen

# SPITSBERGEN, SVALBARD

## Slow cruise Isfjord & Longyearbyen in the High Arctic wilderness

One of the world's largest areas of untouched wilderness awaits you in the High Arctic. During the summer Svalbard comes alive with calving glaciers, teeming bird cliffs, unique Polar wildlife and hardy flowers, all set against a backdrop of majestic mountain ranges and endless Arctic tundra. During your call you can enjoy a range of excursions, suitable for all ages and interests. We also recommend spending a day slow cruising in the magnificent Isfjord, where a wide variety of landscapes, wildlife and cultural heritage sites are on display.

### ATTRACTIONS

#### Galleri Svalbard

This gallery showcases works by artists who have been inspired by Svalbard. The gallery's permanent collection houses works by the Norwegian Kåre Tveter, historical maps, books and local currency in the Svalbard Collection.

#### Svalbard Museum

Lauded by the Council of Europe as the European museum of the year in 2008. It features a collection of artefacts covering the 400 years of human activity here, and a display of the area's flora and fauna. The gift shop stocks a large selection of Polar literature.

#### North Pole Expedition Museum

This museum tells the stories of the early North Pole explorers, and the airships that they constructed. The exhibition includes original expedition films, photos, maps, models, original artefacts and clothes. The museum also has a gift shop.

#### Svalbard Church

The world's northernmost church, Svalbard Kirke, is always open. Visitors are welcome to explore it, and the many local artworks and historical items housed there. The church holds regular Lutheran services on Sundays and religious festivals, as well as many local activities.

#### Galleri Storø

The blue light of Svalbard's nature creates unique scenery. Painter Olaf Storø fell in love with the landscape, the nature and the light. His studio by the seaside, including a lithographic press is open on request.

#### Kunsthall Svalbard

This dedicated exhibition arena in Longyearbyen for historical and contemporary art is run by Northern Norway Art Museum offering an annual programme of exhibitions, workshops, guided tours and other art events.

#### Svalbard Brewery

Six years of efforts to change the law from 1928, which prohibited the production of alcohol on Svalbard, ended with success. Taste locally produced beer containing 2,000 year-old glacial water from Bøge glacier on Svalbard.

#### Wildphoto Gallery

Award winning photographers Ole Jørgen Liodden and Roy Mangersnes present 30 of their best images from Svalbard.

#### Slow Cruising Isfjorden

The huge Isfjord almost divides the island of Spitsbergen in two as it stretches from west to east. This fjord offers magnificent possibilities for slow cruising, experiencing untouched Arctic wilderness, massive glacier systems and historical sites. You may also include a visit to the Russian settlements: the mining town Barentsburg and the ghost town Pyramiden.



Kayaking in ice. Photo: Jarle Røssland



Boat safari on the Isfjord. Photo: Jarle Røssland



Hybrid-electric cruising in Isfjorden. Photo: Hurtigruten Svalbard

## EXCURSIONS

### Sightseeing by bus

An excellent introduction to this fascinating area and the exciting history of the archipelago. Sightseeing trips range from one to four hours, and can include guided visits to museums, a coalmine and/or dog yards.

### Summer dog sledding

Experience dog sledding in summertime, drive your own sled and meet our friendly polar dogs. The huskies love to be active, and their eager barks will welcome you on arrival, before you head off on a fascinating trip in the specially made wheeled sleds.

### Boat trips

NB: A variety of trips are available, from open boats that take you speeding towards the bird cliffs, to larger, comfortable boats with half or whole day trips to the Russian settlements or the glaciers of the Isfjord.

### Boat safari on the Isfjord

If you want to see and experience as much of the wild, raw and untouched Arctic nature as possible, you need to go on a boat trip. Choose

between short trips by rigid inflatable boat (RIB) to the spectacular bird cliffs and glacier fronts, or the world's northernmost fjord cruise with an hybrid-electric catamaran to Barentsburg and Pyramiden, the ghost town in the High North. Svalbard's unique wildlife is best seen from a boat.

### Kayaking

You can experience the Adventfjord in a sturdy kayak, accompanied by an experienced guide and wearing a warm and modern dry suit. Some kayaking trips include a guided walk to the abandoned settlement of Hiorthamn and a hot lunch on the beach, while others include a mountain hike.

### Wandering and hiking

Explore the area by foot joining a walking trip. Whether it be a relaxed wandering through the open Polar tundra looking for fossils, or a series off-trail mountain hikes, Longyearbyen offers a myriad of options for every guest to stretch their legs after a day at sea.

### Taste of Svalbard

Enjoy a culinary adventure and learn about both the historic and modern traditions in Longyearbyen.

Local restaurants and wine cellars and Svalbard Brewery can be included on this tour.

### Life of a miner

Change into miners' clothes, put on a helmet and sign yourself in, just as the miners did when starting their day in Coal Mine no. 3. With your headlamp, you can peek around corners and look for forgotten memories in this living monument of the mining history in Spitsbergen.

### Local life & living

Meet the locals for a brisk walk through town, a home visit or a hike to the mountain tops surrounding Longyearbyen. We would love to tell you about our life close to the North Pole.

### SvalBad Arctic Sauna

SvalBad is a floating sauna in the Arctic waters at 78 degrees North.

Relax in the sauna heat, have something cold to drink and sweat your worries away... and if you're a little daring, you can join the "Polar Bear" experience and take a refreshing, cold swim before going back inside the sauna.

## PORT OF LONGYEARBYEN

Position: N78.229807 E 15.601506  
Visiting address: Bykaia  
E-mail: [bykaia@lokalstyre.no](mailto:bykaia@lokalstyre.no)  
Website: [www.portlongyear.no](http://www.portlongyear.no)  
Phone: + 47 911 22 300  
VHF: Channel 12  
Berths for cruise: yes  
Distance to town centre: 1.5 km

## DOCKING INFORMATION

Landing largest ship: 333m  
Air draft: n/a  
Tidal movement: Max 2m  
Terminal contact: Rikhart Olsen Ingerø,  
Assistant manager  
Phone: + 47 911 22 300  
Mail: [bykaia@lokalstyre.no](mailto:bykaia@lokalstyre.no)

## TERMINAL FACILITIES (TURNAROUND)

Restrooms  
Wi-Fi Service  
Taxi: Yes  
Shuttle bus: Yes (must be ordered)  
Distance to airport: 2 km

## PORT SERVICES

Fresh water bunkering  
Waste landing  
Sludge landing (contact port in advance)  
Grey water landing (contact port in advance)  
Special waste (contact port in advance)  
VAT refund No (no vat in Longyearbyen)

## SECURITY & ENVIRONMENT

Fenced terminals (ISPS)  
Security service/camera surveillance  
EPI: N/A  
ESI: N/A  
NOx -regulations  
Max ships per day: No  
Max pax per day: No

## ANCHORAGE

Max GT: N/A  
Type of bottom: Clay  
Minimum depth: 50 m  
Distance from anchorage to tender pier: 1 km

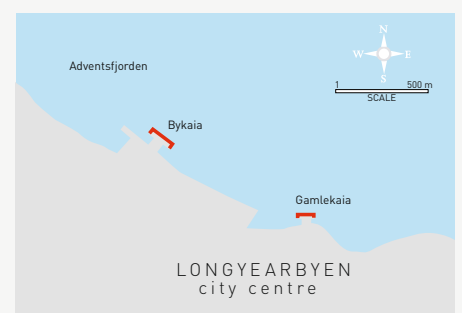
## TOURIST INFORMATION

Visiting address: Vei 231.1, 9171 LONGYEARBYEN  
Postal address: PO Box 323, 9171 LONGYEARBYEN  
E-mail: [info@visitsvalbard.com](mailto:info@visitsvalbard.com)  
Phone: +47 79 02 55 50  
Web: [www.visitsvalbard.com](http://www.visitsvalbard.com)  
Distance from port: 1.5km



Quay  
Bykaia

Water depth	Length	Height	Fenders	Shore Power	Grey Water	Max Ship size
9 m	84 m	2.5 m	Trelleborg	N/A	Yes	333 m





# Make 400 new friends in a day!

EVERY hour, we offer  
something special  
(sea lion training,  
penguin presentation,  
fish feeding,  
and much more).



Why do we travel? For most of us it's about meeting someone nice and funny (or furry). Well, you've come to the right place. At the Bergen National Aquarium you will meet real, live animals and have experiences that hopefully last a lifetime.

We are open every day! May 1. - Aug. 31.: 9-18 | Sep 1 - April 30.: 10-18  
Closed on May 17, Christmas Eve, Christmas Day, New year's Eve.

[akvariet.no/en](http://akvariet.no/en)

REAL ANIMALS  
REAL EXPERIENCES



# What fun!

Theatrical walks offer a fun and unique introduction to the history of Bergen



Bymuseet i Bergen offers an informative and fun introduction to the city for cruise passengers visiting Bergen. A new and different way to experience Bergen where local actors from Bymuseet give your guests a glimpse of Bergen's colourful history through a city walk in the old, cobbled streets and alleys of Bergen.

950 years of history is presented with a guided walk and dramatic interludes. Along the way, different scenes and situations occur to make history come alive in an entertaining manner.

The theatre walk lasts about 60-75 minutes, and takes place outdoors using the city centre as its scene.

We offer exclusive, tailor-made and unique performances in English, adjusted to your requirements regarding duration and time of the day. We have a maximum audience of 50 on every walk.

Booking requests for groups, please email [marhos@bymuseet.no](mailto:marhos@bymuseet.no)

Let's create a memorable experience!



Theatrical walks

**BYMUSEET.**

[www.bymuseet.no](http://www.bymuseet.no)



# Norway's leading Hop On Hop Off company.



OSLO BERGEN STAVANGER GEIRANGER ÅLESUND TRONDHEIM LOFOTEN TROMSØ



More info or book your ticket:



Contact: [info@stromma.no](mailto:info@stromma.no)  
[www.stromma.com](http://www.stromma.com)

**STROMMA.COM**

OSLO BERGEN STAVANGER GEIRANGER ÅLESUND TRONDHEIM LOFOTEN TROMSØ



# The new Mount Ulriken

Welcome to a completely new version of Mount Ulriken. Try our new cable cars and visit the new Skyskraperen restaurant.

## **Mount Ulriken**

Ulriken643 is one of the most popular attractions in Bergen. Experience highland nature, spectacular views, mountain hikes and local food. Enjoy the ride up along the hillside in our brand new cable car or have a refreshing hike up the sherpa trail, Oppstemten, with stone steps leading to the top.

Ulriken643 and Skyskraperen accommodates both the high-end segment with privacy and exclusivity, as well as groups and tours with more simple needs. Both corporate and private customers. Meetings, incentive trips and the like. Always with quality in service, food and products.

## **Nordic food in raw nature**

Welcome to a unique dining experience on the top of Bergen! At Skyskraperen restaurant you will find a cuisine inspired by local traditions, nature, and the changing weather in western Norway. Each season we present new menus based on local seasonal food, but with a modern twist. Enjoy breathtaking scenery and spectacular food at Skyskraperen.



**Booking and reservations:**  
[Ulriken643.no](https://ulriken643.no)

SKYSKRAPEREN **ULRIKEN**<sub>643</sub>





# ZIPLINE PARK

## Welcome to our zipline park in Geiranger!

Unique nature experience! 5 zip's with double wire.

Fly through the UNESCO nature!

The park also feature 2 x Via Ferrata & 2 x Nepal bridges.

Explore Geiranger AS

Contact: +47 47395073 // [post@exploregeiranger.no](mailto:post@exploregeiranger.no) // [exploregeiranger.no](http://exploregeiranger.no)

Ticket office: Geirangervegen 139, Geiranger

EXPLORE  
GEIR  
ANGER



# GEIRANGER SKYWALK

DALSNIBBA 1500 MASL

Europe's highest fjordview from a road

New café and shop / [www.dalsnibba.no](http://www.dalsnibba.no)

Geiranger Skywalk  
DALSNIBBA 1500 METER





Visitor Centre  
World Heritage

Geiranger



## The Fjord Ranger Programme

Discover and learn about the Geirangerfjord UNESCO World Heritage area.

**We provide brand new educational programmes:**

- **The Fjord Ranger Ship programme:**

Imagine being able to sail into the UNESCO World Heritage Geirangerfjord area, accompanied by an experienced and committed Fjord Ranger. We provide on board interpretation service, available for cruise ships entering the UNESCO World Heritage Fjords.

- **The Fjord Ranger Base Camp programme:**

A customised outdoor activity programme for interactive learning, exploration and teamwork at Nowegian Fjord Centre in Geiranger.

- **Norwegian Fjord Centre:**

World Heritage Exhibitions about fjord geology, biology and culture, panoramic cinema experience and playroom for children.

**More information:**

[www.fjordsenter.com/en/the-fjord-ranger-programme/](http://www.fjordsenter.com/en/the-fjord-ranger-programme/)

[booking@fjordsenter.com](mailto:booking@fjordsenter.com)

Tel. +47 70 26 38 10

Photo: Hyke Studio.





## Come fly with us through Norwegian aviation history!

Explore the civil and military galleries, and the traffic control tower, which gives a 360 degree view of the city, the airfield and the beautiful costal landscape and mountains.

### THE NORWEGIAN AVIATION MUSEUM IN BODØ

Tel.: +47 75 50 78 50

E-mail: [booking@luftfartsmuseum.no](mailto:booking@luftfartsmuseum.no)

[www.luftfartsmuseum.no](http://www.luftfartsmuseum.no)



Cruise  Norway

Cruise Norway AS  
Phone: (+47) 55 31 80 21  
E-mail: [post@cruise-norway.no](mailto:post@cruise-norway.no)  
[www.cruise-norway.no](http://www.cruise-norway.no)







1.



2.



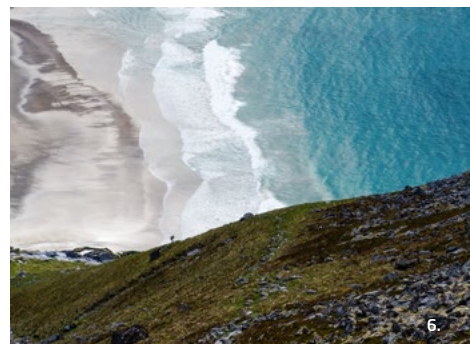
3.



4.



5.



6.



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